

COMPIRATION, EXPLANATION AND RESTORATION OF MOH PHON'S HERBAL
FORMULATIONS FOR SKIN CONDITIONS



A Thesis Submitted in Partial Fulfillment of the Requirements
for the Degree of Master of Science in Public Health Sciences

COLLEGE OF PUBLIC HEALTH SCIENCES

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การบริหารตัวรายนามอพรเฉพาะสูตรสำหรับกลุ่มอาการทางผิวหนัง



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ตำราสมุนไพรสำหรับหม้อนพรเป็นตำรายาที่เขียน รวบรวม และจดบันทึกโดยกรมหลวงชุมพรเขตอุดมศักดิ์หรือหม้อนพร ที่แล้วเสร็จในปี พ.ศ.2458 การศึกษานี้มีวัตถุประสงค์เพื่อปริวรรตตำรายาหม้อนพรที่เป็นภูมิปัญญาทางการแพทย์แผนไทย โดยศึกษาเฉพาะสูตรสำหรับยาสำหรับกลุ่มอาการทางผิวหนัง การศึกษานี้ได้รวบรวมตำรับยาที่ใช้สำหรับกลุ่มอาการทางผิวหนังและวิเคราะห์พืชสมุนไพรที่พบในตำรับยาด้วยการระบุชื่อท้องถิ่น ชื่อวิทยาศาสตร์ การบรรยายลักษณะพืช การใช้ประโยชน์ทางด้านยาพื้นบ้าน ถุทธิทางเภสัชวิทยา สารสำคัญที่พบ และความเป็นพิเศษ โดยวิธีการทบทวนวรรณกรรมที่เกี่ยวข้องตามหลักการทางวิทยาศาสตร์ รวมทั้งการวิเคราะห์ความถี่ของพืชสมุนไพรที่ใช้ในตำรับยาด้วยสูตรสำหรับ 26 อาการหรือโควิดในผู้หนังพบได้ใน 32 บทในสูตรยาแผนไทยของหม้อนพร วิธีใช้ได้แก่ ต้ม ชี้้ย ย่อย บีบ ตัด ผสม เคี้ยวเผา หยอด ต้ม ยาพาอ ดีม คลุก ถู อาบน้ำ รับประทาน พืชสมุนไพรที่พบจำนวน 66 ชนิด เป็นพืชใบเลี้ยงคู่ จำนวน 54 ชนิด (31 วงศ์) และพืชใบเดี่ยงเดี่ยว จำนวน 12 ชนิด (8 วงศ์) พับพืชในวงศ์ปลาล็มที่มีการใช้มากที่สุด (ร้อยละ 18) รองลงมาเป็นพืชในวงศ์ถั่ว (ร้อยละ 14) พืชในวงศ์ย้อยของวงศ์พลับพลึง (ร้อยละ 12) และพืชในวงศ์มะเขือ (ร้อยละ 11) ส่วนพืชสมุนไพรที่มีการใช้มากที่สุด 5 อันดับแรก ได้แก่ มะพร้าว (ร้อยละ 14) มะนาว (ร้อยละ 5) กระเทียม (ร้อยละ 4) หอมแดง (ร้อยละ 4) และชูนเห็ดเทศ (ร้อยละ 4) การศึกษานี้ได้จัดทำข้อมูลทางวิทยาศาสตร์ของพืชสมุนไพรที่พบในตำรายาหม้อนพรโดยเฉพาะสูตรสำหรับยาสำหรับกลุ่มอาการทางผิวหนัง ซึ่งจะมีประโยชน์ต่อการเรียนรู้นิติของพืชสมุนไพรและคุณภาพของตำรับยา



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Qiaoling Ye : COMPILATION, EXPLANATION AND RESTORATION OF MOH PHON'S HERBAL FORMULATIONS FOR SKIN CONDITIONS. Advisor: ANCHALEE PRASANSUKLAB, Ph.D. Co-advisor: Onuma Zongrum, Ph.D.

Moh Phon's traditional Thai medicine formularies were developed, compiled and recorded by Abhakara Kiativongse or Moh Phon until 1915. This study aimed to elucidate traditional Thai medical wisdom regarding to Moh Phon formularies, especially for skin diseases. Herbal crude drugs in Moh Phon's traditional Thai medicine formularies for skin diseases were compiled and authenticated for their vernacular and scientific names. The descriptions of plant species, ethnomedical uses, pharmacological activities and active constituents and toxicities were scientifically reviewed and established. The prevalence of plant species used in the formularies was analyzed. The formularies for 26 symptoms or diseases in the skin were found in 32 chapters in Moh Phon's traditional Thai medicine formularies. The methods of using were pound, rasp, decoction, crush, crumble, digestion, squeeze, cut , mix, chew, burn, fried, and apply, poultice, drink, cover, rub, shower, eat. A total of 66 species and 57 genera were characterized and were divided into 54 dicotyledons (31 families), 12 of monocotyledons (8 families). The most frequent botanical families were Arecaceae (18%), Fabaceae/Leguminosae (14%), Alliaceae (12%), Solanaceae (11%), and Zingiberaceae (11%). Frequent species were Cocos nucifera L. (11%) and followed by Citrus aurantifolia Swingle (5%) and Allium sativum L. (4%), Allium ascalonicum L. (4%), Cassia alata (L.) Roxb (4%). The scientific information of Moh Phon traditional Thai medicine formularies for skin diseases was provided. Plant species were characterized for crude drug authentication and quality of medication.



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CHAPTER I

INTRODUCTION

Background and Rationale

Since the 21st century, with the gradual maturity of research on medicinal plants and the gradual improvement of pharmacological effects, medicinal plants have been considered beneficial future medicines for health care. The trend from synthetic drugs to herbal medicines has recently changed, called the "return to natural therapy." Herbal plants have been used from ancient times to the present, and as a method of preventing and curing diseases, their rich sources are famous worldwide. Ancient Chinese and Egyptian papyrus descriptions described the pharmacological uses of plants as early as 3000 BC. Indigenous cultures such as African and Native Americans use herbs in their healing habits. Moreover, the same is true for other mature traditional medical methods. Siddha, Ayurveda, and Unani; these traditional therapies that have been successfully used and are widely popular[1]. Herbs are used in almost all nations and regions around the world. Some of them are long-term and ancient formularies[2]. At present, people usually pass on the knowledge of traditional medicine and various medicinal plants from generation to generation through oral teaching. Many plants have been identified as useful medicinal plants [3]. Patients may not reach proper treatments as the authoritative source of medication is out of the cover from public health systems in some countries [4]. Traditional medicine, mostly herbal medicine, is

considered an essential medical supporter worldwide, especially in still backward areas and places inconvenient for transportation. Many people rely on this treatment for their primary health care, especially in underdeveloped or developing countries.[5]

The health benefits of herbs and herbal medicines are increasingly recognized worldwide. The World Health Organization (WHO) supports traditional medicines worldwide for the safely and effectively use this precious natural resource [6]. As one of the essential complementary and alternative medicine elements, more and more people accept herbal medicine. However, the methods used related knowledge is not comprehensive.

This study obtained scientific insights into using Thai herbal medicines from the purpose of use, the efficacy of the type of disease, the reason for the preferred usage and the source of information, etc. [7]. WHO's strategy emphasizes traditional medicine development instead of conventional medicinal products, as in the E.U. regulatory framework. "Traditional medicine" is defined by WHO as: "Traditional medicine has a long history. Since ancient times, plant medicine has been a valuable source of medical treatment. Many modern medicines or treatments are derived from plants and their products [1].

Traditional treatment is the accumulation of habits, beliefs, experiences, skills, and practices rooted in different cultural concepts. The health benefits of plants and plant products have permeated many traditional plant diets since ancient times. Since ancient times, traditional Thai doctors have continuously used experience and wisdom

to improve various prescriptions [6]. Since ancient times, people have considered plant medicines' methods and advantages for health care. A long time ago, due to early people's observation and use of plants encountered in life as energy, clothing, housing, and food, humans gradually realized the specific functions of plants.

Whether these concepts can be used to improve health and prevent, diagnose, improve or treat physical and health or mental illness remains to be verified [8].

Traditional herbal medicines have long discovered the importance of medicines and insecticides. Most traditional herbalists are fascinated by plants' chemical diversity and complexity and have found many beneficial medicinal ingredients. Written history traces Mediterranean and European medical traditions back to Greek antiquity [10]. In

almost all cultural roots, plant medicines are used as medical resources. Including the Middle East [11]. Herbs have been used to treat a variety of diseases that are constantly developing around the world. About 80-85% of people (about 6 billion) in the world

trust herbal medicines and use them to treat various diseases[9]. Archaeological evidence shows that regarding the use of medicinal plants, as early as the Paleolithic,

the Sumerians had established the first list of herbal medicines 5,000 years ago [73, 74].

In Thailand, most traditional treatments came from the Ayurveda (Knowledge of Life), which is ancient (before 2500 BC.) India's healthy herbal remedies. It involves the general application of people, health, and disease. Ayurvedic therapy treats diseases, including strict enforcement of medicines, food, and specific lifestyle habits. Medicinal

preparations are invariably complex mixtures based mostly on plant products. Around 1,250 plants are currently used in various Ayurvedic preparations[12]. Ayurveda is the oldest traditional medicine in India. Other traditional systems of Indian medicine also include Unani and Siddha. These medical methods integrate the human body's physical, psychological and spiritual functions to protect people's health [1]. Evidence shows that the phenomenon of plant cultivation as a drug appeared 60,000 years ago. In countries such as China, Greece, Egypt, and India, medicinal plants have become one of the oldest medical sciences. In ancient Persia, plants were often used as medicines, disinfectants, and fragrances [11].

In Thailand there is a book called *Moh Phon's Traditional Thai Medicine Formulary*. The author is Prince Abhakara (1880-1923). December 19th is the Birthday Anniversary of Admiral Prince Abhakara Kiartivongse, who has been reverently recognized as "the Father of Thai Navy" or as "Sadej Tia" (Thai: เสด็จเตี้ย; lit. Lord Father), and also known as "Moh Phon" (Thai: หมอบร; lit. Doctor Phon). As a young boy, he studied Naval Science in England and returned with the strong determination to strengthen and develop the country's naval force. Because of his vision and the strong foundation he laid for the navy, the Thai naval force has improved and continuously improved and grown stronger. His ability in the medical field was also widely recognized and appreciated. He is the actual role model of determination and dedication as the above-mentioned rhyme he wrote and also his famous line in Bali, "Ka-yi-ra-je Ka-yi-ra-te-nang," which means "do things with all your might." from the entire line "Work While you Work, Play

While you Play, That is the Way, To be cheerful and gay, All that you do, Do With your might, Things done by half, Are never done right."

Prince Abhakara studied medicine. He was particularly interested in using herbal medicine in treating his patients as a practitioner of the Thai traditional sciences, occultism, and traditional medicine, popular in public spaces and seeking social acceptance [14].

This review comprehensively introduces the various medicinal plants used to treat skin diseases in various Tables and reviews. In order to enhance credibility, comprehensive data collection and analysis methods are necessary [7]. This study investigates the remedies for symptoms or diseases along the skin condition mentioned in Moh Phon's formulary and medicinal plants. This study also aims to provide supporting reviews of the pharmacological and or biological activities and toxicity properties together with active constituents reportedly found in any parts of those plants that may help their ethnomedical uses as in Moh Phon's formularies [3].

Among all kinds of diseases in the book. The study focus on Skin diseases. Skin diseases are common diseases worldwide—skin problems and diseases that seriously affect the skin healthy, even long-term, and are difficult to heal. The skin is the largest external organ of the human body that covers the body. Skin diseases affect people of all ages and genders, and infectious skin diseases are widespread in tropical countries and regions. Skin diseases account for 34% of all diseases and are the most common among rural people. Most plants that treat skin diseases have pharmacologically

confirmed pharmacological properties, such as anti-inflammatory, antimicrobial, antiviral, anti-cancer drugs, hemostasis, and analgesia. In the literature, in many works of literature and published reports, many successful examples of using various plants to fight wound healing, wound sores, swelling, sores, and other skin infections have been proposed[13]. In this case, the emergency to study the herbal plants relating to skin diseases plays a crucial part in studying skin problems worldwide.

Objectives of the study

To collect the remedies for skin symptoms / diseases were investigated for skin conditions from the second edition of book called *Moh Phon's Traditional Thai Medicine Formulary* published by Thai Quality Books Company Limited in 2013.

To identify with the authentication from the Famous Botanist from Thailand, in recognizing the medicinal plants' species used in Moh Phon's Thai traditional medicine formularies for skin conditions with scientific names, family name, plant part used, and utilization method.

To systematically review the literature of medicinal plant species used in Moh Phon's Thai traditional medicine formularies for skin conditions on their ethnomedical uses, active constituents, biological and pharmacological activities, and toxicity properties.

To analyze frequent plant families and species in Moh Phon's Thai traditional medicine formularies for skin conditions.

To provide the related proves for the efficacy on skin conditions from the frequent families and species used in the *Moh Phon's Traditional Thai Medicine Formulary*.



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Conceptual Framework

The second edition of Moh Phon's Thai Traditional Medicine Formulary

Published since 2013.

Compilation

- Collect information of Moh Phon's Thai traditional medicine formulary
- Identify formularies for skin conditions or symptoms or diseases



CHAPTER II

LITERATURE REVIEW

This chapter contains the relevant literature and previous research related to this study, including five essential topics.

2.1 Brief History of Thai Traditional Medicine

2.2 History of Moh Phon Thai traditional medicine formularies

2.3 Human skin

2.4 Skin conditions and treatments

2.5 Previous studies on medicinal plants related to skin conditions

2.1 Brief History of Thai Traditional Medicine

Ancient Thai medicine and medical treatment originated from the unique experience of residents in various regions in prehistoric times. It has a deep animism tradition.

Before spreading to the Thai, the Mon and Khmer people who occupied the area had animism. The knowledge of Thai medicine and animism, Indian medicine and Khmer experience (knowledge and experience before arriving in Ayurveda), Buddhist medical theories of the Mon people, and China following the spread of Tai Chi people (mainly from southern China), Medical theory (time before the current TCM) [17, 18]. At the beginning of the 1900s, people thought traditional medicine was "understood as

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useless medicine," and Western medicine was trendy. However, in the mid-1990s, the Thai government slowly began to re-promote traditional medicine. The Seventh National Economic and Social Plan from 1992 to 1996 stated: "To improve human health, it is necessary to work harder to promote ancient medical care in health care, including traditional Thai medicine, herbal medicine, and traditional massage, and integrate them into the modern medical and health system. "In 1993, the Thai government established the National Institute of Traditional Medicine in Thailand

under the Ministry of Public Health management. The institute aims to "systematize and standardize traditional Thai medical knowledge," "collect knowledge, correct, test, classify and label traditional Thai medical knowledge," and "compare and explain the philosophy and basic theories" of Traditional Thai medicine and make textbooks on traditional Thai medicine"[19]. There are about 391,000 species of vascular plants currently known to science. It was estimated in 2016 that 17,810 plant species have medicinal use, out of some 30,000 plants for which use of any kind is documented. [15]. Including skin symptoms [16].

2.2 History of Moh Phon's Thai traditional medicine formularies

Moh Phon's Thai traditional medicine formularies were developed and handwritten by the Prince of Chumphon until 1915 and named "พระคัมภีร์อติสาระวรค โบราณกรรมและปัจจุบันกรรม." Initially, the ancient document was recorded on Thai-style paper made from bark fibers of such plants as Siamese rough bush (khoi). This textbook is 14 inches long and 5 inches wide, and 2.5 inches thick covers Thai traditional medicine formularies for the treatment of various diseases or symptoms such as skin conditions, heart diseases, cancer, diabetes, tuberculosis, fever, and respiratory diseases, and gastrointestinal diseases. This textbook is currently kept in Prince Abhakara Kiartivongse's Museum at Royal Thai Navy Hospital (Somdet Phra Pinklao Hospital), Bangkok, Thailand.

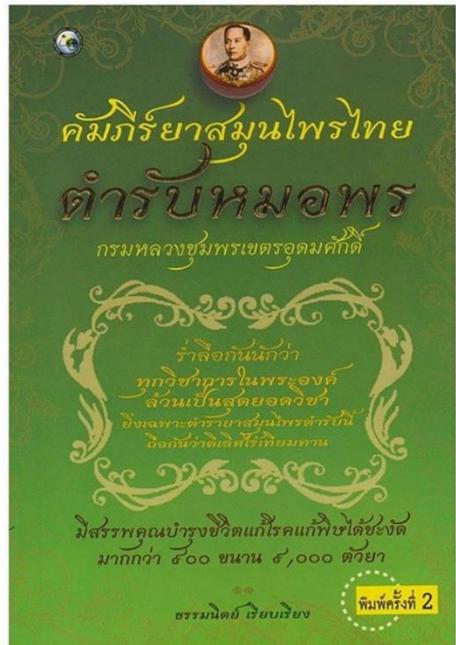


Figure 1 The second edition of *Moh Phon's Thai Traditional Medicine Formulary*

Prince of Chumphon, Admiral Prince Abhakara Kiartivongse, (19 December 1880-19 May 1923), (Thai language: พระองค์เจ้าอาภากรเกียรติวงศ์: Phra Ong Chao Aphakon Kiattiwong, Full title in the Thai language: พระเจ้าบรมวงศ์เธอ พระองค์เจ้าอาภากรเกียรติวงศ์ กรมหลวงชุมพรเขตอุดมศักดิ์: Phra Chao Borom Wongthoe Phra Ong Chao Aphakon Kiattiwong Krom Luang Chumphon Khet Udomsak), was the 28th son of King Rama V (King Chulalongkorn). His familiar other names are Sadet Tia ("Father of the Royal Thai Navy") or Doctor Phon (Moh Phon), or Prince of Chumphon, who will command deep respect from the Thai people.



Figure 2 Prince Abhakara Kiartivongse, Prince of Chumphon

Prince of Chumphon spent six years in the U.K. studying at the Royal Naval Academy.

Upon returning to Thailand, he held many important positions in the Royal Thai Navy and became the Commander of the Navy in 1922. He is noted for modernizing the navy and creating a professional officer.

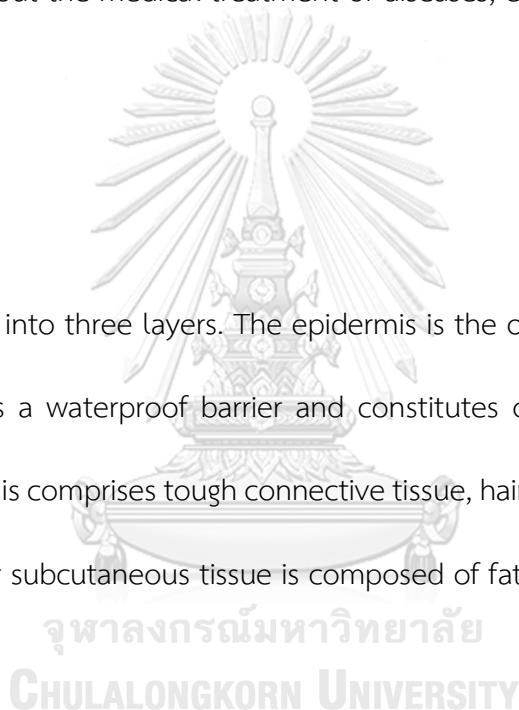
In addition to his career in the navy, Prince Chumphon is also known as a herbal doctor, a boxer, and an artistic painter. In herbal medicine, he studied medicine from many physicians like Praya Phitsanuprasartvet (Kong Thavorndej), the chief royal physician of the royal court of Thai traditional medicine, Doctor Botoni from Italy, and Doctor Mittani from Japan. Also, he learned from many textbooks on Thai traditional medicine.

He had a particular interest in herbal medicine that he invested a great deal in setting

up a laboratory room for researching and experimenting with herbal medicines. Moreover, he provided medical services to the people without any charges and asked their patients to call him "Moh Phon" ("Moh," physician or doctor, was the term generally used by residents to call someone knowledgeable about and capable of providing medical treatment to patients). Moh Phon is a great physician who was knowledgeable about the medical treatment of diseases, especially in Thai traditional medicine.

2.3 Human skin

The skin is divided into three layers. The epidermis is the outermost layer of the skin, which functions as a waterproof barrier and constitutes our skin color. The dermis below the epidermis comprises tough connective tissue, hair follicles, and sweat glands. Finally, the deeper subcutaneous tissue is composed of fat and connective tissue.



