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Appendices


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## Appendix A:

## Trotter Product Formula

To prove the Trotter product we first show that the two operator functions

$$
\begin{align*}
& \hat{F}(\alpha)=e^{-\alpha(\bar{T}+\hat{V})} \quad \text { and } \\
& \hat{G}(\alpha)=e^{-\alpha \hat{T}} e^{-\alpha \hat{V}} \quad \text { with } \quad \alpha=\frac{\lambda}{N} \tag{A.1}
\end{align*}
$$

which differ only by commutation terms, and vanish in the limit $N \rightarrow \infty$.
An operator function is defined by its Taylor series, e.g.

$$
\begin{equation*}
\hat{G}(\alpha)=\left.\sum_{n=0}^{\infty} \frac{(\alpha)^{n}}{n!}\left(\frac{d^{n} \hat{G}}{d \alpha^{n}}\right)\right|_{\alpha=0} . \tag{A.2}
\end{equation*}
$$

In the following, a useful operator identity will be applied:

$$
\begin{equation*}
\hat{K}(\alpha)=e^{\alpha \dot{A}} \hat{B} e^{-\alpha \hat{A}}=\sum_{n=0}^{\infty} \frac{(\alpha)^{n}}{n!}[\hat{A}, \hat{B}]_{(n)}, \tag{A.3}
\end{equation*}
$$

with $[\hat{A}, \hat{B}]_{(0)}=\hat{B},[\hat{A}, \hat{B}]_{(1)}=[\hat{A}, \hat{B}],[\hat{A}, \hat{B}]_{(2)}=[\hat{A},[\hat{A}, \hat{B}]], \ldots$. For the proof of Eq. (A.3) the coefficients $\left.\left(d^{n} \hat{K} / d \alpha^{n}\right)\right|_{\alpha=0}$ of the Taylor series have to be calculated:

$$
\begin{equation*}
\hat{K}(\alpha)=\left.\sum_{n=0}^{\infty} \frac{(\alpha)^{n}}{n!}\left(\frac{d^{n} \hat{K}}{d \alpha^{n}}\right)\right|_{\alpha=0} . \tag{A.4}
\end{equation*}
$$

Thus:
$n=0$

$$
\begin{equation*}
\hat{K}(0)=[\hat{A}, \hat{B}]_{(0)}=\hat{B} ; \tag{A.5}
\end{equation*}
$$

$n=1$

$$
\begin{align*}
\frac{d \tilde{K}}{d \alpha} & =\hat{A} e^{+\alpha \hat{A}} \hat{B} e^{-\alpha \hat{A}}-e^{\alpha \dot{A}} \hat{B} \hat{A} e^{-\alpha \dot{A}} \\
& =e^{\alpha \dot{A}}[\hat{A}, \hat{B}] e^{-\alpha \hat{A}}  \tag{A.6}\\
\left.\frac{d \hat{K}}{d \alpha}\right|_{\alpha=0} & =[\hat{A}, \hat{B}]_{(1)}=[\hat{A}, \hat{B}] \tag{A.7}
\end{align*}
$$

$n=2$

$$
\begin{align*}
\frac{d^{2} \hat{K}}{d \alpha^{2}} & =\hat{A} e^{\alpha \hat{A}}[\hat{A}, \hat{B}] e^{-\alpha \hat{A}}-e^{\alpha \hat{A}}[\hat{A}, \hat{B}] \hat{A} e^{-\alpha \hat{A}} \\
& =e^{\alpha \hat{A}}[\hat{A},[\hat{A}, \hat{B}]] e^{-\alpha \hat{A}}  \tag{A.8}\\
\left.\frac{d^{2} \hat{K}}{d \alpha^{2}}\right|_{\alpha=0} & =[\hat{A},[\hat{A}, \hat{B}]]=[\hat{A}, \hat{B}]_{(2)} \tag{A.9}
\end{align*}
$$

For any $n$ one has

$$
\begin{equation*}
\left.\frac{d^{n} \hat{K}}{d \alpha^{n}}\right|_{\alpha=0}=[\underbrace{\hat{A}, \cdots[\hat{A}, \hat{B}]}_{n \text { times }}]=[\hat{A}, \hat{B}]_{(n)} . \tag{A.10}
\end{equation*}
$$

