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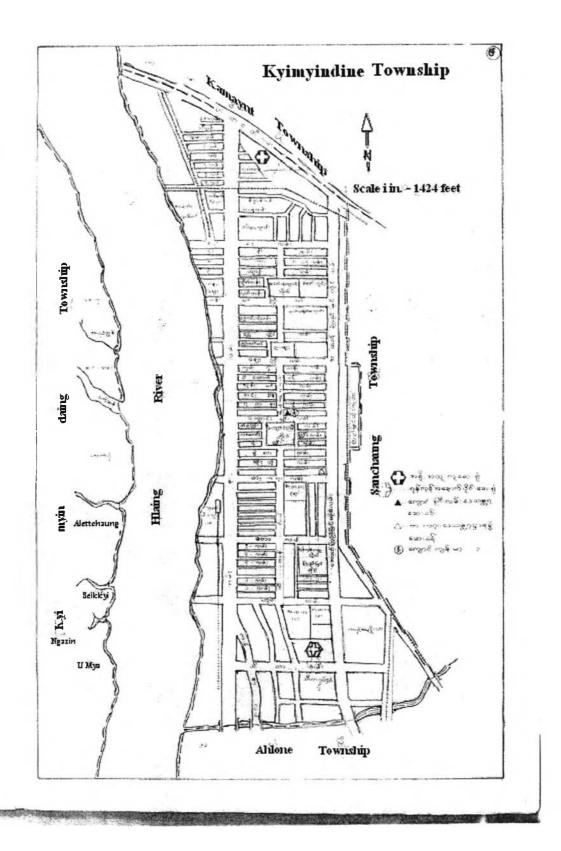
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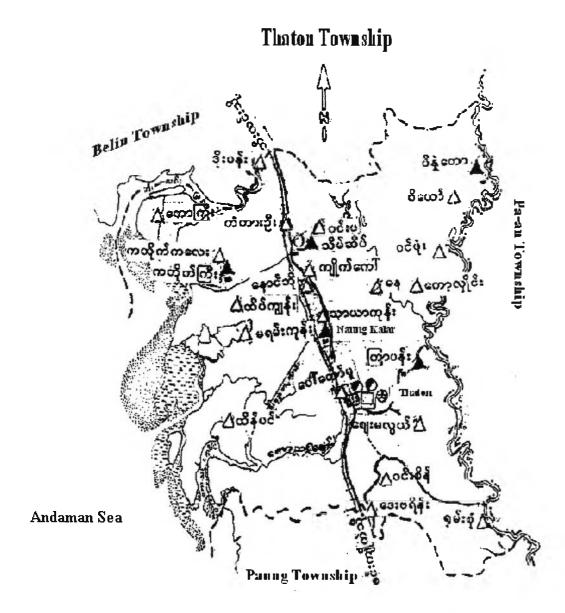
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APPENDIX A MAP OF KYIMYINDINE TOWNSHIP



APPENDIX B MAP OF THATON TOWNSHIP



APPENDIX C

ORGANIZATIONAL PROFILE OF PYINNYA TAZAUNG ASSOCIATION



Pyinnya Tazaung Association

Name of Leader: U Than Oo (President)

Name of Contact Person: U Nyunt Yin (Director)

Address: No. 3, Yan Aung Street, Sanchaung Tsp.

Yangon, Myanmar.

Telephone No.: 95-1-510917, 95-1-539738

Year of Establishment: 1952

The organization was established by Retired Deputy Education Commissioner U Tun Aung who organized the retired personnel of the Department of Education with the aim of carrying out activities

contributing to the education development in Myanmar.

Vision/Mission: Publication of the monthly Pyinnya Tazaung Magazine for the

capacity building of the teachers in the country

Main Goal: - To contribute to the implementation of the in-school and out-of-

school basic education activities designated by the State

- To contribute to activities familiarizing basic education teachers with modern educational thought, pedagogy and pratical

methodologies.

