EFFECTIVENESS OF HEALTH TALK EDUCATION PROGRAM ON HPV (HUMAN PAPILLOMAVIRUS) KNOWLEDGE, PERCEPTION AND CHILDREN VACCINATION INTENTION AMONG MOTHERS OF SECONDARY SCHOOL BOYS IN HUE PROVINCE VIETNAM : A QUASI-EXPERIMENTAL STUDY

Mr. Nguyen Minh Duc

A Dissertation Submitted in Partial Fulfillment of the requirements For the Degree of Doctor of Philosophy in Public Health Common Course COLLEGE OF PUBLIC HEALTH SCIENCES Academic Year 2019 Copyright of Chulalongkorn University ประสิทธิผลของโปรแกรมการพูดคุยเชิงสุขภาพ ต่อความรู้ ความเข้าใจ และความตั้งใจในการรับวัคซีนเอชพีวีของบุตร ในมารดานักเรียนชายระดับมัธยมศึกษา จังหวัดเว้ ประเทศเวียดนาม : การศึกษากึ่งทดลอง

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วิทยานิพนธ์นี้เป็นส่วนหนึ่งของการศึกษาตามหลักสูตรปริญญาสาธารณ สุขศาสตร์ดุษฎีบัณฑิต สาขาวิชาสาธารณสุขศาสตร์ ไม่สังกัดภาควิชา/เทียบเท่า วิทยาลัยวิทยาศาสตร์สาธารณสุข จุฬาลงกรณ์มหาวิทยาลัย ปีการศึกษา 2562 ลิขสิทธิ์ของจุฬาลงกรณ์มหาวิทยาลัย

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ความเป็นมา : ในสถานการณ์เกิดโรคมะเร็ง ซึ่งเกี่ยวข้องมาจากผลกระทบจากการติดเชื้อเอชพีวีพีเพิ่มสูงขึ้นทั่วโลก ปัจจุบันในเด็กผู้ชายจะไม่ได้รับวัคซีนป้องกันเหมือนกับเด็กผู้หญิงซึ่งพบว่ามีง านวิจัยน้อยมากเกี่ยวกับการให้วัคซีนเอชพีวีแก่เด็กผู้ชายในหมู่ประเทศแพบเ อเซียซึ่งผู้ปกครองของเด็กเหล่านี้มีส่วนช่วยอย่างมากในการตัดสินใจที่จะได้รั บ วั ค ซี น งานวิจัยของเราจะประเมินค่าผลการเข้าร่วมจากการเข้าร่วมโครงการสัมมนา ที่เกี่ยวกับความรู้ในเรื่องของโรคติดต่อทางเพศสัมพันธ์หรือเอชพีวี รวมถึงทัศนคติและความประสงค์ต่อการรับวัคซีนของแม่เด็กวัยมัธยมในจังหวั ด Thua Thien Hue ของเวียดนาม

จ้ น ത്ര ລ น ก สึ ٦ 5 ก ษ การวิจัยนี้เป็นการวิจัยแบบกึ่งทดลองจากการสุ่มตัวอย่างแบบเจาะจง ที่เริ่มทดลองตั้งแต่เดือนกันยายน 2019 ถึงเดือนมกราคม 2020 โดยมีแม่ของเด็กชายจำนวน 288 คนในจังหวัด Thua Thien Hue วี ୧ ລ J ۶I น า ม L ด ้ที่เป็นผู้ถูกเลือกให้เข้าร่วมงานวิจัยในการวิจัยจะแบ่งผู้เข้าร่วมออกเป็นสองกลุ่ มโดยจำนวน 144 คนจะอยู่ในกลุ่มควบคุมและอีกจำนวน 144 คนจะถูกจัดอยู่ในกลุ่มแทรกแซง โดยกลุ่มแทรกแซงจะถูกเชิญให้มาสัมภาษณ์และตอบคำถามเกี่ยวกับข้อมูลป ระชากร ประวัติสุขภาพ ความรู้ ความตั้งใจ และความคิดเห็นที่มีต่อโรคติดต่อทางเพศสัมพันธ์หรือเอชพีวี

ผลจากการศึกษา: พบว่าพบว่ามีจำนวน 279 คน จากกลุ่มจากกลุ่มผู้เข้าร่วมทดสอบและสัมภาษณ์ทั้งหมด โดยแรกเริ่มของโดยแรกเริ่มของการทดสอบทั้งสองกลุ่มมีความรู้เรื่องเอชพีวีใ นระดับเดียวกัน แต่หลังผ่านไปหนึ่งเดือน กลุ่มที่เข้าร่วมสัมมนาความรู้เรื่องเอชพีวี มีความรู้เพิ่มขึ้นจากเดิมเป็นอย่างมากเมื่อเทียบกับกลุ่มที่ไม่ได้เข้าร่วมสัมมน าและนอกจากนี้ยังพบว่าในกลุ่มแทรกแซงมีความต้องการให้บุตรชายได้รับวัค ซีนมากกว่ากลุ่มควบคุมอีกด้วย. หลังจากการทดลองผ่านไปอีกสามเดือน พบว่าการวิจัยให้ผลลัพธ์เหมือนช่วงเดือนแรก

ລື ľ ര് J ส ม ถ ส ป ٦ ٦ 5 ร ว่ ٦ จากการศึกษาด้านสุขภาพจัดว่าเป็นสิ่งสำคัญในการเพิ่มความรู้และความตั้งใ จที่จะให้บุตรชายได้รับวัคซีนเอชพีวีในเวียดนาม

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 ## 6079170853: MAJOR PUBLIC HEALTH
 KEYWORDS: HEALTH TALK EDUCATION, HUMAN PAPILLOMAVIRUS (HPV) VACCINATION, PERCEPTION, INTENTION, VIETNAM
 Nguyen Minh Duc: EFFECTIVENESS OF HEALTH TALK EDUCATION PROGRAM ON HPV (HUMAN PAPILLOMAVIRUS) KNOWLEDGE, PERCEPTION AND CHILDREN VACCINATION INTENTION AMONG MOTHERS OF SECONDARY SCHOOL BOYS IN HUE PROVINCE VIETNAM: A QUASI-EXPERIMENTAL STUDY. Advisor: Asst. Prof. Nutta Taneepanichskul, Ph.D.

Background: The incidence of cancer related to human papillomavirus (HPV) that affects males is rising throughout the world. Currently, Vietnamese boys are typically not vaccinated against HPV while girls are. There are only a few studies pertaining to HPV vaccination among boys in Asian countries where parents play the most important role in deciding on such vaccination. We present here the first study to assess the effectiveness of a health talk education program on HPV knowledge, attitudes and intention to vaccinate children among mothers of secondary school students in the Thua Thien Hue province, Vietnam.

Methods: This was a quasi-experimental study. Two secondary schools in the Thua Thien Hue province, Vietnam were selected by purposive sampling. A total of 288 mothers of male students of two secondary schools were selected to participate, n=144 as controls and n=144 for the intervention arm for every school. Mothers of male students were invited to answer interview questions. The questionnaires covered social demographics, health history, HPV knowledge and HPV vaccination perception and intention. The study ran from September 2019 to January 2020.

Results: In total, 279 mothers finished the questionnaires. At the baseline, HPV knowledge in both groups was at the same level (p > 0.05). One month after receiving the HPV health talk education, mothers of male students had much higher HPV knowledge than those who did not receive such HPV health talk education. The intervention group also had a much higher HPV vaccination intention than the control group (p < 0.05). Three months after first intervention have the similar result.

Conclusion: Health education was shown in this study to be an effective method to increase HPV knowledge and vaccination intention among mothers of boys in Vietnam.

Field of Study: Public Health	Student's Signature
Academic Year: 2019	Advisor's Signature

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# LIST OF ABBREVIATIONS

- CDC Center for Disease Control and Prevention
- HPV Human Papillomavirus
- WHO World Health Organization

#### **CHAPTER I**

#### INTRODUCTION

#### **1.1 Background and Rationale**

HPV is human papillomavirus was discovered in 1980 by Harold (Nobel Laureate, 2008). During the past decade, studies have shown a strong link between the human papillomavirus (HPV) and various cancers of the cervix, anus, oropharynx and skin (Smith, 1998; Bosch, Munoz, 2002; Spano, 2005). Human can be infected HPV approximately 75% during of the lifetime (Who, 2002).

There are more than 200 types of HPV, but only a few of them characterized as "high risk" types that can cause cancer. In particular, HPV types 16 and 18 are related to some types of cancer.

HPV type 16 stand for 22.5% of all HPV infections on worldwide (Bruni, 2010). Furthermore, HPV type 6 and HPV type 11 are cause more than 85% of genital warts (Garland, 2009).

Recently ,many epidemiological research on HPV have expanded to men and this being rising incidence of non-cervical HPV infection associated cancers (Giuliano ,2011; Pickard, 2012).In many research ,the prevalence of HPV in men from 18 to 70 was found about 50% (Giuliano ,2011 ;Lee ,2015;Villa 2005).Moreover the prevalence of oral HPV infection was found to 6.9% in many cross-sectional studies of boys and girls from 14 to 19 years old in United States(Gillison ,2012).And prevalence of oral HPV infection in males was much higher than females (10.1% compare to 3.6%).Likewise ,oral HPV infection ia strongly associated with liftetime and number partners of vaginal and oral sex (Gillison, 2012).

These numbers cervical cancer cases may be grossly understated due to the lack of a comprehensive national cancer registries and reporting systems, more than 500,000 cases of cervical cancer and almost 300,000 related deaths occur annually, most (>85%) of which occur in low and middle-income countries (LMIC). Cervical cancer is often the leading cause of cancer-related mortality and ranks among the most important causes of all-cause mortality in LMIC. The societal impact of cervical cancer is more profound than for most other cancers because it strikes women and often kills women, in their 30's, 40's, 50's, when they are still raising families and highly productive members of their communities(WHO 2016 ). One such place that suffers a disproportionate burden of cervical cancer is Viet Nam, where cervical cancer is known as the "Women's plague" or the "Women's death".

HPV infection doesn't only affect women. Men also have HPV infection related cancers. According to recent data from CDC (CDC 2012), the prevalence of men who were diagnosed with HPV was increasing.

Men who had sex with men are 27 times transmission of HPV comparing with those who had sex with heterosexual intercourse only (CDC, 2012). In 2010, there were 800 men had penile cancer, 1100 had anal cancer and 5700 suffered head and neck cancers resulting from HPV (CDC, 2012).

Fighting with HPV in Males is a very important public health issue .And the numbers of cases were diagnosed cancers related to HPV increase every year, Palefsky (2007) reported that "most of Human papillomavirus infection come from men transmitted to women through sexual activity". The developing of vaccine in recent years has spurred controversy over should males have vaccinated against HPV like women. A study reported that the impact of HPV on males are similar rate of HPV infection with women (0.29 to 0.39 per 1,000 person-months), but men and women have different immune responses (Giuliano, 2011).

We now understand that persistent cervical infections by certain HPV genotypes ("types") are the necessary cause of cervical cancer and its immediate precursor lesions. Discovery of the obligate cause of cervical cancer has led to rapid development of two technologic advances: 1) Prophylactic vaccines

against HPV infections for primary prevention and 2) HPV testing to identify women with precancerous lesions in need of treatment for secondary prevention.

In 2006 ,Merck pharmaceutical company released the vaccine can protect four types of HPV(type 6,11,16 ,18) ,called Gardasil .Type 6 ,11 cause genital warts and type 16 and 18 can cause of mostly HPV infection cancer in men and women .And the vaccine was approved for females from 9 to 26 ,for males from 9 to 26 (Canadian press ,2010)

Clinical trials have proven that the Gardasil vaccine is 100% effective for both male and female in preventing HPV infection if all three doses are administered within the recommended time frame (within 6 months) and prior to sexual debut (Markowitz, 2007). In 2009, a bivalent HPV vaccine, Cervarix, was licensed for use only in females ages 10 to 25 years. Cervarix protects against HPV types 16 and 18, which are known to cause cervical cancer. The Cervarix vaccine does not protect against genital warts and has not been licensed for use in males.

Many individuals may question the benefits of vaccinating a boy against HPV however HPV vaccine in boys are not only protect against HPV cancer but also bring a lot of benefit for women. Vaccination in boys can protect women from HPV cancer such as cervical cancer ,head and neck cancer .In addition ,men have sex with men will have protection against HPV infection through HPV vaccination . (Giuliano, 2008; Szarewski, 2008, Zimet, 2009; Rosenthal, 2010).

There are some significant barriers to persuade men get HPV vaccination. The Vaccine cost for doses is still high. Especially ,the cost still very high compare to developing countries .And the awareness of the benefits of HPV vaccine for males are much lower than females .And the reason for women who have more awareness than men due to it is still strong linkage with Cervical cancer prevention (Francis, 2010).

According to Vietnam journal of Public Health, 2016, average age for the first sex intercourse in Vietnam is 19.7 and will have sex younger and younger.

For those reasons, researcher wants to focus about secondary school students from 11 to 15 years old.

The barrier for HPV vaccination on boys students are related to social culture from parents .Since Vietnam is Asian country and the culture of Vietnam is affect the culture of Asian country. Parents don't want their children know about sexual topic when their boys too young (Lan ,2017).And another reason is the HPV vaccine price is a little higher compare to personal income in Vietnam (Bach , 2018).And final reason is ,parents are not have enough knowledge about HPV ,that's why they are afraid side effects of HPV vaccine (Bach ,2018).

The Health Belief Model (Rosenstock, 1988) is an appropriate theoretical for the design of this study survey, as the important investigator set out to examine the predictors to students' health-related action, which include the perceive severity, consequences, benefits and perceive barriers and cues to HPV vaccination (Reynolds, 2011). And the outcome variables will be measures are HPV knowledge, perception, and vaccination HPV uptake

There are no studies about HPV Health talk education intervention in Vietnam among mothers of males' students. This study assesses mothers' knowledge, perception, intention about HPV, HPV vaccination and measures whether a Health talk Educational intervention affects these factors.

Health talk education program is the intervention that health care provider will give presentations about HPV knowledge ,perception and intention information to mothers of boys students .And after presentation ,health care provider and mothers will have discussion ,questions and answers about the program that mothers learned .

Researcher want to do HPV Health talk education intervention in Hue province because Hue province is one of the highest education place in Vietnam so it is easy for training people .In another hand , Hue province have higher medical system such as it had many medical centers ,big hospital so it is easy to access HPV vaccination .

#### **1.2 Research questions**

1. Does Health Talk program effect on knowledge ,perception ,intention of HPV vaccination among mothers of boys secondary school students?

2. Are there any differences of knowledge, perception ,intention about HPV vaccination between intervention and control group at Baseline?

3.Are there any differences changes of knowledge, perception and intention after receiving intervention between intervention and control group ?