Inserting Eq. (A.10) into the Taylor series for $\hat{K}(\alpha)$ yields the identity Eq. (A.3). Turning to the operator function $\hat{G}(\alpha)=e^{-\alpha \hat{T}} e^{-\alpha \hat{V}}$ and calculating explicitly the first terms of its Taylor series, we obtain:
$n=0$

$$
\begin{equation*}
\left.\hat{G}(\alpha)\right|_{\alpha=0}=\hat{\mathbf{1}} ; \tag{A.11}
\end{equation*}
$$

$n=1$

$$
\begin{align*}
\frac{d \hat{G}}{d \alpha} & =(-) \hat{T} \hat{G}(\alpha)+(-) e^{-\alpha \hat{T}} \hat{V} e^{-\alpha \hat{V}} \\
& =(-) \hat{T} \hat{G}(\alpha)+(-) e^{-\alpha \hat{T}} \hat{V} e^{\alpha \hat{T}} e^{-\alpha \hat{T}} e^{-\alpha \hat{V}} \\
& =(-) \hat{T} \hat{G}(\alpha)+(-)\left(\hat{V}+\sum_{m=1}^{\infty} \frac{(-\alpha)^{m}}{m!}[\hat{T}, \hat{V}]_{(m)}\right) \hat{G}(\alpha), \\
& =(-)(\hat{T}+\hat{V}) \hat{G}(\alpha)+(-) \sum_{m=1}^{\infty} \frac{(-\alpha)^{m}}{m!}[\hat{T}, \hat{V}]_{(m)} \hat{G}(\alpha),  \tag{A.12}\\
\left.\frac{d \hat{G}}{d \alpha}\right|_{\alpha=0} & =(-)(\hat{T}+\hat{V}) \tag{A.13}
\end{align*}
$$

$n=2$

$$
\begin{align*}
\frac{d^{2} \hat{G}}{d \alpha^{2}}= & \left((-1)(\hat{T}+\hat{V})+(-1) \sum_{m=1}^{\infty} \frac{(-\alpha)^{m}}{m!}[\hat{T}, \hat{V}]_{(m)}\right) \frac{d \hat{G}}{d \alpha} \\
& +(-1)^{2} \sum_{m=1}^{\infty} \frac{(-\alpha)^{m-1}}{(m-1)!}[\hat{T}, \hat{V}]_{(m)} \hat{G}(\alpha)  \tag{A.14}\\
\left.\frac{d^{2} \hat{G}}{d \alpha^{2}}\right|_{\alpha=0}= & (-1)^{2}(\hat{T}+\hat{V})^{2}+(-1)^{2}[\hat{T}, \hat{V}] . \tag{A.15}
\end{align*}
$$

In the way indicated, all higher derivatives can be determined. Then one gets

$$
\begin{equation*}
\left.\frac{d^{n} \hat{G}}{d \alpha^{n}}\right|_{\alpha=0}=(-1)^{n}(\hat{T}+\hat{V})^{n}+\text { commutator terms. } \tag{A.16}
\end{equation*}
$$

Inserting this into the Taylor expansion Eq. (A.2) and performing the summation one obtains

$$
\begin{equation*}
\hat{G}(\alpha)=\hat{F}(\alpha)+\frac{\alpha^{2}}{2}[\hat{T}, \hat{V}]+O\left(\alpha^{3}\right) \tag{A.17}
\end{equation*}
$$

Hence we find

$$
\begin{equation*}
[\hat{F}(\alpha)]^{N}-(\hat{G}(\alpha))^{N}=O\left(\alpha^{2}\right) \tag{A.18}
\end{equation*}
$$

i.e. the above difference is at least proportional to $\alpha^{2}=\lambda^{2} / N^{2}$. In the limit $N \rightarrow \infty$ the right-hand side of Eq. (A.18) vanishes, which proves the validity of Trotter's formula.

## Appendix B: Pseudopotential

In this appendix, we give some details of deriving the pseudopotential. The argument follows Huang $[62,63]$.

