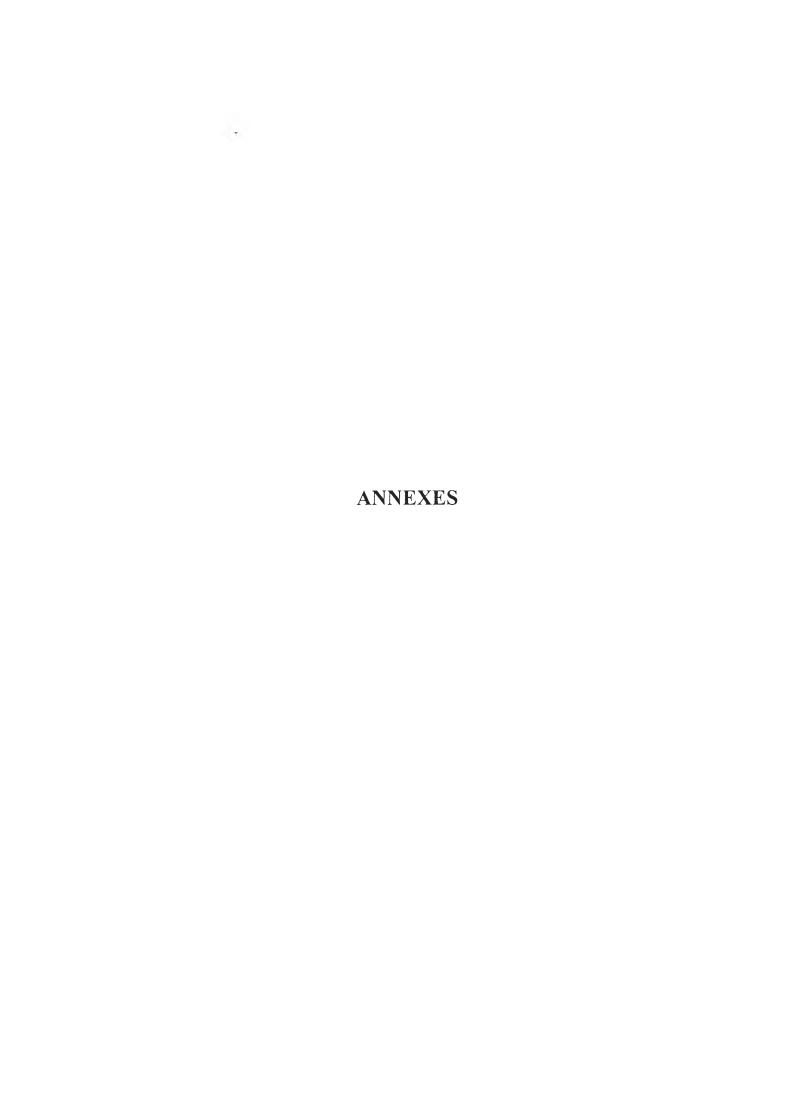
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# Annex I