- To help enhance the professional efficiency and teaching skills of

teachers

- To contribute to the capacity building activities for basic education

staff

- To cooperate to the educational research activities carried out for the development of in-school and out-of-school basic education

activities

- To cooperate with relevant government departments, nongovernment organizations inside and outside the country.

government organizations for the development of in-school and

out-of-school basic education activities

Main Activities: Publication of the monthly Pyinnya Tazaung Magazine

Publication of teaching aid charts every two months

Publication of volumes on teaching methodology for teachers Implementation of Early Childhood Care and Development Project

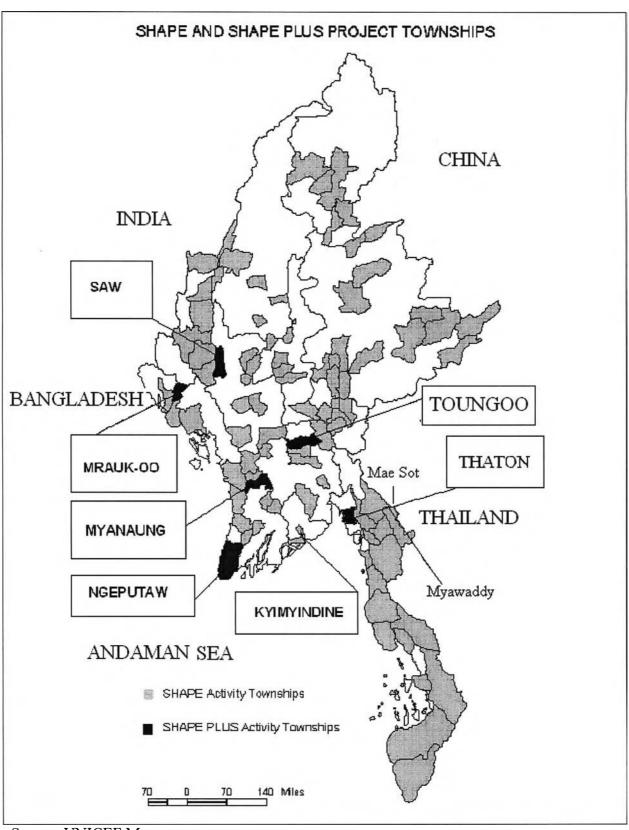
jointly with UNICEF

Health Education Training for out-of-school children (e.g. AIDS)

Primary Beneficiaries: Primary school teachers and students as well as all education staff

Source: Directory of Local Non-Government Organizations in Myanmer, Merch 2004, published by Capacity Building Initiative (CBI), Yangon, Myanmar