We consider the two-body problem. Each particle has the mass, $m$, and an inter-particle potential, $v(\mathbf{r})$, is the "hard-sphere" one,

$$
v(\mathbf{r})= \begin{cases}0 & (r>a)  \tag{B.1}\\ \infty & (r \leq a)\end{cases}
$$

where $a$ is the hard-sphere diameter with $\mathbf{r}$ the relative position vector between two particles and $r=|\mathbf{r}|$. The Schrödinger equation in the center-of-mass system is

$$
\begin{equation*}
\frac{\hbar^{2}}{2 \mu}\left(\nabla^{2}+k^{2}\right) \psi(\mathbf{r})=v(\mathbf{r}) \psi(\mathbf{r}) \tag{B.2}
\end{equation*}
$$

where $\mu$ means the reduced mass,

$$
\begin{equation*}
\mu=m / 2 . \tag{B.3}
\end{equation*}
$$

Obviously, $\psi(\mathbf{r})$ is the wavefunction in the center-of-mass coordinate system, and $(\hbar k)^{2} /(2 \mu)$ is the energy of the relative motion. Substituting (B.1) into (B.2), we have

$$
\begin{align*}
\left(\nabla^{2}+k^{2}\right) \psi(\mathbf{r}) & =0 \quad(r>a) \\
\psi(\mathbf{r}) & =0 \quad(r \leq a) \tag{B.4}
\end{align*}
$$

In terms of the spherical coordinate,

$$
\begin{equation*}
\mathbf{r}=(r \sin \theta \cos \phi, r \sin \theta \sin \phi, r \cos \theta) \tag{B.5}
\end{equation*}
$$

the solution of Eq. (B.4) for $r>a$ can be written as

$$
\begin{equation*}
\psi(\mathrm{r})=\sum_{l=0}^{\infty} \sum_{m=-l}^{+l} Y_{l m}(\theta, \phi) A_{l m}\left(j_{l}(k r)-\tan \eta_{l} n_{l}(k r)\right) \tag{B.6}
\end{equation*}
$$

with the boundary condition,

$$
\begin{equation*}
\left.\psi(\mathbf{r})\right|_{r=a}=0 \tag{B.7}
\end{equation*}
$$

Here $Y_{l m}(\theta, \phi)$ is a normalized spherical harmonic function, $j_{l}(x)$ and $n_{l}(x)$ the spherical Bessel and Neumann functions respectively, and $A_{l m}$ and $\eta_{l}$ constants. We note that the constant $\eta_{l}$ is determined by the condition (B.7) as

$$
\begin{equation*}
\tan \eta_{l}=j_{l}(k a) / n_{l}(k a) . \tag{B.8}
\end{equation*}
$$

The scattering length $a_{l}$ for the partial $l$-wave is defined by

$$
\begin{equation*}
a_{l} \equiv-\lim _{k \rightarrow 0} \tan \eta_{l}(k) / k \tag{B.9}
\end{equation*}
$$

In what follows, we assume that the energy of the relative motion $(\hbar k)^{2} /(2 \mu)$ is sufficiently small, and thus we consider a spherically symmetric ( $s$-wave) solution,

$$
\begin{equation*}
\psi(\mathbf{r})=A\left(j_{0}(k r)-\tan \eta_{0} n_{0}(k r)\right) \tag{B.10}
\end{equation*}
$$

where

$$
\begin{align*}
j_{0}(x) & =\sin x / x  \tag{B.11}\\
n_{0}(x) & =-\cos x / x  \tag{B.12}\\
A & \equiv A_{00} / \sqrt{4 \pi} \tag{B.13}
\end{align*}
$$

From (B.8), (B.11) and (B.12), we have

$$
\begin{equation*}
\tan \eta_{0}=-\tan (k a) \tag{B.14}
\end{equation*}
$$

leading to

$$
\begin{equation*}
\eta_{0}=-k a . \tag{B.15}
\end{equation*}
$$

Thus, $a$ is identified with the $s$-wave scattering length.
An idea of the pseudopotential is as follows: we find an equation with some "potential" such that (B.10) is the solution everywhere. For sufficiently small $x$, $j_{0}(x)$ and $n_{0}(x)$ behave like

$$
\begin{equation*}
j_{0}(x) \approx 1, \quad n_{0}(x) \approx-1 / x \quad(x \ll 1) \tag{B.16}
\end{equation*}
$$

