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Appendix 1



Vitamin B₁₂ concentrations in 35 samples of soya-bean sauce.

Sample No.	Vitamin B ₁₂ ($\mu\text{g } \%$)	Sample No.	Vitamin B ₁₂ ($\mu\text{g } \%$)
1	0.16	19	0.09
2	0.22	20	0.01
3	0.03	21	0.12
4	0.20	22	0.22
5	0.01	23	0.32
6	0.08	24	0.01
7	0.01	25	0.07
8	0.12	26	0.33
9	0.06	27	0.53
10	0.03	28	0.01
11	0.13	29	0.20
12	0.08	30	0.03
13	0.09	31	0.04
14	0.19	32	0.02
15	0.11	33	0.18
16	0.12	34	0.40
17	0.16	35	0.43
18	0.02		

N = 35 , $\bar{X} \pm \text{SD} = 0.14 \pm 0.13$, Range = 0.01 - 0.53 $\mu\text{g } \%$

Appendix 2



Vitamin B₁₂ concentrations in 99 samples of fermented fish.

No.	Vitamin B ₁₂ (µg%)	No.	Vitamin B ₁₂ (µg%)	No.	Vitamin B ₁₂ (µg%)	No.	Vitamin B ₁₂ (µg%)	No.	Vitamin B ₁₂ (µg%)
1	3.82	21	3.37	41	0.49	61	3.30	81	2.28
2	3.08	22	1.32	42	2.94	62	2.68	82	2.36
3	6.43	23	1.69	43	2.77	63	1.99	83	3.18
4	3.13	24	0.33	44	2.11	64	2.11	84	2.28
5	3.31	25	1.48	45	0.73	65	1.78	85	2.15
6	2.18	26	2.38	46	1.27	66	1.59	86	0.60
7	2.66	27	1.43	47	1.49	67	2.48	87	1.41
8	3.30	28	1.69	48	1.89	68	4.41	88	2.17
9	1.89	29	2.42	49	4.54	69	1.00	89	2.96
10	1.65	30	1.15	50	3.76	70	1.70	90	2.94
11	2.43	31	2.18	51	4.43	71	1.60	91	2.01
12	1.00	32	1.51	52	0.43	72	2.20	92	2.55
13	4.65	33	1.71	53	4.03	73	1.04	93	1.37
14	3.07	34	1.02	54	3.68	74	1.02	94	2.02
15	1.20	35	1.02	55	2.63	75	3.40	95	1.43
16	1.58	36	3.07	56	6.01	76	0.37	96	2.94
17	1.23	37	2.21	57	2.44	77	1.58	97	2.30
18	1.25	38	2.72	58	5.46	78	2.64	98	1.49
19	2.46	39	0.43	59	3.81	79	1.67	99	2.69
20	1.31	40	0.94	60	1.72	80	2.75	-	-

N = 99 , $\bar{X} \pm SD = 2.27 \pm 1.18$, Range = 0.33 - 6.43 µg %

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