SHAPE PLUS ACTIVITY TOWNSHIPS

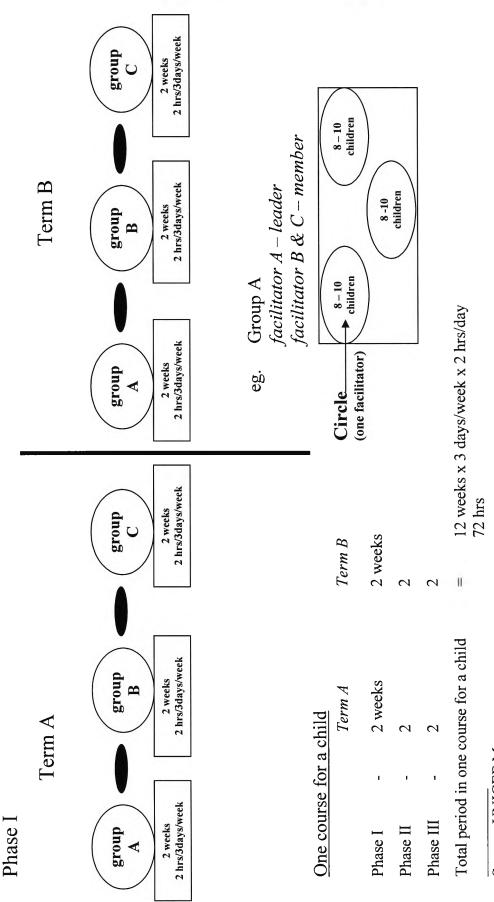


Source: UNICEF Myanmar

APPENDIX E

SHAPE PLUS CIRCLE

20-30 CHILDREN PER GROUP



Source: UNICEF Myanmar

APPENDIX F

CONTENTS OF SHAPE PLUS TRAINING PROGRAMME

<u>Training Period – Total 9 months/72 hours Course</u>

Phase I	Term A and B – Each Term 12 hours
	Each Cluster 2 hours
A1	Young people know about themselves
A2	To know what is essential in life
A3	Physical changes in teen and identify risks in the community
A4	Emotional changes and risks
A5	Drug abuse (drugs and its consequences)
A6	Protection and personal safety (What to do and how to say)
B1	What are friends
B2	Empathy (Considerate for others and mutual relationships)
В3	HIV/AIDS (prevention, identification)
B4	HIV/AIDS (prevention, identification)
B5	Expectation
В6	Positive thinking

Phase II	Term A and B – Each Term 12 hours
	Each Cluster 2 hours
A1	Self awareness (Needs and wants, how to be healthy)
A2	Personal safety and coping with emotion (think, beware and be alert)
A3	Reproductive health, Counselling (his or her thinking, express it)
B1	Drugs and alcohol, Counselling (value system, help the need)
B2	HIV/AIDS – Care and support, Condom
В3	Health and Diseases – Nutrition, Diarrhoeal,

¹ Source: UNICEF Myanmar

-

Phase III	Term A and B – Each term 12 hours Each cluster 2 hours
A1	Communication skills (Clear conscious, listening)
A2	Interpersonal skills (Personal value, control your tongue)
A3	Mental health (be mindful, think before you do)
A4	Effective communication (No, I am sorry is not enough)
A5	Communicable diseases (Malaria, Pulmonary TB)
B1	Decision Making and problem solving (Questionable world)
B2	Decision Making and problem solving (In that case, Ripple effect)
В3	Drugs and alcohol, (What next when addicted, How to help, Not a Robot
B4	HIV/AIDS (Never enough, Live meaning fully)
B5	HIV/AIDS (Open your heart)

Learning Materials for Children

Use SHAPE student books, Karate Kids, Gold Tooth, Hope and Help Videos, Heart beat comic book

Lessons for Three Phase

Phase I			
(33	lessons)		

Get to know one another

We are different (What animal am I)

We like different things (What do I like)

Everyone has good quality (Love yourself)

Know yourselves

What is essential in life (Health)

Let's practice personal hygiene (SHAPE-prim)

Why need to know the surrounding

Let's find out what is in the community (Community analysis)

No need to be ashamed of (SHAPE 602-act-1)

This is natural process (SHAPE 602-act-2)

Value it (SHAPE 602-ACT-3)

Emotional changes

Emotionally labile age (SHAPE 503-act 1,2)

Stranger danger

You shouldn't do

Phase II (24 lessons)

Introduction

Self-awareness

Do Understand

Needs and wants

What are we going to do

How to be healthy

Personal safety and Protection

Think to prevent mistakes

Mutual Benefits

Beware and be alert

It's a catch

Reproductive Health (Coping with emotion), Counselling

How to behave

His or her thinking

Don't be afraid

Express it

Phase III (24 lessons)

Introduction

Communication skills (Interpersonal skills)

Let's have a clear conscious

Let me say something

What is he saying

What kind of person

What kind of person should be

Control your tongue

Mental health

Be at peace

Be mindful

Think before you do

Effective communication

No, "I am sorry is not enough

Keep it up

Communicable Disease

Drug Abuse

Do you know me (Drug abuse (SHAPE 404, 505 act 1)

What could happen (Drug abuse SHAPE 505 act 2,3)