Thus, from (B.10), for sufficiently small $k r$, we get

$$
\begin{equation*}
r \psi(\mathbf{r})=A\left(r+\frac{\tan \eta_{0}}{k}\right) \tag{B.17}
\end{equation*}
$$

which gives

$$
\begin{equation*}
A=\frac{\partial}{\partial r}(r \psi(\mathbf{r})) \tag{B.18}
\end{equation*}
$$

We remark that the relation (B.18) is used only at $\mathbf{r}=0$. Because $j_{0}(x)$ is regular at $x=0, j_{0}(k r)$ satisfies

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) j_{0}(k r)=0, \tag{B.19}
\end{equation*}
$$

for all $r$. On the other hand, $n_{0}(x)$ is singular at $x=0$. Then, we calculate

$$
\begin{equation*}
F_{0}(r) \equiv\left(\nabla^{2}+k^{2}\right) n_{0}(k r) \tag{B.20}
\end{equation*}
$$

with greater care. We integrate $F_{0}(r)$ over a sphere $V$ of radius $\epsilon$ about the origin. From (B.20), we have

$$
\begin{equation*}
\int_{V} \mathrm{~d}^{3} \mathbf{r} F_{0}(r)=\int_{V} \mathrm{~d}^{3} \mathbf{r} \nabla^{2} n_{0}(k r)+k^{2} \int_{V} \mathrm{~d}^{3} \mathbf{r} n_{0}(k r) \tag{B.21}
\end{equation*}
$$

By applying the divergence theorem to the first term in the right-hand side of Eq. (B.21), we get

$$
\begin{align*}
\int_{V} \mathrm{~d}^{3} \mathbf{r} \nabla^{2} n_{0}(k r) & =\int_{\partial V} \mathrm{dS} \cdot \nabla n_{0}(k r) \\
& =\left.4 \pi \epsilon^{2} \frac{\partial}{\partial r} n_{0}(k r)\right|_{r=\epsilon} \\
& =4 \pi \epsilon \sin (k \epsilon)+\frac{4 \pi}{k} \cos (k \epsilon) \tag{B.22}
\end{align*}
$$

The second term in Eq. (B.21) gives

$$
\begin{align*}
& k^{2} \int_{V} \mathrm{~d}^{3} \mathbf{r} n_{0}(k r)=4 \pi \int_{0}^{\epsilon} \frac{r^{2} \mathrm{~d} r\left(\frac{-\cos (k r)}{k r}\right)}{} \\
&=-4 \pi \epsilon \sin (k \epsilon)-\frac{4 \pi}{k} \cos (k \epsilon)+\frac{4 \pi}{k} \tag{B.23}
\end{align*}
$$

Substituting (B.22) and (B.23) into (B.21), we obtain

$$
\begin{equation*}
\int_{V} \mathrm{~d}^{3} \mathbf{r} F_{0}(r)=\frac{4 \pi}{k} \tag{B.24}
\end{equation*}
$$

Noting that $F_{0}(r)$ is identically equal to zero for $r \neq 0$, we conclude from (B.24) that

$$
\begin{equation*}
F_{0}(r)=\left(\nabla^{2}+k^{2}\right) n_{0}(k r)=\frac{4 \pi}{k} \delta(\mathbf{r}) . \tag{B.25}
\end{equation*}
$$

Using (B.14), (B.18), (B.19) and (B.25) in Eq. (B.10), we have an equation that the solution (B.10) satisfies everywhere,

$$
\begin{equation*}
\left(\nabla^{2}+k^{2}\right) \psi(\mathbf{r})=\frac{4 \pi}{k} \tan (k a) \delta(\mathbf{r}) \frac{\partial}{\partial r}(r \psi(\mathbf{r})) \tag{B.26}
\end{equation*}
$$

For sufficiently small $k a$, we can replace $\tan (k a)$ by $k a$. Then, by dividing both sides of Eq. (B.26) by $\hbar^{2} /(2 \mu)$, we finally arrive at

$$
\begin{equation*}
-\frac{\hbar^{\overline{2}}}{2 \mu} \nabla^{2} \psi(\mathbf{r})+\bar{v}(\mathbf{r}) \psi(\mathbf{r})=\frac{\hbar^{\overline{2}}}{2 \mu} k^{2} \psi(\mathbf{r}) \tag{B.27}
\end{equation*}
$$

where

$$
\begin{equation*}
\tilde{v}(\mathbf{r}) \equiv \frac{4 \pi \hbar^{2} a}{m} \delta(\mathbf{r}) \frac{\partial}{\partial r}(r \cdot) . \tag{B.28}
\end{equation*}
$$