#### **1.3 Hypothesis**

Ho: Health talk education program will not affect on HPV knowledge, perception, and vaccination intention among mothers of secondary school boys students.

Ha: Health talk education program will affect on HPV knowledge, perception, and vaccination intention among mothers of secondary school boys students.

### 1.4 Objective

#### **General Objective:**

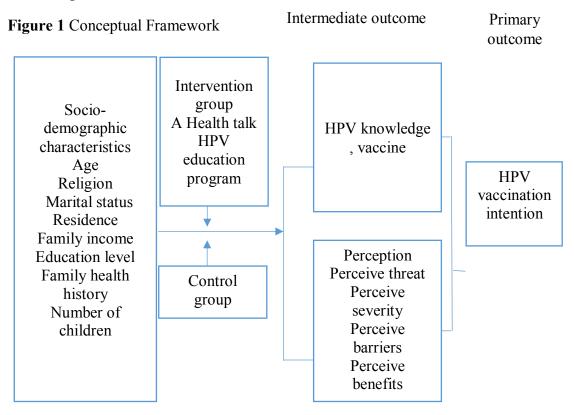
To assess an effectiveness of "Health talk" program on knowledge, perception and intention of Hpv vaccination among mothers of secondary school boys students.

## **Specific Objective:**

1. To compare knowledge, perception and intention of Hpv vaccine among mothers' of male secondary school students between intervention and control group on Baseline.

2. To compare change of knowledge, perception and intention between intervention and control group after receiving intervention.

### **1.5 Conceptual Framework**



## **1.6 Operational Definition**

Mothers ages: In this study, mothes referred to anyone above 31-60 years Students ages: Secondary school boys students who are 11 to 15 years old. Religion: parents who believe in Buddhist, Christian or other.

**Health history:** a holistic assessment of factors (knowledge about reproductive health) affecting a student's health status. Measuring want to know someone care about genital warts.

**Residence :** Mothers of secondary school boys students who live in rural or urban areas.

**Family income:** Family income is a measure of the combined incomes of all people sharing a particular family. With high income come from higher than 10 millions vnd usd up per person. Middle income from 5 to 10 millions vnd per person. And low income lower than 5 millions vnd per person every month.

**Marital status :** Mothers of secondary school boys students who are single ,married ,divorced or other .

**Education level :** Mothers of secondary school boys students who got high school ,bachelor, master ,Phd degree.

**Knowledge**: understand of HPV knowledge, the HPV vaccination. HPV knowledge will be measured by mothers' score on the "HPV knowledge" section on the pre- and post-intervention surveys.

**Health talk education:** using Power point presentation such as presentation, discussion to educate students to increase their knowledge about perception of HPV, HPV vaccination, HPV vaccination intention.

**HPV intention:** Measuring intention by whether mothers intends on vaccination.

**Health talk intervention:** An HPV educational program that will be Power point-based (using presentation, discussion, booklet and other sources of information technology). HPV educational intervention content focus on HPV knowledge, HPV vaccine intention. And questionnaires to measure HPV knowledge, HPV intention and uptake.

**Effect**: Changes before and after intervention by measuring parents HPV knowledge and HPV vaccination intention.

Effectiveness : the degree to which something is successful in producing a desired result; success.

**HPV perception** awareness was defined as the level of perceive threat, severity, benefit, barriers reached by study participants and measured using a quantitative score.

**Perceived threat:** A persons overall evaluation of whether they or another person is at risk of being exposed of contracting HPV. Perceived threat will be measured by parents' score on the "perceived threat" section of the pre-and post-intervention surveys.

**Perceived severity:** A persons overall evaluation of the consequences or instance of sever adverse health outcomes that could result from not getting the

HPV vaccine. Perceived severity will be measured by mothers' score on the "perceived severity" section of the pre- and post-intervention surveys.

**Perceived benefits:** A persons overall evaluation of the extent to which HPV vaccination uptake enhances a person's health by preventing HPV and its associated adverse health outcomes. Perceived benefits will be measured by mothers' score on the "perceived benefits" section on the pre- and postintervention surveys.

**Perceived barriers:** The obstacles or factors that a person believes hinders or prevents them from having a positive HPV vaccination intention. Perceived barriers will be measured by mothers' score on the "perceived barriers" section on the pre-and post-intervention survey

#### **CHAPTER II**

### LITERATURE REVIEW

### **Overview**

There are a number of limitations to the growing body of literature on mothers' knowledge and perception of HPV, and vaccination intention among male students. First, many studies were focus on and HPV vaccine was licensed for use in females only (studies prior to October 2009). This is problematic in that many of studies report that parental knowledge, perceptions, vaccination intention and uptake are largely influenced by a lack of knowledge of the vaccine due to its' unavailability or recent debut on the medical market at that time. Furthermore, these studies only capture parents' HPV vaccination intention and uptake for female children. Very few studies have examined parental HPV vaccination intention in male children. There are no studies that assess the climate for HPV knowledge, perceptions and vaccination intention of mothers of male students in Vietnam. This study will focus on the HPV vaccination intention and intention of mothers who live in Hue city, Vietnam, who have male children who are from 11 to 15 years old.

## 2.1 HPV and Cancer

From 1989 -2006, in UK, the incidence of SCC of the oral cavity and oropharynx in males increased by 51% [10, 11]. Globally, 38,000 new cases (85%) of head and neck cancers, 35,000 (87%) cases of anal cancers and 90% of cervical cancer are caused by HPV [1].

	Average number of cancers per year in sites where HPV is often	Percentage probably caused by	Number probably caused by	
Cancer site	found (HPV-associated cancers)	any HPV type <sup>a</sup>	any HPV type <sup>a</sup>	
Cervix	11,866	91%		
Vagina	846	75% 6		
Vulva	3,934	69%	2,707	
Penis	1,269	63%	803	
Anus <sup>b</sup>	6,530	91%	5,957	
Female	4,333	93%	4,008	
Male	2,197	89%	1,949	
Oropharynx	18,226	70%	12,885	
Female	3,412	63%	2,160	
Male	14.814	72%	10,725	
TOTAL	42,671	71 79%		
Female 24,391		83% 20,260		
Male	18,280	74%	13,477	

### Table 1 Nuber of HPV-Associated and HPV-Attributable Cancer Cases per Year

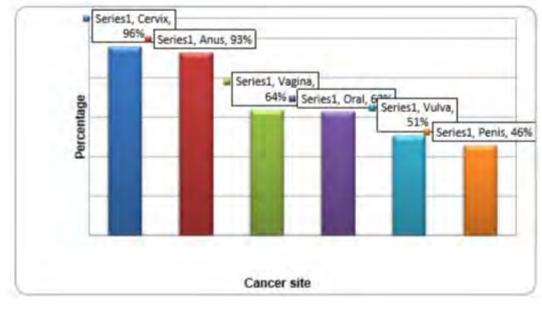
Number of HPV-Associated and HPV-Attributable Cancer Cases per Vear

<sup>a</sup>HPV types detected in genotyping study; most were high-risk HPV types known to cause cancer (Saraiya M et al. <u>U.S. assessment of HPV types in cancers: implications for current</u> and 9-valent HPV vaccines, & Journal of the National Cancer Institute 2015;107:djv086).

<sup>b</sup> Includes anal and rectal squamous cell carcinomas.

### (CDC, 2015)

Summary Report (2010) revealed that HPV type 16 and type 18 can cause more 75% of cervical cancers and many kinds of other cancers. The report showed evidence that the following HPV types (31, 33, 35, 39, 51, 52, 56, 58, and 59) was increasingly related with cancers caused by the virus. HPV type 33 has been linked with vulva cancer, anal cancer in both men and women (WHO/IARC, 2010). The data confirm the HPV virus is linked to almost cancers of the genital region. Multiple studies have shown that HPV could cause anal cancer (90%–93%), or pharyngeal cancer (12%-63%), penile (36%-46.9%), vaginal (40%-64%) and vulvar cancers (40%-51%) (Giuliano, 2011).



**Table 2** Annual rates of HPV DNA found in cancer for each anatomical site HPV DNA978 prevalence among cases of cancer

#### (CDC, 2012)

With the increasing numbers of cases related HPV infections, researchers with the CDC (2012b) conducted a study examining the most recent cancer data in the United States. The researchers of the report noted that, "population-based cancer registries are important surveillance tools to measure the impact of cancer rates on public health interventions such as vaccination and screening" (CDC, 2012b).

The purpose was to identify the role of HPV in the reported cases of cancer in 2004-2008. The most cancer registries in the nation were used to obtain data for cancers of the cervix, vagina, vulva, penis, anus, and head and neck, oropharynx (CDC, 2012b; Gillison, 2008).

## 2.1.1. HPV-related Cancer and Men

One of the most primary challenges related to HPV cancer in male is their latency, because they could be infected HPV without any signs or symptoms (Palefsky, 2007).

The National Cancer Institute (NCI) (2012) recently revealed that roughly 85% of all cases who had anal cancer are caused by infection HPV type 16 and type 18.

According to the (NCI, 2012), high risk factors for anal cancer include:

Man papillomavirus (HPV),

Males are over 50,

People who have multiple sexual partners,

Engaging with anal intercourse,

Frequently anal redness, soreness.

The incidence patients who had anal cancer is approximately 1.5/100,000 in the general population (Palefsky, 2011) reporting that, "the incidence Will be increase by approximately 2% annually year among both males and females in the general population" According to the CDC, men who have sex with men (MSM) have more than 17 times to develop anal cancer (CDC, 2012).

According to WHO 2018 . Number new cases of anus cancer in Vietnam are 461people in 2018 .Rank 28 compare to other kind of cancers .

## 2.1.2. Penile Cancer

Although HPV infection related to penile cancer is rare in the United States, the rate of disease is much higher in developing nations. Bleeker, (2009) showed that, "The disease can constitute up to 10% of malignant disease in men in some African, Asian, and South American countries, with incidence rates of 4.2 and 4.4 per 100,000 in Paraguay and Uganda, respectively".

Bleeker et al. (2009) added that "penile cancer is predominantly seen in men who have not been circumcised shortly after birth, and is very rare in populations who routinely practice circumcision during the neonatal or childhood period" Poor hygiene is also a predominant risk factor for the development of HPV-related infections and diseases. Palefsky (2011) also reported that, "The incidence of penile cancer is low relative to cervical cancer, particularly in developed countries. This may, in part, reflect different rates of circumcision, which is known to be a protective factor for penile cancer".

According to WHO 2018 . Number new cases of penile cancer in Vietnam are 330 people in 2018 .Rank 31 compare to other kind of cancers .

## 2.1.3. Or pharyngeal cancer

HPV is associated with oropharyngeal cancers. Or pharyngeal cancer also seems to disproportionately affect men. In 2009, there were approximately 13,000 new cases of OPC in the United States, 10,500 (81%) of which occurred in men (Gillison, 2015). Furthermore, it is estimated that by 2020 the cancers in the United States, roughly 85% of which will occur in men (Smeets, 2011).

According to WHO 2018 . Number new cases of oropharyngeal cancers in Vietnam are 2211 people in 2018 .Rank 15 compare to other kind of cancers . **2.2 Perceive HPV knowledge** 

Many Studies indicated that both young female and male lack of knowledge about sexually transmitted infections include HPV knowledge (CDC, 2015). A review of educational intervention studies showed that lack of HPV knowledge is a common barrier to HPV vaccination uptake. Knowledge about HPV tended to increase post-intervention (Patel, Zochowski, 2012).

The survey respondents consisted of a randomized sample of female workers in one factory of over 20,000 employees in South Vietnam. The survey about HPV awareness was conducted in January 2017 175 surveys were distributed and 168 surveys were collected. The response rate was 96% .The actual name of the factory participating in the survey is not mentioned to protect their privacy (Anh, 2012).

Vietnam is similar to many other developing countries, cervical cancer is one of the most common cancers among women (Ferlay, 2010). Since the Vietnamese population as a whole is currently relatively young, many female are at a reproductive age and thus are at a high risk of HPV infection (Anh, 2012). The HPV vaccination is recommended for girls ages from 11 year in Vietnam (NIHE, 2017).

Because most HPV vaccine are recommended at much younger age (Proma, 2012), little is known about how responsive Vietnamese pursue other recommended immunizations. Lack of HPV vaccine information was the largest barriers among Vietnamese girls and young women (Anh, Hieu, 2003). Previous studies on HPV in Vietnam only targeted a specific population of girls and their parents (Galagan, 2013) or sex workers (Vu, 2013) which limit the generalization to other subgroups. Overall, few studies about the knowledge, beliefs related to HPV knowledge and the HPV vaccine among college students in Vietnam. In particular, research on knowledge, beliefs of HPV and HPV vaccine among male students in Vietnam is scarce.

#### 2.3 Perceived HPV vaccine safety and efficacy

Vaccine efficacy and safety are commonly reported as an influence in parents' HPV vaccination intention and uptake (Brewer & Fazekas, 2007; Sturm, Mays, & Zimit, 2005; Kennedy, Sapsis, Stockley et al., 2011). For the most part, researchers have found that parents who are unclear and uncertain or lack knowledge about the HPV vaccine often have serious misconceptions that generate fear of vaccine safety and efficacy which in turn lowers vaccination intention and uptake. On the other hand, studies have found that parents who trust the 11 safety and efficacy of the HPV vaccine often have higher HPV vaccination intention (Reynolds and O'Connell, 2011).

All three HPV vaccines are highly efficient in preventing infections against the types of HPV they protect against (Dawar, 2007; Public Health Agency of Canada, 2015). These vaccines are most effective when administered prior to the onset of sexual activity, when the likelihood of infection is very low. An extensive explanation of vaccine efficacy data is beyond the scope of this summary due to the complexity of this data: see Garland et al. (2016) for the most up-to-date review of the global effect of 4-valent HPV vaccination on HPV infection and disease as well as Schiller et al. (2012) for a review of HPV vaccinations clinical trials. Other extensively cited (>500 citations) HPV vaccine efficacy clinical trials can be found here: (Schiller, 2012; Villa, 2005).

In order to address this factor, many physicians are engaging in translating knowledge for parents and children. Some physicians identify eligible patients and increase dialogue with parents regarding the scientific evidence demonstrating HPV vaccine safety and efficacy, the benefits of getting the HPV vaccine, and the consequences and severity of adverse health outcomes that could result from not getting the vaccine. In addition to building physician-parent-child rapport increasing vaccination intention and uptake, this relationship also helps to ensure dosage completion, as this is an essential part of the HPV vaccination efficacy.