Protection and personal safety

Personal safety

Say whatever to be said

Choosing Pal (SHAPE 701)

Need Empathy

Mutual relationship (SHAPE 409)

Be considerate to others (SHAPE 603)

Having sympathy is not enough

HIV/AIDS

Germ cause diseases

How germs spread

HIV and AIDS

HIV/AIDS

How HIV spread

How to prevent HIV/AIDS

Who has HIV

Drugs and Alcohol, Counselling

Don't try it

What do you have to exchange

Let's Practice

Will help

HIV/AIDS consequences, care and support

What is the cause

What have I done

What are we going to do

Have empathy

Health and diseases

Let's practice cleanliness

Diarrhoea

Let's eat well

Balance diet

Malaria

Pulmonary TB

Decision Making and problem solving

Seek from the questionable world

In That Case

Ripple

Drugs

When become addicted What is next

Counselling

I am not a Robot

(After watching Karate Kids and Gold Tooth Video)

HIV/AIDS

Never enough

Live meaningfully

Open Your heart

Review sessions

Let's review

Expectation

Your expectation

Making endeavour is the key

Positive Thinking

Think Like 'Sabai' (Who's responsible for feeling)

Everyone is unique



APPENDIX G

INTERVIEW QUESTIONS

Individual Questionnaire for trained youths

- 1) What is HIV/AIDS?
- 2) Can HIV/AIDS be treated?
- 3) Can HIV/AIDS be transmitted? How?
- 4) Can HIV/AIDS be prevented? How?
- 5) Have you seen any AIDS patients?
- 6) Have you seen any violence in your community?
- 7) Are there any rape cases in your area?
- 8) Are there any drug cases in your community?
- 9) What do you plan to be in 10 years' time?
- 10) If you intend to get married in future, how can you ensure that your partner is not infected with HIV/AIDS?
- 11) How would you react if you see an HIV/AIDS patient?
- 12) Whatever you do, do you always consult with somebody or do you decide on your own?
- 13) If you were offered a job at a faraway place, would you go and work?
- 14) Do you think that this training is beneficial to you? If so, How?
- 15) Has the training changed your attitude and behaviour? Please explain with an example.

Focus Group Discussion with trained youths

Now that you know how HIV/AIDS disease is transmitted and can be prevented, as your right do you know how to access the services that you just mentioned? What kind of services do you think are available to you and what is not?

Focus Group Discussion for untrained youths

- 1) Have you heard about HIV/AIDS?
- 2) Do you know how the disease is transmitted and how it can be prevented?
- 3) Have you seen an AIDS patient?

Appendix H

Profiles of Respondents

1. Trainees interviewed

Names are arranged by Township/Village and by gender wise in alphabetical order

Kvinmvindine Township, Seikkyi Ward

Name: Aye Aye Moe (F)

Age: 14 years

Job: Plum packaging

Education: passed 2nd standard

We are 4 in the family. I am the 2nd.

Both my parents carry water and provide water to houses. But their salary is not enough so we could not go to school. My elder sister is now married. Because both my parents and I work now my younger brothers could go to school.

Name: Aye Thandar Myint (F)

Age: 14 years

Education: passed 4th standard

Job: Plum packaging

I have 4 brothers and sisters and I am the youngest in the family. My father used to work as a sailor abroad but he is now jobless and mother sells desserts. Some of my sisters reach 10th standard. I quit after 4th standard as I am no longer interested in my studies.

Name: Ei Ei Zaw (F)

Age: 16 years

Education: passed 2nd standard

Job: Used to work at a place removing prawn heads but later helped at a food shop. Since mother is not well and cannot work, I now help my Mum at home. My elder brother earns income for the family working as a mason. Both my parents do not work. Father became jobless long ago. Before, he used to work as a mason.

Name: Hla Sandar (F)

Age: 14 years

Education: passed 1st standard

Job: Cut fins of fish at Hledan market

I have 4 brothers and sisters and I am the eldest in the family. Father is a part-time carpenter and mother carries water for houses.