The operator $\tilde{v}(\mathbf{r})$ (B.28) is known as the pseudopotential [62,63]. We note that $\partial / \partial r(r \cdot)$ appearing in (B.28) is not a hermitian operator. But, if $\psi(\mathbf{r})$ is well behaved, namely differentiable at the origin, we can replace $\partial / \partial r(r \cdot)$ by unity. So far, we have considered $a$ to be positive. In general, however, the "diameter" of the hard-sphere $a$ can be extended to be negative. This occurs when we may replace the low energy scattering from an attractive inter-particle potential of finite range by that from a hard-sphere one, known as the "shape-independent approximation."


## Appendix C:

## Gross-Pitaevskii Equation

The alternative way to derive the GP equation is presented. We first write the energy functional as

$$
\begin{equation*}
E[\Phi(\mathrm{r}, t)]=\int d^{3} \mathrm{r}\left[\frac{\hbar^{2}}{2 \mathrm{~m}}|\nabla \Phi(\mathrm{r}, \mathrm{t})|^{2}+\mathrm{V}_{\mathrm{ho}}(\mathrm{r})|\Phi(\mathrm{r}, \mathrm{t})|^{2}+\frac{\mathrm{g}}{2}|\Phi(\mathrm{r}, \mathrm{t})|^{4}\right] \tag{C.1}
\end{equation*}
$$

where terms on the right-hand side denote the kinetic, harmonic and interaction energies. First we consider the kinetic term. Applying the divergence theorem, we can write in explicit form as

$$
\begin{equation*}
\frac{\hbar^{2}}{2 m} \int d^{3} \mathrm{r}|\nabla \Phi(\mathrm{r}, t)|^{2}=\frac{-\hbar^{2}}{2 m} \int d^{3} \mathrm{r} \Phi^{*}(\mathrm{r}, t) \nabla^{2} \Phi(\mathrm{r}, t) \tag{C.2}
\end{equation*}
$$

Using the identity

$$
\begin{equation*}
\frac{\delta f(r)}{\delta f\left(r^{\prime}\right)}=\delta\left(r-r^{\prime}\right) \tag{C.3}
\end{equation*}
$$

The functional derivative of kinetic term gives

$$
\begin{align*}
\frac{-\hbar^{2}}{2 m} \frac{\delta}{\delta \Phi^{*}\left(\mathrm{r}^{\prime}, t\right)} \int d^{3} \mathrm{r} \Phi^{*}(\mathrm{r}, t) \nabla^{2} \Phi(\mathrm{r}, t) & =\frac{-\hbar^{2}}{2 m} \int d^{3} \mathrm{r} \delta\left(\mathrm{r}-\mathrm{r}^{\prime}\right) \nabla^{2} \Phi(\mathrm{r}, \mathrm{t}) \\
& =\frac{-\hbar^{2}}{2 m} \nabla^{2} \Phi\left(\mathrm{r}^{\prime}, t\right) \tag{C.4}
\end{align*}
$$

For the harmonic term, it is easily obtained

$$
\begin{align*}
\frac{\delta}{\delta \Phi^{*}(\mathrm{r}, t)} \int d^{3} \mathrm{r} V_{\mathrm{ho}}(\mathrm{r}) \Phi^{*}(\mathrm{r}, t) \Phi(\mathrm{r}, t) & =\int d^{3} \mathrm{r} \delta\left(\mathrm{r}-\mathrm{r}^{\prime}\right) \mathrm{V}_{\mathrm{ho}}(\mathrm{r}) \Phi(\mathrm{r}, \mathrm{t}) \\
& =V_{\mathrm{ho}}\left(\mathrm{r}^{\prime}\right) \Phi\left(\mathrm{r}^{\prime}, t\right) \tag{C.5}
\end{align*}
$$