| Questionnair<br>Hospital (TG | es for Structured Interview St<br>H)   | ID No. [                     | Thimphu General     |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------|--|------------------------------|---------------------|--|--|--|--|--|--|--|--|--|--|--|--|
| THESIS TITLE                 | THESIS TITLE: FACTORS INFLUENCING PATIENT SATISFACTION IN A FREE HEALTH CARE SYSTEM IN TGH, THIMPHU. |                              |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| Ward<br>Please mark          |  |                              |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| SECTION I.                   | Socio-Demographic Features   | of Patients                  |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Age in year               | syears.  |                              |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. Gender.                   | 1. Male  | 2. Female                    |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. Education                 | 1. None  | 2. Non-formal                | 3. Primary level    |  |  |  |  |  |  |  |  |  |  |  |  |
|                              | 4. Secondary level   | 5. College and al            | oove                |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. Income                    | 1.  ≤ 5000/month   | 2. 5001-8000/mc              | onth                |  |  |  |  |  |  |  |  |  |  |  |  |
| (in Ngultrum)                | 3. 8001-11000/month  | 4. 11001-14000/              | month               |  |  |  |  |  |  |  |  |  |  |  |  |
|                              | 5. 14001-17000/month   | 6. $\geq 17001/\text{month}$ |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. Occupation                | . 1. Government Servant  | 2. Businessman               | 3. Armed force      |  |  |  |  |  |  |  |  |  |  |  |  |
|                              | 4. Monk  | 5. Farmer                    | 6. Student          |  |  |  |  |  |  |  |  |  |  |  |  |
|                              | 7. Other (Specify)   |                              |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| 6. Ethnicity                 | 1. Ngalong   | 2. Sharchop                  |                     |  |  |  |  |  |  |  |  |  |  |  |  |
|                              | 3. Lhotshampa  | 4. Khengpa                   |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| 7. Referral sta              | tus 1. Self-referral   | 2. Referral other            | than self-referral. |  |  |  |  |  |  |  |  |  |  |  |  |
| 8. Disease stat              |  | 2. Chronic                   |                     |  |  |  |  |  |  |  |  |  |  |  |  |
| 9. Length of h               | ospitalization (during survey tim  | ne)days/                     | weeks/months        |  |  |  |  |  |  |  |  |  |  |  |  |
| 10. Admission                | history 1. 1 <sup>st</sup> Admission   | 2. Repeat admiss             | ion                 |  |  |  |  |  |  |  |  |  |  |  |  |

## SECTION II. INPATIENT SATISFACTION

The following statements refer to satisfaction levels to various services rendered to inpatients of TGH.

|   | Satisfaction Levels      |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
|---|--------------------------|---------------|---------------|------------------|-----------------------|--|--|--|--|--|--|--|--|--|
| Statements                                | Very<br>Satisfied<br>(5) | Satisfied (4) | Uncertain (3) | Dissatisfied (2) | Very Dissatisfied (1) |  |  |  |  |  |  |  |  |  |
| I. HOSPITAL MILIEU                        |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| A. Accessibility                          |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 1. Accessibility for admission at any     |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| time.                                     |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 2. Appropriate location of TGH            |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 3. Availability of services at any time   |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| B. General Cleanliness                    |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 4. Overall cleanliness inside your ward   |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 5. Cleanliness of toilets and             |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| bathrooms attached to your ward           |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| C. Waiting Time                           |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 6. Reasonable waiting time prior to       |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| admission.                                |                          | ò             |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 7. Acceptable waiting time for            |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| investigative procedures                  |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| D. Attitude of the support staff (ward    |                          |               | 1             |                  |                       |  |  |  |  |  |  |  |  |  |
| boys, sweepers, cooks etc)                |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 8. Helpfulness of support staff           |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 9. Courteous and respectful               |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| E. Comfort in the ward                    |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 10. Room is warm and cozy.                |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 11. Crowd and noise control is effective  |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 12. Lighting and ventilation              |                          |               |               | ·-               |                       |  |  |  |  |  |  |  |  |  |
| F. Hospital Diet                          |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 13. Quantity of hospital food             |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 14. Taste/ flavor of food                 |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 15. Timing of meals                       |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| G. Social Support                         |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 16. Visitors/relatives allowed to see you |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| in the ward                               |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
| 17. Allowing some one as bed side         |                          |               |               |                  | _                     |  |  |  |  |  |  |  |  |  |
| attendant to take care of you             |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |
|   |                          |               |               |                  |                       |  |  |  |  |  |  |  |  |  |