### 2.4 Perceive vaccine accessibility

There are a number of barriers that can inhibit a person from accessing reproductive and sexual health services, including socio-cultural, environmental, and economic factors. Access to reproductive and sexual health information and services can be influenced by many socio-cultural factors. In some cultures, class and social values can influence sexual expression, expectations and behaviors. Studies have shown that spirituality, religion and cultural traditions specific to ethnic background can influence parents' HPV vaccination intention and uptake (Moutsiakis, 2007; Peters, 2006; Gullatte, 2006; Brabin et al., 2006). In a 2004 study on young people's sexual risk-taking behaviors, Thianthai found that socio-economic backgrounds in Bangkok influenced different social expectations of male and female sexuality and sexual behavior (Thianthai, 2004). In many Asian counties, these beliefs and behaviors are rooted in traditional social and cultural norms, and often discourage public discussion of sex topics. Furthermore, premarital sex is considered unacceptable, thus preventing young people from accessing reproductive and sexual health information and services (Sridawruang, 2010). On the other hand, adolescent religious affiliation can be

associated with delayed age of first intercourse and greater and more consistent contraceptive use (Meschke, 2002).

In some Asian countries, these beliefs, behaviors are rooted traditional social, cultural norms and often limit discuss about sex topics. Premarital sex is always unacceptable, thus limit young people access reproductive, sexual health information and services (Sridwruang, 2010). In the other hand, young people religious can be affected with delayed age of first intercourse (Susan, 2014). In some countries are striving to overcome the environmental obstacles in HPV vaccination accessibility. For examples, in US, researchers found that if young people receive HPV education, and vaccinations are free they are more knowledgeable to make informed decisions regarding vaccination intention, uptake (Brabin, 2006).

In the other hand, financing of the HPV vaccine became tough decision for young people who live in developing countries where HPV vaccine is not included in the national immunization program. People must pay for the vaccine costs (Dempsey 2006).Such as Vietnam ,people have to pay 49.3 usd per dose for HPV vaccination and just have people who are more than 30 years old ,they are more willing pay for HPV vaccination (Bach ,2018).

## 2.5 Family Structure and Roles in Vietnam

In Vietnamese families, mothers spend more time to take care of children's health, and take charge of their self-care, as well as nutrition monitoring than fathers do (Locke et al. 2012). It is therefore usually easier for mothers to talk about the sensitive issues such as reproductive health or sexual health and others to teenagers than fathers (Lan ,2017). In order to understand whether parents of boys have any plans for HPV vaccination if HPV vaccinations are available, we wanted to investigate if they have the required knowledge about HPV and if they have intentions to have their male children HPV vaccinated.

### 2.6 Behavioral change interventions

The key aspects of the Behavioral Change Model include knowledge acquisition, instilling of positive attitudes, creation of skills, increased awareness, motivation and intention, and ultimately the uptake of a promoted behavioral outcome. This model ties in nicely with the HBM, as the intervention was designed with the aim to increase expat parents knowledge, instill positive perceptions while dispelling negative perceptions, and develop decision-making skills and motivation to make informed vaccination-related decisions.

The Health Belief Model (HBM) (Rosenstock, 1988) is an appropriate theoretical framework for the design of this study survey.

If parents don't believe there is any benefit for them to be vaccinated they will not pay attention and to have lower HPV vaccination intention, uptake, If they believe there have a positive outcome related vaccination then they will have a greater vaccination intention, uptake (Krawczyk, 2012). Furthermore, when parents are more susceptible to being exposed to, or may be at risk of becoming infected with HPV, they are more likely to have positive vaccination intention and uptake (Reynolds, 2011). And other studies demonstrate how knowledge, attitudes can influence behavior change, including HPV vaccination uptake (Spleen, 2012).

#### 2.7 Parents HPV education Intervention

Education for providers is need on how to talk to their parents about the vaccine on children. In an HPV educational intervention study, it was suggested that once parents decide to sit down and talk to their children about HPV and HPV vaccine this could be "teachable moment" that will provide parents the chance to also discuss reproductive health (Gainforth, 2012). Health talk education materials are more effective if they contain pictures such as photos, graphics that are familiar to the audience and culturally relevant (Gainforth,

2012). Health education also should be offered in accessible locations (health fairs, sporting events, and community clinics).

The systematic review found that the 11 HPV health education inerventions for parents used a variety of educational approaches. Printed educational materials were most commonly used, especially the materials developed by CDC (Dempsey, 2006). While study using the materials showed increases in parental knowledge and acceptance, it is important to tes materials developed elsewhere with new populations before using them. For example, HPV health education materials developed by CDC include a booklet in Tagalog. The booklet is long and only addressed the HPV vaccine briefly on one page.

There are many study mentioned about adolescents and young people can get a lot of benefit from parental support in educating about sex topics, preventative measures (Schuster, 2008). To address these often-controversial issues, parental sexual education programs have emerged in countries all over the world. Many of these programs aim parents as important role of support information about sexuality and sex topics for their children. These programs often contain behavioral change elements to increase parents' knowledge, improve their intention and perspective, motivate actions which facilitate comfortable parent-child communication about sex topics, and increase parents' role in taking preventative measures and risk reduction for their child

This study hopes to build on the proven success of Health talk education –learning resources to create and distribute an intervention that influence positive behavioral change. This study measurement tools such as questionnaires, and the intervention will be structured in an easy to use comprehensive format. Furthermore, mothers will be provided with an appropriate detail and elaboration of education information so that the time of intervention will be brief, however the intervention content will be sufficient.

# 2.8 Research article:

Referenc e	Study title	outcome	Study population	Study design	Result
Basu, 2011 J Obstet Gynaeco I Res	Acceptability of human papillomavir us vaccine among the urban, affluent and educated parents of young girls residing in Kolkata, Eastern India	O: HPV vaccination intention for daughters A: Single survey item (agree, refuse, undecided) assessed pre- and immediately postinterventi on	22 middle/hig h income parents with at least high- school education with one or more girls age 9– 26	Quasi- experiment al	Authors reported Pre- interventio n: 51% agree to give vaccinate to their child Post- interventio n: 74% agree to give vaccinate to their child P <0.05

Referenc	Study title	outcome	Study populatio n	Study design	Result
Chan,	Women's	O: HPV	170	Quasi-	1.60 (1.23,
2007 J	Attitudes on	vaccination	mothers	experiment	2.08) c
Adolesc	Human	intention for	of girls	al	Authors
Health	Papillomaviru	daughters A:	age 8–18		reported
	s Vaccination	Single survey			change in
	to Their	item (agree,			agreement
	Daughters	disagree,			to
		undecided)			vaccinate
		assessed pre-			as:
		and			agree:+20
		immediately			%,
		postinterventio			disagree:
		n			

	-8%, P<0.001
--	-----------------

Referenc e	Study title	Outcome	Study population	Research design	Result
Davis,	Human	O: "Do you want	506 parents	Quasi-	1.37
2004 J	papillomaviru	your child/	and	experimen	(1.25,
Low	s vaccine	children to receive	guardians	tal	1.51) d
Genit	acceptability	the HPV	of boys and		Authors
Tract Dis	among	vaccine?" A:	girls age		reported
	parents of 10-	Single survey item	10–15		change in
	to 15-year-	(yes vs. no + no			agreemen
	old	response) assessed			t to
	adolescents.	pre- and			vaccinate
		immediately			as: yes:
		postintervention			+20%,
					no: -3%,
					no
					response:
					17%.
					P<0.05

Reference	Study title	Outcome	Study population	Research design	Result
Dempsey,	Factors that	O: HPV	840 parents	Randomized	I: 6.56
2006	are	vaccination	of boys and	controlled	(6.28–
Pediatr	associated	acceptability for 3	girls ages	trial	6.84) C:
	with parental	potential age	8–12 Some		6.28
	acceptance of	groups: "infants,"	college		(5.99–
	human	preadolescents (8-	(53.4%),		6.57)
	papillomavir	12) and "older	High school		Between-
	us vaccines:	teenagers" A:	or		group
	a randomized	Average score of 3	less(9.3%)		P = 0.17
	intervention	items (each 10-	White		

	study of	points with high	er	(75.2%	b),			
	written	scores indicating		Asian (11.				
	information	higher		4%), B	lack			
	about HPV.	acceptability)		(5.1%)				
		assessed in a		Hispan	ic			
		survey mailed w	ith	(4.1%)				
		information shee	t					
Referenc e	Study title	Outcome	Study populatio n		Research design		R	lesult
Kennedy,	Parental	O: HPV	205	5	Randomize		I: 5.	9±3.1
2011 J	attitudes	vaccination	par	ents of	d controlled		C: 5	.7 ± 2.7
Health	toward human	intention for	gir	ls ages	trial		No l	P value
Commun	papillomaviru	daughters if	11-	-18			prov	vided
	s vaccination:	physician					Pre-	
	evaluation of	recommended					inter	vention
	an educational	A: Single					: 5.8	$\pm 3.0$
	intervention	survey item, (0					Post	-
		= strongly					inter	vention
		disagree, 10 =					: 5.9	± 3.1
		strongly agree)					P =	0.17
		assessed in a						
		survey mailed						
		with						
		information						
		sheet						

Reference	Study title	Outcome	Study	Research	Result
Kelerence	Study title	Outcome	population	design	Kesun

Kepka,	Evaluation of	O: "How likely	60	Randomized	0.86 (0.65,
2011 J	a radionovela	is it that your	Hispanic	controlled	1.13) e
Commun	to promote	daughter will	parents	trial	Authors
Health	HPV vaccine	receive the	and		reported
	awareness and	vaccine in the	guardians		results as
	knowledge	next 12	of girls		61% of
	among	months? (Very	ages 9–17		intervention
	Hispanic	Probable)" A:	Income of		vs. 67% of
	parents.	Single survey			control
		item (yes vs.			group
		no) assessed			answered
		immediately			very
		post-			probable
		intervention			P = 0.58

Referen	Study title	Outcome	Study	Researc	Result	
ce	Study the	Outcome	population	h design	Result	
Spleen,	An increase	O: HPV	38 parents	Quasi-	Pre-	
2012 J	in HPV-	vaccination	of girls	experim	intervention:	
Cancer	related	intention for	ages 9–17,	ental	0.72 Post-	
Educ	knowledge	daughters within 1	12 of		intervention:	
	and	month and within	whom had		1.38 P = 0.002	
	vaccination	6 months A: Two	already		6 months: Pre-	
	intent among	survey items	started		intervention:	
	parental and	reported	HPV		1.46 Post-	
	non-parental	separately $(0 =$	vaccinatio		intervention:	
	caregivers of	extremely	n series		1.84	
	adolescent	unlikely, 3 =	White non-		P = 0.07 No	
	girls, age 9-	extremely likely)	Hispanic		standard	
	17 years, in	assessed pre- and	(95.5%),		deviations for	
	Appalachian		Hispanic			

Pennsylvani	immediately post-	(2.7%),	means
a	intervention	other	reported
		(1.8%)	

Referen	Study title	Outcome	Study	Researc	Result	
ce	Study title	Outcome	population	h design	Kesun	
Doherty,	The Effects	O: HPV	119 male	Rando	Immediately	
2008 Int	of a Web-	vaccination A:	and female	mized	postintervention	n
J Sex	Based	Change in	college	controll	: I: 2.7 ± 2.8	
Health	Intervention	average score of	students	ed trial	C:1.2±1.9 P =	
	on College	7 items including:	White		0.036 1 month	
	Students'	willingness to	(93%),		post	
	Knowledge	obtain the vaccine	Asian-		intervention:	
	of Human	(1 = strongly)	American		No significant	
	Papillomavir	disagree, 5 =	(3%), Black		difference	
	us and	strongly agree)	(1%), other		Average scores	
	Attitudes	assessed	(3%)		1 month post-	
	toward	immediately			intervention	
	Vaccination	postand one			depicted	
		month			graphically	
		postintervention			only (no	
					numerical	
					results	
					reported).	
Reference	e Study title	Outcome	Study populatio n	Research design	Result	
Krawczyk	K How to	O: HPV	200 male	Randomiz	I1: 4.39 ±	
, 2012 J	Inform:	vaccination	and	ed	1.86 C:	
Am Coll	Comparing	intention A:	female	controlled	3.88 ±	
Health	Written and	Single item, 7	college	trial	1.77	

V	/ideo	point scale (1 =	students	P<0.05
E	Education	not at all to $7 =$	White	I2: 4.57 ±
I	nterventions	definitely)	(61%),	1.90 C:
to	o Increase	assessed	non-	3.88 ±
E	Iuman		White	1.77
P	Papillomavir		(38.5%)	P<0.05
u	IS			
K	Knowledge			
a	ind			
V	/accination			
I	ntentions in			
Y	loung			
A	Adults			

Referenc	Study title	Outcome	Study populatio n	Research design	Result
Lloyd,	The effect of	HPV	74 boys	Randomize	I: 3.36
2008	school-based	vaccination	and girls	d controlled	±0.74 C1:
J	cervical	intention A:	ages 13-	trial	3.09±0.8
Adolesc	cancereducatio	Single item, (1	16		No
Health	n on	to 4, 4=very			significan
	perceptions	likely)			t
	towards human	assessed			differenc
		immediately			e
	papillomavirus	postinterventio			I: 3.36
	vaccination	n			±0.74 C2:
	among Hong				3.00
	Kong Chinese				±0.89 P =
	adolescent				0.02
	girls.				

#### 2.9 Summary

This study hopes prove the successful of using education tool resources to distribute an intervention that influence positive behavioral change among mothers, Vietnam. According to similar previous studies to exposure this studies' content, study measurement tools such as questionnaires, surveys. Moreover, parents would be provided with good detail and elaboration of educational information so that the time of education intervention will be short. This study would like to do intervention on mothers because we would like mothers in Vietnam after they have knowledge, they will change their thinking about HPV prevention for their child. And mothers who are the most important role in deciding their child for HPV vaccination or not. Because they pay money for vaccine and they also have right to sign consent form.

#### **CHAPTER III**

#### **RESEARCH METHODOLOGY**

#### 3.1 Study design

This is a Quasi-experimental study which is an appropriate design for this study. Because, it is a good tool to measure the influence of educational intervention on mothers' knowledge of HPV, HPV vaccine intention among mothers. Divide secondary school male students are arranged a intervention group who received the educational intervention, and a control group that have not receive the intervention until the study is finished. The study will be performed from June 2019 to February 2020 with the objective to investigate effect of an educational intervention on HPV knowledge, HPV Vaccine intention among mothers of secondary school boys students in Hue City, Vietnam.

#### 3.2. Study area

The study was conducted at secondary school in Hue city. Hue is the old capital of Vietnam. The population in Hue is 1.1 million people.

Hue City has 24 secondary schools .Researcher will pick 2 secondary schools by purposive. The Hue, Nguyen Chi Dieu and Chu Van An secondary school. Because these 2 schools have similar characteristic, similar sizes (similar male students ,similar number of eligible mothers of boys students between schools).