The interaction term can be obtained in the same manner

$$
\begin{align*}
\frac{g}{2} \frac{\delta}{\delta \Phi^{*}\left(\mathrm{r}^{\prime}, t\right)} \int d^{3} \mathrm{r}|\Phi(\mathrm{r}, t)|^{4} & =\frac{g}{2} \frac{\delta}{\delta \Phi^{*}\left(\mathrm{r}^{\prime}, t\right)} \int d^{3} \mathrm{r} \Phi^{*}(\mathrm{r}, t) \Phi^{*}(\mathrm{r}, t) \Phi(\mathrm{r}, t) \Phi(\mathrm{r}, t) \\
& =\frac{g}{2} \int d^{3} \mathrm{r} \delta\left(\mathrm{r}-\mathrm{r}^{\prime}\right) 2|\Phi(\mathrm{r}, \mathrm{t})|^{2} \Phi(\mathrm{r}, \mathrm{t}) \\
& =g\left|\Phi\left(\mathrm{r}^{\prime}, t\right)\right|^{2} \Phi\left(\mathrm{r}^{\prime}, t\right) \tag{C.6}
\end{align*}
$$

Finally we get

$$
\begin{equation*}
i \hbar \frac{\partial}{\partial t} \Phi(\mathrm{r}, t)=\left(-\frac{\hbar \nabla^{2}}{2 m}+V_{\text {ext }}(\mathrm{r})+g|\Phi(\mathrm{r}, t)|^{2}\right) \Phi(\mathrm{r}, t) \tag{C.7}
\end{equation*}
$$



## Appendix D:

## Baym's Approach

Now we show the detail calculation of the ground state energy by the mean field approach in Baym's work [51]. The energy functional is written as

$$
\begin{equation*}
E[\Phi(\mathrm{r})]=\int d^{3} \mathrm{r}\left[\frac{\hbar^{2}}{2 m}|\nabla \Phi(\mathrm{r})|^{2}+\frac{m}{2}\left(\omega_{\perp}^{2} r_{\perp}^{2}+\omega_{z}^{2} z^{2}\right)|\Phi(\mathrm{r})|^{2}+\frac{g}{2}|\Phi(\mathrm{r})|^{2}\right] \tag{D.1}
\end{equation*}
$$

where $r_{\perp}=x \hat{i}+y \hat{j}$. They chose the trial wavefunction in the form of the Gaussian

$$
\begin{equation*}
\Phi(\mathrm{r})=N^{1 / 2} \Omega_{\perp}^{1 / 2} \Omega_{z}^{1 / 4}\left(\frac{m}{\pi \hbar}\right)^{3 / 4} e^{-m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / 2 \hbar} \tag{D.2}
\end{equation*}
$$

Putting the trial wavefunction into the kinetic term, then we get

$$
\begin{align*}
\frac{\hbar^{2}}{2 m}-\int d^{3} \mathrm{r}|\nabla \Phi(\mathrm{r})|^{2}= & \left(\frac{m}{\pi \hbar}\right)^{3 / 2} \frac{N \Omega_{\perp} \Omega_{z}^{1 / 2} \hbar^{2}}{2 m} \\
& \times \int d^{3} \mathrm{r}\left|\nabla e^{-m\left(\Omega_{\perp} r^{2}+\Omega_{z} z^{2}\right) / 2 \hbar}\right|^{2} \\
= & \left(\frac{m}{\pi \hbar}\right)^{3 / 2} \frac{N \Omega_{\perp} \Omega_{z}^{1 / 2} \hbar^{2}}{2 m} \\
& \times \frac{m^{2}}{\hbar^{2}} \int d^{3} \mathrm{r}\left(\Omega_{\perp}^{2} r_{\perp}^{2}+\Omega_{z}^{2} z^{2}\right) e^{-m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / \hbar} \tag{D.3}
\end{align*}
$$