I stopped schooling because my family could not afford to.

Name: Mar Mar Khine (F)

Age: 16 years

Job: Works at seamstress cutting pieces of cloth

Education: passed 2nd standard

We are 5 in the family. I am the third. My second sister is married. I could not continue my education since my father died.

My eldest sister is now working in Myeik (in Tanintharyi Division near Thai border) where she has to cut raw fish in a factory. The lady agent said that she is now married. She sends her regards to us through the lady agent who finds jobs as housemaid in Myeik for the girls from our ward but we do not get direct contact with my sister. She went to work 6 years ago. But now if I were offered a job somewhere there I would not have gone. I have a cousin who ran away from that area. She told us that those agents sell them to another person. They were kept in a motor boat under lock and key but provided food. The next morning, 5 of them tried to get hold of the key, opened the lock and ran away. They found some men on the way and were asked where they were going. They just pretended that they were going to a nearby place and on their way to another motor boat, they found some Myanmar soldiers and with their help they were sent back to Myanmar. It happened recently. This cousin now works at Prawn industry removing prawn heads. My elder sister now 19 was married 5 years ago. Her husband takes drugs and mixes with bad girls. She is now separated and I think she has HIV as I see some lumps on her body now.

Name: May Thu Lwin (F)

Age: 18 years

Job: Remove prawn heads Education: passed 4th standard

She has 5 brothers and sisters and she is the 3rd in the family.

Father jobless since January 2004 but used to work at a government rice mill, and so she and her brother are taking care of their parents. None of the children attends school. Mother works as clothes-washing woman.

Name: Mi Nge Ma (F)

Age: 13 years

Education: Has never been to school

Job: Remove prawn heads 3 in the family and I am the 2nd.

Both parents work. Father works at Village Council and mother works at the same prawn industry where she works.

Name: Tin Su Maw (F) Age: 15 years old.

Job: Remove prawn heads. Education: passed 3rd standard

She has 6 brothers and sisters in the family, and she is the 2nd child in the family. Parents don't work. Father used to work as Kule (used to carry rice bag and mother sweeps at the same rice mill but due to closure of rice mill a year ago both parents have no work now)

She and her elder sister take care of the family. She works from 8 am until sometimes 11 p.m. depending on the workload with half an hour lunch and dinner break each.

Name: Tin Tin Htwe (F)

Age: 15 years

Job: Plum Packaging

Quit school after passing 4th standard 3 years ago.

She has 4 in the family and is the 3rd child.

My brother and I work and support my family. My mother works at a rice mill owned by the government. My father has gone to Kawthaung (Tanintharyi Division) and he phoned us to say that he is now working as a fisherman in Thailand.

Name: Aye Kyaw Thu (M)

Age: 13 years

Education: Has never been to school Job: Sells vegetables at the nearby market.

Altogether we have 7 brothers and sisters and 4th in the family.

I get up at 1 a.m. in the morning to buy at Thirimingalar retail market in order to sell back in our ward.

Father has no job because he is not well, but he used to work at Municipal to collect garbage. Mother works at prawn industry removing prawn heads. Three of us work in the family. My eldest brother, my elder sister and I work.

Name: Myat Min (M)

Age: 14 years

Education: Has never been to school

Job: Helps mother sell citrus fruits in this area and at the retail market. I have to get up at 1 a.m. in the morning and go to the market and return at 7 am with my mother. Parents: Father used to work as a gardener but now that his leg is not so strong he no longer works. None of the brothers and sisters has been to school.

Name: Zaw Ko Chit (M)

Age: 14 years

Education: passed Kindergarten

Job: Works as a mason near Sin Min market taught by my brother.

My father died when I was 10 and my mother sells fish. All my 3 brothers work. So, when I get my salary to buy clothes. I get K1200 a day but I have a little bit of saving about K2000. I am a bit lavish in spending with friends. Sometimes I go with friends to cinema halls, Thirimingalar market to buy food like soft drinks and so on. I want to save money but does not know how to.