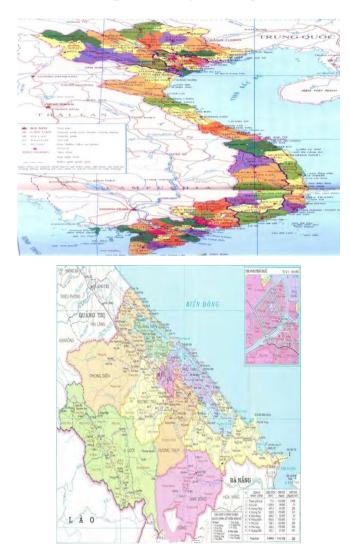


Figure 2 Study area map

#### **3.3 Study population**

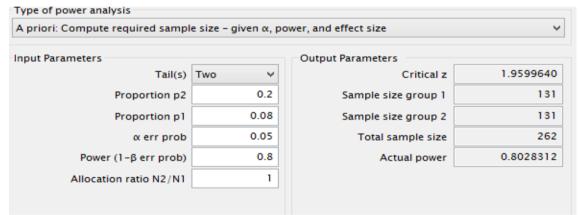
The target population of this study will be mothers of students of secondary school in Hue city from 11 to 15 years old. Students of all race and program enrolled were included. Mothers of secondary school boys students in Hue will be purposively selected as this study population. Researcher would like to choose purposive 2 secondary schools far away at least 5km because they want to limit contamination from sharing intervention knowledge between intervention group and control group. And researcher would like to find 2 secondary schools which have similar characteristic.

This population will be chosen as a test population of students to measure whether an HPV health talk education intervention program has any effect on HPV knowledge, HPV vaccination intention among Mothers of male students.

#### 3.4 Sample size

Using application program G power will be used to calculate sample size. Sample size calculation:

According to previous study (Chan, 2007). Having change intention of **HPV vaccination intention among mothers** intervention group and control group. Using the **G power application** with testing two Proportions, I **have sample size**. To minimize the potential effect of drop out. 10% is to the sample calculation for each group.



According to previous study (Chan, 2007). Having proportion of initial HPV vaccination intention intervention group is 20 % and control group is 8%. Using the application with testing two independent proportion, I have sample size is 131.

To minimize the potential effect of drop out 10% is to the sample calculation for each group (n=131+13).

 Mothers of secondary school boys students in Hue city, students age from 11 to 15
 Mothers of these students provide written consent and be willing to participate in the study
 Not have severe allergies or serious diseases that require immediate medical attention (Parents and children)
 Mothers of secondary school boys students ages from 31 to 65
 Mothers who can take responsible for their children vaccination (they will make decision for your sons give HPV vaccination ).

The inclusion criteria for participants

(6) Mothers of secondary school boys students in Hue city who had email

Exclusion criteria for participants
(1) Knowingly can not participate
throughout the whole study
(2) Mothers of secondary school boys
students who had HPV vaccination
(3) Secondary school boys students who had
HPV vaccination

Mothers of secondary school boys students who are not completely attend the full education intervention course .If they are not attend education intervention course for 30 mins it mean they will be excluded for this course .

#### 3.5 Sampling technique

After obtaining permission from class instructors, verbal announcements will be made in various classes in each secondary school courses at the end of lectures. These announcements consisted of a short description of the study objectives and protocol about the research. In some way let students know that they will receive some benefits when their mothers join this study such as they and their mothers can know about the HPV knowledge, risk and how they prevent from HPV infection after they join this study. After researcher introduce about program, Researcher will give intervention form to students and get email of students from secondary school office. And teachers of every class will get back forms from students after 24 hours.

Hue has 24 secondary schools. Researcher will choose 2 secondary schools which are Nguyen Chi Dieu secondary school and Chu Van An secondary school .These 2 schools will similar characteristics (similar education level, same number classes, similar boys and girls students) , and the distances between 2 school about 5 km .

Researcher will make appointment with students' mothers at class through teacher helping. Researcher will mention again about this study to mothers at class and let they know they will receive benefit through this education intervention .Then researcher will give to every mothers consent form who will join this study will sign consent form .And the education intervention will take place at class .The time of the education intervention will be on weekend since mothers of students they have free time to join this research.

Brief screening questionnaire will have questions which will generate answers that make sure the principal investigator to be sure the mothers can participate in the study. Inclusion criteria included:

(1) Mothers of secondary school males students ,students ages from 11 to 15 in Hue City. (2) Mothers of these students must provide written consent and be willing to participate in the study. (3) Not have severe allergies or serious diseases that require immediate medical attention (Parents and children) (4) Mothers of secondary school boys students ages from 31 to 65(5) Mothers who can take responsible for their children vaccination In total, we have mothers of students are eligible, willing and provide consent to participate this study. Mothers of students will receive the baseline survey. Nguyen Chi Dieu school will be choosen intervention group . There are 42 classes in Nguyen Chi Dieu school . There are 1952 students in this secondary school which are 996 boys and 956 girls. In 996 boys students, there are 996 boys who have mothers . According to inclusion and exclusion criteria, there are 398 eligible mothers who join this study. Researcher will send screening questionnaires to teacher of every class. Though screening questionnaires (include inclusion and exclusion criteria information), can know who can available to join the research. Researcher use simple random by computer to pick 144 mothers of males students join this study.

Chu Van An school will be choosen control group .There are 43 classes in Chu Van An school .There are 1890 students in this secondary school which are 983 boys and 907 girls. In 983 boy's students, there are 983 boys who have mothers .According to inclusion and exclusion criteria, there are 386 eligible mothers who join this study. Researcher will send screening questionnaires to teacher of every class. Though screening questionnaires (include inclusion and exclusion criteria information) ,researcher can know who can available to join the research. Researcher use simple random by computer to pick 144 mothers of males students join this study to avoid the bias selection.

The first follow-up survey will distribute within 48 hours after the finished baseline for intervention group. The second follow-up surveys are distributed 3 months after the first intervention end. In total, there will be intervention group and control group responses for the base line, first and the second surveys will be analyze.

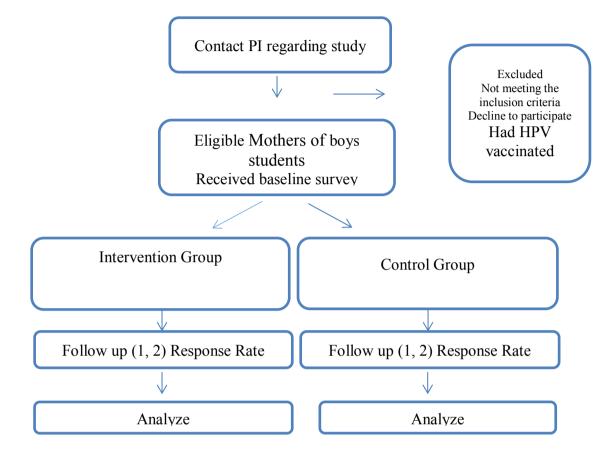


Figure 3 Flow chart of Participant Recruitment

#### 3.6 Data collection

Two secondary schools in Hue, Vietnam are recruited for this study. The researcher in Vietnam assisted in the recruitment of secondary schools and participants. The principal of the secondary school were informed about the study and asked for permission from him to carry out the study. An official letter is sent to the principal of school for permission to collect data among mothers of students. Researcher will ask permission to use classrooms for the intervention program from Principal of school.

In Vietnam ,every year have 2 or 3 times that parents of students come to class to listen information about their children .The first time ,they come to class to get information from class on beginning of first semester .The second time ,parents come to class to know about study situation of their children on second semester .The third time they come to class to get information study of their children from teacher before summer vacation .Researcher will come to class one time with cooperate with school teachers to meet their mothers of boys students . Researcher and researcher's assistant will talk to mothers on boys students at class and also show some slides about the education intervention for 5mins .In presentation about intervention, researcher will mention some benefit that participants will get after join this study .After presentation from researcher, investigator will ask mothers of boys students who would like to join this study .If they would like to join this study ,they will sign consent in Vietnamese .

The consent forms will be saved according to official documents of research standards.

Researcher will divide intervention group into 4 groups by computer random and mothers of male students of 4 groups will be received knowledge of HPV from healthcare provider on every Saturday and Sunday morning for 1 month

It take 4 months (one months for first follow up and three months for second follow up) for education intervention .In intervention group will be received questions from the baseline survey .After baseline survey , mothers of male students of 4 groups will be received knowledge of HPV from healthcare provider on every Saturday and Sunday morning for 1 month .Group 1 and group 2 will join education intervention on Saturday every week for 1 month .Group 3,4 will get education intervention on Sunday morning every week. Total, Every group will have 4 times of education intervention .After 1 month of education intervention ,researcher will measure participants about HPV knowledge ,attitude and intention .Then after 3 months later ,researcher will measure HPV

intention in intervention groups .Because according to Clinicaltrial.gov and Alaina et al ,2015 the time changing from baseline to post intervention to follow up survey for HPV intention ,it take 3months (Health belief model based and knowledge based).That is the time for Changing from baseline to post Intervention to follow-up to 3 months after the interventions the number of participants who Intend to take HPV Vaccine.

By having only a short period of 3 months between the first follow-up and second follow-up survey, this reduced the amount of time that mothers had to access other sources of information, which we hoped would reduce any extraneous variables that could potentially contaminate the study results. It is hoped that this shorter amount of time for study follow-up would also reduce parent drop out or discontinuation from the study, as mothers had less time to loose interest or find the study burdensome or too demanding.

Researcher's assistant include 3 medical doctors to give presentation and 6 assistant to collect data, talk with mothers of boys students and take notes important points during education intervention and Iam will be researcher managerment. They are OBGYN doctors and have more than 10 year working experience about vaccine from hospital and clinics .They have been working at vaccination centers in Hue city .

In control groups, researchers give questionnaires for control groups at baseline. After 1 month, researcher will use the same questions that they measure on intervention groups for control groups. The questions are about HPV knowledge, attitude and intention .Control groups will received the questions the same period time with intervention group however control groups will not get any education intervention from researcher. After 3 months later, researcher will measure HPV intention in control groups.

#### **3.7 Measurement tools**

The questionnaire utilized for this study was a 42-items, self-designed survey consisting of five sections: Demographic Information, HPV Knowledge, Perceive threat, perceives severity, perceive benefit and perceive barrier. Individual survey items were adapted and modified from a total of seven previous studies (Bowyer 2013; Gerend 2008; Pelullo, 2012; Ragin, 2009; Radisic 2017; Muhwezi 2014 ; Lia M.Lambert 2014 ) , and Carolina HPV Immunization Measurement and Evaluation (CHIME) Project (Reiter , 2009). The questionnaire was designed specifically for this project.

The questionnaire was designed specifically for this project. These studies focused on knowledge of HPV and the HPV vaccine, perceive threat and severity, and perceive barrier and benefits concern vaccination influencing changing behavior.

The HPV knowledge section consisted of 16 statements regarding established facts about HPV and HPV risk factors. After reading each statement, participants could choose the responses 'true', 'false', or 'I don't know'. With 'True' responses will be scored with 1 point and all 'false', or 'I don't know' will be scored with zero. HPV Vaccine Knowledge.. Items in this section included statements regarding the vaccine's function (e.g., "The HPV vaccine protects against certain HPV infection cancer" If participant answer true it will be scored with 1 point ,If participant answer 'false', or 'I don't know' will be scored with 2 point).Researcher will provide correct answers after finishing the project.

Perceived threat of HPV infection: 3 sentences response options given were 5-point likert scale ranging from "Strongly agree "to "Strongly disagree " (Strongly Disagree Disagree Neutral Agree Strongly Agree) with "Strongly agree" answer will be score 5 point and "Strongly disagree "answer will be scored 1 point. Perceived severity of HPV infection 3 sentences with scales ranged from 1 to 5. All participants were asked to rate their personal level of concern about potentially becoming infected with HPV. This rating was made using an 5-point likert scale ranging from "Strongly disagree" to "Strongly agree". A response of 5 meant that the participant was "Strongly agree" while a response of 1 indicated that the participant was "Strongly disagree" about becoming infected with HPV.

Perceived barriers and benefits will be measure by with 15 sentences questions with sentences scales ranged from1 to 5. The response options given were a 5-point Likert scale ranging from "Strongly disagree" to "Strongly agree". With 'Strongly agree' responses will be scored with 5 point and all 'Strongly disagree 'will be scored with 1 points.

• HPV to be answered on a Likert scale with four response options ranging from "strongly disagree" to "strongly agree". Perceived barriers and benefits will be measure by with 15 sentences questions with sentences scales ranged from1 to 5.From Strongly Disagree Disagree Neutral Agree Strongly Agree . With 'Strongly agree' responses will be scored with 5 point and all 'Strongly disagree 'will be scored with 1 points .This section measured Perceived barriers and benefits about HPV and HPV vaccinations. Lia M. Lambert 2014

HPV Vaccination intention: 1 sentence with answer "Yes", "No" and "Not sure". Included statements "Do you intend to take your son to get HPV vaccine".

If their intention to have vaccination, but cannot afford it and have to say no. Researcher will have more questions about what reason why mothers don't have plan to give their children have vaccination

There are 30 mothers of boys secondary school students were tested for reliability .They are interviewed questions by researcher .

**Reliability**: KR 20 HPV knowledge is 0.8. Cronbach's Alpha of perceived threat of HPV infection is 0.872. Cronbach's Alpha of perceived severity is 0.817. Cronbach's Alpha of perceived barriers and benefits is 0.828. HPV

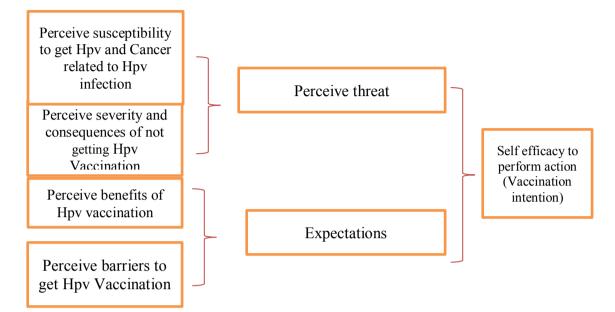
vaccination intention just have 1 sentence that's why researcher don't check Cronbach's Alpha .

All questionnaires are translated into Vietnamese. Then we have 3 experts check it again . Then translate from Vietnamese to English to check it again.

To test is translate questionnaires from previous studies easy understand or not. If not easy understanding, we will translate again to let people easy understanding questionnaires.

**Content validity**: 3 experts checked about questions through pilot test for 30 people. Using IOC scores to check content validity. IOC score of HPV knowledge is 0.917 .IOC score of perceived threat of HPV infection is 1.00 score .IOC score of perceived severity of HPV infection is 0.89 .IOC score of perceived barriers and benefits is 0.917. IOC score of HPV vaccination intention is 1.00 score .