Using formulae

$$
\begin{align*}
\int_{-\infty}^{\infty} x^{2} e^{-a x^{2}} d x & =\frac{1}{2 a} \sqrt{\frac{\pi}{a}} \\
\int_{-\infty}^{\infty} e^{-a x^{2}} d x & =\sqrt{\frac{\pi}{a}} \tag{D.4}
\end{align*}
$$

then the $r_{\perp}$ component is integrated to be

$$
\begin{equation*}
\int d^{3} \mathrm{r} r_{\perp}^{2} e^{-m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / \hbar}=\pi^{3 / 2}\left(\frac{\hbar}{m \Omega_{\perp}}\right)^{2} \sqrt{\frac{\hbar}{m \Omega_{z}}} \tag{D.5}
\end{equation*}
$$

and the $z$ component can be obtained to be

$$
\begin{equation*}
\int d^{3} \mathrm{r} z^{2} e^{-m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / \hbar}=\pi^{3 / 2}\left(\frac{\hbar}{m \Omega_{z}}\right)^{3 / 2} \frac{\hbar}{2 m \Omega_{\perp}} \tag{D.6}
\end{equation*}
$$

Finally the kinetic energy term is

$$
\begin{align*}
\frac{\hbar^{2}}{2 m} \int d^{3} \mathrm{r}|\nabla \Phi(\mathrm{r})|^{2}= & \left(\frac{m}{\pi \hbar}\right)^{3 / 2} \frac{N \Omega_{\perp} \Omega_{z}^{1 / 2} \hbar^{2} \pi^{3 / 2}}{2 m} \\
& \times\left[\sqrt{\frac{\hbar}{m \Omega_{z}}}+\frac{1}{2 \Omega_{\perp}} \sqrt{\frac{\hbar \Omega_{2}}{m}}\right] \\
= & N \hbar\left[\frac{\Omega_{\perp}}{2}+\frac{\Omega_{z}}{4}\right] \tag{D.7}
\end{align*}
$$

Next consider the harmonic term

$$
\int d^{3} \mathrm{r} \frac{m}{2}\left(\omega_{\perp}^{2} r_{\perp}^{2}+\omega_{z}^{2} z^{2}\right)|\Phi(\mathrm{r})|^{2}==\frac{\left(\frac{m}{\pi \hbar}\right)^{3 / 2} \frac{N \Omega_{\perp} \Omega_{z}^{1 / 2} m}{2}}{} \begin{aligned}
& \frac{\times \int d^{3} \mathrm{r}\left(\omega_{\perp}^{2} r_{\perp}^{2}+\omega_{z}^{2} z^{2}\right) e^{-m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / \hbar}(\mathrm{D} .8)}{}
\end{aligned}
$$

then

$$
\begin{equation*}
\int d^{3} \mathrm{r} \omega_{\perp}^{2} r_{\perp}^{2} e^{-m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / \hbar}=\omega_{\perp}^{2}\left(\frac{\pi \hbar}{m \Omega_{\perp}}\right)^{2} \sqrt{\frac{\pi \hbar}{m \Omega_{z}}} \tag{D.9}
\end{equation*}
$$

and

$$
\begin{equation*}
\int d^{3} \Gamma \omega_{z}^{2} z^{2} e^{-m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / \hbar \nu}=\partial \omega_{z}^{2}\left(\frac{\pi \hbar}{2 m \Omega_{\perp}}\right)\left(\frac{\pi \hbar}{m \Omega_{z}}\right)^{3 / 2} \tag{D.10}
\end{equation*}
$$

Substituting Eq. (D.9) and Eq. (D.10) into Eq. (D.8), we get

$$
\begin{equation*}
\int d^{3} \mathrm{r} \frac{m}{2}\left(\omega_{\perp}^{2} r_{\perp}^{2}+\omega_{z}^{2} z^{2}\right)|\Phi(\mathrm{r})|^{2}=N \hbar\left[\frac{\omega_{\perp}^{2}}{2 \Omega_{\perp}}+\frac{\omega_{z}^{2}}{4 \Omega_{z}}\right] \tag{D.11}
\end{equation*}
$$