| •  |                   | Sa        | atisfaction | Levels       |                      |
|--|-------------------|-----------|-------------|--------------|----------------------|
| Statements                                 | Very<br>Satisfied | Satisfied | Uncertain   | Dissatisfied | Very<br>Dissatisfied |
|  | (5)               | (4)       | (3)         | (2)          | (1)                  |
| II. PROVIDER FACTORS                       | (5)               | (4)       | (3)         | (2)          | (1)                  |
| A. Competence of physicians                |                   |           |             |              |                      |
| 18. Competence in diagnosing your          |                   |           |             |              |                      |
| disease                                    |                   |           |             |              |                      |
| 19. Competence in carrying out medical     |                   |           |             |              |                      |
| procedures                                 |                   |           |             |              |                      |
| B. Competence of nurses                    |                   |           |             |              |                      |
| 20. Competence in carrying out indoor      |                   |           |             |              |                      |
| activities related to your care            |                   |           |             |              |                      |
| 21. Competence in carrying out practical   |                   |           |             |              |                      |
| medical procedures                         |                   |           |             |              |                      |
| C. Doctor-patient relationship.            |                   |           |             |              |                      |
| 22. Doctors listen and respond to your     |                   |           |             |              |                      |
| problems attentively                       |                   | _         |             |              |                      |
| 23. Comfort and ease of talking to your    |                   |           |             |              |                      |
| doctors                                    |                   |           |             |              |                      |
| 24. Management of your treatment           |                   |           |             |              |                      |
| explained adequately                       |                   |           |             |              |                      |
| 25. Information on self care of your       |                   |           |             |              |                      |
| illness at home and elsewhere adequate     |                   |           |             |              |                      |
| 26. Prognosis and follow up of your        |                   | 1         |             |              |                      |
| disease are explained properly             |                   |           |             |              |                      |
| D. Attitude of care providers              |                   |           |             |              |                      |
| 27. Courteous and respectfulness           |                   |           |             |              |                      |
| 28. Ready to help and solve your           |                   |           |             |              |                      |
| problems                                   |                   |           |             |              |                      |
| E. Comprehensiveness of care               |                   |           |             |              |                      |
| 29. All your symptoms heard and taken      |                   |           |             |              |                      |
| care of                                    |                   |           |             |              |                      |
| 30. Referral to other specialists for      |                   |           |             |              |                      |
| thorough evaluations.                      |                   |           |             |              |                      |
| F. Service with Humane Face                |                   |           |             |              |                      |
| 31. Feeling that doctors are treating both |                   |           |             |              |                      |
| you and your disease                       |                   |           |             |              |                      |
| 32. Sense of sympathy and concern for      |                   |           |             |              |                      |
| your well being.                           |                   |           |             |              |                      |
| 33. Doctors are kind and ever willing to   |                   |           |             |              |                      |
| help you.                                  |                   |           |             |              |                      |

| SECTION III.  |
|---|
| <ol> <li>What is your overall rating / assessment of inpatient services in TGH?</li> <li>A. Satisfied</li> <li>B. Dissatisfied</li> </ol> |
| 2. In your opinion/experience, what was the main factor for your satisfaction or  |
| dissatisfaction as specified in (1) above?  |
|   |
|   |
| SECTION IV.   |
| Any specific recommendation that you would like to make for improving inpatient   |
| services and satisfaction in TGH.   |
| 1. In Hospital Milieu domain  |
|   |
| 2. In Care Provider domain  |
|   |
|   |
| 3. Any others (specify)   |
|   |
|   |
|   |
| THANK YOU FOR KINDLY PARTICIPATING IN THE SURVEY.   |
|   |
| Interviewer's name and signature  |
| Date of interview   |

# **Annex II**

## **Informed Consent Form**

# In-patient consent form for structured questionnaire survey

| I,years male/female patient ofward of JDWNR   |
|---|
| Hospital (Thimphu General Hospital) have been fully explained of the purpose and        |
| importance of this survey. I also fully understand and have confidence that information |
| I give will be used only for the purpose of this study.                                 |
| 1. Signature:   |
| 2. Thumb impression:  |
| (in case of illiterate respondent)  |

#### **Annex III**

# Questionnaires for physicians' survey at the National Referral Hospital (NRH), Thimphu

As part of my thesis work for MPH in Health System Development at the College of Public Health, Bangkok, I have recently finished collecting data from Inpatients of JDWNRH (NRH) on factors for patient satisfaction. To substantiate the above, I am circulating a short questionnaire to gather some data/information on your valuable perceptions on the above topic. There are no right or wrong answers; they just reflect your perceptions, hypotheses or experiences. Your answers/comments will be confidential and will be used only for the purpose of this study.