This study measurement tool will be designed according to the Health Belief Model (HBM) (Rosenstack, 1988) and a Behavior Change Model (Godin, 1996)



#### Figure 4 Description of Health Belief Model Constructs

The Health Belief Model (HBM) (Rosenstack, 1988) is an appropriate theoretical framework for the design of this study survey, as the important investigator set out to examine the predictors to students' health-related action, which include the perceive severity, consequences, benefits, and perceive barriers and cues to HPV vaccination (Reynolds and O'Connell, 2011). And the outcome variables will be measures are HPV knowledge, perception, and vaccination and HPV uptake.

If parents of students don't believe there is any benefit for them to be vaccinated they will not pay attention and to have lower HPV vaccination intention, uptake, if they believe there have a positive outcome related vaccination then they will have a greater vaccination intention, uptake (Krawczyk, 2012). And other studies demonstrate how knowledge, attitudes can influence behavior change, including HPV vaccination uptake (Spleen, 2012)

A behavioral change model will complement the HBM in guiding the design of this study education intervention (Godin, 1996).



Figure 5 Major constructs of the Health Belief Model

The point aspects of this Behavior Change Model include health knowledge will affect positive attitude, will increase awareness, motivation, intention and uptake of a promote behavioral outcome. This model ties in nicely with the HBM, as the intervention will design with the aim to increase mothers' knowledge, positive perceptions, and develop decision-making skill and motivate HPV vaccination decisions.

#### Quantitative data measurement tools:

Data measurement tools include screening questionnaire, base line survey, and follow up surveys. The first follow-up will be conducted immediately after the intervention complete and the second follow-up will conducted three months after the intervention complete.

And the pre, post intervention surveys is follow the Carolina HPV Immunization Measurement and Evaluation (CHIME) Project (Reiter, 2009) (Ingledue, 2004) ,Questions from Ramirez, J. E., Ramos 1997, Pelullo,2012, Bowyer,2013, Gerend,2008, Gillison,2008, Ragin,2009.

Consultations will conduct with health experts, health providers, researchers and parents of students who join this study from Vietnam to collect advice on the design of all measurement tools. The survey is administer online using a website that is private and control by investigator. The HPV education content follows the parents who complete the survey.

The baseline, follow-up survey is used to measure the impact of the intervention.

About screening questionnaire, students will receive an email requesting that they will access the survey and must complete the survey. The baseline survey includes:

- 1. Social Demographic
- 2. Family health history
- 3. HPV, HPV vaccine knowledge

The follow up surveys will administer after the intervention finish and 3 months later. The purpose of the follow up survey is to measure parents HPV knowledge and HPV vaccination intention and uptake after intervention.

The purpose of the first follow-up survey is to measure parents HPV knowledge, HPV intention immediately after receiving an HPV education program. The purpose of the second follow-up is to measure whether parents have sustained HPV vaccination intention after a sufficient the time when they have gone without intervention. The investigator use 3 months for the second follow-up because 3 months is not too long time so students mothers can remember the knowledge after receiving the educational intervention and can reduce parents drop out this study. The follow-up survey will be included 5 sections:

- 1. HPV Knowledge
- 2. Perception of HPV ,HPV vaccination
- 3. HPV vaccination Intention
- 4. HPV vaccine uptake
- 5. Comment and feedback

#### 3.8 Study intervention

Participants in the control group were sent paper about the baseline survey (1. Social – Demographic, 2. Family health history 3. HPV, HPV vaccine knowledge with an altered ordering of the HPV and Cancer questions within each scale) by the researcher. Researcher and researcher's assistants will get survey form participants within 48 hours.

Participants in the intervention group were sent information paper about HPV knowledge the same baseline survey as the control group. After the baseline survey was sent, the participants in intervention group will be come to class for the training in Saturday and Sunday. The intervention participants will be learning HPV education training by power point presentation by health care provider.

An education HPV information series which is developed funny cartoon pictures and words by researcher .And Researcher discuss more with some mothers to develop the content of intervention. It is an easy way to let other mothers to understand HPV education information. These cartoon pictures, and some interesting questions on the content of the HPV information will motivate mothers prefer learning.

Researcher will give the presentation about HPV information education to the intervention group in Saturday and Sunday morning every week. Because researcher wants participants have more time to read HPV education information. In the PowerPoint will be created content information about HPV according to WHO and CDC and after presentation finish ,researcher will separate intervention group into small group for discussion and answer questions by voice related to HPV information .Before finish the first day of every class ,researcher will send booklet related to HPV information to parents .The booklet content will be created beautiful pictures ,words, and interesting questions that motivate parents to read and easy to share information to their child. After finish last day of education intervention, researcher will send to every parents paper of questions related to HPV education intervention such as Socio-demographic, HPV knowledge, perceive threat, perceive severity, perceive benefit and perceive barriers. Every mothers will sit different table .Mothers of male students will write down answer in the paper .Researcher will collect the file that mothers of students and evaluate. Totally, spending 48 hours for every times intervention.

The intervention content was guided by information from the World Health Organization (WHO), the Public Health Agency of USA, the Centers for Disease Control and Prevention (CDC) and other reputable health-based websites, and from input of experts from USA and in Vietnam. It should also be noted that there was no mention of the two HPV vaccine brands or manufacturers, and there was a disclaimer at the bottom of each poster stating that this study was in no way affiliated with or linked to either drug manufacturer or HPV vaccine. The control group of parents received the poster series after the study finished.

In intervention groups will be divided into four groups .In intervention groups will be received questions from researcher at baseline .After baseline, every group will get HPV education intervention on Saturday or Sunday morning in 1 month .After 1 month, they will answer questions about HPV knowledge ,perceive thread ,severity ,barrier , benefit and intention from researcher .Then after 3 months later ,they will be received questions about HPV intention again .

Research assisstant include one medical doctor ,one nurse .Medical doctor will give participants power point presentation .And the nurse will take note by hand writing ,some time the nurse will have record .

Intervention content:

The first day: The researcher will give presentation in class. They will introduce about education program. Health care provider talk about what is HPV, type of HPV, how HPV transmitted to other people, HPV cause cancer in men and mention about story some case that had HPV infection. After presentation , researcher will divide into 3 small groups for discussion part .And one

researcher assistant will run every small group .The small group will discuss about HPV education content that researcher present from power point . Every group will have discussion about knowledge that they learn and answer questions from researcher.

The second day: The researcher will give presentation about how to prevent HPV infection, they will introduce 3 kinds of vaccine (Gardasil, Gardasil 9 and Cervavix) to protect HPV type 6 ,11, especially type 16 and 18 .They mention more detail content of every kind of vaccine .They will show video about HPV vaccination program from WHO .Then health care provider will talk about benefit and side effect of HPV vaccination .After presentation ,every group will discuss together and answer questions from researcher .

The third day: Every group HPV will discuss all information that they learn from HPV education intervention with researcher and sharing ideas, experience of every people that they know about HPV education information.

The fourth day: Intervention groups will answer all questions from HPV education related HPV knowledge; perceive thread, severity, barrier, benefit and HPV intention after education intervention.

For second follow-up, after 3 months later. Researcher will ask both intervention group and control group for Vaccination intention .Researcher will ask will parents of students had vaccinated or not from two groups.

The control group mothers will receive the HPV information booklet after the study finish.

Researcher's assistant include 3 medical doctors to give presentation and 6 assistant to collect data, talk with mothers of boys students and take notes important points during education intervention and Iam will be researcher managerment.

# 3.9 Data Analysis

Data analysis the collected data will be analyzed using Statistical Package for the Social Sciences Version 22.0 (IBM Corp, Armonk, NY, USA).

Statistical tests are performed with 95% confidence interval (Cl), p-value <0.05 is considered statistical significant.

Objective	Main Variables	Statistics name
	Socio-demographic	Chi-square test
	characteristics	
To identify demographic	Age	
factors associated with	Religion	
HPV knowledge among	Marital status	
mothers of secondary	Personal income	
school boys students.	Level of education	
	Residence	
Compare General HPV knowledge at Baseline between control and intervention group	HPV knowledge Baseline	Chi-square test
Compare HPV knowledge between control and intervention group	HPV knowledge scale	Mann-Whitney U test
Compare agreement of benefit and barrier of HPV vaccine between control and intervention group	Benefit and barrier of HPV vaccination scale	Mann-Whitney U test Mann-Whitney U test

Objective	Main Variables	Statistics name
Compare Agreement of	Perceive threat of HPV	
perceive threat of HPV	infection scale	
between control and		
intervention group		
Compare Agreement of perceive severity of HPV between control and intervention group	Perceive severity of HPV infection scale	Mann-Whitney U test
Compare HPV vaccination intention between intervention and control group	HPV intention scale	Chi-square test
Effect of knowledge to HPV vaccination intention between intervention and control group	HPV knowledge and intention scale	Mann-Whitney U tes
Effect of perception of barrier and benefit to HPV vaccination intention between intervention and control group	HPV perception of barrier and benefit scale to HPV vaccination intention scale scale	Mann-Whitney U test

Objective	Main Variables	Statistics name
Effect of perceive threat to	HPV perception of threat to	Mann-Whitney U
HPV vaccination intention	HPV vaccination intention	test
between intervention and control group among	scale	
mothers intended to give their child vaccination		
Effect of perceive severity to HPV vaccination intention between intervention and control group among mothers intended to give their child vaccination	HPV perception of severity to HPV vaccination intention scale	Mann-Whitney U test

## **3.10 Ethical consideration**

All paticipants will be informed about the process of the study and voluntary sign consent form before participating in this study.

Ethical approval was obtained from the Ethics Research Committee on Research Involving Human Research Subjects, Health Sciences Group from Hue Medical University, Vietnam (Appendix B).

All respondents' consent via mothers will be obtained following informing about the study objectives, procedures, benefits, risks by preserving participants rights to withdraw any time.

#### 3.11 Benefits

Benefits of HPV Health talk education intervention program that participants can know more about HPV knowledge ,perceive thread ,severity .Since mothers ,they will pay more attention about HPV vaccination for their boys .And other benefit that mothers they know more about HPV vaccine is not only protect their boys from HPV infection related to cancer but only can bring a lot of benefit for girls .So girls can protect HPV infection from boys who had HPV vaccination .

#### 3.12 Limitation

Purposive selection of the study population limits the generalizability of the study to the entire expat secondary school in Hue province. Researchers choose 2 secondary high schools that are not represent all mothers of male students characteristics.

There are some confounding factors may affect the outcome such as control group or intervention group will get some information about HPV from another source like internet ,TV ,newspaper and so on ...

# **CHAPTER IV**

# RESULTS

# 4.1 Social Demographic

We found no significant differences between both groups in terms of mothers' ages, ages of their children, income, level of education, and residence (P>0.05) except for marital status and religious beliefs (P<0.05) (Table 1).

Table 3 Sample Chara		5					
Variables	Total <sup>a</sup>		C	Control	Interver	ntion	p- value <sup>b</sup>
	Count	(%)	Count	(%)	Count	(%)	
Mother's age							0.263
31 - 40	136	48.7	64	46.4	72	51.1	
41 - 50	104	37.3	50	36.2	54	38.3	
51 - 60	39	14.0	24	17.4	15	10.6	
Marital status							< 0.001
Single	5	1.8	1	0.7	4	2.8	
Married	242	86.7	132	95.7	110	78.0	
Divorced	31	11.1	5	3.6	26	18.4	
Other	1	0.4			1	0.7	
Religious							0.033
Christian	3	1.1	3	2.2			
Buddhist	214	76.7	98	71.0	116	82.3	
Other	62	22.2	37	26.8	25	17.7	
Ages of son							0.591
participating							
11	64	22.9	28	20.3	36	25.5	
12	75	26.9	41	29.7	34	24.1	
13	72	25.8	37	26.8	35	24.8	
14	68	24.4	32	23.2	36	25.5	
Personal income per month							0.243
Under 5 million VN\$	525	9.0	9	6.5	16	11.3	
5 million to 10 million	143	51.3	69	50.0	74	52.5	
10 million VN\$ or more	111	39.8	60	43.5	51	36.2	
Level of education							0.166
Less than high school	16	5.7	8	5.8	8	5.7	
High school	47	16.8	23	16.7	24	17.0	
Bachelor degree	163	58.4	79	57.2	84	59.6	
Master degree	48	17.2	28	20.3	20	14.2	
Doctorate degree	5	1.8			5	3.5	
Residence	-	1.0			C	2.2	0.472
City	232	83.2	117	84.8	115	81.6	, <b>=</b>

## **Table 3 Sample Characteristics**

Rural	47	16.8	21	15.2	26	18.4	
4.2 Awareness and Attitudes at Baseline							
Table 4 General HPV knowledge at Baseline							
Items	Control		ervention	n	Total <sup>a</sup>	p	-value <sup>b</sup>
Do you know	v anything about						0.448
HPV?							
Yes	59 (42.8%)	54 (38	.3%)	113	6 (40.5%	6)	
No	79 (57.2%)	87 (61	.7%)	166	6 (59.5%	6)	
Have you eve	er heard of HPV						0.380
vaccines?							
Yes	44 (31.9%)	52 (36	.9%)	96	(34.4%)	)	
No	94 (68.1%)	89 (63	.1%)	183	65.6%	6)	
Have you eve	er heard of penile	e cancer, or	r anal				0.111
cancer in me	n?						
Yes	95 (68.8%)	109 (77	7.3%)	204	(73.1%	6)	
No	43 (31.2%)	32 (22.)	7%)	75	(26.9%)	)	
Have you eve	er heard of genita	al warts in	men?				0.679
Yes	9 (6.5%)	11 (7.8	%)	20	(7.2%)		
No	129 (93.5%)	130 (92	2.2%)	259	92.8%	6)	

At baseline, there were no significant differences found in both groups regarding their reports .(Table 4)