The interaction is straightforwardly evaluated

$$
\begin{align*}
\frac{g}{2} \int d^{3} \mathrm{r}|\Phi(\mathrm{r})|^{2} & =\frac{g N^{2} \Omega_{\perp}^{2} \Omega_{z}}{2}\left(\frac{m}{\pi \hbar}\right)^{3} \int d^{3} \mathrm{r} e^{-2 m\left(\Omega_{\perp} r_{\perp}^{2}+\Omega_{z} z^{2}\right) / \hbar} \\
& =\frac{g N^{2} \Omega_{\perp}^{2} \Omega_{z}}{2}\left(\frac{m}{\pi \hbar}\right)^{3} \frac{\pi \hbar}{2 m \Omega_{\perp}} \sqrt{\frac{\pi \hbar}{2 m \Omega_{z}}} \\
& =N \hbar\left[N a \Omega_{\perp} \Omega_{z}^{1 / 2} \sqrt{\frac{m}{2 \pi \hbar}}\right] \tag{D.12}
\end{align*}
$$

Putting Eq. (D.7), Eq. (D.11) and Eq. (D.12) into Eq. (D.1), we finally get

$$
\begin{equation*}
E\left(\Omega_{\perp}, \Omega_{z}\right)=N \hbar\left(\frac{\Omega_{\perp}}{2}+\frac{\omega_{\perp}^{2}}{2 \Omega_{\perp}}+\frac{\Omega_{z}}{4}+\frac{\omega_{\Sigma}^{2}}{4 \Omega_{z}}+N a \Omega_{\perp} \Omega_{z}^{1 / 2}\left(\frac{m}{2 \pi \hbar}\right)^{1 / 2}\right) \tag{D.13}
\end{equation*}
$$



## Appendix E:

## Numerical Program

The numerical results shown in Chapter 4 is done on Mathematica. Here we give the commands to obtain them. First we declare the constants in the calculation as follows: subscript 1 denotes $\perp$ and 2 denotes $z$.
$\operatorname{In}[1]:=\omega 2=2 \operatorname{Pi} 220$
$\operatorname{In}[2]:=\omega 1=\frac{\omega_{2}}{\sqrt{8}}$
$\operatorname{In}[3]:=\mathrm{a}=0.529 \times 10^{-8}$
$\operatorname{In}[4]:=\mathrm{a} 1=1.222 \times 10^{-6}$
$\operatorname{In}[5]:=$ hbar $=1.055 \times 10^{-34}$
In each loop, we need to clear the remaining value in each function:
$\operatorname{In}[6]:=\operatorname{Clear}[\mathrm{n}, \mathrm{k}$, delta, $\Omega 1, \Omega 2$, en, en1, enkin, enho, enint]
$\operatorname{In}[7]:=\mathrm{n}=\%$ put the number of particles $\%$
$\operatorname{In}[8]:=\mathrm{k}=\frac{8 \mathrm{Pina}}{\mathrm{al}}$
$\operatorname{In}[9]:=\operatorname{Solve}\left[\mathrm{k} \times \sqrt{\frac{\omega 1}{32 \times \mathrm{Pi}^{3} \Omega 2}} \times\left(1+\mathrm{k} \times \sqrt{\frac{\Omega 2}{32 \times \mathrm{P}^{3}-\omega 1}}\right)^{-1 / 2}+1-\left(\frac{\omega 2}{\Omega 2}\right)^{2}==0\right]$
$\operatorname{In}[10]:=\Omega 2=\%$ put the value from the above command $\%$
$\operatorname{In}[11]:=$ delta $=\sqrt{1+\mathrm{k}\left(\frac{\varsigma_{22}}{32 \times \mathrm{Pi}^{3} \omega 1}\right)^{1 / 2}}$
$\operatorname{In}[12]:=\Omega 1=\frac{\omega 1}{\text { delta }}$
$\operatorname{In}[13]:=$ en $=\mathrm{n}$ hbar $\left(\omega 1\right.$ delta $\left.+\frac{\Omega 2}{4}+\frac{\omega 2^{2}}{4 \Omega 2}\right)$
$\operatorname{In}[14]:=\mathrm{enl}=\frac{\mathrm{en}}{\mathrm{n} \text { hbar } \omega 1}$
$\operatorname{In}[15]:=$ enkin $=\frac{\Omega 1}{2 \omega 1}+\frac{\Omega 2}{4 \omega 1}$
$\operatorname{In}[16]:=$ enint $=\frac{\mathrm{n} 4.33 \times 10^{-3} \Omega 1 \Omega 2^{1 / 2}}{2 \mathrm{Pi} \omega 1^{3}}$


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