Kyimyindine Township, Ngazin Village

Name: Aye Myat Thandar Tun (F)

Age: 13 years

Education: passed 4th standard

Job: Takes care of children at ECD centre 6 in the family and she is the youngest.

Father is imprisoned due to some business dealing and mother is a housewife.

Name: Ei Ei Thwe (F)

Age: 14 years

Education: passed 4th standard

Job: Helps mother

We are 5 in the family and I am the 2^{nd} .

Father works at a teashop and mother is a housewife.

Name: Hnin Hnin Hlaing (F)

Age: 17 years

Education: Has never been to school

Job: Assists at ECD centre

Altogether 6 in the family and she is the 5th.

Father used to carry commodities, mother assists at ECD centre.

Name: Khin Khin Htun (F)

Age: 18 years

Education: passed 2nd standard Job: Sells Myanmar traditional food

We are 6 and I am the youngest in the family.

Father rides trishaw and mother is a housewife and is unwell.

Name: San Thu Maw (F)

Age: 11 years

Education: has never been to school

(she is now attending literacy school opened by the World Vision)

We are 6 in the family and I am the 5th.

Father is dead and mother sells steamed beans.

Name: Thuzar Win (F)

Age: 13 years

Education: passed Kindergarten

Job: Carry water, helps mother at home, takes care of younger siblings

Father died and mother sells vegetables

Name: Wai Wai Htet (F)

Age: 10 years

Education: passed 2nd standard

Job: No work

Two in the family and she is the elder.

Father rides trishaw and mother sells flowers.

Name: Aung Min Oo (M)

Age: 13 years

Education: passed 4th standard

Job: Helps mother

4 in the family and he is the eldest

Father rides a canoe and mother is a housewife.

Name: Naing Tun (M)

Age: 12 years

Education: passed 1st standard

Job: Sometimes assist in canoeing, sometimes helps parents

7 in the family and he is the 4th

Father works as part time carpenter and mother sells fried fish.

Name: Shwe Win Htut (M)

Age: 14 years

Education: passed 4th standard

Job: No job

Parents separated. Mother works at ECD School.

Name: Si Thu Min (M)

Age: 13 years

Education: passed 4th standard

Job: Helps parents

5 in the family and I am the 3rd.

Father accepts any kind of job and mother is a housewife.

Kvimvindine Township, Alettchaung Village

Name: Aye Aye Aung (F)

Age: 12 years

Education: passed 4th standard

Job: Sells fried vegetables while mother fries them for her.

She has 3 in the family and the eldest.

Father is jobless as he is unable to deposit advance money to ride trishaw.

Name: Aye Aye Myo (F)

Age: 11 years

Education: passed 3rd standard

Job: Plum packaging

Three in the family and she is the middle.

Father works as a taxi driver and mother housewife.

Name: Aye Pale Oo (F)

Age: 15 years

Education: passed 3rd standard

Job: I sell vegetables in this ward. We are 5 in the family and I am the eldest. My father works as a kule (carry commodities) but my mother does not work.

Because the income is not enough, I had to work to take care of my younger brothers' school fees, food, etc.

Name: Khin Sabai (F)

Age: 16 years

Education: passed 4th standard

Job: Helps at Early Childhood Development (ECD) centre

We are 8 brothers and sisters in the family and I am the 5th. None of my brothers and

sisters could go to school.

Parents are getting old and no job. Mother sells vegetables.

Name: Myo Thuzar (F)

Age: 12 years

Education: passed 2nd standard

Job: Plum packaging

We are 3 in the family and I am the eldest.

Father is now jobless due to health reasons but he used to ride trishaw before. Mother carries water for houses in the neighbourhood.

Name: Ngu Wah Wah Khine (F)

Age: 15 years

Education: passed 2nd standard

Job: plum packaging

We are 5 in the family and I am the 4th.