# 4.3 HPV knowledge

# Table 5 Baseline HPV knowledge between control and intervention group

Item	Control (n = 138)	Intervention (n = 141)	Total	р
HPV is a sexually transmitted	(11 – 138)	(11 – 141)		
infection (T)				
Correct	109 (79.1%)	115 (81.6%)	224 (80.3%)	
Incorrect	3 (1.9%)	3 (2.1%)	6 (2%)	>0.05
Don't know	26 (19%)	23 (16.3%)	49 (17.7%)	
Men cannot get HPV (F)				
Correct	38 (27.2%)	35 (25.1%)	73 (26.2%)	
Incorrect	31 (22.7%)	30 (20.9%)	61 (21.8%)	>0.05
Don't know	69 (50.1%)	76 (54%)	146 (52%)	
There are many different types of HPV (T)				
Correct	95 (68.9%)	100 (71.3%)	195 (70.1%)	
Incorrect	2 (1.1%)	11 (7.5%)	13 (4.3%)	>0.05
Don't know	41 (30%)	30 (21.2%)	71 (25.6%)	
HPV can be transmitted through oral sex (T)				
Correct	63 (45.5%)	66 (46.6%)	129 (46.1%)	
Incorrect	5 (3.5%)	11 (8.1%)	16 (5.8%)	>0.05
Don't know	70 (51%)	64 (45.3%)	134 (48.1%)	
HPV infection can cause Oropharyngeal cancer (T)				
Correct	35 (25.5%)	39 (27.5%)	74 (26.5%)	
Incorrect	21 (15%)	23 (16.5%)	44 (15.8%)	>0.05
Don't know	82 (59.5%)	79 (56%)	161 (57.7%)	
HPV infection can cause genital warts in boys (T)				
Correct	24 (17.1%)	24 (17%)	48 (17.1%)	
Incorrect	30 (21.9%)	32 (22.5%)	62 (22.2%)	>0.05
Don't know	84 (61%)	85 (60.5%)	169 (60.7%)	
HPV infection can cause penile cancer in boys (T)				
Correct	15 (10.6%)	15 (11%)	30 (10.8%)	
Incorrect	97 (70.3%)	101 (71.5%)	198 (70.9%)	>0.05
Don't know	26 (19.1%)	25 (17.5%)	51 (18.3%)	
The HPV vaccine protects your sons from some types of HPV (T)				
Correct	70 (51%)	71 (50%)	141 (50.5%)	
Incorrect	37 (27%)	21 (15%)	58 (21%)	>0.05
Don't know	31 (22%)	49 (35%)	80 (28.5%)	

Item	Control (n = 138)	Intervention (n = 141)	Total	р
The HPV vaccine is most effective for those who have not had sexual intercourse (T)				
Correct	83 (60.1%)	86 (61%)	169 (60.6%)	
Incorrect	17 (12.7%)	19 (13.5%)	36 (13.1%)	>0.05
Don't know	38 (27.2%)	36 (25.5%)	74 (26.3%)	

There were no different HPV knowledge between intervention and control group during baseline test (p>0.05)

# HPV education intervention after 1 month receiving education intervention

**Table 6** Median score of HPV knowledge between two groups after receiving education Assumption: T: correct = 1, incorrect = don't know = 0; F: incorrect = 1, correct = don't know = 0

Item	Group	n	Median	p value <sup>a</sup>
HPV	Control	138	4	
knowledge	Intervention	141	8	p < 0.001
knowledge	Total	279	7	

In intervention groups, HPV knowledge score was much higher compare to control group who didn't receive HPV education (p<0.001). The HPV knowledge of intervention group had median score higher than control group 7 scores.

#### 4.4 Perception towards Benefit and Barriers of HPV Vaccine

 Table 7 Compare agreement of benefit and barrier of HPV vaccine between control and intervention group (mean)

	Control	Intervention	р-
Items	(n = 138)	(n = 141)	value <sup>b</sup>

	Mean <sup>a</sup>	Mean <sup>a</sup>	
I believe HPV vaccinations are beneficial to	3.62	4.40	< 0.00
the			
male population(T)			
A benefit to becoming vaccinated is that it will			
protect my son against HPV(T)	3.67	4.29	< 0.00
I think HPV vaccine protects my son against			
certain oropharyngeal cancer from HPV	3.41	4.23	< 0.00
infection(T)	0111	0	
I believe HPV vaccine protects against genital			
Warts(T)	3.71	4.28	< 0.00
Boys can obtain the HPV vaccine(T)	3.72	4.50	< 0.00
I believe HPV vaccinations are only beneficial for	2.99	1.70	< 0.001
Females(F)			
I do not feel there are any benefits to becoming			
Vaccinated(F)	2.51	1.55	< 0.001
HPV vaccine may have side effects(T)	3.39	4.39	< 0.001
HPV vaccine is safe(T)	3.45	4.08	< 0.001
The HPV vaccine for male is still new, so I need			
time before deciding if my son should get it(F)	3.50	2.10	< 0.001
It is unlikely that my child will get HPV in the			
Future(F)	2.98	1.96	< 0.001
It is unlikely that my child will get an anogenital			
cancer (ie. penile, anal cancer) in the future(T)	3.09	3.65	< 0.001

<sup>a</sup>1- Strongly disagree, 2- Disagree, 3- Unsure, 4- Agree, 5- Strongly agree, not all of the 288 mothers answered the questions

Perception of benefit and barriers of HPV vaccine between intervention and control group were significant differences (P<0.001)

## 4.5 Perceive threat of HPV infection

#### Table 8 Perceive threat of HPV infection

Agreement of perceive threat of HPV between control and intervention group (mean)

Items	Control (n = 138)	Intervention (n = 141)	p- value <sup>b</sup>
	Mean <sup>a</sup>	Mean <sup>a</sup>	
Both men and women can get			
oropharyngeal cancer from HPV	2.15	4.52	< 0.001
infection			
Having an HPV infection increases the	2.41	4.48	< 0.001
risk of getting oropharyngeal cancer	2.41	4.40	< 0.001
Had many sexual partners and possibly at	2.14	4.07	< 0.001
high risk for HPV infection	2.14	7.07	< 0.001

<sup>a</sup>1- Strongly disagree, 2- Disagree, 3- Unsure, 4- Agree, 5- Strongly agree, not all of the 288 mothers answered the questions

The intervention group have higher mean scores agreement about perceive threat of HPV than control group (p<0.001)

# 4.6 Perceive severity of HPV infection

# Table 9 Perceive severity of HPV infection

Agreement of perceive severity of HPV between control and intervention group (mean)

Items	Control (n 138)	Intervention (n = 141)	p- value <sup>b</sup>
	Mean <sup>a</sup>	Mean <sup>a</sup>	
I feel that HPV is a serious infection for my son to contract	2.32	4.33	< 0.001
I feel that oropharyngeal cancer/penile and anal cancer is a serious disease for my son to develop	3.46	4.43	< 0.001
I feel that genital warts are a serious disease for my son to develop	2.50	4.00	< 0.001

The intervention group have higher agreement about perceive severity of HPV than control group (p<0.001)

#### 4.7 HPV vaccination intention

Items	Control	Intervention	Total	p value <sup>a</sup>	
	n (%)	n (%)	n (%)	1	
HPV vaccination intention					
Yes	74 (53.6)	126 (89.4)	200 (71.7)	p < 0.001	
No	64 (46.4)	15 (10.6)	79 (28.3)	p < 0.001	

Table 10 vaccination intention

The HPV vaccination intention between two groups were significant different (p<0.001), with intervention group intention was much higher (89.4%) than control group(53.6%)

**Table 11** Effect of knowledge to HPV vaccination intention between intervention and control group (Yes)

Group		HPV knowledge			
Group	n	Median	p value <sup>a</sup>		
Intervention	126	8	p < 0.001		
Control	74	4	P 0.001		

Combine with table 1 (HPV vaccination intention table) .The intervention group had higher HPV knowledge compare to control group among mothers intended to give their child vaccination .

Among mothers intended to give their child vaccination in both groups. The intervention group had mean scores of HPV knowledge higher than control group is 4 scores .

Crown	Ben	Benefit & Barrier score of agreement				
Group	n	Mean	SD	p value <sup>a</sup>		
Intervention	126	55.96	4.82	p < 0.001		
Control	74	46.5	4.93	p < 0.001		

**Table 12** Effect of perception of barrier and benefit to HPV vaccination intentionbetween intervention and control group (Yes)

Combine with table 1 (HPV vaccination intention table). The intervention group had the higher agreement about barrier and benefit to HPV vaccination and the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination.

		A	greement			
Group	Strongly disagree n (%)	Disagree n (%)	Unsure n (%)	Agree n (%)	Strongl y agree n (%)	p value <sup>a</sup>
Both men and wo	men can get	oropharyng	eal cancer fr	om HPV i	nfection	
Intervention	4 (3.2)	1 (0.8)	9 (7.1)	23 (18.3)	89 (70.6)	p < 0.001
Control	30 (40.5)	20 (27.0)	11 (14.9)	9 (12.2)	4 (5.4)	0.001
Having an HPV in cancer	nfection incr	eases the ris	k of getting	oropharyn	geal	
Intervention		1 (0.8)	18 (14.3)	24 (19.0)	83 (65.9)	p <
Control	22 (29.7)	18 (24.3)	20 (27.0)	11 (14.9)	3 (4.1)	0.001
Had many sexual	partners and	possibly at	high risk for	r HPV		
infection						
Intervention	2 (1.6)	5 (4.0)	34 (27.0)	22 (17.5)	63 (50.0)	p < 0.001
Control	28 (37.8)	26 (35.1)	7 (9.5)	9 (12.2)	4 (5.4)	0.001

**Table 13** Effect of perceive threat to HPV vaccination intention between intervention

 and control group among mothers intended to give their child vaccination

Combine with table 1 (HPV vaccination intention table) .The intervention group had the higher agreement about perceive threat of HPV vaccination and the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination .

0 1	C		U			
		A	greement			
Group	Strongly disagree	Disagree	Unsure	Agree	Strongly agree	p value <sup>a</sup>
	n (%)	n (%)	n (%)	n (%)	n (%)	
I feel that HPV is	a serious inf	ection for	my son to			
contract						
Intervention			28 (22.2)	22	76	
			20 (22.2)	(17.5)	(60.3)	p < 0.001
Control	22 (29.7)	20	21 (28.4)	9	2 (2.7)	P 01001
Control	22 (29.1)	(27.0)	21 (20.4)	(12.2)	2 (2.7)	
I feel that orophan	yngeal cance	er/ penile a	nd anal cano	cer is a sei	rious diseas	se for my
son to develop						
Intervention		1 (0.8)	24 (19.0)	13	88	
intervention		1 (0.0)	21(19.0)	(10.3)	(69.8)	p < 0.001
Control		9 (12.2)	34 (45.9)	14	17	P 01001
Control		) (12.2)	54 (45.7)	(18.9)	(23.0)	
I feel that genital	warts are a s	erious dise	ase for my s	on to		
develop						
Intervention	1 (0.8)	5 (4.0)	46 (36.5)	15	59	
intervention	1 (0.0)	5 (4.0)	40 (30.3)	(11.9)	(46.8)	p < 0.01
Control	17 (23.0)	20	27 (36.5)	6 (8.1)	4 (5.4)	r
	- / (-0.0)	(27.0)	_/ (00.0)	5 (0.1)	. ()	

**Table 14** Effect of perceive severity to HPV vaccination intention between intervention

 and control group among mothers intended to give their child vaccination

Combine with table 1 (HPV vaccination intention table) .The intervention group had the higher agreement about perceive severity of HPV vaccination, the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination .

# HPV education intervention 3 months after first follow up

# 4.8 HPV knowledge at the second follow up

 Table 15 Median score of HPV knowledge between control and intervention

 group

Item	Group	n	Median	p value <sup>a</sup>
HPV	Control	138	4	
knowledge	Intervention	141	8	p < 0.001
inite wreuge	Total	279	7	

In intervention groups, HPV knowledge score was much higher compare to control group who didn't receive HPV education (p<0.001)

# 4.9 Compare agreement of benefit and barrierof HPV vaccine between control and intervention group (mean)

 Table 16 Compare agreement of benefit and barrierof HPV vaccine between control

 and intervention group (mean)

-	Control	Intervention	
Items	(n = 138)	(n = 141)	p value <sup>b</sup>
	Mean <sup>a</sup>	Mean <sup>a</sup>	
I believe HPV vaccinations are	3.66	4.42	p < 0.001
beneficial to the male population (T)	5.00	4.42	p < 0.001
A benefit to becoming vaccinated is			
that it will protect my son against	3.69	4.36	p < 0.001
HPV (T)			
I think HPV vaccine protects my son			
against certain oropharyngeal cancer	3.46	4.26	p < 0.001
from HPV infection (T)			
I believe HPV vaccine protects against	3.75	4.30	p < 0.001
genital warts (T)	5.75	1.50	p • 0.001
Boys can obtain the HPV vaccine (T)	3.75	4.54	p < 0.001
I believe HPV vaccinations are only	3.07	1.73	p < 0.001
beneficial for females (F)	5.07	1.75	p < 0.001
I do not feel there are any benefits to	2.49	1.57	p < 0.001
becoming vaccinated (F)	2.19	1.07	p • 0.001
HPV vaccine may have side effects	3.46	4.43	p < 0.001
(T)	5.10	1.15	p • 0.001
HPV vaccine is safe (T)	3.50	4.13	p < 0.001
The HPV vaccine for male is still new			
, so I need time before deciding if my	3.50	2.21	p < 0.001
son should get it (F)			
It is unlikely that my child will get	3.07	2.04	p < 0.001
HPV in the future (F)	5.07	2.04	p < 0.001
It is unlikely that my child will get an			
anogenital cancer (ie. penile, anal	3.15	3.72	p < 0.001
cancer) in the future (T)			

<sup>a</sup>1-strongly disagree, 2-disagree, 3-unsure, 4-agree, 5-strongly agree

Perception of benefit and barriers of HPV vaccine between intervention and control group were significant differences (P<0.001)

## 4.10 Perceive threat of HPV infection

 Table 17 Agreement of perceive threat of HPV between control and intervention group (mean)

	Control	Interventio	n
Items	(n	(n = 141)	p-
=1	38)		valueb
	Meana	Meana	
Both men and women can get			
oropharyngeal cancer from HPV	2.61	4.65	<
infection			0.001
Having an HPV infection			_
increases the risk of getting	2.86	4.70	<
oropharyngeal cancer			0.001
Had many sexual partners and			
possibly at high risk for HPV	2.72	4.28	<
infection			0.001

<sup>a</sup>1- Strongly disagree, 2- Disagree, 3- Unsure, 4- Agree, 5- Strongly agree

The intervention group have higher agreement about perceive threat of HPV than control group (p<0.001)

## 4.11 Perceive severity of HPV infection

 Table 18 Agreement of perceive severity of HPV between control and intervention

 group (mean)

Items	Control (n = 138)	Intervention (n = 141)	p- value <sup>b</sup>
	Mean <sup>a</sup>	Mean <sup>a</sup>	
I feel that HPV is a serious infection for	2.88	4.41	< 0.001
my son to contract	2.00	7.71	< 0.001
I feel that oropharyngeal cancer/penile			
and anal cancer is a serious disease for	3.47	4.60	< 0.001
my son to develop			
I feel that genital warts are a serious	2.01	1 1 1	< 0.001
disease for my son to develop	2.91	4.11	< 0.001

al- Strongly disagree, 2- Disagree, 3- Unsure, 4- Agree, 5- Strongly agree, not all of the 288 mothers answered the questions

The intervention group have higher agreement about perceive severity of HPV than control group (p<0.001)

#### 4.12 HPV vaccination intention

Items	Control	Intervention	Total	p value <sup>a</sup>
	n (%)	n (%)	n (%)	
HPV vaccination	intention			
Yes	81 (58.7)	129 (91.5)	210 (75.3)	p <
No	57 (41.3)	12 (8.5)	69 (24.7)	0.001

#### Table 19 HPV vaccination intention

The HPV vaccination intention between two groups were significant different (p<0.001), with intervention group intention was much higher (91.5%) than control group (58.7%)

**Table 20** Effect of knowledge to HPV vaccination intention between intervention and control group(Yes)

Group	HPV knowledge			
Group	n	Median	<b>p</b> value <sup>a</sup>	
Intervention	129	8	p < 0.001	
Control	81	4	p • 0.001	

Combine with table 1 (HPV vaccination intention table) .The intervention group had higher HPV knowledge compare to control group among mothers intended to give their child vaccination .