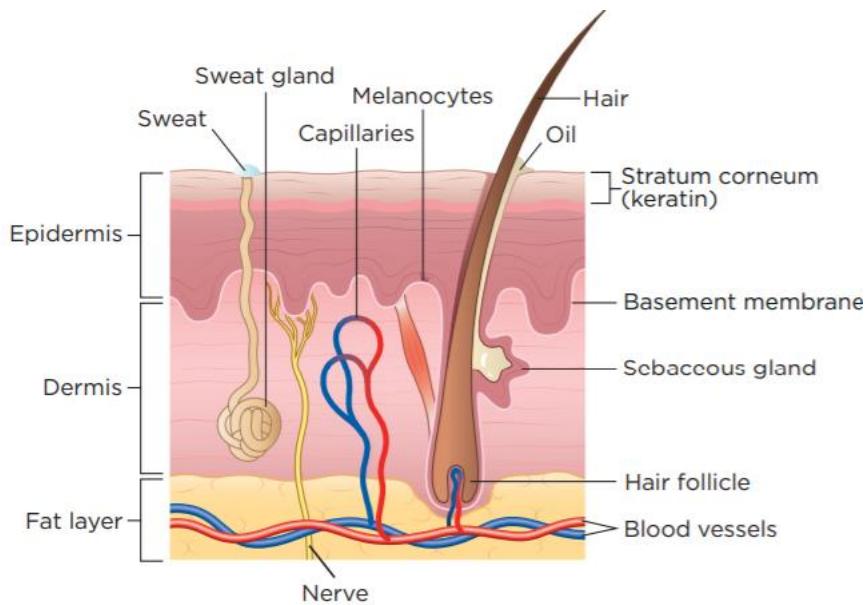


Figure 3 Skin Anatomy [20]

Skin is the largest organ in the human body; skin is 1.5 to 2.3 m^2 , in the accounting of full-body is 60 kg , skin is about 3 kg , comparing to the liver is 1.5 kg , which takes the place of body weight about 2.5% , skin taking $4\text{-}6\%$ body weight. The epidermis is related to the nerve systems form to show the problems of the body nervous internet diseases. The dermis is connected tissue related to different organs such as kidneys, liver, heart, and blood vessels.

Skin with the subcutaneous tissue is about 10 kg , taking about $16\text{-}17\%$ of body weight. Functions of the skin are Barrier function, protection from impact, infection, and dehydration, Synthesis, Thermoregulation, skin sensation, excretion, and absorption. For instance, one example is Epidemic functions as the skin barrier by having the cell called Langerhans cell, an antigen-presenting immune cell of the skin.

Epidermis (an external layer of skin containing keratinocyte and melanocyte cells) for skin barrier or protection, including Keratinocytes, Melanocytes, and Langerhans cells.

Dermis (an internal layer of skin containing fibroblast cells and cellular matrix) regulating body temperature or skin sensation, including Fibroblasts.

Hypodermis (an internal fat layer of skin containing adipocytes) for thermal insulation and absorption of fat, including Adipocytes.

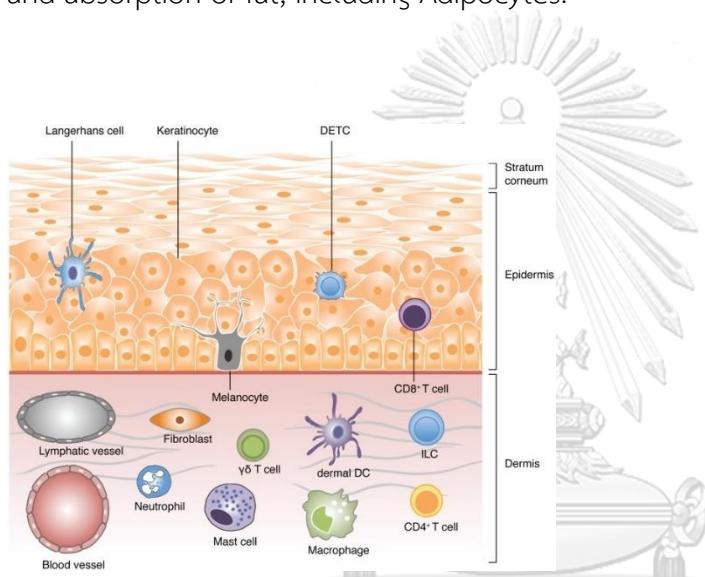


Figure 4 Cells in skin [21]

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2.4 Skin conditions and treatments

The following various diseases, literature review, and analysis of various data summary:

1. Dermatitis: Atopic dermatitis; Seborrheic dermatitis; Contact dermatitis.
2. Viral skin diseases: Wart; Molluscum contagious.
3. Fungal skin diseases; Tinea capitis; Other fungal skin infections.
4. Bacterial skin diseases: Cellulitis; Pyoderma; Impetigo; Abscess and other bacterial skin diseases.
5. Melanoma.
6. Non-melanoma skin cancers.
- 7.

Carcinoma in situ. 8. Other skin and subcutaneous diseases. 9. Pruritus. 10. Urticaria. 11. Decubitus ulcer. 12. Acne vulgaris. 13. Psoriasis. 14. Alopecia areata. 15. Scabies [22]. Three skin problems, fungal skin diseases, other skin, subcutaneous diseases, and acne were the top ten most common diseases globally in 2010, and eight were in the top 50 worldwide prevalent diseases in 2010. The five skin problems are itching, Eczema, impetigo, scabies, and molluscum contagiosum[23].

The pathogeneses for the skin conditions are various one another.

For instance, Tumor necrosis factor (TNF)- α has been identified as a critical cytokine mediating cutaneous inflammation in psoriasis pathogenesis [24].

Some patients with seborrheic dermatitis generally have nervous system problems, nervous system hypertension problems, microbes, or skin barrier problems. It is widespread with Candida and Malassezia infections. In addition, patients with seborrheic dermatitis often have Malassezia pityriasis on the skin surface [28-30].

Atopic dermatitis is a powerful genetic predisposition and genetic influence. However, at the same time, there are different changes in the immune system; for example, resistant generation towards T cell, T-helper 2 is in this initiation of inflammatory processes in atopic dermatitis. There is consequent production of immunoglobulin E [25-27].

The mechanisms behind Eczema could be summarized as three different Eczema types: Acute Eczema, Subacute Eczema, and Chronic Eczema.

For acute Eczema, the reaction is very typical, and in some different situations, for example, when we talk about acute inflammation, exudation and itching and very intense itching are typical. Acute inflammation may occur in other parts of the body. It often occurs in parts in contact with water, contact with plants such as ivy plants or phytophotodermatitis, or contact with certain kinds of chemical components. However, at the same time, pay attention to the difference between scabies, stasis dermatitis, and other diseases. Acute Eczema is also common in patients with vascular problems. In other cases, it may be caused by contact with different gaskets of Tableware, specific cream or emollient ingredients, or certain shampoos.

For subacute Eczema, the inflammatory reaction is different from acute Eczema because it is a typical subacute inflammatory reaction, such as itching, redness, or some patches on dehydrated skin (such as scaling). For subacute inflammation caused by Eczema, we can see diseases such as scabies, fungal infections, bacterial infections because subacute inflammation like Eczema may be a complication of this infection.

At the same time, it may be patients with atopic dermatitis, especially atopic dermatitis in childhood. For example, it may be patients with leg stasis, very dry legs in winter, and some contact allergy or irritant contact dermatitis. This is why subacute eczema inflammation often occurs in our dermatological practice. Typically, there are no vesicles, but they must be present in some cases. However, the typical situation is the redness and dryness of the skin.

Chronic Eczema, reaction to chronic Eczema is characterized not only by the itching and redness of the skin but also by the thickness of the skin, which is called skin lichenification. This skin disease usually occurs due to severe chronic itching diseases such as atopic dermatitis, chronic contact allergic dermatitis, or chronic irritant dermatitis on the skin, especially specific occupational dermatitis. It may also be habitual, such as long-term friction, due to chronic infections like mycosis. Alternatively, patients who previously suffered from atopic dermatitis are also prone to the disease [31].

The acne is caused by: increased sebum secretion, excessive proliferation of keratinocytes in the sebaceous sac, inflammation, and colonization of Propionibacterium acnes (Keratobacterium acnes) bacteria [32, 33].

Vitiligo has some theories of pathogenesis. For example, it is caused by immunological theories and specific changes in the structure of pigment cells. Pigmented cells may cause melanin production, and the surrounding keratinocytes are responsible for cell formation. When there is a problem with melanocytes, the transfer of melanocytes to keratinocytes will produce different vitiligo types [34].

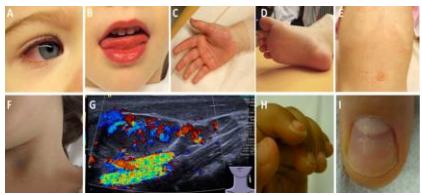
Table 1 Common Skin Conditions

No.	Symptom	Description	pictures
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1	<p>Different kind of rashes</p> <p>All changes in the appearance of the skin are called rashes.</p> <p>Most skin rashes are due to skin irritation. Others are caused by medicine.</p>	 <p>จุฬาลงกรณ์มหาวิทยาลัย CHULALONGKORN UNIVERSITY</p>	 Flea bites [35]  Fifth disease [36]  Rosacea [37]  Impetigo [38]  Ringworm [39]  Contact Dermatitis [40]  Allergic eczema [41]  Hand, foot, and mouth disease [42]  Diaper rash [43]  Eczema [44]  Psoriasis [45]
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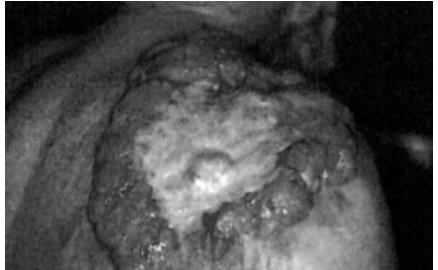
				Chicken pox
				Systemic lupus erythematosus (SLE) [46]
				Shingles [47]
				Cellulitis [48]
				Drug allergy [49]
				Scabies [50]
				Measles [51]
				Tick bite [52]
				Seborrheic eczema [53]
				Scarlet fever [54]



			 <p>Kawasaki disease [55]</p>
2	Dermatitis	<p>A term for all kinds of Skin inflammation.</p> <p>Atopic dermatitis/eczema commonly be the major type.</p>	 <p>[56]</p>
3	Eczema	<p>Dermatitis, leading to a rash.</p> <p>Commonly caused by an overactive immune system</p>	 <p>[57]</p>
4	Psoriasis	<p>Skin cells grow almost ten times faster than normal.</p> <p>Make the skin accumulate into uneven red patches covering the white scales.</p>	 <p>[45]</p>

5	Dandruff	Excessive peeling of scalp skin Non-infectious, generally not serious disease.	 [58]
6	Acne	Hair follicle cells are blocked by oil and dead skin cells. It causes whiteheads, blackheads, or acne.	 [59]
7	Cellulitis	Bacterial infection of the lining of the skin. Significantly affect the dermis and subcutaneous fat.	 [60]
8	Skin abscess	A lump inside or below the surface of the skin. It was filled with pus caused by bacterial infection.	 [61]

9	Rosacea	The face is red, and blood vessels are visible. May produce small, red, pus-filled bumps. Symptoms may go on for weeks to months and then disappear for a while.	 Rosacea [37]
10	Warts	Small, rough, hard, and similar in color to the rest of the skin.	 [62]
11	Melanoma	Malignant melanoma, a type of skin cancer, evolves from the pigment-producing cells of melanocytes.	 [63]
12	Basal cell carcinoma	Skin cancers that evolve from basal cells generally appear as slightly transparent bumps on the skin.	 [64]

13	Seborrheic keratosis	<p>A non-cancerous skin growth due to age. The general color is tan, black, or light tan. The surface is waxy, scaly shaped, and slightly raised, and generally distributed on the head, neck, chest, or back.</p>	 [65]
14	Actinic keratosis	<p>Long-term sun exposure forms rough, scaly patches. It has the risk of developing skin cancer called squamous cell carcinoma in the possibility of 5% to 10%.</p>	 [66]
15	Squamous cell carcinoma	<p>SCC occurs when DNA damage from exposure to ultraviolet radiation or other damaging agents triggers abnormal changes in the squamous cells.</p>	 [67]

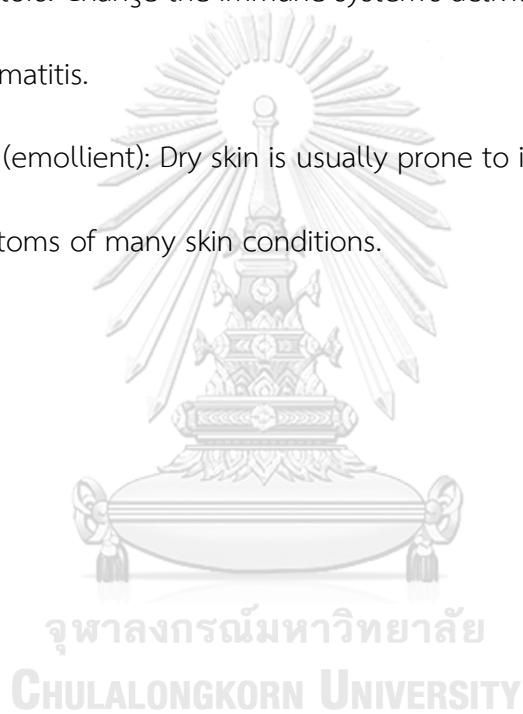
16	Herpes simplex	The cause is the herpes viruses HSV-1 and HSV-2, which cause periodic blisters or skin lesions on or near the lips or genitals.	 [68]
17	Hives	They are rapidly developing raised, red, itchy patches on the skin. Usually, the cause is an allergic reaction.	 [69]
18	Tinea versicolor	A benign fungal skin infection that will later develop pale hypopigmentation on the skin.	 [70]
19	Viral exanthem	Viral infection causes a red rash and invades large areas of skin. They are commonly seen in children.	 [71]

20	Shingles (herpes zoster)	The chickenpox virus causes a rash on one side of the body, which makes it painful.	 [72]
21	Scabies	The tiny mites that penetrate the skin can cause scabies. The typical symptoms are a reticulated rash on the fingers, wrists, elbows and buttocks, and severe itching.	 [50]
22	Ringworm	Fungal skin infection (tinea)	 [39]

Common Skin Treatments

1. Corticosteroids (steroids): drugs that reduce the activity of the immune system, topical steroids are the most commonly used.

2. Antibiotics: Cellulitis and other skin infections.
3. Antiviral drugs: inhibit the activity of the herpes virus and relieve symptoms.
4. Anti-fungal medicine: topical ointment. Sometimes oral medications are needed.
5. Anti-histamines: oral or topical medication.
6. Skin surgery: Most skin cancers need to be removed by surgery.
7. Immunomodulators: Change the immune system's activity and improve psoriasis or other forms of dermatitis.
8. Skin moisturizer (emollient): Dry skin is usually prone to inflammation and itching.
Relieves the symptoms of many skin conditions.



CHAPTER III

METHODOLOGY

This study focused on the specification and scientific information of medicinal plants used in Moh Phon's traditional Thai formularies only for skin conditions. The methods of the study were be described, including three steps as follow.

3.1 Collecting of Moh Phon's Thai traditional medicine formularies

Moh Phon's traditional Thai medicine formularies collected from the second edition of Moh Phon's Thai Traditional Medicine Formulary. After collecting, the remedies for skin conditions were screened by system analysis and selected to analyze further medicinal plants based on literature reviews searching for essential information and scientific information.



3.2 Explanation and restoration of medicinal plants used for skin conditions in Moh Phon's Thai traditional medicine formularies

- List medicinal plants to identify with the authoritative expert Nijsiri Ruangrungsi from College of Public Health Sciences, Chulalongkorn University, Thailand, in recognizing the medicinal plants' species used in Moh Phon's Thai traditional medicine formularies for skin conditions
- Provide plant description and picture of the medicinal plant species

- Investigate their efficacy based on reviews of the literature in correlation with biological and pharmacological activities and toxicity property.

All medicinal plants in each remedy were searched by their scientific name, vernacular name, and local name. The scientific name written in Italic when genus name written in capital letters and species name written in lower case, synonym, common name, local name, distribution, ethnomedical uses, and plant picture. Furthermore, other scientific information, including their active constituent, biological and pharmacological activities, and toxicity property, were investigated based on literature reviews by search through databases, such as Pubmed, Science Direct, Medline, and Google Scholar.

3.3 Data Analysis to analyze frequent plants and families of medicinal plants used for skin conditions in Moh Phon's Thai traditional medicine formularies

Data of all medicinal plants for skin conditions in Moh Phon's traditional Thai formularies were analyzed on

- (1) Composition of recipes,
- (2) Plants used to treat the skin conditions in Moh Phon's prescriptions according to 32 skin conditions,
- (3) Lists of plant families and species used along with their frequencies,
- (4) Plant parts involved in recipes,
- (5) Recipe preparation methods,

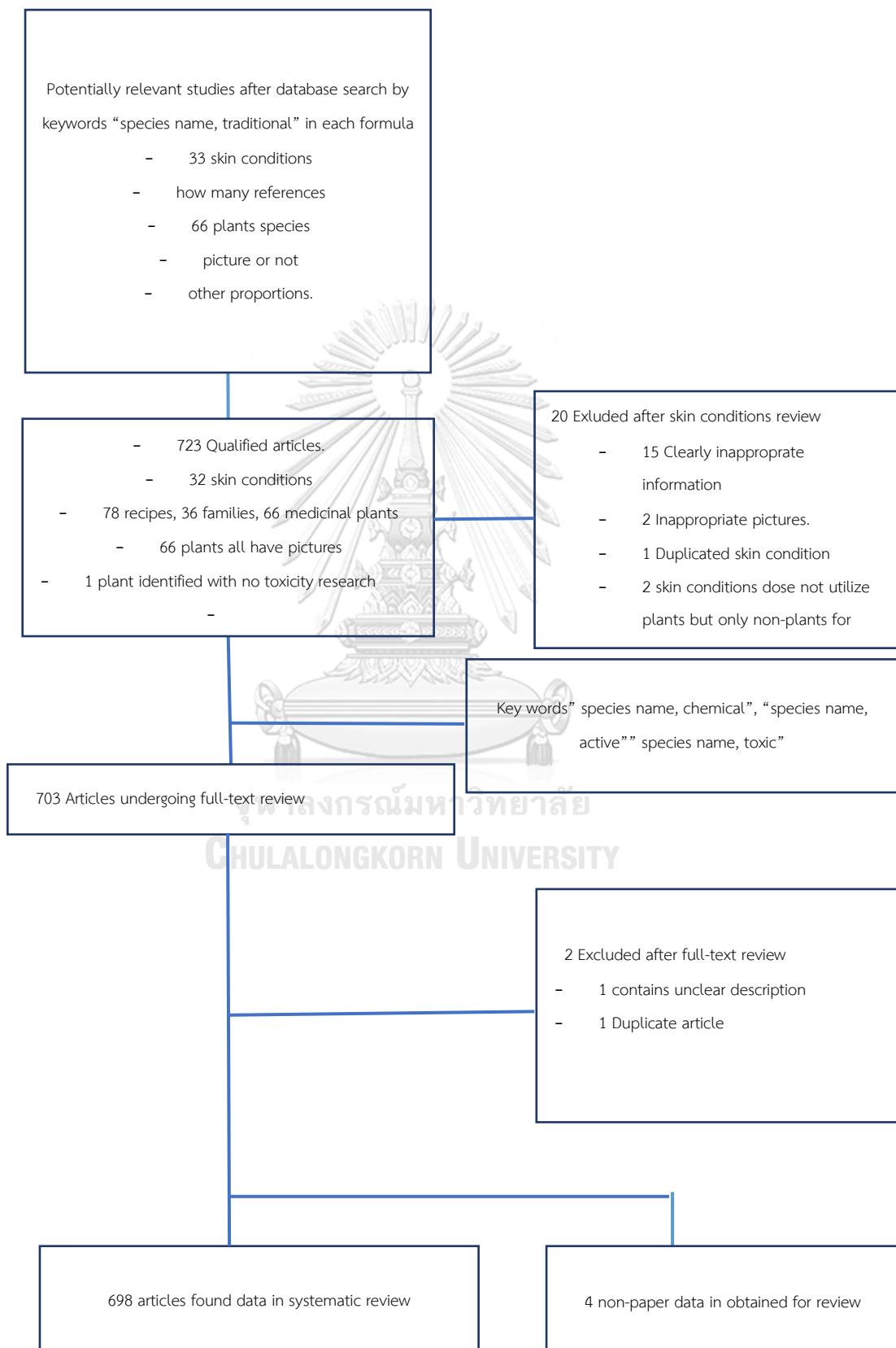
(6) Methods of application for recipes. Based on the literature review of previous reports, the frequently used plant species were also analyzed for their biological activities, pharmacological properties, and toxicities.

(7) Summarizing and conclusion.

Analysis method consists process as the below:



Flow Diagram for Data Analysis to analyze frequent plants and families



3.4 Ethical consideration

This study not be applied for ethical consideration because of no methodologies related to animals or humans.

3.5 Limited of the study

This study has limitations on the ancient Thai language barriers, and local names of the plants usually differ from each other. This reason cause difficulties in searching for the correct scientific names for herbal plants.