| Please | tick in and write in  |
|--------|---|
| 1.     | In your rough guess, what would be the % of dissatisfied inpatients in NRH?         |
|        | %   |
| 2.     | In your experiences, who do you think complain about inpatient services at the NRH? |
|        | i. □ Patients ii. □ Patient attendants iii. □ Both.                                 |
| 3.     | Do you think that the demands and expectations of our patients are increasing?      |
|        | □ Yes □ No  |
|        | If yes, what would be some of the factors?  |
|        | a.  |
|        | b.  |
|        |   |

| 4. |       | ong socio-demographic factors/variables about those who complain or are atisfied (patients/attendants), who complains more?  |
|----|-------|--|
|    | i.    | □ Male □ Female  |
|    | ii.   | ☐ Younger patients ☐ Older patients  |
|    | iii.  | □ Rich Poor  |
|    | iv.   | □ Literates □ Illiterates  |
|    | v.    | ☐ Govt. Servants ☐ Businessmen ☐ Others (specify)  |
|    | vi.   | ☐ Self admitted patients ☐ Referred patients   |
|    | vii.  | ☐ Acute cases ☐ Chronic cases  |
|    | viii. | ☐ Short admission duration ☐ Long admission duration   |
|    | ix.   | ☐ First time admission ☐ Repeat admission  |
| 5. | facto | ong Inpatients, free health care (only for them) seems to be the overriding or for their satisfaction. In your opinion, which others of the following ors are associated with patient satisfaction? Please tick the relevant ones- |
|    | i.    | ☐ Cleanliness of wards and toilets   |
|    | ii.   | ☐ Long waiting time for admission  |
|    | iii.  | ☐ Long waiting time for investigative procedures   |
|    | iv.   | ☐ Crowd/noise control in the wards   |
|    | v.    | ☐ Attitude of support staff (ward boys, sweepers, cooks etc)   |
|    | vi.   | □ Hospital Diet  |
|    | vii.  | ☐ Social support (allowing visitors/relatives/friends to visit them)   |
|    | viii. | ☐ Attitude of care providers (physicians, nurses, etc)   |

| ix.   ☐ Encouraging/allowing patients to explain their problems to you  |
|---|
| x.   □ Explaining their diseases/conditions and line of management  |
| 6. "Service with Humane Face" and "Professionalism" are two mottos for health care delivery in Bhutan. In your opinion, which of the above two is more relevant for patient satisfaction? |
| i. □ Service with Humane Face ii. □ Professionalism iii. □ Both.  |
| 7. In your practice, which do you follow?   |
| i □ above ii □ above iii. □ Both.   |
| 8. Any constraints in following/practicing the above  |
| a.  |
| b.  |
| c.  |
| 9. Is "Patient Satisfaction" associated with your "Job Satisfaction"?   |
| □ Yes □ No.   |
| 10. Some recommendations for improving inpatient services and patient satisfaction<br>in NRH?   |
| a.  |
| b.  |
| c.  |
| Thank you very much for your kind cooperation and valuable inputs for the study. The  |
| results of the study will be shared and hopefully improve patient and our satisfactions   |
| as health professionals.  |
| Signature and date:   |
| Specialty:  |

#### **Annex IV**

# Outline of topics for interviews with key informants of the Department and National Referral Hospital at Thimphu, Bhutan.

- 1. In the best of your knowledge and experience, perceptions of satisfaction or dissatisfaction those are relevant to the Bhutanese patients (especially among inpatients).
- 2. Quality gaps in services rendered at NRH that may be the causes of complaints and dissatisfaction among patients/clients.
- 3. Perceptions in terms of patients' expectations while seeking services at the NRH for e.g. relief of pain, early diagnosis and treatment, cure of disease/problem etc or the process towards all these.
- 4. Reactions of the Department/Ministry to complaints or issues related to patient dissatisfaction and complaints.
- 5. Issues concerning continuation of free health care services at the face of rising costs and patient demands and other priorities at national level.

#### **Key Informants**

- 1. Director, Department of Medical Services.
- 2. Director, Department of Public Health.
- 3. Officiating Superintendent, NRH, Thimphu.
- 4. Administrative Officer, NRH, Thimphu.
- 5. Officiating Nursing Superintendent, NRH, Thimphu.