Among mothers intended to give their child vaccination in both groups. The intervention group had mean scores of HPV knowledge higher than control group is 4 scores .

**Table 21** Effect of perception of barrier and benefit to HPV vaccination intention

 between intervention and control group (Yes)

Group	Ber	Benefit & Barrier score of agreemen			
Group	n	Mean	SD	<b>p</b> value <sup>a</sup>	
Intervention	129	56.05	4.67	p < 0.001	
Control	81	46.85	4.62	p < 0.001	

Combine with table 1 (HPV vaccination intention table). The intervention group had the higher agreement about barrier and benefit to HPV vaccination and the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination.

 Table 22 Effect of perceive threat to HPV vaccination intention between

 intervention and control group among mothers intended to give their child

 vaccination

		Agreement					
Group	Strongly disagree n (%)	Disagree n (%)	Unsure n (%)	Agree n (%)	Strongly agree n (%)		
Both men and wom	en can get orop	haryngeal cancer	from HPV infe	ction			
Intervention			14 (10.9)	20 (15.5)	95 (73.6)	p < 0.001	
Control	19 (23.5)	21 (25.9)	21 (25.9)	9 (11.1)	11 (13.6)	p < 0.001	
Having an HPV inf	ection increases	the risk of gettin	g oropharyngea	l cancer			
Intervention			6 (4.7)	25 (19.4)	98 (76.0)	p < 0.001	
Control	29 (35.8)	10 (12.3)	10 (12.3)	12 (14.8)	20 (24.7)	р < 0.001	
Had many sexual pa	artners and poss	ibly at high risk f	for HPV infection	on			
Intervention		5 (3.9)	26 (20.2)	23 (17.8)	75 (58.1)	p < 0.001	
Control	19 (23.5)	19 (23.5)	16 (19.8)	12 (14.8)	15 (18.5)	P 0.001	

Combine with table 1 (HPV vaccination intention table). The intervention group had the higher agreement about perceive threat of HPV vaccination, the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination.

Table 23 Effect of perceive severity to HPV vaccination intention between intervention
and control group among mothers intended to give their child vaccination

Group	Strongly disagree	Disagree	Disagree Unsure Agree n (%) n (%) n (%)		Strongl y agree	p value <sup>a</sup>			
	n (%)	n (%)			n (%)				
I feel that HPV is a serious infection for my son to contract									
Interventi			27	18	84				
on			(20.9)	(14.0)	(65.1)	p <			
Control	14	21 (25.9)	23	17	6 (7.4)	0.001			
Control	(17.3)	21 (23.7)	(28.4)	(21.0)	0(7.4)				
I feel that oropharyngeal cancer/ penile and anal cancer is a serious disease									
for my son to	develop								
Interventi			19	12	98				
on			(14.7)	(9.3)	(76.0)	p <			
Control	1 (1.2)	11 (13.6)	34	16	19	0.001			
Control	1 (1.2)	11 (15.0)	(42.0)	(19.8)	(23.5)				
I feel that genital warts are a serious disease for my son to develop									
Interventi			43	15	66				
on		5 (3.9)	(33.3)	(11.6)	(51.2)	p < 0.01			
Control	5 (6.2)	20 (24.7)	39	11	6 (7.4)	r			
	5 (0.2)	20 (27.7)	(48.1)	(13.6)	(ד.י) ס				

Combine with table 1 (HPV vaccination intention table) .The intervention group had the higher agreement about perceive severity of HPV vaccination, the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination .

#### **CHAPTER V**

#### DISCUSSION

#### 5.1 Discussion

This study also explored whether knowledge and perception had an influence on vaccination intention. The results of this trial intervention provide evidence

to support the creation of a confirmatory study to test the Health talk HPV educational program among a larger study sample.

#### 5.1.1 Socio-demographic characteristics

This study population was categorized into three age groups, mothers of secondary school boys students are between 31 to 60 years of age. The age of this study population is consistent with other HPV educational and intervention studies which were aimed at measuring mothers' knowledge, attitudes, perceptions and health-related behavior regarding HPV and their child. The median household income from the study population was 5 million/month and more ; however a great portion of the study population had an even greater personal income with 111 parents (39.8%) who reported a personal income >10 million vnd /month, and 143 parents (51.3%) reported an personal income 5 to 10 million vnd /month. Only 25 parents (9%) had income lower than 5 million vnd/month. At this time, being there are no other expat studies to compare these data to, it is difficult to assess whether this is an accurate representation of expats socio-economic status; however, it is highly unlikely that this is an accurate representation of all mothers living in Vietnam. Although these sociodemographic data did not have statistically significant relationships with parents' vaccination intention, it would be recommended to explore these factors further, as other studies report that a higher level of parental education is associated with preventative health-related behavior (Meschke, 2002; Brabin et al., 2004).

#### 5.1.2 Knowledge of HPV and the HPV vaccine

The first objective of this study was to measure mothers of secondary school boys students knowledge of HPV and the HPV vaccine.

There were no statistically significant differences found between the controlgroup and test group at the baseline regarding their reports These data reveal that both groups did not have many HPV knowledge across survey periods. In order to stop the test group from seeking information from other sources, we chosen purposive the study population into control group and intervention group immediately after the baseline survey was collected, and the test group started to receive the study educational intervention.

#### 5.1.3 Perception of HPV and the HPV vaccine

The second study objective is to measure mothers of secondary school boys students perception of HPV and the HPV vaccine.

A series of comparisons were conducted to determine any differences between the mean scores for the control group and test group on the overall perception scale and subscales.

The fisrt follow up, The intervention group have higher agreement about perceive threat of HPV than control group (p<0.001) and The intervention group have higher agreement about perceive severity of HPV than control group (p<0.001)

The second follow up The intervention group have higher agreement about perceive threat of HPV than control group (p<0.001) and The intervention group have higher agreement about perceive severity of HPV than control group (p<0.001)

Regarding the attitudes towards benefit and barriers of HPV vaccine, The fisrt follow up there are significant differences between the control and intervention group (P < 0.001).

There was a clear trend in the study data, regardless of parents' allocation to the test group or control group, mothers of secondary school boys students

who reported a more positive perception of agreement of benefit and barrierof HPV vaccine. Studies have found that parents who have access to HPV education and information, if vaccinations are provided free and in a convenient location, and if they are provided with regular and diligent follow-up and medical support, this reduces some of the barriers to HPV vaccination intention and uptake (Brabin, 2006). As with findings from other studies, a positive perception of the vaccine efficacy and safety was reported as an influence in parents' positive HPV vaccination intention (Brewer and Fazekas, 2007). This is explained by several studies that have found that parents who are unclear and uncertain or lackknowledge about the HPV vaccine often have serious misconceptions that generate fear of vaccine safety and efficacy which in turn lowers vaccination intention and uptake. On the other hand, studies have found that parents who trust the safety and efficacy of the HPV vaccine often have higher HPV vaccination intention and uptake (Reynolds and O'Connell, 2011).

The research done by Krawcyzk et al. has also showed that "these theoretically motivated constructs are very useful for targeting interventions to increase vaccination intention and uptake among a male population" (Krawczyk, 2015). With their approval of giving vaccination for their sons, most parents thought that it would bring them benefits and believed that the vaccine is safe and that "without the HPV vaccine their son would be at risk of diseases related to HPV".

#### 5.1.4 Vaccination intention

The third objective of this study was to measure HPV vaccination intention and assess whether knowledge or perception had an influence on intention., mothers of secondary school boys students were asked to declare their intentions to vaccinate their children at each survey period. This proportion remained relatively constant during the second follow-up survey.

Among mothers intended to give their child vaccination in both groups. The more mothers who had higher HPV knowledge the more mothers who intended to give their child HPV vaccination. The intervention group had higher HPV knowledge compare to control group among mothers intended to give their child vaccination.

About perceiver threat of HPV vaccination .The intervention group had the higher agreement about perceive threat of HPV vaccination and the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination .

About perceiver severity of HPV vaccination. The intervention group had the higher agreement about perceive severity of HPV vaccination, the more mothers had HPV vaccination intention compare to control group among mothers intended to give their child vaccination.

This result remained relatively constant during the second follow-up survey.

#### **5.2 Recommendations**

There are several notable limitations in this study, of which recommendations are made to address in future studies. First, purposive selection of the study population limits the generalizability of the study to the entire mothers community in Thua Thien Hue province, Vietnam .

This is especially problematic as the sample may be representative of only mothers of boys students who are interested in learning about sexual health. Furthermore, the sample may only be representative of a specific social class and parents that belong to the expat networks within which the study advertisement was circulated. The sample size was small which makes it difficult for these study data to accurately describe the knowledge, perception, vaccination intention and mothers of boys students living in Thua Thien Hue province, Vietnam.

The advantages of having a small sample were that it enabled a study that was quicker to conduct, recruiting mothers, reviewing mothers responses to surveys, performing analyses and ensuring a low drop out rate. Furthermore, conducting a study with a small sample size was appropriate to test a new hypothesis in a population that has not been explored in other studies, to date. The small sample size was feasible in that there was not an abundance of resources required (time and financial costs) to determine whether there was an effect between the educational intervention and expats' level of HPV knowledge, perception, vaccination intention and uptake. Being that we found an association and an effect of the educational intervention, it is now recommended that a larger confirmatory study is needed.

#### Limitation of the study:

Health talk education is not enough for HPV vaccination intention. Because most of mothers believe Health care provider however some of others prefer information from other sourses . And this study didn't analyze other aspect of how to access HPV vaccine such as need access intention of vaccination more than one questionnaire of HPV vaccine intention and just analyze mothers who could pay for Vaccination.

And other limitation is that only question about intention is not enough.

#### Strengths of the study:

This is the first study to assess the effectiveness of a Health Talk education program on HPV knowledge, perception, and vaccination intention among mothers of teenage boys in an Asian country. Researcher use simple random by computer to pick mothers of males students join this study to avoid the bias selection. This study is expected to provide important information to policy makers and health professionals on how important HPV Health Talk education is, and that HPV vaccination is not only justified for girls but also for boys.

#### **5.3 Conclusion**

Overall, these study findings suggest that mothers of secondary school students who have a higher level of knowledge and understanding of the perceived susceptibility, severity and consequences of HPV, and the benefits and barriers to getting the HPV vaccine have a higher vaccination intention. This intervention and others should aim to address some of the salient factors that influence knowledge, erception, vaccination intention and uptake, which were revealed in this study will include information on HPV transmission, prevention and health effects, and HPV vaccine efficacy, safety and potential side effects.

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APPENDIX

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# APPENDIX A Study timeline

Research process										Τ	٦
	Je	Ŋ	ust	September	ber	November	December	ary	February	ch	Ē
	June	July	August	pter	October	ner	ecer	January	ebrı	March	April
			Ì	Š	$\cup$	N	D	J	Ц		
Approval of Research Proposal at Hue Medical University											
Preparation and submission of research proposal to Research Ethics Board (REB), Hue Medical University											
Ethical Approval											
Study introduction & advertisement of research to the expatriate community network											
Participant recruitment (including distribution of screening questionnaire and written consent form to expat											
parents)											
Focus group discussion(s)											
Selection of study participants and distribution of preintervention survey											
Assignment of study participants to intervention group and control group											
Distribution of educational program to intervention group											
Follow-up to educational intervention											
Distribution of post-intervention surveys											
Analysis of pre- and post-intervention surveys											
Distribution of educational program to control group.											
Drafting of final report											
Sharing of final report with expatriate community networks.											
Reports submitted for publication in international journals.											
Presentation at international conferences.											
Defense of dissertation at CPHS, CU.											

#### **APPENDIX B Advertisement**



# **APPENDIX C Study budget**

Items	Unit	Cost/unit (USD)	Total(USD)	%
1. Personnel				
- Principal Investigator (full time 12	1	900	900	15
months)				
- Research Assistant & data analyst	1	500	500	9
(consultant)				
- Graphic designer (contract for 75	1	1000	1000	16
hours)				
2. Operating Costs				
-Teaching materials				
-Tools				
- Study advertising				
Membership costs to access	1	50	50	0.8
expatriate community networks				
• Printing posters.	1	150	150	2
• Promoting the study on expatriate	1	200	200	3.3
network in newsletters and magazines				
(space rental)				
• Promoting the study through poster	1	100	100	1.6
distribution (poster printing and				
posting fees)				
– Intervention				
• Printing posters and business cards	1	50	50	0.8
- Final report				
• Data analysis (purchase of SPSS v.	1	200	200	3.3
21)				
3. Dissemination of the results				
• Sharing of results at national	1	600	600	9.9
conferences (including poster				
production fees, abstract submission				
and conference registrations and				
travel)	1	1500	1500	25
• Sharing of results at national				
conferences (including poster				
production fees, abstract submission				
and conference registrations and	1	50	50	0.8
travel)				
• Printing of final report for	3	250	750	1.2
dissemination				

Publication in international journals			
		6050	100

## **APPENDIX D Questionnaires**

## **I.Socio-demographic information**

# 1. How many children do you have?

□ 1

 $\square$  2

 $\Box$  More than 2

**2.** Age

Mother's age

□31-35 yrs.	□ 36-40 yrs.	$\Box$ 41-45 vrs.	$\Box$ 46-50 vrs.	$\Box$ 51-55 vrs.
<b>_</b> <i>21 20 j10</i> .	<b>_</b> <i>s</i> o <i>j s</i> .		<b>_</b> 10 00 j10.	<b>_</b> <i>c</i> 1 <i>c c j</i> 10.

□56-65 yrs.

# 3. How old years old our boy are ?

# 4. What is your religious affiliation?

□Christian

 $\Box$  Buddhist

 $\Box$ Muslim

 $\Box$  Hindu

Other:

# 5. Marital status

□Single

□Married

 $\Box$ Divorced

□Other

 $\Box$  Do not wish to specify.

# 6. Residence

□City

□Rural

## 7.Family income per month

□Less than 5 millions vnd

 $\Box$ 5 millions to 10 millions vnd

□More than 10 millions vnd

## 8.What is your highest level of education?

 $\Box$  Less than high school

 $\Box$  High school

 $\Box$  College degree

University – Bachelor-level Degree (BA, BSc, etc.)