3.6 Benefits of the study

The study reveal the importance of several frequent plant species used to treat skin conditions in Moh Phon's Thai traditional medicine formularies.

This study provide scientific information on plant species used in Moh Phon's Thai traditional medicine formularies for skin conditions.

The scientific information on plant species support the evidence of the therapeutic properties for curing skin diseases.

The medicinal plant species used for skin conditions in Moh Phon's traditional Thai medicine formularies were correctly identified for further studies.

This study promote the preservation of species and ethnomedical knowledge of medicinal plant in Thailand.

CHAPTER IV

RESULTS

The remedies in Moh Phon's formulary for skin diseases and conditions were investigated and the results of this study including remedies, medicinal plants used, the most frequent botanical family, the frequent medicinal plants, scientific information of medicinal plants such as pharmacological and toxicological properties are as follows.

4.1 Skin diseases/conditions in Moh Phon's Traditional Thai Medicine formulary

Twenty-six skin diseases/ conditions were found in Moh Phon's traditional Thai medicine formulary. Cause and symptom of each skin disease or condition was briefly explain in Table 2. There were various causes of these skin diseases including virus, fungus, bacteria, physical damages, parasites, poisons and animals.

Table 2 Skin diseases in Moh Phon's traditional Thai medicine formulary

Skin disease/ condition	Cause	Symptom
1. Herpes simplex	Herpes simplex virus 1 and herpes simplex virus 2 (HSV-1 and HSV-2)[83]	Having a cold sore or fever blister

2. Herpes zoster	Varicella zoster virus (VZV)[47]. which also causes chickenpox	Having cold sores and genital herpes.
3. Eczema	Herpes simplex 1 virus or "oral herpes"[84]	Inflammatory skin condition that causes itchiness, dry skin, rashes, scaly patches, blisters and skin infections. Itchy skin is the most common symptom of eczema.
4. Erysipelas	Bacteria called beta-hemolytic streptococcal [85]	Erysipelas predominantly affects the skin of the lower limbs, but when it involves the face, it can have a characteristic butterfly distribution on the cheeks and across the bridge of the nose.
5. Rash	Toxic/poison; Mosquito/midges; etc.	Swelling, redness, itching burning or blisters, and severe irritation
6. Animal venom from biting	Poisonous animals (or insects)	Puncture marks at the wound

		<p>Redness, swelling, bruising, bleeding, or blistering around the bite</p> <p>Severe pain and tenderness at the site of the bite</p> <p>Nausea, vomiting, or diarrhea</p> <p>Labored breathing (in extreme cases, breathing may stop altogether)</p> <p>Rapid heart rate, weak pulse, low blood pressure</p> <p>Disturbed vision</p> <p>Metallic, mint, or rubber taste in the mouth</p> <p>Increased salivation and sweating</p> <p>Numbness or tingling around face and/or limbs</p> <p>Muscle twitching</p>
7. Itch	Dry skin, allergic, insect bite, disease, etc.	Itchy skin can affect small areas, such as scalp, arm or

		leg, or whole body and can occur without any other noticeable changes on the skin. It may be associated with redness, scratch marks, bumps, spots or blisters, dry/cracked skin, leathery or scaly patches
8. Urticaria	Allergic reaction	Hives are raised red bumps (welts) or splotches on the skin. They are a type of swelling on the surface of your skin. Itchy welts
9. Tinea versicolor or Pityriasis versicolor	Fungal infection of the skin, eg. <i>Pityrosporum orbiculare</i> [87]	The fungus interferes with the normal pigmentation of the skin, resulting in small, discolored patches.
10. Pityriasis alba	Had atopic dermatitis before (young age, dark skin phototype, overexposure sunlight, microbiologic factors (<i>Staphylococcus aureus</i> ,	The most common sign of pityriasis alba is the skin patches that show up on

	<p>Propionibacterium acnes) and parasitic factors (Ascaris) as potential pathogenic elements, etc.[88]) or severe food allergies</p>	<p>your face, neck, arms, shoulders, or belly.</p>
11. Ring worm (Tinea circinato)	<p>Fungal infection of the skin, eg. Trichophyton, Epidermophyton, Microsporum, [86][89];</p> <ul style="list-style-type: none"> - Tinea pedis, (athlete's foot); - Tinea cruris, (jock itch) - Tinea capitis (ringworm). 	<p>1.Tinea pedis, (athlete's foot): An itchy, stinging, burning rash on the skin on one or both of your feet.</p> <p>2.Tinea cruris, (jock itch): Jock itch usually begins with a reddened area of skin in the crease in the groin. It often spreads to the upper thigh in a half-moon shape. The rash may be ring-shaped and bordered with a line of small blisters.</p> <p>3.Tinea capitis (ringworm): Ring-shaped rash that is itchy, scaly and slightly raised.</p>

12. Impetigo	<p>Fungal infection, warm, humid climate, have diabetes, undergoing dialysis, HIV, have skin conditions, have a sunburn or other burns, have itchy infections such as lice, scabies, herpes simplex, or chickenpox, have insect bites or poison ivy, play contact sports</p>	<p>Impetigo starts as a red, itchy sore. As it heals, a crusty, yellow or “honey-colored” scab forms over the sore.</p>
13. Vitiligo	<p>Unknown, possibly genetic susceptibility</p>	<p>Patchy loss of skin color, which usually first appears on the hands, face, and areas around body openings and the genitals.</p> <p>Premature whitening or graying of the hair on your scalp, eyelashes, eyebrows or beard.</p> <p>Loss of color in the tissues that line the inside of the</p>

		mouth and nose (mucous membranes)
14. Pox/abscess	Most abscesses are caused by a bacterial infection. 	When bacteria enter your body, your immune system sends infection-fighting white blood cells to the affected area. As the white blood cells attack the bacteria, some nearby tissue dies, creating a hole which then fills with pus to form an abscess.
15. Scabies	Mite Sarcoptes scabiei  จุฬาลงกรณ์มหาวิทยาลัย CHULALONGKORN UNIVERSITY	Itching, often severe and usually worse at night. Thin, irregular burrow tracks made up of tiny blisters or bumps on your skin. The burrows or tracks typically appear in folds of skin. Though almost any part of the body may be involved.

16. Warts	Human papilloma virus	The infection causes rough, skin-colored bumps to form on the skin.
17. Vaginal itching	irritating substances, infections, or menopause skin disorders or sexually transmitted diseases (STDs) stress or vulvar cancer	Vaginal Itching with irritating.
18. Scaling skin	Mistaken for dry, sensitive skin	Scaly patches, red skin and stubborn dandruff.
19. Tinea cruris	Fungal infection of the skin, eg. Trichophyton, Epidermophyton, Microsporum	Jock itch usually begins with a reddened area of skin in the crease in the groin. It often spreads to the upper thigh in a half-moon shape. The rash may be ring-shaped and bordered with a line of small blisters.
20. Fresh wound	Physical damage	Warm skin around the
21. Chronic wound	Physical damage/ other diseases such as diabete, etc.	wound. Yellow or green discharge coming from the

		wound. Sometimes wound giving off an unpleasant odor. Red streaks on the skin around the wound. Fever and chills. Aches and pains. Nausea. Vomiting.
22. Blister	Forceful rubbing (friction), burning, freezing, chemical exposure or infection	Fluid-filled swelling occurring within or just under the skin
23. Tetanus	Infection caused by Clostridium tetani	Tetanus (Lockjaw) is a serious bacterial infection that damages muscles, nerves, and respiratory function.
24. Cracked skin on palm and sole feet	Dry or irritated	Skin is dry or irritated.
25. Rotting toe	An injury	Pain. pressure. redness or change in skin color. swelling. oozing. a bad smell. feeling hot to touch.
26. Athlete's foot or Tinea pedis	Another medical condition A microorganism Toenails naturally grow Bacterial coagulase-negative staphylococcal, and Corynebacterium	

	<p>species. Usually with Fungal infections with Acremonium species [90].</p> <p>Trichophyton mentagrophytes (52.8%), Epidermophyton floccosum (13.9%), Neoscytalidium dimidiatum (11.1%), Trichophyton rubrum (11.1%), Trichophyton tonsurans (2.8%) and Candida spp. (8.3%) [91] [92].</p>	
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4.2 Remedies for treatment of skin diseases/ conditions in Moh Phon's traditional Thai medicine formulary

Seventy-eight remedies in Moh Phon's traditional Thai medicine formulary were used

to treat skin diseases or conditions such as herpes simplex, herpes zoster, eczema, erysipelas, rash, itchy, urticaria, Tinea versicolor, ring worm, warts, scabies and wound

(Table 3). In addition, the detail of each remedy including the plant's scientific

name, family, plant part used, non plant element, method of preparation and

method of administration are also shown in Table 3.

Beside plant materials, non plant materials were also found in some remedies such

as animal material (rabbit bone, honey bee, cow and goose stool, nautilus shell, red

ant etc.), mineral material (salt, red sulfur, limestone etc.) and other materials (used

net, ethyl alcohol, rain water etc.).

Table 3



Table 3 Remedies for treatment of skin diseases/conditions in Moh Phon's traditional Thai medicine formulary

Remedies for treatment of skin disease/conditions	Plant element			Non plant element	Method of preparation	Method of administration
	Scientific name	Family	Part use			
1. Remedy for herpes simplex/herpes zoster/eczema (ຍາກ້າງຕົກເຮີມ/ຈຸດຕັດ/ຫຼູມຕິນໜໍາ)	Remedy 1.1 <i>Lagenaria siceraria</i> (Molina) Standl.	Cucurbitaceae	Leaf (Fresh)	cow stool (dry)	Pound	Poultice
	Remedy 1.2 <i>Cocos nucifera</i> L.	Arecaceae	Fruit shell (New)	net (used), water (dirty), (ashes)	Burn	Apply
	Remedy 1.3 -	-	-	nutilus shell (died), rain water	Rasp	Apply
	Remedy 1.4 -	-	-	Goose stool, ethyl alcohol	Burn	Apply
	Remedy 1.5 <i>Gonostegia pentandra</i> (Roxb.) Miq.	Urticaceae	Not mentioned	Calcium Hydroxide (Limewater)	Rasp	Apply
	Remedy 1.6 <i>Heliotropium indicum</i> L.	Boraginaceae	Not mentioned	water (dirty)	Pound	Apply
	Remedy 1.7 <i>Clinacanthus nutans</i> (Burm.f.) Lindau	Acanthaceae	Leaf	Ethyl alcohol	Pound	Apply
	Remedy 1.8 <i>Cyathula prostrata</i> (L.) Blume	Amaranthaceae	Top	Ashes (wood), water (dirty)	Pound	Apply
	Remedy 1.9 -	-	-	Rabbit bone, ethyl alcohol	Rasp	Apply
	Remedy 1.10 -	-	-	Red sulfur, ethyl alcohol	Pound	Apply
	Remedy 1.11 <i>Azima sarmentosa</i> (Blume)	Salvadoraceae	Root	Ethyl alcohol	Pound	Apply
		Benth. & Hook.f.				

Table 3 Remedies for treatment of skin diseases/conditions in Moh Phon's traditional Thai medicine formulary (cont.)

2. Remedy for erysipelas (ยาขี้ก่าโรคไฟลามช้ำ)	Remedy 2.1	<i>Ipomoea aquatica</i> Forsk	Convolvulaceae	Leaf	Calcium carbonate (Marl/ Limestone)	Pound	Apply
3. Remedy for rash (ยาขี้ก่าโรคผื่นสีน้ำเงินต้มตัว)	Remedy 3.1	<i>Centella asiatica</i> (L.) Urban	Umbelliferae	Aerial part	Water	Decoction	Apply
	Remedy 3.2	<i>Acacia concinna</i> (Willd.) DC.	Fabaceae/ Leguminosae	Leaf	Water	Decoction	Apply
4. Remedy for rash in children (ยาขี้ก่าโรคผื่นสีน้ำเงินเป็นจุดๆ)	Remedy 4.1	<i>Momordica charantia</i> L.	Cucurbitaceae	Fruit	Calcium carbonate (Marl/ Limestone)	Crush	Poultice
5. Remedy for rash caused by various toxicity/poison exposure (ยาขี้ก่าโรคผื่นสีน้ำเงินแพะจะก พิษต่างๆ)	Remedy 5.1	<i>Coccinia grandis</i> (L.) Voigt.	Cucurbitaceae	Leaf (Fresh)	-	Crumble	Apply
6. Remedy for rash caused by mosquito and midges (ยาขี้ก่าโรคผื่นสีน้ำเงินแพะจะ แมลงรั้งคัด)	Remedy 6.1	<i>Curcuma longa</i> L.	Zingiberaceae	Rhizome		Pound and digestion	Apply
		<i>Nicotiana tabacum</i> L.	Solanaceae	Leaf			
		<i>Cocos nucifera</i> L.	Arecaceae	Coconut oil(fruit)			
7. Remedy for animal venom from biting (ยาขี้พังผืดรักกัดต่อย)	Remedy 7.1	<i>Citrus aurantiifolia</i> Swing.	Rutaceae	Fruit	Monosodium glutamate (Fresh juice)	Squeeze	Apply
	Remedy 7.2	<i>Allium ascalonicum</i> L.	Alliaceae	Bulb	-	Crush	Apply
	Remedy 7.3	<i>Allium ascalonicum</i> L.	Alliaceae	Bulb		Pound	Apply
		<i>Tamarindus indica</i> L.	Fabaceae/Legumi nosae	Fruit			
	Remedy 7.4	<i>Capsicum frutescens</i> Linn.	Solanaceae	Fruit	-	Pound	Poultice

Remedy 7.5	-	-	-	Ammonia solution	-	Apply
Remedy 7.6	<i>Urtaria crinita</i> (L.) Desv. ex DC.	Fabaceae/Legumi nosae	Stem and leaf	Ethyl alcohol	Pound	Poultice
Remedy 7.7	<i>Citrus aurantifolia</i> Swing.	Rutaceae	Fruit (Juice)	Fingernail, lid of an earthen pot	Rasp	Apply
Remedy 7.8	<i>Carica papaya</i> L.	Caricaceae	Leaf (Fresh)	Calcium Hydroxide (Red lime)	Pound	Poultice
8. Remedy for rash (ຍ້າກ່າໄໂຮກເສັ້ນຕ່າງໆ)	<i>Zingiber montanum</i> Roxb. <i>Szygium aromaticum</i> (L.) Merr. & L.M. Perry	Zingiberaceae Myrtaceae	Rhizome Flower	Sodium chloride, Calcium Hydroxide (Red lime)	Decoction	Apply
	<i>Cinnamomum camphora</i> (L.) J. Presl.	Lauraceae	Wood (stem)			
	<i>Hopea odorata</i> Roxb.	Dipterocarpaceae	Wood (stem)			
	<i>Cocos nucifera</i> L.	Arecaceae	Oil (fruit)			
	<i>Sesamum indicum</i> L.	Pedaliaceae	Oil (seed)			
9. Remedy for itchy (ຍ້າກ່າໄໂຮກຕັ້ນ)	Remedy 9.1	<i>Citrus maxima</i> (Burm.) Merr.	Rutaceae	Peel (fruit) (Dry)	Water	Decoction Shower
10. Remedy for urticaria (ຍ້າກ່າໄໂຮກຄົມຫິ່ງ)	Remedy 10.1	<i>Bartsia lupulina</i> Lindl.	Acanthaceae	Leaf	Calcium carbonate (Marl/ Limestone), Water	Pound Apply
	Remedy 10.2	<i>Piper betle</i> Linn.	Piperaceae	Leaf (Fresh)	Ethyl alcohol	Pound Apply
	Remedy 10.3	<i>Alpinia galanga</i> (L.) Willd.	Zingiberaceae	Rhizome	Ethyl alcohol	Pound Apply

Table 3 Remedies for treatment of skin diseases/conditions in Moh Phon's traditional Thai medicine formulary (cont.)

	Remedy 10.4	<i>Apium graveolens</i> L.	Apiaceae/ Umbelliferae	Leaf	Water	Decoction/ Pound	Decoction/ Pound	Drink/ shower/apply
11. Remedy for urticaria and rash (ຍັງກັງໄຮຕຄນພື້ນເລືະໂຮັດນິນ ຕົມ)	Remedy 11.1	-	-	-	Plant/tree (Ant nest), water	Decoction	Decoction	Shower
12. Remedy for Tinea versicolor or Pityriasis versicolor (ຍັງກັງໄຮຕກົ່ວຍ)	Remedy 12.1	<i>Mimusops elengi</i> Linn.	Sapotaceae	Leaf (Fresh)	Sulfur, ethyl alcohol	Pound	Pound	Apply
	Remedy 12.2	<i>Areca catechu</i> L.	Arecaceae	Fruit (Fresh)	-	Cut	Cut	Apply
	Remedy 12.3	-	-	-	Borax, rain water	Mixed	Mixed	Apply
	Remedy 12.4	<i>Camellia sinensis</i> (L.) kuntze	Theaceae	Leaf	Borax, rain water	Decoction	Decoction	Apply
	Remedy 12.5	-	-	-	Red ant (Living) (<i>Oecophylla smaragdina</i>)	Crush	Crush	Apply
	Remedy 12.6	<i>Allium sativum</i> L.	Alliaceae	Bulb	-	Pound	Pound	Apply
	Remedy 12.7	<i>Cymbopogon citratus</i> (DC) Stapf.	Gramineae/ Poaceae	Stem	Sodium chloride (Salt)	Pound	Pound	Apply
	Remedy 12.8	<i>Citrus aurantiifolia</i> Swing.	Rutaceae	Fruit (Juice)	Sulfur powder	Mixed	Mixed	Apply
	Remedy 12.9	<i>Solanum melongena</i> Limn.	Solanaceae	Fruit (Fresh)	Sulfur powder	Cut	Cut	Poultice
13. Remedy for Tinea versicolor (ຍັງກັງໄຮຕກົ່ວຍມີດອາຫານກ)	Remedy 13.1	<i>Indigofera tinctoria</i> L.	Fabaceae/leguminosae	leaf (Indigo)	Acetic acid (Vinegar)	Mixed	Mixed	Apply

14. Remedy for Pityriasis alba (ยรรชกษาโรคต้อมน้ำนม)	Remedy 14.1	<i>Ocimum africanum</i> Lour	Lamiaceae/ Labiate	Leaf	Milk (Mother's milk)	Crush	Apply
15. Remedy for <i>Tenea</i> <i>circinato</i> or ring worm (ยรรชกษาโรคกลาก)	Remedy 15.1	<i>Rhinanthus nasutus</i> (Linn.) Kurz.	Acanthaceae	Leaf	Kerosene	Pound	Apply
	Remedy 15.2	<i>Cassia alata</i> (L.) Roxb.	Fabaceae /Leguminosae	Leaf	Sodium chloride (Salt)	Pound	Apply
		<i>Allium sativum</i> L.	Alliaceae	Bulb			
	Remedy 15.3	<i>Curcuma longa</i> L.	Zingiberaceae	Rhizome	Rain water	Mixed	Apply
	Remedy 15.4	<i>Cassia alata</i> (L.) Roxb.	Fabaceae /Leguminosae	(Powder)			
	Remedy 15.5	<i>Cassia alata</i> (L.) Roxb.	Fabaceae /Leguminosae	Leaf (Fresh)	-	Chew	Apply
	Remedy 16.1	<i>Curcuma longa</i> L.	Zingiberaceae	Rhizome	Copper (II) sulfate powder	Mixed	Apply
16. Remedy for impetigo/ring worm (ยรรชกษาโรคพุอง/รีกลาบทึក)		<i>Cocos nucifera</i> L.	Arecaceae	Coconut milk (fruit) (Powder)	-	Pound	Apply
		<i>Garcinia hanburyi</i> Hook F.	Clusiaceae	Gum (stem)			
17. Remedy for vitiligo (ยรรชกษาโรคต่างๆ)	Remedy 17.1	<i>Capsicum annuum</i> Linn. <i>Cymbopogon citratus</i> (DC) Staf.	Solanaceae Gramineae/Poacea ae	Fruit Stem	Sodium chloride, shrimp paste, fish sauce, palm sugar	Decoction	Shower-steam
		<i>Allium ascalonicum</i> L.	Alliaceae	Bulb			
		<i>Allium sativum</i> L.	Alliaceae	Bulb			
		<i>Piper nigrum</i> L.	Piperaceae	Fruit			

Table 3 Remedies for treatment of skin diseases/conditions in Moh Phon's traditional Thai medicine formulary (cont.)