#### Annex V

# **Budget estimate:**

A tentative budget of about \$1200 was earmarked for travel, daily wages for data collectors, refreshment and stationery. The expenses were borne by the researcher.

| Sl.No. | Expenditure Heads Te                                    | entative estimate (US\$) |  |  |  |  |
|--------|---|--------------------------|--|--|--|--|
| 1.     | Expenses for traveling to and back from Bhutan          | 450.00                   |  |  |  |  |
| 2.     | Wages to the interviewers- 8 Nos. @US\$6/ person for 10 | days 480.00              |  |  |  |  |
| 3.     | Stationery  | 100.00                   |  |  |  |  |
| 4.     | Refreshments for interviewers and the interviewees (lum | p sum) 100.00            |  |  |  |  |
| 5.     | Miscellaneous or contingency provision                  | <u>50.00</u>             |  |  |  |  |
|        | <u>G</u>  | rand Total: 1180.00      |  |  |  |  |
|        | (Rounded to U   |                          |  |  |  |  |

Annex VI

| NI- | Activities                     |  | November |   |   |   | December |   |   | January |   |   |   | F | ebr | ua | ry |   | Ma    | rch |   |   | Ap | ril |   | May |   |   |   |
|-----|--------------------------------|--|----------|---|---|---|----------|---|---|---------|---|---|---|---|-----|----|----|---|-------|-----|---|---|----|-----|---|-----|---|---|---|
| No  |                                |  | 2        | 3 | 4 | 1 | 2        | 3 | 4 | 1       | 2 | 3 | 4 | 1 | 2   | 3  | 4  | 1 | 2     | 3   | 4 | 1 | 2  | 3   | 4 | 1   | 2 | 3 | 4 |
| 1   | Writing proposal               |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 2   | Submit first draft             |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 3   | Revise first draft             |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 4   | Submit for proposal exam       |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 5   | Proposal exam                  |  |          |   |   |   |          | 器 |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 6   | Revise proposal                |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 7   | Recruit and train interviewers |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 8   | Pretest questionnaire          |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 9   | Revise questionnaire           |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 10  | Conduct structure interviews   |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 11  | Data management                |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 12  | Data analysis                  |  |          |   |   |   |          |   |   |         |   |   |   |   | 4   |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 13  | Report writing                 |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    | 1  |   |       |     |   |   |    |     |   |     |   |   |   |
| 14  | Submit for final defense       |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   | MISS. |     |   |   |    |     |   |     |   |   |   |
| 15  | Thesis exam                    |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |
| 16  | Revision                       |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     | 1 |     |   |   |   |
| 17  | Submit as the final product    |  |          |   |   |   |          |   |   |         |   |   |   |   |     |    |    |   |       |     |   |   |    |     |   |     |   |   |   |

# **Biography**

The author was born on 6th June 1959 at Dagapela in Dagana district in southern Bhutan. He did his undergraduate course in general medicine from Government Medical College, Patiala in the state of Punjab in northern India in 1987. An athlete in his school and college days, he set records in the college 5,000 and 10,000 meters distant running which are still unbroken since 1983. He was college athlete of the year in 1983 and was also awarded college roll of honors in lawn tennis. He won the all Bhutan open national tennis singles championship in 1993 and was doubles champion in 1992 and 1993.

He joined the Department of Health Services, Ministry of Social Services in Bhutan in 1988 and served in the capacities of general medical officer and later as district medical officer in various parts of the kingdom till 1998. In 1999, he joined the Department of Health Services, Ministry of Health and Education as program manager for the national tuberculosis control program. Subsequently he was also involved with leprosy, integrated management of childhood illnesses (IMCI) and other programs of the Public Health Division. In 2002, he was one of the core members of the 560 kms Move for Health Walk across Bhutan undertaken with the objective of raising money for the Bhutan Health Trust Fund.

He is a happily married man with two sons and a daughter.

Once back in Bhutan, he will be responsible for looking after the Division of the Non-communicable Diseases in the Department of Public Health, Ministry of Health.