University – Master-level degree (MS, MA, etc.)

University – Doctorate-level degree (Ph.D.)

## II. HPV knowledge

## 1. HPV is a sexually transmitted infection 1

- □ True
- □ False
- $\Box$  I don't know

### 2. Men cannot get HPV

- $\Box$  True
- □ False
- $\Box$  I don't know

## 3. There are many different types of HPV

- □ True
- □ False
- $\Box$  I don't know

## 4.HPV can be transmitted through oral sex

- □ True
- □ False
- $\Box$  I don't know

## 5. HPV infection can cause oropharyngeal (mouth and throat) cancer

□ True

□ False

 $\Box$  I don't know

## 6. HPV infection can cause genital warts in boys

□ True

□ False

 $\Box$  I don't know

## 7.HPV infection can cause penis cancer in boys

□ True

□ False

 $\Box$  I don't know

## 8. The HPV vaccine protects you from some types of HPV

□ True

□ False

□ I don't know

## 9. The HPV vaccines are most effective if given to people who've never had

sex

□ True

□ False

 $\Box$  I don't know

## III. Perceive threat of HPV infection

1.Both men and women can get oropharyngeal cancer from HPV infection

1 2 3 4 5

Strongly Disagree Disagree Unsure Agree Strongly Agree

## 2. Having an HPV infection increases the risk of getting oropharyngeal cancer

1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree

<b>3.Had many sexual partners and possibly at high risk for HPV infection.</b>				
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
IV. Perceive severity of	HPV infectio	n		
1. I feel that HPV is a se	erious infectio	on for my s	on to cont	tract.
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
2. I feel that oropharyn	geal cancer/ p	enile and a	anal cance	er is a serious
disease for my son to de	evelop.			
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
3. I feel that genital war	rts are a serio	us disease i	for my so	n to develop.
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
V. Perceive benefit and	barrier of HI	PV vaccina	tion	
1. I believe HPV vaccina	ations are bene	eficial to the	e male pop	oulation
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
2.A benefit to becoming vaccinated is that it will protect my son against HPV				
3 I think HPV vaccine protects my son against certain oropharyngeal				
cancer from HPV infec	tion			
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
4. I believe HPV vaccine protects against genital warts				
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
5. Boys can obtain the HPV vaccine				
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree

#### 3 Под 1 ihl 4: - - ---•+ А 1.1 . . ſ ſ 4 тт **x** 7

6. I believe HPV Vaccinations are only beneficial for females				
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
7.I do not feel there are	any benefits (	o becomin	g vaccina	ted
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
8.HPV can may had sid	e effects			
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
9.HPV vaccine is safe				
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
10. I am concerned abo	ut giving my c	hild too m	any vacci	ines.
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
11. The HPV vaccine is still so new that I want to wait awhile before				
deciding if my child sho	uld get it			
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
12. I do not have enough information about the HPV vaccine to decide				
whether to give it to my	child.			
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
13. If my child gets the HPV vaccine, he may be more likely to have sex.				
1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
14. It is unlikely that my child will get HPV in the future.				
	, enna vin ge			
1	2	3	4	5
l Strongly Disagree	_		4	5

# 15. It is unlikely that my child will get an anogenital cancer (ie. penile, anal cancer) in the future.

1	2	3	4	5
Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
VI. HPV Vaccination intention				
1.Do you intend to take your son to get HPV vaccine?				

 $\Box$  Yes  $\Box$  No  $\Box$  Not sure

#### APPENDIX E

#### Intervention content



#### What HPV is

Human papillomavirus (HPV) is a common virus that is passed on through skinto-skin contact. 4 out of 5 (80%) of us will have HPV at some point in our lives, but our immune system usually gets rid of it. We may not even know we had it!

#### Types of HPV

There are over 200 different types of HPV.

Genital HPV about 40 HPV types affect the genital areas of men and women, 60 HPV strains cause warts on the hands and / or feet

40 HPV strains are sexually transmitted via mucous membranes in and around genital areas Most of these strains do not cause serious health complications • High Risk Strains: HPV 6, 11, 16, and 18 o All of these strains are covered by the quadrivalent and 9-valent vaccine

HPV 16 and 18 are high-risk types known to significantly increase the risk of cervical, vaginal and vulvar cancer in women, as well as penile, head and neck cancer in men. The strains can also cause anal cancer and throat cancers in men and women.

HPV types 6 and 11 can cause genital warts



How do people get genital HPV?

Genital HPV is passed on through skin-to-skin contact including:

- · Vaginal, anal and oral sex
- touching in the genital area

• sharing sex toys. HPV can be inactive (dormant) for many years, so it is hard to know when you got HPV or who you got it from. If you have a partner, getting HPV does not mean they have been unfaithful.

#### • Why can't we all get rid of HPV?

We don't know why some people get rid of HPV, while others may develop cell changes or possibly cervical cancer. This is why going for cervical screening when invited is important in helping prevent cervical cancer, as well as having the HPV vaccine if you are eligible.



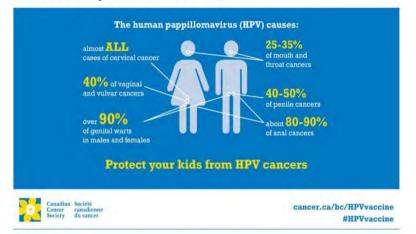
Is HPV cause cancer in Male?

#### **Complications can HPV cause**

- >60% Penile (men)
- >90% Anal (men & women)
- ~70% Oropharyngeal (men & women)
- For example, the CDC (2012) reported: Penis cancer, oropharynx, and anus are uncommon, only a subset of these cancers are related to HPV infection, every year in the U.S. there are about:
- 400 men who had penis cancer related to HPV
- 1,500 men who had anus cancer related to HPV
- 5,600 men who had oropharynx cancer related to HPV
- The National Cancer Institute (NCI) (2012) recently revealed that roughly 85% of all cases who had anal cancer are caused by infection HPV type 16 and type 18.



What serious complications can HPV cause?



#### Questions:

How can women and men protect themselves from HPV infection

- Receive the HPV vaccine!
- The HPV vaccine The HPV vaccine protects against at least 2 high-risk HPV types (16 and 18) that cause 70% of all cervical cancers. Some HPV vaccines also protect against 2 low-risk HPV types (6 and 11) that cause 90% of genital warts.



There are 3 vaccines currently available

Name of vaccine	HPV types it protects against	Available on the NHS?	Available privately?
Gardasil	16, 18, 6 and 11	Yes, for girls under 18 years old	Yes, for girls and boys
Gardasil 9	16, 18, 31, 33, 45, 52, 58, 6 and 11	No	Yes, for girls and boys
Cervarix	16 and 18	No	Yes, for girls and boys

The NHS uses Gardasil as part of the national HPV immunisation programme, so in this booklet the HPV vaccine we talk about is Gardasil.



Who can have the HPV vaccine?

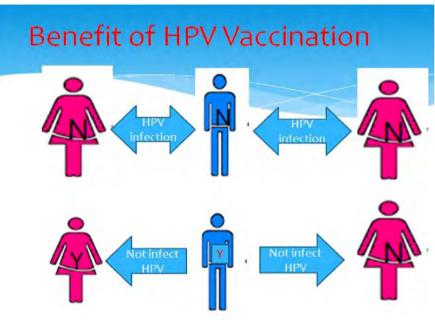
• As part of the national HPV immunisation programme, the vaccine is offered in schools to:

- Girls between the ages of 11 to 26 in Vietnam.
- Can boys or men have the HPV vaccine?
- People who are born male do not have a cervix, so cannot develop cervical cancer.

• However, HPV can cause other cancers, including anal cancer, penile cancer and some head and neck cancers.

• At the moment, boys are not offered the HPV vaccine as part of the national programme. However, vaccinating girls helps protect boys against some types of HPV (herd immunity). HPV Genotyping







#### Is HPV vaccine safety and efficacy?

• The World Health Organization (WHO) has again reported in July 2017 that HPV vaccines are considered to be extremely safe.

• According to the World Health Organization (WHO) Global Advisory Committee for Vaccine Safety (GACVS) reviewed the evidence on the safety of Gardasil vaccine in 2007, 2008, 2009, 2013, 2014 and 2015.

• As with all approved vaccines, CDC and the Food and Drug Administration (FDA) closely monitor the safety of HPV vaccine to identify adverse events and side effects. Pre-licensure clinical trials and data collected after the vaccine was made available show that it is safe.

#### Side effects of the HPV vaccine

• The HPV vaccine is very safe. It has gone through a lot of trials with women of different ages to make sure it does not cause any harm and works properly. If any side effects are reported, they are usually common ones that may happen shortly after any injection.

• Very common side effects More than 1 in 10 people who have the HPV vaccine have:

 $\mbox{ }$  redness, swelling or pain at the injection site – this should get better after a few days

• A headache, but it should not last long.

• Common side effects More than 1 in 100, but less than 1 in 10, people who have the HPV vaccine have:



- · bruising or itching at the injection site
- a high temperature or feeling hot and shivery (fever)
- sickness (nausea)

• Painful arms, hands, fingers, legs feet or toes. Rare side effects About 1 in 10,000 people who have the HPV vaccine have

• An itchy red rash (hives).

More information and support we hope this booklet has been helpful.

## HPV infection symptoms



HPV on skin



HPV on mouth



HPV on mouth



HPV on tongue and teeth



If you have questions or need more information, visit our Health center or call our Helpline on 0084905876611.



HPV cancer can be prevented.

We're doing something about it by providing information and support to everyone who needs it.

The information content come from WHO, CDC.

#### APPENDIX F

#### **Research Participant Information Sheet and Consent Form**

Title of research project Effectiveness of Health Talk Education program on HPV (Human Papillomavirus) knowledge, perception and children vaccination intention among mothers of secondary school boys in Hue province Vietnam : A quasi-experimental study

Principal researcher's name Nguyen Minh Duc

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You are being invited to take part in a research project. Before you decide to participate it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and do not hesitate to ask if anything is unclear or if you would like more information.

 Objective (s) of the research is to assess an effectiveness of "Health talk" program on knowledge, perception and intention of Hpv vaccination among mothers of secondary school boys students.

2.Details of participant.

 There are 144 mothers of boys students from Nguyen Chi Dieu secondary school needed for intervention group.

The inclusion criteria

(1) Mothers of secondary school boys students in Hue city, students age from 11 to 15

(2) Mothers of these students provide written consent and be willing to participate in the study

(3) Not have severe allergies or serious diseases that require immediate medical attention

(Parents and children)

Exclusion criteria

(1) Male secondary school students had HPV vaccinated

(2) Knowingly can not participate throughout the whole study

(3) Mothers of secondary school students who had HPV vaccination

3.Proceduce upon participants

· Reseacher use purposive sampling to choose 2 secondary schools .

 Reseacher contact to principle of secondary school and teachers to contact mothers of boys students

· Mothers of boys secondary schools student of Nguyen Chi Dieu will be intervention group

4.Procedures and protocols

The intervention will be take place in class and health care provider will be give presentation about knowledge of HPV to mothers of secondary school boys students. Every time for presentation about HPV knowledge perception and intention will take 30 mins.

Intervention content

The first day: The researcher will give presentation in class. They will introduce about education program. Health care provider talk about what is HPV, type of HPV, how HPV transmitted to other people, HPV cause cancer in men and mention about story some case that had HPV infection. After presentation, every group will have discussion about knowledge that they learn and answer questions from researcher.

The second day: The researcher will give presentation about how to prevent HPV infection ,they will introduce 3 kinds of vaccine (Gardasil, Gardasil 9 and Cervavix) to protect HPV type 6 ,11, especially type 16 and 18. They mention more detail content of every kind of vaccine. They will show video about HPV vaccination program from WHO. Then health care provider will talk about benefit and side effect of HPV vaccination. After presentation ,every group will discuss together and answer questions from researcher.

The third day; Every group HPV will discuss all information that they learn from HPV education intervention with researcher and sharing ideas, experience of every people that they know about HPV education information.

The fourth day: Intervention groups will answer all questions from HPV education related HPV knowledge; perceive thread, severity, barrier, benefit and HPV intention after education intervention. Data measurement tools include screening questionnaire, base line survey, and follow up surveys. The first follow-up will be conducted immediately after the intervention complete and the second follow-up will conducted three months after the intervention complete.

There are 3 times to measure HPV knowledge ,perception and intention. The first time measure HPV knowledge ,perception and intention at baseline. The second time measure HPV knowledge ,perception and intention after education intervention .The third time measure HPV knowledge ,perception and intention after second follow up. The baseline survey take about 30 minutes to access and complete .And the follow up survey take approximately 50 mins to complete questions .

The follow up surveys will administer after the intervention finish and 3 months later .The purpose of the follow up survey is to measure students HPV knowledge and HPV vaccination intention after intervention.

Information related directly to you will be kept confidential. Results of the study will be reported as total picture. Any information which could be able to identify you will not appear in the report

State what researcher will do with personal data after research project is completed e.g. tape recorder will be deleted, questions will be destroyed.

7.There are a little risk/harm in this research .If participants don't feel comfortable to answer any questions they can skip that question and answer other questions .Research will take note some questions that they skip .

#### . Benefits

8.There will be have many benefits from this study. After intervention, researcher would like Ministry of Health officers awareness the important of HPV vaccination in communities especially pay attention for male HPV vaccination intention and uptake .Then they will have some new policy about HPV vaccination prevention strategies.Participants attend this research will have more knowledge about HPV, they will talk to their children and bring them to clinic for vaccination.

 There are no any souvenir or compensation for time loss/inconveniences, transportation fee etc. 10. Participation to the study is voluntary and participant has the right to deny and/or withdraw from the study at any time, no need to give any reason, and there will be no bad impact upon that participant."

11. If you have any question or would like to obtain more information, the researcher can be reached at all time. If the researcher has new information regarding benefit on risk/harm, participants will be informed as soon as possible." This practice will provide an opportunity for participants to decide whether to stay/not stay with the project.

12. If researcher does not perform upon participants as indicated in the participant information sheet and consent form, the participants can report the incident to the Research Ethics Review Committee for Research Involving Human Research Participants, Health Sciences Group, Chulalongkorn University (RECCU) Jamjuree 1 Bldg., 254 Phyathai Rd., Patumwan district, Bangkok 10330, Thailand, Tel./Fax. 0-2218-3202, 0-2218-3409 E-mail: eccu@chula.ac.th

I have read details in participant information sheet and consent form and I have been informed and explained about rationale/objective(s), research procedures, and risk and benefit of research project by researcher. I clearly understand with satisfaction and willing agree participate in this research project and give consent the researcher by signature and also received a copy of participant information sheet and consent form.

Sign	Sign
)(	)(
Principal investigator	Research participant
Date//////	Date////
Sign(	Sign
	)(
Witness	Mothers or guardian of participant
Date//////	Date///

## VITA

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