Remedy 19.4 20. Remedy for warts (ຍ້າກັນໄກຄຸຫຼຸດ)	<i>Cassia fistula</i> (L.) Roxb. <i>Citrus hystrix</i> DC.	Fabaceae Rutaceae	Leaf Leaf		
	<i>Atronio galanga</i> (L.) Wild. <i>Nicotiana tabacum</i> L.	Asteraceae Zingiberaceae		Rhizome Leaf	
	<i>Syzygium aromaticum</i> (L.) Merr. & L.W. Perry	Myrtaeae Arecaceae	Flower Oil (fruit)	Flower Leaf	
	<i>Cocos nucifera</i> L.	Arecaceae			
	<i>Coriandrum sativum</i> L.	Apiaceae/ Umbelliferae	Shells Root, Fruit (fruit) oil)		Burn
	<i>Sesamum indicum</i> L. <i>Cuminum cyminum</i> L.	Pedaliaceae/ Apiaceae/ Umbelliferae		Leaf Fruit (fresh) (dry)	Poultice
	<i>Ornithogalum umbellatum</i> L. <i>Anemone krenovani</i> Pierre ex Steyermark	Liliaceae/ Myristicaceae		Leaf Fruit	Apply
	<i>Euphorbia tirucalli</i> L. <i>Mystica fragans</i> Houtt.	Euphorbiaceae		Gum/latex Seed, Flower (stem)	Cut
	<i>Emmenopteryx velutina</i> (L.) Presl. <i>Colocasia esculenta</i> (L.) Schott	Lauraceae		Bark (stem) Gum/latex (stem)	Apply
	<i>Fammiodes indicus</i> L.	Fabaceae/Asteraeae		Fruit - nose	Mixed
Remedy 20.1 Remedy 20.2 Remedy 20.3 Remedy 20.4 Remedy 20.5 21. Remedy for scabies itching or pox/abscess (ຍ້າກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ)	<i>Cocos nucifera</i> L. <i>Allium ascalonicum</i> L. <i>Kuhniaeae</i> <i>Averrhoa bilimbi</i> L.	Arecaceae Alliaceae Oxalidaceae		Cocoanut milk (fruit) Leaf Bulb Fruit	Detection Poultice Poultice
	Remedy 21.1 Remedy 18.1	<i>Malotilla malifolia</i> (L.) Euphorbiaceae		Cocoanut milk (fruit) Leaf	Drink
	18. Remedy for pox/abscess (ຍ້າກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ)			-	Poultice
	19. Remedy for scabies skin (ຍ້າກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ)	<i>Citrus aurantium</i> (L.) Sweet <i>Musa sapientum</i> L.	Fruit Musaceae	Fruit Oil (fruit)	Cut Fried
	20. Remedy for scabies skin (ຍ້າກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ)	<i>Citrus aurantium</i> (L.) Sweet <i>Musa sapientum</i> L.	Fruit Musaceae	Fruit Oil (fruit)	Eat Apply
	21. Remedy 22.1 Remedy 19.1	<i>Battara metel</i> L. <i>Cocos nucifera</i> L.	Arecaceae	Sulfur, rice flour	Cut Fried
	22. Remedy for scabies skin (ຍ້າກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ ຍົກກັນໄກຕົກທີ່ພິ່ງ/ຫ້າ)	<i>Solanaceae</i> Arecaceae			
	23. Remedy for Tinea cruris (ຍ້າກັນໄກຕົກສັງຄົງ)	<i>Cocculus siamensis</i> (L.) Dryand.			Mixed and Digestion Squeeze
	Remedy 19.3	<i>Cocos nucifera</i> L.	Arecaceae	Sulfur Coconut milk (fruit)	Pound and digestion
		<i>Nicotiana tabacum</i> L.	Solanaceae	Leaf	

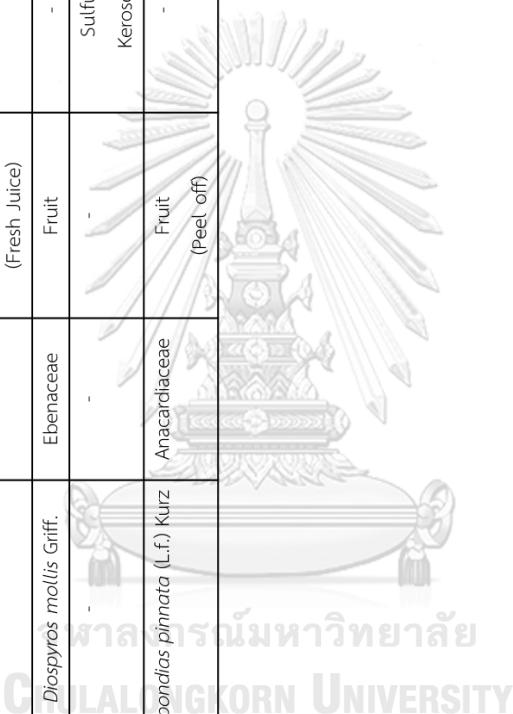
Table 3 Remedies for treatment of skin diseases/conditions in Moh Phon's traditional Thai medicine formulary (cont.)



Table 3 Remedies for treatment of skin diseases/conditions in Moh Phon's traditional Thai medicine formulary (cont.)

24. Remedy for fresh wound (ยารักษาแผลสด)	Remedy 24.1	-	-	-	Honey bee	-	Apply
	Remedy 24.2	<i>Dipterocarpus alatus</i> Roxbex G.Don	Dipterocarpaceae	Oil	White sugar	Mixed	Apply
	Remedy 24.3	<i>Oldenlandia biflora</i> L.	Rubiaceae	Aerial part	Ethyl alcohol	Pound	Poultice
25. Remedy for fresh wound (ยารักษาแผลสด)	Remedy 25.1	<i>Centella asiatica</i> (L.) Urban	Apiaceae/ Umbelliferae	Aerial part	-	Pound	Poultice
	Remedy 25.2	<i>Cocos nucifera</i> L.	Arecaceae	Oil (fruit)	Pure lead	Mixed	Apply
	Remedy 25.3	<i>Piper nigrum</i> L. <i>Allium sativum</i> L.	Piperaceae Alliaceae	Fruit Bulb			
26. Remedy for fresh wound and chronic wound (ยารักษาแผลสดและแผลร่อง)	Remedy 26.1	<i>Tiliacora triandra</i> (Colebr.) Diels	Menispermaceae	Leaf	-	Chew	Poultice
	Remedy 26.2	<i>Garcinia mangostana</i> L.	Clusiaceae	Peel (fruit)	Lid of an earthen pot, water, Calcium Hydroxide (Limewater)	Rasp	Apply
	Remedy 26.3	<i>Shorea saimensis</i> Miq.	Dipterocarpaceae	Leaf (Dry)	Potassium permanganate	Pound	Apply
27. Remedy for blister (ยารักษาแผลพุอง)	Remedy 27.1						
	Remedy 27.2						
	Remedy 27.3						
28. Remedy for tetanus (ยารักษาโรคบัดตะข้อ)	Remedy 28.1	-	-	-	Acetic acid (Vinegar)	-	Cover
	Remedy 28.2						
	Remedy 28.3						
29. Remedy for cracked skin on hand and feet (ยารักษาโรคเป็นท่อหัวแม่ตื้น)	Remedy 29.1	<i>Musa x paradisiaca</i> L.	Musaceae	Peel (fruit)	-	-	Rub
	Remedy 29.2						
30. Remedy for thick, hardened layers of skin on (ยารักษาโรคเป็นหน่อหัวแม่ตื้น)	Remedy 30.1	<i>Agave sisalana</i> Perrine	Agaceae	Ashes (leaf)	Sulfur (yellow), engine oil	Mixed	Apply
	Remedy 30.2						

31. Remedy for Rotting toes (ຍາກ້າກຳຕົ້ນເນັ້ນປຶ່ງອຸບ)	Remedy 31.1	<i>Garcinia mangostana</i> L.	Clusiaceae	Peel (fruit) (Dry)	Lid of an earthen pot, Water, Aluminium Sulphate (Alum)	Rasp	Poultice
32. Remedy for Athlete's foot or <i>Tinea pedis</i> (ຍາກ້າກຳຕົ້ນກົດຫຼາ)	Remedy 32.1	<i>Citrus aurantiifolia</i> Swing.	Rutaceae	Fruit (Fresh Juice)	-	-	Apply
	Remedy 32.2	<i>Diospyros mollis</i> Griff.	Ebenaceae	Fruit	-	Pound	Apply
	Remedy 32.3	-	-	-	Sulfur, Kerosene	Pound and mixed	Apply
	Remedy 32.4	<i>Spondias pinnata</i> (L.f.) Kurz	Anacardiaceae	Fruit (Peel off)	-	Cut	Poultice

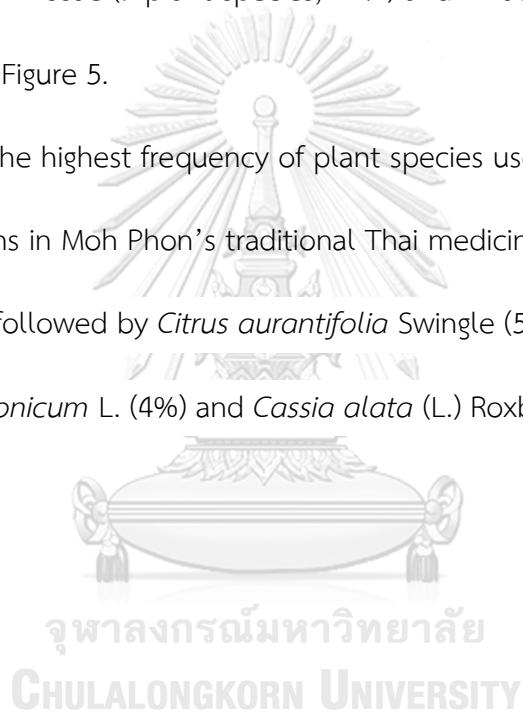


4.3
Diversity
of
medicinal
used for
skin

diseases/ conditions in Moh Phon's traditional Thai medicine formulary

Totally, 66 plant species distributed among 36 families and 57 genera were mentioned for treatment skin diseases/ conditions in Moh Phon's traditional Thai medicine formulary (Table 3). In regard to the numbers of plant species used in the families, Arecaceae (12 plant species; 18%) was the most notable families, followed by Fabaceae/Leguminosae (9 plant species; 14%) and Alliaceae (8 plant species; 12%), as shown in Figure 5.

In this study, the highest frequency of plant species used for treatment skin diseases/ conditions in Moh Phon's traditional Thai medicine formulary was *Cocos nucifera* L. (11%), followed by *Citrus aurantifolia* Swingle (5%), *Allium sativum* L. (4%), *Allium ascalonicum* L. (4%) and *Cassia alata* (L.) Roxb (4%), as shown in Figure 6.



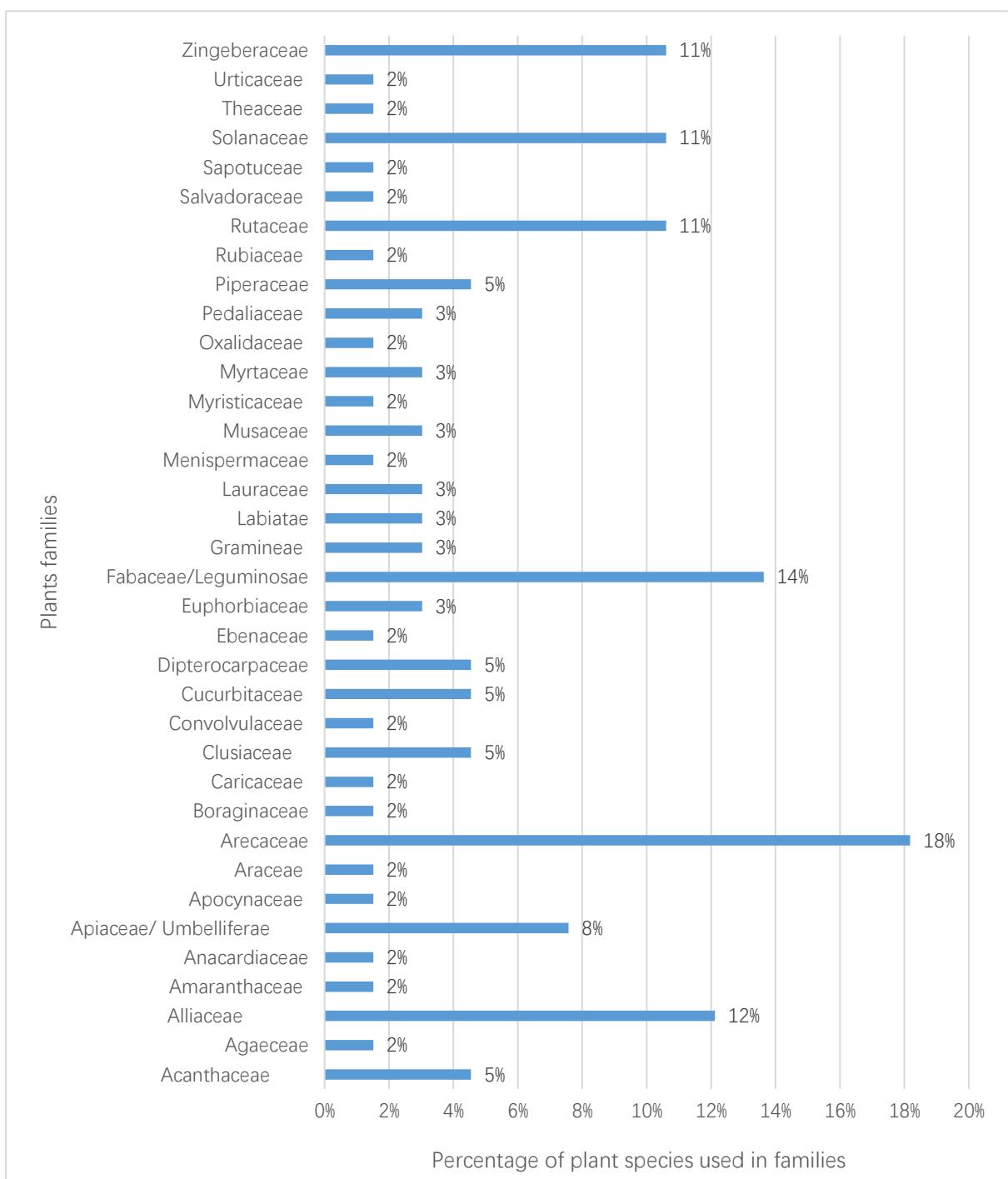


Figure 5 Percentage of plant species used in families

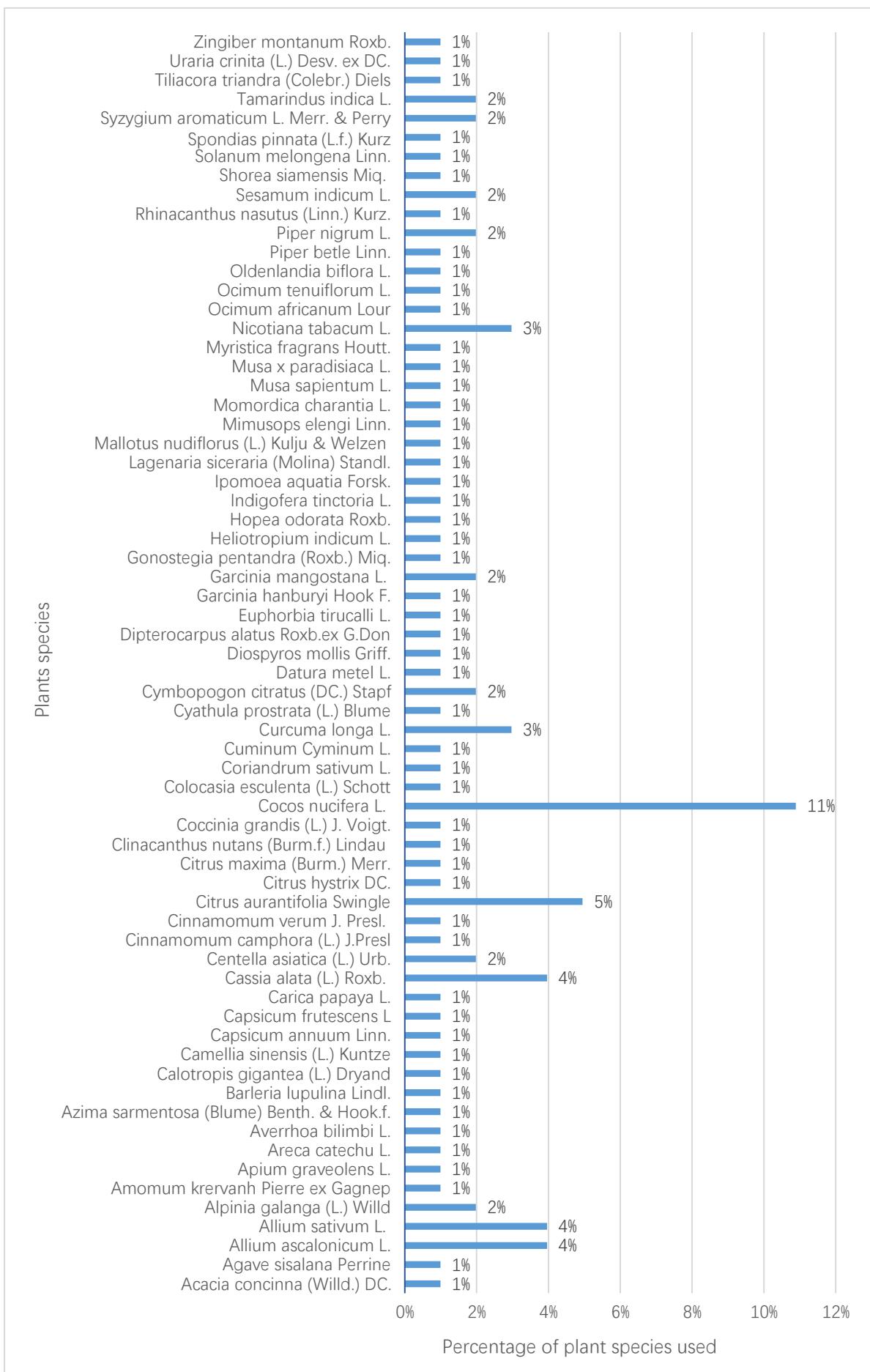


Figure 6 Percentage of plant species used in all remedies

4.4 Plant part used, method of preparation and method of administration

Ten different plant parts used were found in the remedies for skin diseases/ conditions in Moh Phon's traditional Thai medicine formulary. The result in Figure 7 show that fruit was the most frequently used plant part (37%), followed by leaf (30%), stem (9%), bulb (8%), and rhizome (6%).

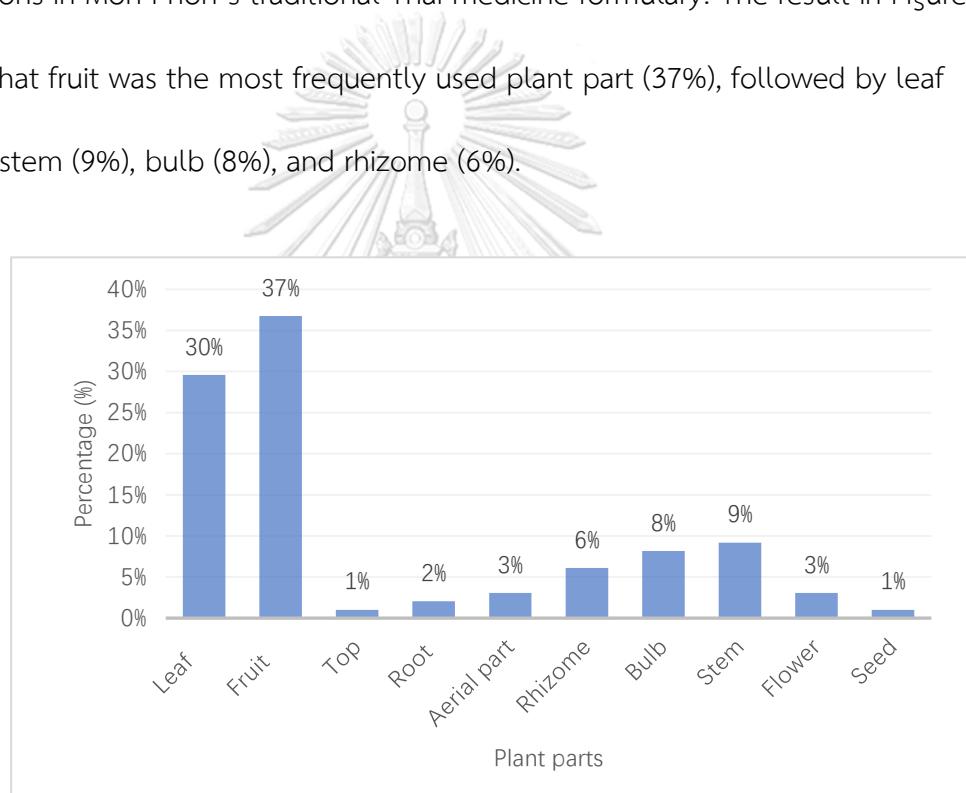


Figure 7 Percentage of plant parts used

Figure 8 showed percentage of remedies preparation methods in Moh Phon's traditional Thai medicine formulary for skin diseases/ conditions. Pound was the most

preferable method of remedies preparation (38%), follow by mixed (14%), decoction (11%), rasp (7%) and crush (6%).