Father now jobless but sometimes construct and repair thatch roof. Mother is a

housewife.

Name: Ni Ni Aung (F)

Age: 11 years

Education: passed 2nd standard

Job: Plum Packaging

There are 8 in the family and she is the 7th.

Father works as clerk at Forestry office. Mother is a housewife.

Name: The The Htwe (F)

Age: 16 years

Education: passed 4th standard Job: Works at hair clip factory

5 in the family and she is the youngest.

Father works on a monthly basis for running a generator and mother is a housewife.

Name: Wai Wai Oo (F)

Age: 15 years

Education: passed 4th standard

Job: Plum packaging

Two in the family and both have never been to school.

Father died and mother sells fish in the market. Mother is a housewife.

Name: Aung Kyaw Moe Htwe (M)

Age: 10 years

Education: passed 3rd standard Job: Helps mother sell vegetable

We are 5 in the family and I am the 4th. Only youngest sister is able to attend school.

Father carries commodities in the market.

Name: Moe Kyaw Aung (M)

Age: 12 years

Education: passed 3rd standard

Job: Sells Mangoes

We are 5 in the family and I am the 4th.

Father used to ride trishaw but cannot give advance money hence he has no job at

present. Mother is a housewife.

Name: Ye Htut (M)

Age: 14 years

Education: passed 3rd standard

Job: I sell ice water.

We are two in the family. I am the 2nd.

Father sells betel nut. Mother does not work. When my father got sick last year, I could not continue my education. Even if I were offered to continue my education, I feel ashamed to attend as I don't want to be in the same class with younger ones.

Name: Ye Min Naing (M)

Age: 11 years

Education: passed 4th standard

Job: Sells Burmese dessert in the village.

Parents separated. Stays with mother and helps her.

Name: Zaw Zaw Htun (M)

Age: 14 years

Education: passed 4th standard Job: Carry water for houses

We are 4 in the family and I am the 3rd.

Father repairs TV, rent loudspeakers and mother is a housewife.

Thaton Township, Thavetaw Village

Name: Chit Chit Moe (F)

Age: 13 years

Education: passed 2nd standard Job: Sells watercress vegetable

We are 5 in the family. I am 4th in the family.

Father rides trishaw. Mother has just given birth. Mother used to sell cloths.

Name: Kha Ye (F)

Age: 14 years

Education: passed 3rd standard

Job: Sells seasonal fruits such as Jack fruit, water melon, etc. I have 5 brothers and sisters and I am the 3rd in the family.

All my younger brothers are in school. All my elder sisters are married. Because my father was sick I had to take care of my father so I had to leave school. Now my father works as a part time mason. My mother sells steamed beans.

Name: Myo Zarni Zaw (F)

Age: 12 years

Education: passed 4th standard

Job: I take care of my younger sibling and helps mother at home

Both parents carry water in the market.

Name: Nan Than Than Myint (F)

Age: 13 years

Education: passed 3rd standard

Job: sells seasonal food in the market

We are 9 in the family and I am the youngest in the family.

When my father had a stroke, I had to quit school. He was a kule (carry things)

before. All my elder sisters are married. My brother died.

Name: San San Maw (F)

Age: 15 years

Education: passed 2nd standard

Job: Helps mother at home and sell vegetables at the market

We are 6 in the family and I am the 3rd.

Father rides a horse cart. Mother is a housewife.

Name: Sandar Aung (F)

Age: 13 years

Education: passed 4th standard

Job: Helps mother at home while she sells vegetables in the market

We are 5 in the family and I am the 3rd.

Father died since she was young.

Name: Soe Soe Mar (F)

Age: 15 years

Education: passed 4th standard. I was unable to continue as we move from another location and due to difficulty in obtaining Discharge certificate from old school.

Job: Sells watercress

We are 5 and I am the youngest in the family. Father works in the forest.

