THE FAMILY ABILITY TO PAY FOR HEALTH CARE EXPENDITURES ON MALARIA TREATMENT IN CAMEROON



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This thesis is concerned with the development of a methodology for identifying indicators of family's ability to pay for health care expenditures on malaria treatment. It also examines the possible trade-off between health care and other basic needs such as education and food amongst the common family responses to payment difficulties under the combined user fee burdens from various essential social sectors in Cameroon. The assumption underlying the analysis is that from the perspective of family as a whole, the affordability of costs for primary health care together with other basic services is pertinent to reach the goals of Health For All by year 2000.

The descriptive cross-sectional family survey has been designed for data collection. The data are used to estimate two binomial logit models, a multinomial logit model (choice of coping strategies: forego education, cut food consumption, sell productive assets, or borrow cash), and a multiple regression model for health care expenditures on malaria treatment.

Since the approach is methodological, the questionnaire is developed, but the real data are not collected in the field. Hypothetical data generated from three different multipurpose family surveys are used to test the models.

The main empirical result of this study is that the family's ability to pay for malaria treatment costs is responsive to changes in income, savings, fee exemptions, insurance co-payment, productive assets ownership (e.g. land), per capita consumption, family size, number of employed members in the family, number of children under five years old, number of pregnant women, preventive measures, sex of head of the family, principal source of income, and residence. This finding is comparable to other studies on the affordability of health care in developing countries.

The results of this study outline some specific indicators which should be used by health staff when granting fee exemptions. It also demonstrates that policy initiatives must be appropriate to local contexts and disease patterns with more emphasis on preventive measures. Although, the methodological decisions for improving equity access to health care of the poor families can be ascertained, the conclusion argues that only where those findings are indeed robust should they be emphasized and confirmed with the real primary data collected through the proposed questionnaire at the level of families.

Finally, this study has its limitations. All coping strategies are not investigated. For example, the consequences of the decision to delay or not seeking treatment. In addition, many of the issues of ability to pay require qualitative indepth investigation of family priority-setting and expenditure patterns.

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ABBREVIATIONS

AFRO : Africa Region Office

AIDS: Acquired Immuno-Deficiency Syndrome

ATP : Ability To Pay

CBN : Costs of Basic Needs

CFAFranc: Franc of Financial Community of Africa. It is the single common currency for the following both Central and West African countries: Cameroon, Gabon, Congo, Central Africa Republic, Chad, Guinea Equatorial, Senegal, Cote d'Ivoire, Togo, Mali, Benin, Burkina Faso, ... The exchange rate between CFAFranc and French Franc is fixed all the time for 1FF = 100CFAFrancs.

DCH : Department of Community Health

EDI : Economic Development Institute

FEM : Food Energy Method

GNP : Gross National Product per Capita

HIV : Human Immuno-deficiency Virus

KAP: Knowledge, Attitudes and Practices

ISMS: Living Standard Measurement Study

MOPH : Ministry Of Public Health

NGO: Non Governmental Organization

NMCPC: National Malaria Control Program - Cameroon

PHC : Primary Health Care

TDR : Tropical Disease Research

UNDP : United Nations Development Program

UNICEF: United Nations Children and Emergency Fund

UNNHSCP : United Nations National Household Survey Capability

Programme.

USAID : United States Agency for International Development

VHO : World Health Organization