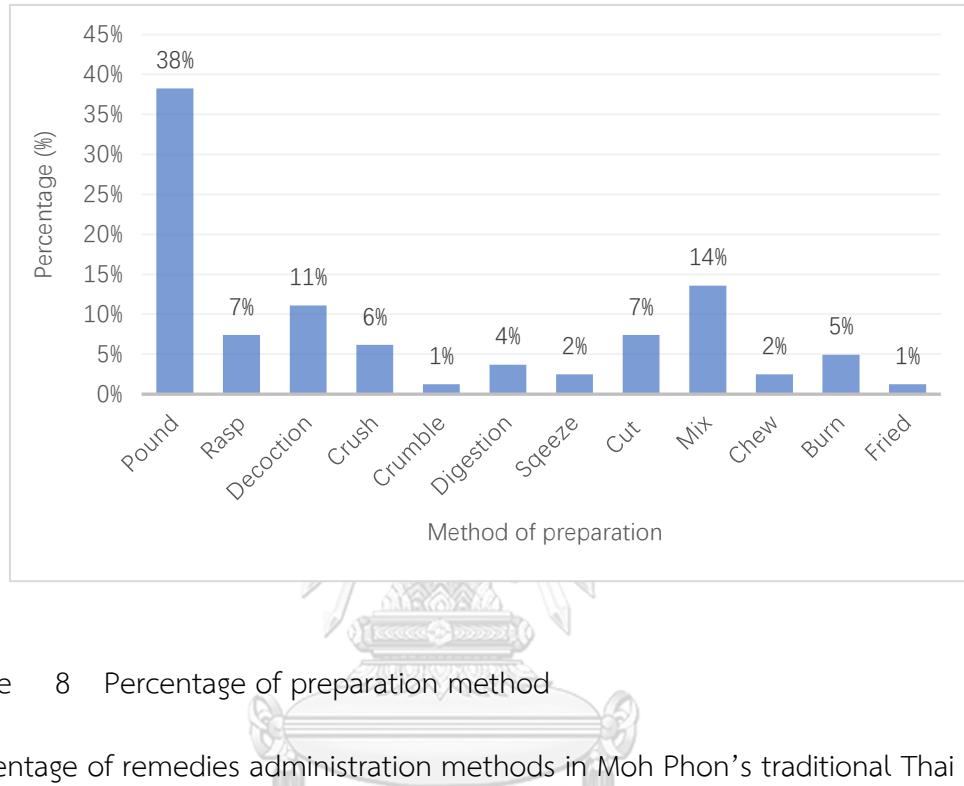
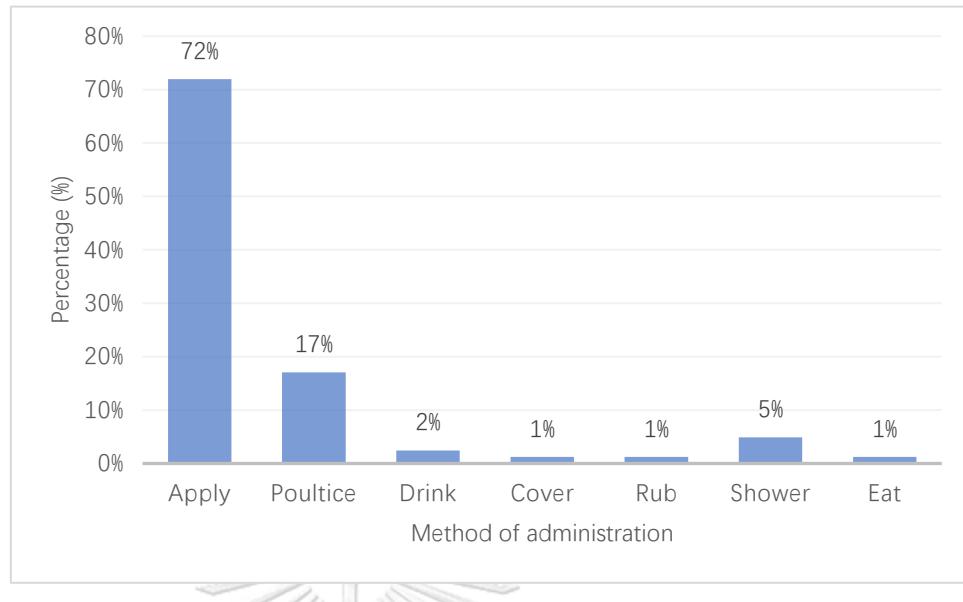


Figure 8 Percentage of preparation method

Percentage of remedies administration methods in Moh Phon's traditional Thai medicine formulary for skin diseases/ conditions were shown in Figure 9. Apply was the most frequently method of remedies administration (72%), follow by poultice (17%) and shower (5%).

Figure 9



Percentage of administration method

4.5 Literature review on active constituent, biological and pharmacological activity

and toxicological studies of five frequently plant species used for skin diseases/

conditions in Moh Phon's traditional Thai medicine formulary

The active constituents and toxicities assessment of the frequent plant species
in Moh Phon's traditional Thai medicine formularies for skin diseases were shown in

Table 4-6.

Table 4 Biological and pharmacology activities of frequent plant species in Moh

Phon's traditional Thai medicine formularies for Skin diseases

Plant species	Pharmacology and biological activities	Parts
1. <i>Cocos nucifera</i> L.	Anthelmintic, anti-bacterial, anti-inflammatory, anti-hyperglycemic, anti-malarial, anti-oxidant,	Husk, fiber,

	anti-trichomoniasis, hepatoprotective, renal protective, anti-hypertensive and vasorelaxant, antinociceptive [319-323]	Fruit
2. <i>Citrus aurantifolia</i> Swing.	Antimicrobial, spasmolytic, antimicrobial, neuroprotective and neuromodulating, antinociceptive, antioxidant, chemo-preventive and skin sensitizing activity, antioxidant capacity, and hypolipidemic, antibacterial activity, antifungal Activity [276, 277, 280]	Fruit, Whole plant
3. <i>Allium sativum</i> L.	Lipid-lowering effects, antiplatelet activity and anti-atherosclerotic activities, anti-audiogenic, anti-immature anti-biofilm and antibacterial, anti-Angiogenesis and antithrombotic, anti-Proliferation, antiseptic [124-130]	Bulb, Clove
4. <i>Allium ascalonicum</i> L.	anti-inflammatory, anti-microbial, anti- <i>Helicobacter pylori</i> , anti-oxidant, anti-fungal, antiallergic, hypoglycemic and antidiabetic,	Bulb, leaf

	anticarcinogenic, wound healing, anti-angiogenesis[108, 110-117]	
5. <i>Cassia alata</i> (L.) Roxb.	Anti-infectious properties, Antibacterial and antifungal [238], anti-inflammatory, antimutagenic, analgesic, antidiabetic, antifungal and antimicrobial properties [241]	Leaf

Table 5 Active constituents of the frequent plant species in Moh Phon's traditional Thairedicine formularies for Skin diseases

Scientific name	Active constituents
1. <i>Cocos nucifera</i> L.	Lupeol-methyl ester, Catechin, Flavonoid, Saponin, α-tocopherol, tannins, Vitamin C, Liquid acid, L-arginine[319]
2. <i>Citrus aurantifolia</i> Swing.	Monoterpene, hydrocarbons, Sesquiterpene, hydrocarbons, Oxygenated monoterpenes, Oxygenated sesquiterpenes, Monoterpene aldehydes, Monoterpene alcohols, Monoterpene ketones, Monoterpene esters, Sesquiterpene alcohols, Aliphatic aldehydes [276]

3. <i>Allium sativum</i> L.	S-allyl-L-cysteine sulfoxide (alliin), Eugenol di-glycosides and β -carboline alkaloids, Mainly diallyl sulphide, allicin, allisatin [124, 126], Ajoene (allylic disulfide)[132]
4. <i>Allium ascalonicum</i> L.	Saponins, Flavonoids, Triterpenoid glycosides, Phenolic compounds, saponins, and carbohydrates[106-109]
5. <i>Cassia alata</i> (L.) Roxb.	Alkaloids, saponins, steroids, flavonoids and terpenoid [240], Major constituents are linalool (23.0%), borneol (8.6%), pentadecanal (9.3%) and α -terpineol (5.9%) [238]

Table 6 Toxicity assessment of the frequent plant species in Moh Phon's traditional Thai medicine formularies for Skin diseases

Scientific name	Method of assessment
1. <i>Cocos nucifera</i> L.	Brine shrimp lethality assay: The LC50 of hydro-alcoholic and methanolic extract were 432.35 μ g/ml and 1173.88 μ g/ml respectively. MTT assay: IC50 value was found to be 1.77 mg/ml on human cervical carcinoma cell (HeLa).

	<p>Acute toxicity: Oral administration of Swiss albino mice showed LD50 value of acetone extract >5000 mg/kg and no mortality of animal.</p> <p>[325-327]</p>
2. <i>Citrus aurantifolia</i> Swing.	<p>Brine shrimp lethality assay: The methanolic extracts of stem bark and leaf showed LC50 of 10.0 ± 0.33 and 5.0 ± 0.74 $\mu\text{g/mL}$, respectively, which were observed to be strongly cytotoxic compared to cyclophosphamide ($\text{LC50}=98.76 \pm 0.15 \mu\text{g/mL}$).</p> <p>MTT assay: The methanolic extract of leaf showed CC50 of $4.02 \pm 2.85 \mu\text{g/mL}$ and $\text{CC50}=5.45 \pm 2.8 \mu\text{g/mL}$ on Rd and Hep-2c human cancer cell lines, respectively which retained a comparable cytotoxicity to cyclophosphamide ($\text{CC50}=2.23 \pm 0.14 \mu\text{g/mL}$, $\text{CC50}=2.66 \pm 0.8 \mu\text{g/mL}$) on Rd and Hep-2c human cancer cell lines, respectively.</p> <p>Acute toxicity: Oral administration of rat at doses of 10-5000 mg/kg. The methanolic extract showed no sign of toxicity and mortality at all concentrations. [278, 281, 282]</p>
3. <i>Allium sativum</i> L.	<p>Brine shrimp lethality assay: The aqueous and methanolic extracts showed LC₅₀ values of $8.18 \mu\text{g/ml}$ and $10.84 \mu\text{g/ml}$, respectively.</p>

	<p>MTT assay: The methanolic extract showed IC50 values of 105 ± 2.21, 489 ± 4.51 and 455 ± 3.13 $\mu\text{g}/\text{ml}$ on U-937, Clone E6-1 and K-562 cell, respectively.</p> <p>Acute toxicity: Oral administration of Wistar rats at doses of 100-5,000 mg/kg. The aqueous extract showed LD50 value more than 5,000 mg/kg, practically non-toxic. [131-132][122]</p>
4. <i>Allium ascalonicum</i> L.	<p>MTT assay: The butanol extract showed the most potent cytotoxic effects against ovarian carcinoma cell line (OVCAR-3), HeLa and human umbilical vein endothelial (HUVEC) cell lines with IC50 values of 38 ± 2, 56 ± 1.4, and 60 ± 3.5 $\mu\text{g}/\text{ml}$, respectively.</p> <p>MTT assay: The ethanolic extract of both dry and fresh shallot showed IC50 values around 50 $\mu\text{g}/\text{ml}$ against human hepatoma cell line (HepG2).</p> <p>Acute toxicity: Oral administration of ICR mice with a single dose of 2,000 mg/kg. The aqueous extract did not show any indication of physical or behavioral changes and did not cause mortality. The LD50 of the extract was estimated to be higher than 2,000 mg/kg.</p> <p>[118-120]</p>

<p>5. <i>Cassia alata</i> (L.) Roxb.</p>	<p>Brine shrimp lethality assay: The ethanolic extract showed LC50 value of 4.31 µg/ml for seed and 5.29 µg/ml for leaf.</p> <p>MTT assay: The methanolic extract did not show significant inhibitory effect in neither Vero (normal monkey kidney cell) cells nor human mesenchymal stem (hMSCs).</p> <p>Acute toxicity: Oral administration of Swiss albino mice. The ethanol and methanol extracts showed practical non-toxic. [242-244]</p>
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4.6 Classification of medicinal plants used for skin diseases/ conditions in Moh Phon's traditional Thai medicine formulary

The total of 66 medicinal plants used for skin diseases/ conditions in Moh Phon's traditional Thai medicine formulary were classified into monocotyledon and dicotyledon. The result showed that 12 medicinal plants are monocotyledon and 54 medicinal plants are dicotyledon (Table 7).

Table 7 Classification of medicinal plant used in Moh Phon's formulary for Skin diseases

<p>Monocotyledon</p>	<p><i>Agave sisalana</i> Perrine <i>Allium ascalonicum</i> L. <i>Allium sativum</i> L.</p>	<p><i>Colocasia esculenta</i> (L.) Schott <i>Curcuma longa</i> L.</p>
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	<i>Alpinia galanga</i> (L.) Willd <i>Areca catechu</i> L. <i>Cocos nucifera</i> L.	<i>Cymbopogon citratus</i> (DC.) Stapf. <i>Musa x paradisiaca</i> L. <i>Musa sapientum</i> L. <i>Zingiber montanum</i> Roxb.
Dicotyledon	<i>Acacia concinna</i> (Willd.) DC. <i>Apium graveolens</i> L. <i>Averrhoa bilimbi</i> L. <i>Amomum krervanh</i> Pierre ex Gagnep <i>Azima sarmentosa</i> (Blume) Benth. & Hook.f. <i>Barleria lupulina</i> Lindl. <i>Calotropis gigantean</i> (L.) Dryand <i>Camellia sinensis</i> (L.) Kuntze <i>Capsicum annuum</i> Linn. <i>Capsicum frutescens</i> L <i>Carica papaya</i> L. <i>Cassia alata</i> (L.) Roxb. <i>Centella asiatica</i> (L.) Urb.	<i>Garcinia hanburyi</i> Hook F. <i>Garcinia mangostana</i> L. <i>Gonostegia pentandra</i> (Roxb.) Miq <i>Heliotropium indicum</i> L. <i>Hopea odorata</i> Roxb. <i>Indigofera tinctoria</i> L. <i>Ipomoea aquatica</i> Forsk. <i>Lagenaria siceraria</i> (Molina) Standl. <i>Mallotus nudiflorus</i> (L.) Kulju & Welzen <i>Mimusops elengi</i> Linn. <i>Momordica charantia</i> L. <i>Myristica fragrans</i> Houtt. <i>Nicotiana tabacum</i> L.

	<i>Cinnamomum camphora</i> (L.) J.Presl <i>Cinnamomum verum</i> J. Presl <i>Citrus aurantifolia</i> (Christm.) Swingle <i>Citrus hystrix</i> DC <i>Citrus maxima</i> (Burm.) Merr. <i>Clinacanthus nutans</i> (Burm.f.) Lindau <i>Coccinia grandis</i> (L.) J. Voigt <i>Coriandrum sativum</i> L.. <i>Cuminum Cyminum</i> L.. <i>Cyathula prostrata</i> (L.) Blume <i>Datura metel</i> L. <i>Diospyros mollis</i> Griff. <i>Dipterocarpus alatus</i> Roxb.ex G.Don <i>Euphorbia tirucalli</i> L.	<i>Ocimum africanum</i> Lour <i>Ocimum tenuiflorum</i> L. <i>Oldenlandia biflora</i> L. <i>Piper betle</i> Linn. <i>Piper nigrum</i> L. <i>Rhinacanthus nasutus</i> (Linn.) Kurz. <i>Sesamum indicum</i> L. <i>Shorea siamensis</i> Miq. <i>Solanum melongena</i> Linn. <i>Spondias pinnata</i> (L.f.) Kurz <i>Syzygium aromaticum</i> L. Merr. & Perry <i>Tamarindus indica</i> L. <i>Tiliacora triandra</i> (Colebr.) Diels <i>Uraria crinita</i> (L.) Desv. ex DC.
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4.7 Scientific information of medicinal plants in Moh Phon's Traditional Thai Medicine

formulary for skin conditions

In this study, 66 medicinal plants in Moh Phon's formularies for Skin diseases were identified and explained. The scientific information of each medicinal plant included its scientific name, synonyms, botanical family, common name, local name, distribution, plant description, ethnomedical uses, active constituents, pharmacological/biological activities and toxicological activities as following.



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1. *Acacia concinna* (Willd.) DC.

Scientific name: *Acacia concinna* (Willd.) DC.

Synonyms: *Alpinia alba* (Retz.) Roscoe

Alpinia bifida Warb.

Alpinia carnea Griff.

Alpinia galanga var. *galanga*

Alpinia galanga var. *pyramidata* (Blume) K.Schum.

Alpinia pyramidata Blume.

Alpinia rheedei Wight.

Alpinia viridiflora Griff.

Amomum galanga (L.) Lour.

Amomum medium Lour.

Galanga major Garsault.

Galanga major infrasubsp. *oppr*

Galanga officinalis Salisb.

Hellenia alba (Retz.) Willd.

Heritiera alba Retz.

Languas galanga (L.) Stuntz

Languas pyramidata (Blume) Merr.

จุฬาลงกรณ์มหาวิทยาลัย
Languas vulgare J.Koenig

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Maranta galanga L.

Zingiber galanga (L.) Stoke.

Zingiber medium Stokes.

Zingiber sylvestre Gaertn.

Common name: Shikakai, Soap-Pod, Soap acacia

Local name: Som-poi

Family: Fabaceae/Leguminosae



Distribution: Tropical Asia and occurs throughout Southeast Asia

Parts Used: Leaf, Fruit

Description of the Plant: A climbing shrub with smooth brown stripes on thorny branches, petioles 1.5 cm long and a prominent gland in the middle. Spines are short, broad-based, flat surfaces. The main stem is brown. The fruits are called beans, the pods are about 5-6 cm, they are fleshy, beaked and contracted. Each fruit has 6-10 seeds. The seeds are brown [93].

Table 1-1 Traditional uses of *Acacia concinna* (Willd.) DC.

Traditional uses	Parts Used	Reference
Jaundice, constipation, skin problem, itching, pimples, hyperpigmentation, leprosy, psoriasis, gum infection and dandruff	Fruit	[94]
Prevent diabetes and skin diseases	Leaf	
Washing wounds and facilitating wound healing	Pod	
Jaundice, constipation and skin problem, itching, pimples, hyperpigmentation and gum infection, dandruff, leprosy, psoriasis	Pod	[93]

Table 1-2 Chemical constituents of *Acacia concinna* (Willd.) DC.

Chemical constituents	Parts Used	Reference

Alkaloids, glycoside, reducing sugars, α -aminoacids, phenolic compounds, saponins, carbohydrates, steroids, tannins, flavonoids and starch	Fruit	[94]
Triterpenes, flavonoids and eugenol,	Fruit	[95]

Table 1-3 Biological and pharmacological activities of *Acacia concinna* (Willd.) DC.

Activities	Parts Used	Reference
Antioxidant	Fruit	[94]
Phytochemical and Antioxidant		
Antimicrobial	Leaf	[93]
Antioxidant, anti-coagulant, anti-platelet, anti-thrombotic, antidermatophytic and immune adjuvant activities	Not specify	[96]

Table 1-4 Toxicity assessment of *Acacia concinna* (Willd.) DC.

Toxicity assessment	Parts Used	Results	References
Cell viability assay: Adipocytes cell.	Pods	The aqueous methanol extract showed weak toxicity at concentration of 0.1 and 0.2 mg/ml.	[97]

Acute toxicity: Oral administration of Albino Wister rats at a dose of 1000 mg/kg for 24 hours.	Bark and pods	The aqueous extract showed no signs of toxicity at a dose of 1000 mg/kg.	[98]
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A: Leaf and Flower, B: Seed[94], C: Fruit[95]
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Figure 10 of *Acacia concinna* (Willd.) DC.

2. *Agave sisalana* Perrine

Scientific name: *Agave sisalana* Perrine

Synonyms: *Agave amaniensis* Trel. & Nowell

Agave rigidula subsp. *sisalana* (Perrine) Engelm.

Agave rigidula var. *sisalana* (Perrine) Engelm.

Agave segurae D.Guillot & P.Van der Meer

Agave sisalana f. *armata* (Trel.) Trel.

Agave sisalana subsp. *armata* (Trel.) Trel.

Agave sisalana var. *armata* Trel.

Furcraea sisaliana Posada-Ar., 1909

Common name:

Sisal hemp

Local name:

Pan

Family:

Agaeceae

Distribution:

Occasionally cultivated, native in Mexico

Parts Used:

Fibre (Ash)

Description of the Plant: Robust single-bearing perennial herb, 3-9m high at flowering, with many leaves crowded into dense rosettes; ovary lower 3-loculed, style mostly enlarged at flowering, finally 6-8cm long, stigma 3-lobed. Fruit (rarely produced) oval capsule, tapering at base, green fleshy when young, black and dry when mature, with about 150 seeds. Seeds round-triangular, thin, flat, papery, black.