Name: Thwe Thwe Aye (F)

Age: 15 years

Education: passed 4th standard Job: Sells food at a school

We are 10 in the family and I am the 8th child. When I passed 4th standard, my family had difficulties so I had to quit. But when they decided to send me the next year, I didn't feel like continuing as I felt ashamed to be in the same class with my younger sister. Parents do not work, but my elder brother who owns an iron monger shop also provides money for the family.

, Lee

Name: Maung Myo Htike (M)

Age: 10 years

Education: passed 5th standard Job: Helps mother sell food

Have 7 brothers and sisters.

Parents separated.

Name: Zaw Win Naing (M)

Age: 13 years

Education: passed 4th standard

Job: Helps Aunt to sell vegetables in the market We are 3 in the family and I am the eldest.

Father works as a driver and but when mother gave birth and she sometimes gets sick I had to help mother. Also because I am playful, they don't send me to school.

2. Focus Group Discussants (untrained youths)

Kyimyindine Township, Alettchaung Village

Name: Chit Lun Po (F)

Age: 13 years

Name: Htay Htay Kyi (F)

Age: 17 years

Name: Htay Htay Yi (F)

Age: 17 years

Name: Htwe Htwe Moe (F)

Age: 15 years

Name: Myint Myint Htwe (F)

Age: 14 years

Name: Thabyay Aung (F)

Age: 13 years

Name: Kyaw Kyaw Htun (M)

Age: 12 years

Name: Maung Min Naing (M)

Age: 15 years

Name: Myo Thant Aung (M)

Age: 12 years

Name: Zaw Zaw Lwin (M)

Age: 12 years

Kyinmyindine Township, Ngazin Village

Name: Aye Thet Phyu (F)

Age: 12 years

Name: Soe Moe San (F)

Age: 14 years

Name: Tin Zar Lin (F)

Age: 11 years

Name: Wai Wai Lwin (F)

Age: 10 years

Name: Zin Myo Khine (F)

Age: 13 years

Name: Khant Ko Naing (M)

Age: 14 years

Name: Myo Min Oo (M)

Age: 11 years

Name: Thant Zin Aung (M)

Age: 10 years

Name: Tun Min Latt (M)

Age: 14 years

Name: Zin Lin Htike (M)

Age: 15 years

Thaton Township, Thayetaw Village

Name: Ei Zaw Moe (F)

Age: 15 years

Education: pass 4th standard pass

Name: Hla Hla Khine (F)

Age: 13 years

Name: Thadar Aung (F)

Age: 12 years

Name: The Su Hlaing (F)

Age: 14 years

Name: Thin Thin Maw (F)

Age: 14 years

Name: Win Thandar Oo (F)

Age: 10 years

Name: Yu War (F) Age: 13 years

Name: Thet Khine Win (M)

Age: 13 years

Name: Ye Zar Chi Lwin (M)

Age: 13 years

3. Trainers/Facilitators

Kyimyindine Township

Monitor: Aye Aye Han.

Facilitators: Tin Tin Htwe

Zin Mar Naing Yu Yu Tin.

Thaton Township

Monitor: Soe Min Oo

Facilitators: Khin Khin Hla

Kyu Kyu Aung Khin Thandar Kyaw

BIOGRAPHY

Wendy Myint Myint Hla was born in Yangon, Myanmar. She received her Bachelor's Degree majoring in Zoology from the University of Yangon in Myanmar. She later joined UNICEF Myanmar as programme secretary in Water Supply and Sanitation Section and then as Senior Secretary to the Representative. Later, she became Information Assistant (Library). While working as Information Assistant she took a course of Basic Library Course from the University of Yangon and courses from London Chamber of Commerce and Industry at the British Council in Yangon and obtained certificates in Marketing, Selling and Sales Management, Principle and Practice of Management, Business and Industrial Administration, Economics, Business Statistics, Advertising and Public Relations, eventually receiving Diploma in Managerial Principle. She has been working as Information Assistant (Library) in UNICEF Myanmar until she took up Master of Arts in International Development Studies program at Chulalongkorn University.

