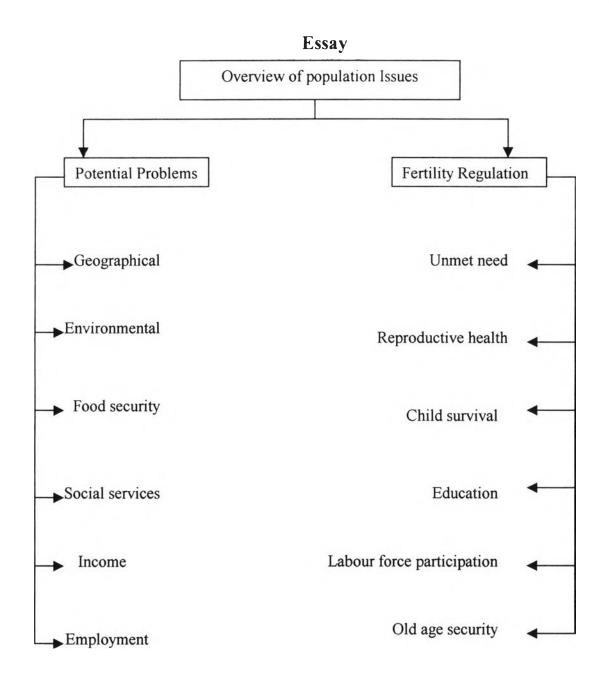
# Chapter V

### Presentation

The rationale and the content of the thesis project was presented to the examination committee. The presentation topic included an essay on overview of population issues in Bhutan, Primary and secondary data exercise and a proposal to develop an appropriate reproductive health program. The presentation was for twenty minutes without interruption and then questions were asked based on my presentation. Few changes were recommended which I have incorporated in the final manuscript. The overhead transparencies that I have used for the twenty minutes presentation are provided in this chapter.



# Data exercise

Introduction:
1. Part I: Primary data
2. Part II: Secondary data
Part I: Primary data
An elicitation study among the taxi drivers on condom use.
Objectives:
Study questions:
Methodology:
Instrument used
Sampling
Conduct
Results
Limitations
Recommendations
Part II: Secondary data
Objectives:
Discussion of results
Recommendations

**Proposal:** To design more effective IEC intervention program on sexual health for students in Bhutan.

#### Goal:

To facilitate the development of responsible (informed) decision making regarding sexual behavior among the students in Bhutan as indicated by increase in the level of knowledge and decreases in the incidences of unwanted pregnancies and STDs.

### Justification:

- 1. No intervention designed specifically for the students on sexual health
- 2. No existing data about sexual behavior
- 3. Potential for wider outreach and longer term effect

### Objectives:

To conduct research to describe and define the problem in order to design more effective IEC strategies

# **Elicitation Study**

Objectives:
1. To explore the possible factors affecting sexual health.
2. Identify Variables for quantitative research
Population:
Students of Yangchenphug high school
Sampling:
Selected students.
Instrumentation:
In-depth Individual Interview
Interview guide
Conduct:
language used
Use of tape recorders
Data analysis:

## Interview guide

### Social setting:

- What do they do after schools and weekends
- Parties / discotheques
- Drinking and Smoking habits
- Movies
- Friends

What are their View on having close friends (boy / girl friends)

- Is it common
- Reasons for having or not having
- Expectation from each other

How is pre-marital sex viewed by the student themselves?

- Is it right or wrong in the social context (reasons)
- Influences (Parents' teaches, peers)
- Any exceptions (circumstances)
- Gender differences (reasons)
- Consequences of pre-marital pregnancy (effect on later marriages)
- Circumstances under which it occurs

## What is their level of knowledge:

- Pregnancy prevention methods (sources and types)
- STD prevention
- Sources of information (channel, process)
- Contraceptives
- Smoking and alcohol hazard

### Practice:

- Masturbation (attitude and practice)
- Sex (frequency, partner, moral, religious)