[99].

Table 2-1 Traditional uses of *Agave sisalana* Perrine

Traditional uses	Parts Used	Reference
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In India the plant is considered emmenagogue and abortive.	Not specify	[99]
In Morocco sap from the leaves is used as a wash for skin diseases. It is also used against syphilis, pulmonary tuberculosis, and jaundice. It can be used as a laxative.	Leaf	
Leaf decoction as a diuretic, while sap from the leaves is taken to treat constipation and stomach-ache and externally applied to cuts.	Leaf	
In East Africa a root decoction is drunk as a diaphoretic	Root	
Hecogenin from sisal leaves a precursor in the partial synthesis of corticosteroids such as cortisone, hydrocortisone and prednisone.	Leaf	

Table 2-2 Chemical constituents of *Agave sisalana* Perrine

Chemical constituents	Parts Used	Reference
Saponins , Glycosides, Phlobatannins , Terpenoids , Cardiac glycosides , Flavonoids, Tannins	Juice	[100]
Saponin of hecogenine	Leaf	[101]

Table 2-3 Biological and pharmacological activities of *Agave sisalana* Perrine

Activities	Parts Used	Reference
Anti-microbial activities of saponin, anti-cancer,	Leaf	[101]
Anti-inflammatory and Anti-cardiovascular activity		

Table 2-4 Toxicity assessment of *Agave sisalana* Perrine

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	The methanolic extracts showed percentage of mortality at 60% (800 and 600 PPM) and 30% (400 PPM).	[102]
MTT assay: Mouse fibroblast cell line BALB/c 3T3.	Leaf	The hexanic fraction did not induce mortality of BALB/c 3T3 cells at concentrations of 50-500 μ M.	[103]
Acute toxicity:	Leaf	Acute toxicity: The aqueous extract of all	[102]

Oral administration of Wistar rats at a single dose of 50, 100, 200 and 400 mg/kg for 72 h. Sub-chronic toxicity: Oral administration of Wistar rats at the doses of 50, 100, 200 and 400 mg/kg for 14 days.		doses showed no rat mortality. Sub-chronic toxicity: Mortality rate for 50 and 100 mg/kg doses was 20%.	
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Whole plant [104]

Figure 11 of *Agave sisalana* Perrine



3. *Allium ascalonicum* L.

Scientific name: *Allium ascalonicum* L.

Synonyms: *Allium carneum* Willd.

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Allium fissile Gray

Allium hierochuntinum Boiss.

Common name: Shallot

Local name: Hom-daeng

Family: Alliaceae

Distribution: Southeast Asia

Parts Used: Bulbs

Description of the Plant: It is biennial or perennial herb grows up to 1-3 feet high. It possesses a single onion like tuber, 1-2 inches long, It has elongated terminal spike inflorescence stalk of 1-2 feet. It is broader at base and tapering towards apex. It possess cluster of small white flowers at its apex [105].

Table 3-1 Traditional uses of *Allium ascalonicum* L.

Traditional uses	Parts Used	Reference
Anti-haemorrhoidal, pain in pelvic region, cardiac diseases, chronic fever, chronic inflammation, Chronic skin diseases, decreased digestive enzymes, microbes/foreign organisms. It will also act as adsorbent, aggravates bile, anti-microbial, Good for eyes, Appetizer, digestant, helps in union of fractured bones, good for throat, increases blood, enhances colour and complexion, anti-inflammatory, strengthening, nourishing, rejuvenator, aphrodisiac, anti-spasmodic, Mitigates tumors, Skin diseases, wound healing, Used in ear diseases, Purifies menses	Leaf	[105]
Bacterial skin infections, tinea capitis, and hair loss	Bulb	[106]

Table 3-2 Chemical constituents of *Allium ascalonicum* L.

Chemical constituents	Parts Used	Reference

Saponins	Bulb	[107]
Flavonoids	Bulb	[107, 108]
Triterpenoid glycosides	Rhizome	[109]
Phenolic compounds, saponins, and carbohydrates	Not mentioned	[106]

Table 3-3 Biological and pharmacological activities of *Allium ascalonicum* L.

Activities	Parts Used	Reference
Anti-inflammatory	Bulb	[110]
Anti-microbial	Leaf, Bulb	[111], [112, 113]
Anti-Helicobacter pylori	Leaf	[111]
Anti-oxidant	Bulb	[114]
Anti-fungal	Bulb	[112, 115]
Antiallergic	Bulb	[116]
Hypoglycemic and antidiabetic	Bulb	[114, 117]
Anticarcinogenic	Bulb	[110, 114]
Wound Healing	Bulbs	[113]
Anti-angiogenesis	Bulbs	[108]

Table 3-4 Toxicity assessment of *Allium ascalonicum* L.

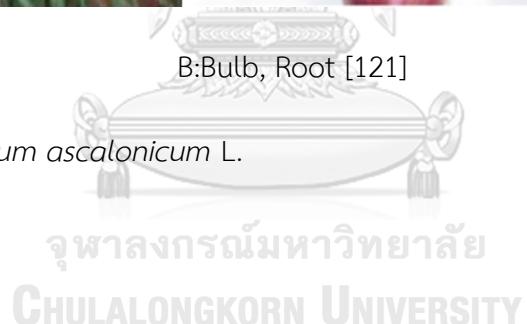
Toxicity assessment	Parts Used	Results	References
MTT assay: Human cervical malignant cell line (HeLa), ovarian carcinoma cell line (OVCAR-3), and human umbilical vein endothelial cell line (HUVEC).	Flowers	The butanol extract showed the most potent cytotoxic effects against OVCAR-3, HeLa and HUVEC cell lines with IC ₅₀ values of 38±2, 56±1.4, and 60±3.5 µg/ml, respectively.	[118]
MTT assay: Human hepatoma cell line (<i>HepG2</i>).	Bulbs	The ethanolic extract of both dry and fresh shallot showed IC ₅₀ values around 50 µg/ml.	[119]
Acute toxicity: Oral administration of ICR (Imprinting Control Region) mice with a single dose of 2,000 mg/kg.	Bulbs	The aqueous extract did not show any indication of physical or behavioral changes and did not cause mortality. The LD ₅₀ of	[120]

		the extract was estimated to be higher than 2,000 mg/kg.	
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A : Leaf[105]

B:Bulb, Root [121]

Figure 12 of *Allium ascalonicum* L.



4. *Allium sativum* L.

Scientific name:

Allium sativum L.

Synonyms:

Allium arenarium Sadler

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Allium arenarium Sadler ex Rchb.

Allium controversum Schrad.

Allium controversum Schrad. ex Willd.

Allium longicuspis Regel

Allium ophioscorodon Link

Allium pekinense Prokh.

Allium sativum f. asiae-mediae Kazakova

Allium sativum f. pekinense (Prokh.) Makino

Allium sativum f. sagittatum Kazakova

Allium sativum f. vulgare Kazakova

Allium sativum subsp. *asiae-mediae* Kazakova

Allium sativum subsp. *controversum* (Schrad. ex Willd.) K.Richt.

Allium sativum subsp. *ophioscorodon* (Link) Schübl. & G.Martens

Allium sativum subsp. *sativum*

Allium sativum subsp. *subrotundum* (Gren. & Godr.) K.Richt.

Allium sativum var. *controversum* (Schrad. ex Willd.) Nyman

Allium sativum var. *controversum* (Schrad. ex Willd.) Regel, 1875

Allium sativum var. *ophioscorodon* (Link) Döll

Allium sativum var. *pekinense* (Prokh.) F.Maek.

Allium sativum var. *subrotundum* Gren. & Godr.

Allium scorodoprasum subsp. *viviparum* (Regel) K.Richt.

Allium scorodoprasum var. *multibulbosum* Y.N.Lee

Allium scorodoprasum var. *viviparum* Regel

Porrum ophioscorodon (Link) Rchb.

Porrum sativum (L.) Rchb.

Common name: Garlic

Local name: Kra-thiam

Family: Alliaceae

Distribution: Native to Iran, Kazakhstan, Kirgizstan, Tadzhikistan, Turkmenistan, Uzbekistan.

Parts Used: Bulb

Description of the Plant: A perennial flowering plant that grows up to 30–60 cm tall.

It has a characteristic pungent smell with a large variety of flavors and textures when it is raw or cooked [122].

Table 4-1 Traditional uses of *Allium sativum* L.

Traditional uses	Parts Used	Reference
Hypertension, coronary heart disease, hypercholesterolemia, cancer and infections	Bulb	[123]
Fevers, headaches, intestinal worms, and dysentery		[124]
Antiparasite		[125]
Infectious diseases, influenza, chronic bronchitis, tuberculosis, asthma, whooping cough, runny nose, high blood pressure, vascular cramps, varicose veins, haemorrhoids, formation of urinary stones, gout, insufficient urinary excretion, oedema, intestinal parasites, ailments of respiratory tract, circulatory	Clove	[126]

disorders, diseases of urinary tract, dropsy and over-weight, increases muscle tone, lowers blood pressure		
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Table 4-2 Chemical constituents of *Allium sativum* L.

Chemical constituents	Parts Used	Reference
S-allyl-L-cysteine sulfoxide (alliin)	Bulb	[124]
Eugenol di-glycosides and β -carboline alkaloids		
Mainly diallyl sulphide, allicin, allisatin	Clove	[126]

Table 4-3 Biological and pharmacological activities of *Allium sativum* L.

Activities	Parts Used	Reference
Lipid-lowering effects, antiplatelet activity and antiatherosclerotic activities	Bulb	[127]
Anti-adipogenic		[124]
Anti-immature		[125]
Anti-biofilm and Antibacterial		[128]
Anti-Angiogenesis and Antithrombotic		[129]
Anti-Proliferation		[130]
Antiseptic, derivant, vermifuge	Clove	[126]

Table 4-4 Toxicity assessment of *Allium sativum* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Bulb	The aqueous and methanolic extracts showed LC50 values of 8.18 µg/ml and 10.84 µg/ml, respectively.	[131]
MTT assay: U-937 (human leukemic monocyte lymphoma cell line), Clone E6-1 (human acute T cell leukemia cell line) and K-562 (human chronic myelogenous leukemia cell line)	Bulb	The methanolic extract showed IC50 values of 105 ± 2.21 , 489 ± 4.51 and 455 ± 3.13 µg/ml on U-937, Jurkat Clone E6-1 and K-562 cell, respectively. In this study, the garlic extract showed cytotoxic effects to all the human leukemic cell lines tested.	[132]
Acute toxicity: Oral administration of Wistar rats at doses of 100, 1,000, 2,500 and 5,000 mg/kg.	Bulb	The aqueous extract showed LD50 value more than 5,000 mg/kg, practically non-toxic.	[122]

Acute toxicity test: An Indian air-breathing fish, <i>Clarias batrachus</i> Linn.	Bulb	The garlic extract showed LC50 of 7391.36 mg/kg.	[132]
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Bulb clove [126]

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Figure 13 of *Allium sativum* L.

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5. *Alpinia galanga* (L.) Willd

Scientific name:

Alpinia galanga (L.) Willd

Synonyms:

Alpinia alba (Retz.) Roscoe

Alpinia bifida Warb.

Alpinia carneae Griff.

Alpinia galanga var. *galanga*

Alpinia galanga var. *pyramidalis* (Blume) K.Schum.

Alpinia pyramidata Blume

จุฬาลงกรณ์มหาวิทยาลัย
Alpinia rheedei Wight

Alpinia viridiflora Griff.

Amomum galanga (L.) Lour.

Amomum medium Lour.

Galanga major Garsault

Galanga major infrasubsp. *oppr*

Galanga officinalis Salisb.

Hellenia alba (Retz.) Willd.

Heritiera alba Retz.

Languas galanga (L.) Stuntz

Languas pyramidata (Blume) Merr.

Languas vulgare J.Koenig

Maranta galanga L.

Zingiber galanga (L.) Stokes

Zingiber medium Stokes

Zingiber sylvestre Gaertn.

Common name: Glalangl. Greater Galangal. Chinese Ginger

Local name: Kha

Family: Zingiberaceae

Distribution: Tropical realm of Asia

Parts Used: Rhizome

Description of the Plant: Robust rhizomatous herb, forming large clumps, up to 3 m

tall. Rhizomes whit-ish externally, pale yellow internally, 1 cm long, light yellow;

anther 5–7 mm long, creamy white. Capsule oblong, slightly contracted at middle,

dark red, 1–1.5 cm long, 5–7 mm wide. Seeds black [133]



Table 5-1 Traditional uses of *Alpinia galanga* (L.) Willd

Traditional uses	Parts Used	Reference
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It is used for emaciation and to clean the mouth. It stimulates the digestive power, appetite and acts as a purgative	Seed	[134]
It is generally used as a spice. It is also a good source of essential oil. The flowers and young shoots are also used as a vegetable or as a spice.	Rhizome	
Used to treat pungent, bitter, heating, stomachic, improve appetite, disease of heart, aphrodisiac tonic, expectorant, use in heal, ache, lumbago, rheumatic pains, chest pain, diabetes, burning of liver, kidney disease, disinfectants.	Not specify	[135]

Table 5-2 Chemical constituents of *Alpinia galanga* (L.) Willd

Chemical constituents	Parts Used	Reference
Phenylpropanoids	Rhizome	[136]
Galango flavonoid, acetoxychavicol acetate (ACE), phenylpropanoids and phdroxybenzaldehyde, acetoxycineoles, glucopyranosides, glucopyranoside, and glucopyranoside	Rhizome	[135]
Galangin, Kaempferol, Quercetin, Myricetin, Galangin 3-methyl ether, Kaempferide,	Rhizome, seed	[133]

Isokaempferide, Kumatakenin, Isorhamnetin, Quercetin 3-methyl ether, Pinobanksin 3-acetate, Pinobanksin 3-cinnamate, Alpinone, Pinocembrin, Catechin.		
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Table 5-3 Biological and pharmacological activities of *Alpinia galanga* (L.) Willd

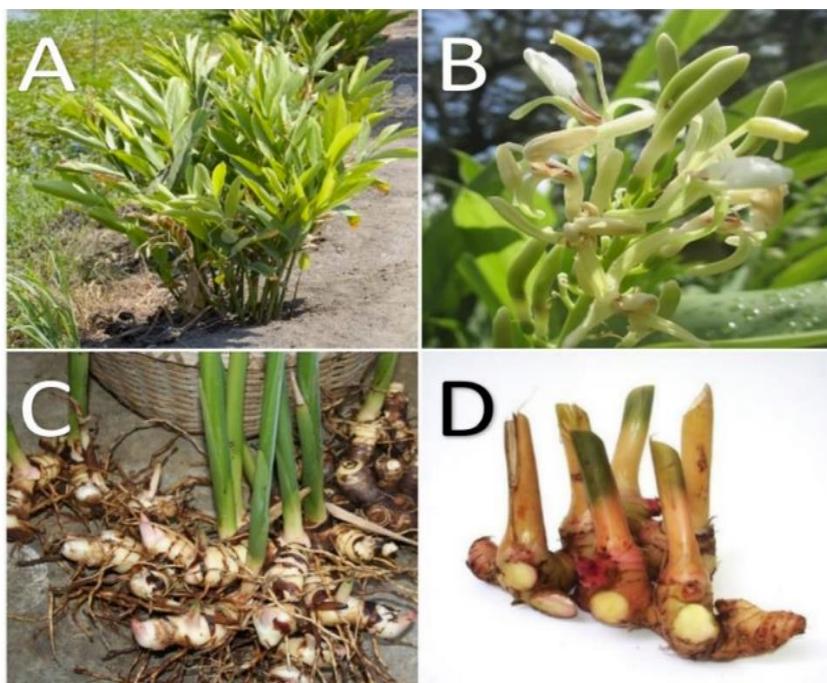
Activities	Parts Used	Reference
Anti-microbial, anti-cancer, anti-oxidant, anti-diabetic, anti-inflammatory, immunomodulating, hepatotoxicity, anti-fungal, anti-ulcer	Rhizome	[134]
Insecticidal	Rhizome	[136]
Anti-tubercular activity, hypothermia, bronchial catarrh, tonic, stomachic and stimulant	Rhizome	[135]

Table 5-4 Toxicity assessment of *Alpinia galanga* (L.) Willd

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Rhizomes	Methanolic Extraction In cytotoxicity study, the extract caused 46.7% mortality of brine shrimp larvae after 24 hours at a	[137]

		<p>concentration of 62.5 µg/mL which is considered moderate toxic. While, at a concentration of 1000µg/mL, the mortality rate of brine shrimp larvae was 100% which is considered extremely toxic.</p>	
MTT assay: Breast cancer cells (4T1) and normal fibroblast cells (NIH-3T3).	Rhizomes	<p>Ethanoic extract effectively inhibited the growth of 4T1 cells with an IC50 value of 135 µg/ml while up to a concentration of 200 µg/ml, did not show a cytotoxic effect on NIH-3T3 cells.</p>	[138]
<p>Acute toxicity test: Oral administration of Swiss albino mice at a dose of 0.5 g/kg, 1 g/kg, and 3 g/kg for 24 hours.</p> <p>Chronic toxicity test: Oral administration of</p>	Rhizomes	<p>Ethanol extract, Acute toxicity test: The results showed no signs of toxicity and no mortality up to dose of 3 g/kg.</p> <p>Chronic toxicity test: The mortality in the test group was</p>	[139]

Swiss albino mice at a dose of 100 mg/kg/day for 3 months.		not significant as compared to the control.	
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A: Whole plant

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B: Flower

C: Root

D: Rhizome

Figure 14 of *Alpinia galanga* (L.) Willd [140]

6. *Amomum krervanh* Pierre ex Gagnep

Scientific name:

Amomum krervanh Pierre ex Gagnep

Synonyms:

Amomum verum Blackw.

Amomum krervanh Pierre ex Gagnep.

Common name:

Round Siam cardamom

Local name:

Kra-van

Family:

Zingiberaceae

Distribution:

Native to Thailand and Cambodia, widely in

Southeast Asia

จุฬาลงกรณ์มหาวิทยาลัย

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Parts Used:

Fruit

Description of the Plant: The plant consists of several parts such as underground rhizomes, the pseudostem, which is made of leaf sheath and fruit. The leafy shoots are formed by long, sheathlike stalks encircling one another [141].

Table 6-1 Traditional uses of *Amomum krervanh* Pierre ex Gagnep

Traditional uses	Parts Used	Reference
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Stomach disorders	Not mentioned	[142]
Digestion promoter and treatment of dyspnea	Root and rhizome	[143]

Table 6-2 Chemical constituents of *Amomum krervanh* Pierre ex Gagnep

Chemical constituents	Parts Used	Reference
Myrtenal, myrtenol and trans-pinocarveol	Fruit	[144]
Artemisinin	Fruit	[145]
β -pinene, cineole, linalool, a-terpinyle, and terpinyle acetate	Fruit	[146]
1,8-cineole (59.7%), b-pinene (2.4%), a-pinene (1.8%), p-cymene (1.32%), and a-terpinenyl acetate (5.10%)	Fruit	[147]

Table 6-3 Biological and pharmacological activities of *Amomum krervanh* Pierre ex Gagnep

Activities	Parts Used	Reference
Antimalarial	Fruit	[144, 145]
High antibacterial activity against Grampositive Bacillus subtilis as well as against Gram-negative <i>Escherichia coli</i>	Root and rhizome	[143]

Table 6-4 Toxicity assessment of *Amomum krervanh* Pierre ex Gagnep

Toxicity assessment	Parts Used	Results	References
Larvicidal activity against <i>Culex quinquefasciatus</i> .	Fruit	The ethanolic extract showed LC50 of 235.79 ppm.	[148]
Topical toxicity on <i>Apis mellifera</i> adults	Fruit	The ethanolic extract showed 48 h-LD50 value of 158.23 µg each bee.	[149]
MTT assay: Macrophage RAW 264.7 cells.	Fruit	The ethanolic extract showed cell viability of more than 80%. At $18.68 \pm 2.16 \mu\text{g/ml}$	[150]



Whole plant with shoots

Figure 15 of *Amomum krevanh* Pierre ex Gagnep [151]

7. *Apium graveolens* L.

Scientific name: *Apium graveolens* L.

Synonyms: *Apium celleri* Gaertn.

Apium decumbens Eckl. & Zeyh.

Apium graveolens f. *lusitanicum* (Mill.) J.Helm

Apium graveolens subsp. *butronensis* (D.Gómez & G.Monts.) Aizpuru

Apium graveolens subsp. *dulce* (Miller) Schübler & Martens

Apium graveolens subsp. *rapaceum* (Mill.) P.D.Sell

Apium graveolens subsp. *rapaceum* (Mill.) Schübl. & G.Martens, 1834

Apium graveolens var. *bashmensis* Hosni

Apium graveolens var. *butronensis* D.Gómez & G.Monts.

Apium graveolens var. *dulce* (Mill.) DC.

Apium graveolens var. *dulce* (Mill.) Pers.

Apium graveolens var. *lusitanicum* (Mill.) DC.

Apium graveolens var. *maritimum* Dumort.

Apium graveolens var. *montevidensis*

Apium graveolens var. *rapaceum* (Mill.) DC., 1830

Apium graveolens var. *rapaceum* (Mill.) Gaudin

Apium graveolens var. *rapaceum* (Mill.) Poir.

Apium graveolens var. *secalinum* Alef., 1866

Apium integrilobum Hayata

Apium lobatum Gilib.

จุฬาลงกรณ์มหาวิทยาลัย
Apium lusitanicum Mill.

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Apium maritimum Salisb.

Apium napaceum Chaz.

Apium palustre Thore

Apium rapaceum Mill.

Apium vulgare Bubani

Carum graveolens (L.) Koso-Pol.

Celeri graveolens (L.) Britton

Celeria graveolens (L.) Britto

Helosciadium graveolens (L.) Rojas Acosta

Helosciadium ruta (Burm.fil.) DC.

Helosciadium rutaceum St.-Lag.

Libanotis graveolens G.Don

Selinum graveolens (L.) E.H.L.Krause

Seseli graveolens (L.) Scop.

Sison ruta Burm.fil.

Sison trifidum Burm.

Sison trifidum Burm. ex DC.

Sium apium Roth

Sium graveolens (L.) Vest

Smyrnium laterale Thunb.

Family:



Apiaceae/ Umbelliferae

Common name: Celery, Smalstage

Local name: Khuen-chai

Distribution: Europe

Parts Used: Whole plant, leaf

Description of the Plant: Celery (*Apium graveolens* L.) is a widespread perennial or annual plant. The leaves of celery are quite different in pattern and petiole produces

more leaves that are relatively thinner having delicate petioles. Colors of the flowers can range from green to pale green and pale green to yellow [152].

Table 7-1 Traditional uses of *Apium graveolens* L.

Traditional uses	Parts Used	Reference
Asthma, bronchitis, hypertension, diabetes, gastrointestinal disorders, urinary calculi, visceral spasm, impotency, and hepatitis	Not specify	[153]
Rheumatoid arthritis, gout, and kidney complaints	Seed	[154]

Table 7-2 Chemical constituents of *Apium graveolens* L.

Chemical constituents	Parts Used	Reference
Alkaloids, phenolic acids, terpenes, glycosides, and flavonoids	Not specify	[153]
Limonene, sedanenolide and butylphthalide	Seed	[155]
Folic acid, potassium, sodium, fibers, β -carotene, magnesium, silica and chlorophyll	Not specify	[152]

Table 7-3 Biological and pharmacological activities of *Apium graveolens* L.

Activities	Parts Used	Reference

Anticancer, anti-obesity, anti-hepatotoxic, and antihypertensive	Not specify	[153]
Antioxidant, and antimicrobial activity	Not specify	[153]
Antimicrobial, antiviral activity against the herpes simplex virus,	Seed	[155]



Table 7-4 Toxicity assessment of *Apium graveolens* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Fruit	The aqueous extract showed LC50 value of 900 µg/ml.	[156]
MTT assay: The anti-proliferative activity of five cancer cell lines (Vero, 3A, L-929, A-549, and L6.BRL)	Whole plant	The hydroethanolic extract demonstrated moderate to high cytotoxic effects in five-cell lines with the IC50 values ranging of 443-168.5 µg/ml.	[153]

Acute toxicity: Oral administration of Wistar albino rats in the dose range 0.25g-12 g/kg for 14 days.	Aerial parts	The ethanolic extract revealed LD50 dose of 7.55 g/kg body weight and no toxic symptoms over a period of 14 days.	[157]
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จุฬาลงกรณ์มหาวิทยาลัย
Whole plant[158]

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Seed [159]

Figure 16 of *Apium graveolens* L.



8. *Areca catechu* L.

จุฬาลงกรณ์มหาวิทยาลัย
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Scientific name: *Areca catechu* L.

Synonyms: *Areca catechu* f. *communis* Becc.

Areca catechu var. *alba* Blume

Areca catechu var. *batanensis* Becc.

Areca catechu var. *longicarpa* Becc.

Areca catechu var. *nigra* Giseke

Areca catechu var. *silvatica* Becc.

Areca cathechu Burm.f.

Areca cathecu L.

Areca faufel Gaertn.

Areca himalayana Griff.

Areca himalayana Griff. ex H.Wendl.

Areca hortensis Lour.

Areca macrocarpa Becc.

Areca nigra Giseke

Areca nigra Giseke ex H.Wendl.

Sublimia areca Comm.

Sublimia areca Comm. ex Mart.

Sublimia areca infrasubsp. Publ

Common name: Areca palm, Betelnut palm

Local name: จุฬาลงกรณ์มหาวิทยาลัย
Mark

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Family: Arecaceae

Distribution: Asia and Pacific

Parts Used: Fruit, nut

Description of the Plant: Commonly known as Betel palm or Betel nut tree is a species of palm. Areca palms are grown in India, Malaysia It is a medium-sized tree growing to 20 m tall with a trunk 20-30 cm in diameter. The leaves are 1.5-2 m long, pinnate with numerous crowded leaflets [160].



Table 8-1 Traditional uses of *Areca catechu* L.

Traditional uses	Parts Used	Reference
Cure diseases with digestive, carminative, antiulcer, anti-diarrheal, anthelmintic, anti-malarial, anti-hypertension, diuretic, antibacterial, hypoglycemic, anti-heartburn properties	Fruit nut	[161]
Kill parasites and promote digestion, abdominal distension, dyspepsia, dysentery, and constipation), parasitic diseases, and edematous disease	Seed	[162]
Diabetic problems	Seed	[163]

Table 8-2 Chemical constituents of *Areca catechu* L.

Chemical constituents	Parts Used	Reference
Arecoline, arecaidine, guvacine, guvacoline, isoguvacine, arecoldine and homoarecoline	Fruit nut	[161]
Arecoline	Seed	[163]
Flavonoid, tannin, saponin		
Alcaloid, flavonoid, saponin and tannin	Seed	[164]

Areca temines A-C (1–3), together with five known ones (4–8)	Fruit nut	[165]
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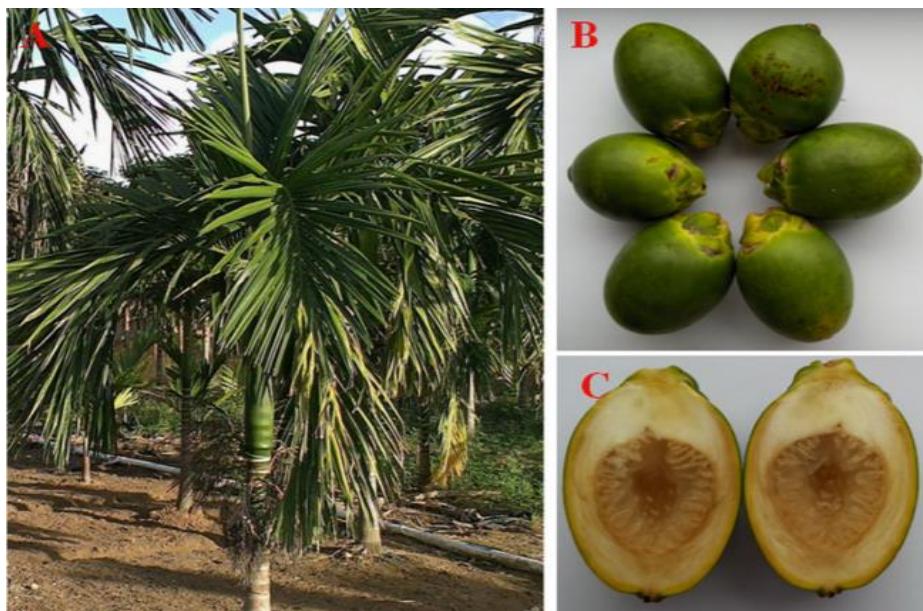
Table 8-3 Biological and pharmacological activities of *Areca catechu* L.

Activities	Parts Used	Reference
Laxative, digestive, carminative, antiulcer, anti-diarrheal, anthelmintic, anti-malarial, anti-hypertension, diuretic, prohealing, antibacterial, hypoglycemic, anti-heartburn	Fruit nut	[161]
Significant positive activities in the nervous system	Fruit nut	[165]
Anti-bacteria	Fruit nut	[162]

Table 8-4 Toxicity assessment of *Areca catechu* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Seed	The methanolic extract showed an LC50 value of 347.86 µg/ml.	[163]
Brine shrimp lethality assay (BSLA)	Seed	The acetonic extract showed more cytotoxicity than the ethanolic extract with LC50 values of 17.02	[162]

		$\mu\text{g}/\text{ml}$ and 20.14 $\mu\text{g}/\text{ml}$, respectively.	
MTT assay: Human oral squamous carcinoma <i>cell line</i> (HSC-2, HSC-3) and human keratinocyte <i>cell line</i> (<i>HaCat</i>)	Seed	The ethanolic extract showed IC ₅₀ of 629.50 $\mu\text{g}/\text{ml}$ in HSC-2 cells and 164.06 $\mu\text{g}/\text{ml}$ in HSC-3 but did not develop cytotoxicity to HaCat cells.	[166]
Acute toxicity: Oral administration of Sprague-Dawley rats at single dose 15.000 mg/kg body weight for 14 days.	Seed	Aqueous extract The LD ₅₀ was found to be >15.00 mg/kg body weight and no mortality was observed during the course of study period.	[167]



A: Whole plant

B: Fruit

C: Inside of fruit

Figure 17 of *Areca catechu* L. [168]9. *Averrhoa bilimbi* L.Scientific name: *Averrhoa bilimbi* L.Synonyms: *Averrhoa abtusangulata* Stokes

Averrhoa obtusangula Stokes

Common name: Oxalis

Local name: Taling-pling

Family: Oxalidaceae

Distribution: Tropical and subtropical

Parts Used: Flower, fruit

Description of the Plant: A small tree which grows up to 15 m high with sparsely arranged branches. It has compound leaves with twenty–forty leaflets each and 5–10 cm long. The fruits are greenish in color with a firm and juicy flesh which becomes soft on ripening [169].

Table 9-1 Traditional uses of *Averrhoa bilimbi* L.

Traditional uses	Parts Used	Reference
Fever, inflammation of the rectum, and diabetes	Leaf	[169]
Pimples, scurvy, bilious colic, whooping cough, hypertension, obesity, and diabetes	Fruit	

Table 9-2 Chemical constituents of *Averrhoa bilimbi* L.

Chemical constituents	Parts Used	Reference

Tannins, Phlobatannins, Saponins, Flavonoids Terpenoids, Cardiac glycosides, Anthocyanins Flavonoid, Alkaloids, Phenols	Leaf, Fruit	[170]
Nonanal (2.7 mg/kg), (Z)-3-hexenol (0.48 mg/kg), hexadecanoic acid (0.31 mg/kg), octane (0.29), tricosane (0.27 mg/kg), (E)-2-decenal (0.26 mg/kg), nonanoic acid (0.25 mg/kg), (Z)-9-pentacosene (0.24 mg/kg), 2-furfural (0.18 mg/kg), and (Z)-9-tricosene (0.11 mg/kg). The remaining compounds were present in infinitesimal quantities (<0.1 mg/kg).	Fruit pulp	[169]
Alkaloid, tannins, saponins, flavonoids, cardiac glycosides, glycosides, triterpenes, phenols, and carbohydrates	Leaf	[169]

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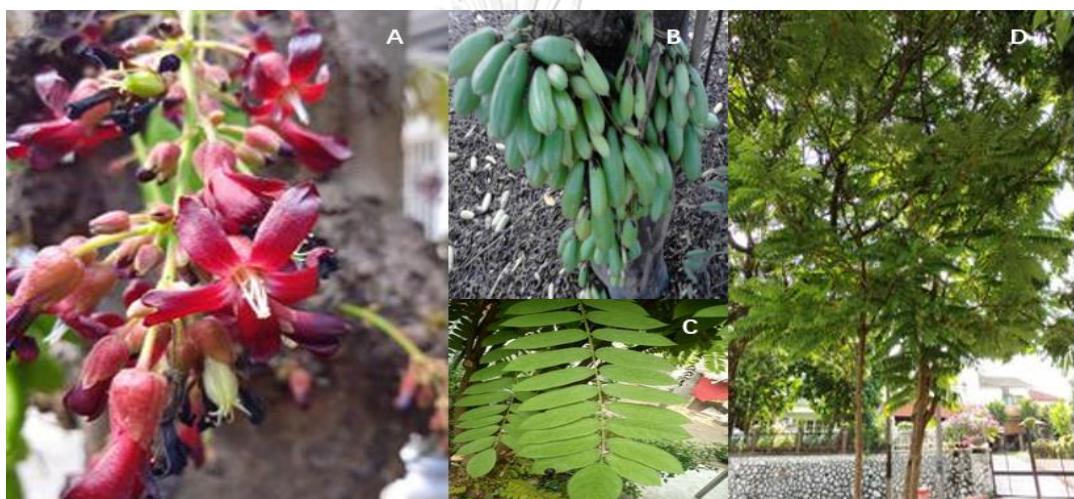
Table 9-3 Biological and pharmacological activities of *Averrhoa bilimbi* L.

Activities	Parts Used	Reference
Antioxidant	Leaf, Fruit, Twigs	[171, 172]
Antioxidant activity, catalytic activity, antihyperlipidemic, nitric acid inhibition, antidiabetic and antimicrobial and cytotoxic	Fruit	[171]
Antibacterial	Leaf, Fruit	[170, 173]

Table 9-4 Toxicity assessment of *Averrhoa bilimbi* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	The Ethanol extract showed LC50 value of 581 $\mu\text{g}/\text{ml}$. moderate cytotoxic activity	[169]
	Fruit	The methanol extract, CCl4 fraction and petroleum ether fraction showed LC50 values of 0.005 $\mu\text{g}/\text{ml}$, 1.198 $\mu\text{g}/\text{ml}$ and 0.781 $\mu\text{g}/\text{ml}$, respectively.	
MTT assay: MCF-7 human breast cancer cell.	Fruit and leaf	The methanolic fruit extract exhibited cytotoxic potential against MCF-7 human breast cancer cell lines with an IC50 value of 154.9 $\mu\text{g}/\text{ml}$ whereas an IC50 value of 668 $\mu\text{g}/\text{ml}$ was observed for ethanolic leaf extract.	[174]

Acute toxicity: Oral administration of Sprague Dawley rats at a single dose of 2000 mg/kg and 5000 mg/kg.	Fruit	The ethanolic extract showed LD50 value of higher than 5000 mg/kg.	[175]
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A: Flower, B: Fruit, C: Leaf, D: Whole plant
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Figure 18 of *Averrhoa bilimbi* L. [171]

10. *Azima sarmentosa* (Blume) Benth. & Hook.f.Scientific name: *Azima sarmentosa* (Blume) Benth. & Hook.f.Synonyms: *Actegeton* Blume*Kandena* Raf.*Monebia* L'Her.*Monetia* L'Hér.

Common name:

Thorn jasmine

Local name:

Ton-phong-dor

Family:

Salvadoraceae

Distribution:

Tropical Africa, Asia and Madagascar

Parts Used:

Root, Bark, Leaf

Description of the Plant: Shrubs erect; branches 2-4 m tall, scrambling or drooping.

Axillary spines 2-16 mm, strict and acute. calyx 1.2-1.5 mm; petals shorter than in

male flowers. Berry white or green, globose [176].

Table 10-1 Traditional uses of *Azima sarmentosa* (Blume) Benth. & Hook.f.

Traditional uses	Parts Used	Reference
Prevent cancer	Not specify	[177]

Table 10-2 Chemical constituents of *Azima sarmentosa* (Blume) Benth. & Hook.f.

Chemical constituents	Parts Used	Reference

Alkaloids, tannins, antraquinones and cardiac glycosides	Not specify	[178]
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Table 10-3 Biological and pharmacological activities of *Azima sarmentosa* (Blume)

Benth. & Hook.f.

Activities	Parts Used	Reference
Antiviral	Not specify	[179]

Table 10-4 Toxicity assessment of *Azima sarmentosa* (Blume) Benth. & Hook.f.

Toxicity assessment	Parts Used	Results	References
Larvicidal effect on larvae of tick; <i>Boophilus microplus</i> .	Stem&leaves and root	The ethanolic extract of stem&leaves and root showed 74.91% and 73.58 mortality rate, respectively.	[181]



A: Leaf with flower [182], B: whole plant

Figure 19 of *Azima sarmentosa* (Blume) Benth. & Hook.f.



11. *Barleria lupulina* Lindl.

Scientific name: *Barleria lupulina* Lindl.

Synonyms: *Barleria macrostachya* Bojer

Barleria monostachya Bojer

Barleria monostachya Bojer ex Bouton, 1834

Barleria norbertii Benoist

Dicliptera spinosa Lodd.

Dicliptera spinosa Lodd. ex Nee

Common name: Hop-headed barleria

Local name: Salet-phang-phon-tua-phu

Family: Acanthaceae

Distribution: Tropical and subtropical regions

Parts Used: Root, Leaf

Description of the Plant: It is a tiny bush widely distributed and domesticated in the
Southeast Asia region [183].

Table 11-1 Traditional uses of *Barleria lupulina* Lindl.

Traditional uses	Parts Used	Reference
Used traditionally as an anti-inflammatory, antidiabetic, analgesic, antimicrobial and anti-ulcerogenic agent.	Not specify	[184]

Bleeding when cut and the as poultice to relief pain. It is also used as an anti-inflammatory against insect bites, snake bites, herpes simplex virus	Leaf	[185]
Anti-inflammatory agent for insect bites and as a remedy for herpes simplex and varicella zoster lesions	Not specify	[183]

Table 11-2 Chemical constituents of *Barleria lupulina* Lindl.

Chemical constituents	Parts Used	Reference
Terpenes, flavonoids, lignins, alkaloids, particularly the iridoid glycosides.	Not specify	[186]
Glycosides i.e. Barlerin, shanzhiside, methyl ester	Leaf and stem	[184]
Alkaloids, steroids, saponins, cardiac glycosides, tannins, aminoacids, sugars and flavonoids	Leaf	
Barlerin, acetylbarlerin, shanzhiside methyl ester, acetylshanzhiside	Leaf	[185]

Table 11-3 Biological and pharmacological activities of *Barleria lupulina* Lindl.

Activities	Parts Used	Reference

Anti-inflammatory, analgesic, anti-leukemic, antitumor, anti-hyperglycemic, anti-amoebic, virucidal, diuretic, bactericidal and antibiotic	Not specify	[184]
Antibacterial, antioxidant and Immunomodulatory	Leaf and stem	[187]
Antimicrobial, Anti-inflammatory, Analgesic, Antiulcerogenic, Antidiabetic, Neuropharmacological, Toothache, Antibacterial, Anticancer, Antiarthritis, Acute and sub-chronic diuretic, Anti-viral	Not specify	[184]

Table 11-4 Toxicity assessment of *Barleria lupulina* Lindl.

Toxicity assessment	Parts Used	Results	References
MTT assay: Hep G2 cells (a perpetual cell line consisting of human liver carcinoma cells).	Leaf	The ethanolic extract was effective at 50 µg/ml while aqueous extract inhibited cell growth at 1000 µg/ml. Only 30% cell death was observed in both cases after 24 h.	[188]
NRU assay: Hep G2 cell line.	Leaf	The ethanolic extract caused 52% cell death at 750 µg/ml and IC ₅₀ value was found at 650 µg/ml.	[188]

Toxicity test: Oral administration of albino rat at doses of 200, 400, 600 mg/kg.	Leaf and stem	Toxicity analysis of all different doses of methanolic leaf and stem extracts showed no mortality of albino rats.	[187]
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Figure 20 of *Barleria lupulina* Lindl. [189]



12. *Calotropis gigantea* (L.) Dryand

Scientific name:

Calotropis gigantea (L.) Dryand

Synonyms:

Calotropis gigantea (L.) W.T.Aiton

Common name:

Milk weed, Sodom Apple (Deseret), Madar, Giant

milkweed

Local name:

Rak

Family:

Apocynaceae

Distribution:

Tropical and subtropical regions of the world

Parts Used:

Leaf

Description of the Plant: It is a glabrous and laticiferous shrub known as “Swallow Wort” or “Milk Weed” [190].

Table 12-1 Traditional uses of *Calotropis gigantea* (L.) Dryand

Traditional uses	Parts Used	Reference
Anthelmentic, leprosy, asthma, diabetes mellitus, rheumatoid arthritis, neurodermatitis, syphilis and cancers	Not mentioned	[191]

Disorders such as diabetes mellitus, bronchial asthma, rheumatoid arthritis, and nervous disorders	Flower	[192]
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Table 12-2 Chemical constituents of *Calotropis gigantea* (L.) Dryand

Chemical constituents	Parts Used	Reference
Alkaloids, cyanogenic, glycosides, phenolics, tannins, cardenolides, flavonoids, terpenes and sterols	Not specify	[192]
Hydroxymethyl furfural	Leaf	

Table 12-3 Biological and pharmacological activities of *Calotropis gigantea* (L.)

Dryand

Activities	Parts Used	Reference
Analgesic, antimicrobial, antioxidant, anti-pyretic, anti-inflammatory, insecticidal, cytotoxic, hepatoprotective, pregnancy interceptive, procoagulant and wound healing activities.	Not specify	[193]
Analgesic, antitumor, antihelmintic, antioxidant, hepatoprotective, antidiarrhoeal, anticonvulsant, antimicrobial, oestrogenic, antinociceptive, and antimalarial activity.	Not specify	[194]

Analgesic activity, antimicrobial and cytotoxic activity.	Flower	[192]
Anti-diarrhoeal activity, anticandida activity, antibacterial activity, antioxidant activity, and antidiabetic activity	Leaves and aerial part	

Table 12-4 Toxicity assessment of *Calotropis gigantea* (L.) Dryand

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf and root	The methanolic extract, ethyl acetate and n-hexane fractions of root showed LC50 values of 0.56, 0.95 and 1.36 µg/ml, respectively whereas n-hexane fraction of leaf showed LC50 value of 2.42 µg/ml .	[195]
MTT assay: Three human cancer cell lines: non-small cell lung carcinoma (A549), colon carcinoma (HCT 116) and hepatocellular carcinoma	Leaf	The dichloromethane extract showed strongly cytotoxic against three human cancer cell lines, but nontoxic to Chinese hamster ovary (AA8).	[196]

(Hep G2) and Chinese hamster ovary (AA8).			
Sub-acute toxicity: Intraperitoneal administration of Swiss albino mice at doses of 50, 100, 200, 500, 1000 and 2000 mg/kg for 28 days.	Aerial part (Latex)	The ethanolic and methanolic extracts do not cause sub-acute toxicity up to the level of 1000 mg/kg.	[197]



Whole plant with leaf and flower

Figure 21 of *Calotropis gigantea* (L.) Dryand [198]

13. *Camellia sinensis* (L.) Kuntze

Scientific name: *Camellia sinensis* (L.) Kuntze

Synonyms: *Camellia arborescens* Hung T. Chang & F.L. Yu

Camellia bohea (L.) Sweet

Camellia chinensis (Sims) Kuntze

Camellia sinensis f. *macrophylla* (Siebold ex Miq.) Kitam.

Camellia sinensis f. *parvifolia* (Miq.) Sealy

Camellia sinensis f. *rosea* (Makino) Kitam.

Camellia sinensis var. *sinensis*

Camellia thea Link (Illegitimate)

Camellia theifera var. *macrophylla* (Siebold ex Miq.) Matsum.

Camellia viridis Sweet

Thea bohea L.

Thea bohea var. *stricta* Aiton

Thea cantoniensis Lour.

Thea chinensis Sims

Thea cochinchinensis Lour.

Thea grandifolia Salisb.

Thea latifolia Lodd. ex Sweet

Thea longifolia Nois. ex Steud.

Thea olearia Lour. ex Gomes

Thea oleosa Lour.

Thea parvifolia Salisb.

Thea sinensis L.

Thea sinensis var. *macrophylla* Siebold

Thea sinensis var. *parvifolia* Miq.

Thea stricta Hayne

Thea viridis L.

Theaphylla anamensis Raf.

จุฬาลงกรณ์มหาวิทยาลัย
Theaphylla cantonensis (Lour.) Raf.

Theaphylla laxa Raf.

Theaphylla oleifera Raf.

Theaphylla viridis Raf.

Common name: Tea, cha, chai

Local name: Cha

Family: Theaceae

Distribution: Tropics and subtropics

Parts Used: Leaf, Bud, Flowers

Description of the Plant: Green tea is a small shrub that can expand up to 30 feet high but is customarily trimmed to 2-5 feet when cultivated for its leaves. The leaves are naturally murky green and glossy with notched edges and are 2-5cm broad and 4-15cm long [199].

Table 13-1 Traditional uses of *Camellia sinensis* (L.) Kuntze

Traditional uses	Parts Used	Reference
It prevention and treatment of a variety of cancers, mental alertness, weight loss, lowering cholesterol level, and UV protection.	Leaf	[199]
It could cure headaches, body aches, and pains to constipation and depression.	Leaf	[200]

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Table 13-2 Chemical constituents of *Camellia sinensis* (L.) Kuntze

Chemical constituents	Parts Used	Reference
Caffeine, theobromine, theophylline, xanthine, ascorbic acid, nicotinic acid, riboflavin, pantothenic acid, quercetin, kaempferol and inositol	Leaf	[201]
Alkaloids, flavonoids, saponins, tannins, and steroids or triterpenoids	Leaf	[202]

Catechin [(-)-epicatechin gallate (ECG), (-)-epicatechin (EC), (-)-epigallocatechin (EGC) and (-)-epigallocatechin gallate (EGCG)]	Not specify	[203]
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Table 13-3 Biological and pharmacological activities of *Camellia sinensis* (L.) Kuntze

Activities	Parts Used	Reference
DPP IV Inhibitory	Tea leaf Bud	[204]
Antioxidant	Leaf	[199, 201, 202]
Anti-diabetic, hypocholesterolemic, antiinflammatory, anti-carcinogenic, anti-cavity, thermogenic, probiotic, antimicrobial and antiviral	Leaf	[199]

Table 13-4 Toxicity assessment of *Camellia sinensis* (L.) Kuntze

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf and silver bud	The LC50 value of the ethanolic extract was 5.312 µg/ml.	[205]
MTT assay: The anti-proliferative activity on	Aerial part	The hydroalcoholic extract showed considerable inhibition	[206]

carcinoma colon (Caco-2) cell line and mouse normal fibroblast cell line L929.		of growth of Caco-2 cells, significant at 800 µg/ml but little effect on L929 cells.	
Acute toxicity: Oral administration of Sprague–Dawley (SD) rat at a dose of 12 g/kg for 14 days. Sub-chronic toxicity: Oral administration of SD rat at the concentrations of 1.0, 2.0 and 4.0g/kg for 13 weeks.	Flower	Acute toxicity: The LD50 value of aqueous extract was >12.0g/kg body weight. Sub-chronic toxicity: No dose-related effects on survival, growth, hematology, blood chemistry, organ weights, or pathologic lesions were observed.	[207]
Acute toxicity: Oral administration of Deutschl, Denken, and Yoken (DDY) mice at a dose of 1250, 2500, and 5000 mg/kg for 14 days.	Leaf	The LD50 of ethanolic extract was greater than 5000 mg/kg.	[203]



A: Whole plant

B: Leaf

C: Shoot

Figure 22 of *Camellia sinensis* (L.) Kuntze [208]

14. *Capsicum annuum* Linn.

Scientific name: *Capsicum annuum* Linn.

Synonyms: *Capsicum abyssinicum* A.Rich.

Capsicum angulosum Mill.

Capsicum annuum f. *bicolor* Makino

Capsicum annuum f. *certoides* Fingerh.

Capsicum annuum f. *chlorocarpum* Kuntze

Capsicum annuum f. *erectum* Makino

Capsicum annuum f. *incrastatum* (Fingerh.) Makino

Capsicum annuum f. *leucocarpum* Kuntze

Capsicum annuum f. *luteum* Kuntze

Capsicum annuum f. *nigrum* Makino

Capsicum annuum f. *pendulum* Makino

Capsicum annuum f. *violaceum* Kuntze

Capsicum annuum subsp. *abbreviatum* (Fingerh.) Arcang., 1882

Capsicum annuum subsp. *bicolor* Makino

Capsicum annuum subsp. *certoides* Fingerh.

Capsicum annuum subsp. *grossum* (L.) Sendtn.

Capsicum annuum subsp. *incrassatum* (Fingerh.) Makino

Capsicum annuum subsp. *microcarpon* Dierb.

Capsicum annuum var. *abbreviatum* Fingerh.

Capsicum annuum var. *cerasiforme* Irish

Capsicum annuum var. *conicum* (Lam.) Voss

Capsicum annuum var. *conoide* (Mill.) Irish

Capsicum annuum var. *conoides* (Mill.) Irish

Capsicum annuum var. *cordiforme* Edwall

Capsicum annuum var. *fasciculatum* (Sturtev.) Irish

Capsicum annuum var. *globiferum* (G.Mey.) Voss

Capsicum annuum var. *grossum* (Willd.) Sendtn.

Capsicum annuum var. *longum* (DC.) Sendtn.

Capsicum annuum var. *minimum* (Mill.) Heiser

Capsicum annuum var. *oblongoconicum* (Dunal) Cufod.

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Capsicum annuum var. *parvoacuminatum* Makino

Capsicum axi Vell.

Capsicum baccatum Buch.-Ham.

Capsicum baccatum Buch.-Ham. ex Wall.

Capsicum baccatum Rodschied

Capsicum bauhini Dunal

Capsicum bicolor Jacq.

Capsicum caerulescens Besser

Capsicum cerasiforme Mill.

Capsicum cerasiforme Willd.

Capsicum ceratocarpum Fingerh.

Capsicum chamaecerasus Nees

Capsicum conicum G.Mey.

Capsicum conicum Lam.

Capsicum conoide Mill.

Capsicum conoideum Mill.

Capsicum conoideum var. *chordale* Fingerh.

Capsicum conoideum var. *oblongoconicum* Dunal

Capsicum conoideum var. *sulcatum* Fingerh.

Capsicum cordiforme Mill.

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Capsicum crispum Dunal

Capsicum curvipes Dunal

Capsicum cydoniaeforme

Capsicum cydoniforme hort.

Capsicum cydoniforme hort. ex Roem. & Schult.

Capsicum dulce Dunal

Capsicum fasciculatum Sturtev.

Capsicum frutescens var. *cerasiforme* (Mill.) L.H.Bailey

Capsicum frutescens var. *conoides* (Mill.) L.H.Bailey

Capsicum frutescens var. *fasciculatum* (Sturtev.) L.H.Bailey

Capsicum frutescens var. *frutescens*

Capsicum frutescens var. *grossum* L.H.Bailey

Capsicum frutescens var. *longum* (Sendtn.) L.H.Bailey

Capsicum globiferum G.Mey.

Capsicum globosum Besser

Capsicum grossum L.

Capsicum grossum Willd.

Capsicum grossum var. *cerasiforme* (Mill.) C.B.Clarke

Capsicum hamiltonii G.Don

Capsicum hispidum Dunal

Capsicum indicum subsp. *elaeocarpon* Dierb.

Capsicum indicum var. *conoideum* (Mill.) Dierb.
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Capsicum longum DC.

Capsicum luteum Lam.

Capsicum milleri Roem. & Schult.

Capsicum narunca Hort.Matr.

Capsicum narunca Hort.Matr. ex Dunal

Capsicum nigrum Willd.

Capsicum olivaeforme Mill.

Capsicum oliviforme Mill.

Capsicum ovatum DC.

Capsicum petenense Standl.

Capsicum pomiferum Mart.

Capsicum pomiferum Mart. ex Steud.

Capsicum purpureum Roxb.

Capsicum purpureum Vahl

Capsicum purpureum Vahl ex Hornem.

Capsicum pyramidale Mill.

Capsicum silvestre Vell.

Capsicum sphaerium Willd.

Capsicum tetragonum Mill.

Capsicum tomatiforme Fingerh.

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Capsicum tomatiforme Fingerh. ex Steud.

Capsicum torulosum Hornem.

Capsicum tournefortii Besser

Capsicum ustulatum Paxton

Capsicum velutinum De Wild.

Capsicum velutinum DeWild.

Capsicum violaceum Desf.

Piper indicum Garsault

Common name:	Cayenne pepper
Local name:	Prik-Chi-Far
Family:	Solanaceae
Distribution:	In temperate and tropical regions of the world.
Parts Used:	Fruit
Description of the Plant:	Height and width: Plants average 18 inches high and 12 inches in diameter, but may grow to 2-3 feet in height in warmer regions with longer growing seasons. Habit: Herbaceous annual with compact upright growth habit. Maintains shape without pruning. Period of mature fruit display lasts 80-120 (140) days [209] .

Table 14-1 Traditional uses of *Capsicum annuum* Linn.

Traditional uses	Parts Used	Reference
Dyspepsia, flatulence, constipation, arthritis, menstrual cramps, gangrene, catarrhal affliction as in colds, cough, asthma and urinary catarrh.	Fruit	[210]

Table 14-2 Chemical constituents of *Capsicum annuum* Linn

Chemical constituents	Parts Used	Reference
P-coumaryl, caffeoyl, and 3,4-dimethoxycinnamoyl glucoside and of four flavonoid compounds	Fruit	[211]

Esters of capsorubin, capsanthin, cryptoxanthin, zeaxanthin and other carotenoids	Fruit	[212]
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Table 14-3 Biological and pharmacological activities of *Capsicum annuum* Linn.

Activities	Parts Used	Reference
Antioxidant Activity	Fruit	[211, 212]
Antimicrobial, anti-inflammatory, cardio-protective, anti-carcinogenic	Fruit	[212]
Analgesic, antiangiogenic, antiparasitic, antiplatelet, anti-arthritis, antioxidant, antiviral, antifungal, antineoplastic, hypoglycemic, gastroprotective, and larvical effects.	Fruit	[210]
Stomach problems stomachic, carminative, stimulant, antispasmodic, analgesic, alterative, astringent, haemostatic, and antiseptic in nature	Fruit	[210]

Table 14-4 Toxicity assessment of *Capsicum annuum* Linn.

Toxicity assessment	Parts used	Results	References
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Brine shrimp lethality assay (BSLA)	Fruit	The hydro-alcoholic extract showed LC50 value of 420 µg/ml.	[213]
MTT assay: Human hepatocellular carcinoma cell line (HepG2) cells.	Fruit	The ethanolic extract showed no cytotoxic effect after 24 and 48 h.	[214]
MTT assay: The human prostate cancer (PC-3) and the colon cancer (HTC116)	Pericarp	The Ethanol extracts showed The highest total content of phenolic compounds was found in an analogous fraction from hot pepper, and this fraction showed the strongest cytotoxic effect on the PC-3 tumour line.	[215]
Acute toxicity: Oral administration of Swiss albino mice at dose levels for ethanolic extracts were 3,500, 5000, 6500 and 8,000	Seed	The aqueous and ethanolic extracts showed LD50 values of 12043 and 5492mg/kg, respectively.	[216]

mg/kg and for aqueous extracts were 10,000, 12,000, 14,000 and 16,000 mg/ml.			
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Leaf and Fruit [209]

Figure 23 of *Capsicum annuum* Linn.

15. *Capsicum frutescens* Linn.

Scientific name:

Capsicum frutescens Linn.

Synonyms:

Capsicum annuum var. *frutescens* (L.) Kuntze

Capsicum baccatum Vell.

Capsicum cereolum Bertol.

Capsicum comarim Vell.

Capsicum fastigiatum Blume

Capsicum frutescens Willd.

Capsicum frutescens var. *glabriusculum* (Dunal) M.R.Almeida

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Capsicum frutescens var. *lanicaule* Greenm.

Capsicum frutescens var. *queenslandicum* Domin

Capsicum indicum Rumph.

Capsicum indicum var. *ribesium* Dierb.

Capsicum longum Bouton

Capsicum longum Bouton ex Dunal

Capsicum micranthum Link

Capsicum minimum Blanco

Capsicum minimum Roxb.

Capsicum odoratum Steud.

Capsicum odoriferum Vell.

Capsicum pendulum var. *majus* Dunal

Capsicum pendulum var. *minus* Fingerh.

Common name: Cayenne Pepper, Bird-chilli

Local name: Phrik-khinu

Family: Solanaceae

Distribution: Tropical and subtropical

Parts Used: Fruit

Description of the Plant: Annual or short-lived perennial herb. The stem of

Capsicum frutescens almost striate, glabrous, height between 1-4 feet depending on
 climate and growing conditions. These fruits have range in color from green when
 immature to purple, red, orange or yellow when ripe [217].

Table 15-1 Traditional uses of *Capsicum frutescens* L

Traditional uses	Parts Used	Reference
Traditionally as an external therapy in painful muscle spasms in areas of shoulder, arm and spine; treating arthritis, neuralgia, lumbago and chilblains.	Not specify	[217]

diabetes, blood pressure [high/ low], bronchitis, burning feet, to increase circulation, relieve rheumatic pain, treat mouth sores and infected wounds, reduce blood clots, and aid digestion by stimulating saliva and gastric juice flow.		
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Table 15-2 Chemical constituents of *Capsicum frutescens* L

Chemical constituents	Parts Used	Reference
Group of alkaloid compounds called capsaicinoids, capsanthin, capsorubin, cryptoxanthin, and zeaxanthin, which are present as fatty acid esters.	Fruit	[217]
Essential oils, alkaloids, glycosides, phenolic compounds were compounds, noncarotenoids, alcohols, hydrocarbons, hydroxycinnamic acid, flavonoids, lipoxygenase ascorbic acid, ester, derivatives, hydroxybenzoic acid, tannins, capsaicin, dihydrocapsaicin, capsiconinoid, capsinoid, carbonyls, terpenoids.	Not specify	

Table 15-3 Biological and pharmacological activities of *Capsicum frutescens* L

Activities	Parts Used	Reference
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Anti-diabetic and Antioxidant	Flower	[218]
Antioxidant and Cytotoxic	Flower	[219]
Acaricidal activity, blocked the hatchability of eggs	Fruit, leaf	[220]

Table 15-4 Toxicity assessment of *Capsicum frutescens* L

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Fruit	The methanolic extracts showed LD50 value of 64.68 µg/ml.	[221]
MTT assay: The anti-proliferative activity of osteosarcoma cell lines (MG 63).	Seed	The silver nanoparticles of aqueous extract showed potential cytotoxic activity against the MG 63 cells with IC50 value of 60.42 µg/ml.	[222]
Toxicity evaluation: Cattle tick <i>Rhipicephalus</i> (<i>Boophilus</i>) <i>microplus</i> .	Fruit	The methanol extract showed acaricidal effective against adults with LC50 617.54 µg/ml and LC90 1040.41 µg/ml.	[223]

Acute toxicity: Oral administration of Swiss Webster albino mice.	Fruit	The results for groups of five Swiss Webster albino mice with single oral doses of three extract fractions were reported following: hexane fraction (200 mg/kg, death of all mice), chloroform fraction (200 mg/kg, death of all mice), and ethyl acetate fraction (200 mg/kg, death of all mice).	[224]
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Figure 24 of *Capsicum frutescens* L. [225]

16. *Carica papaya* L.

Scientific name:

Carica papaya L.

Synonyms:

Carica citriformis J.Jacq. ex Spreng.

Carica citriformis Jacq.

Carica cubensis Solms

Carica hermaphrodita Blanco

Carica jamaicensis Urb.



Carica jimenezii (Bertoni) Bertoni

Carica mamaya Vell.

Carica papaya f. correae Solms

Carica papaya f. ernstii Solms

Carica papaya f. eupapaya Solms

Carica papaya f. mamaya (Vell.) Stellfeld

Carica papaya f. portoricensis (Urb.) Solms

Carica papaya subsp. *bady* Aké Assi

Carica papaya subsp. *portoricensis* Solms

Carica papaya var. *bady* Aké Assi

Carica papaya var. *jimenezii* Bertoni

Carica peltata Hook. & Arn.

Carica pinnatifida Heilborn

Carica portoricensis (Solms) Urb.

Carica posopora L.

Carica pyriformis Willd.

Carica rochefortii Solms

Carica sativa Tussac

Papaya bourgeaei (Solms) Kuntze

Papaya carica Gaertn.

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Papaya cimarrona Sint. ex Kuntze

Papaya citrifolia (Jacq.) A.DC.

Papaya communis Noronha

Papaya cubensis (Solms) Kuntze

Papaya cucumerina Noronha

Papaya edulis Bojer

Papaya edulis var. *macrocarpa* Bojer

Papaya edulis var. *pyriformis* Bojer

Papaya hermaphrodita Blanco

Papaya papaya (L.) H.Karst.

Papaya peltata (Hook. & Arn.) Kuntze

Papaya posopora (L.) DC.

Papaya pyriformis (Willd.) Baill.

Papaya rochefortii (Solms) Kuntze

Papaya sativa Tussac

Papaya vulgaris DC.

Vasconcellea peltata (Hook. & Arn.) A.DC.

Common name:

Papaya

Local name:

Malako

Family:

Caricaceae

Distribution:

Native to Central America, carried throughout the

tropics

Parts Used:

Leaf, Fruit, Seed

Description of the Plant: A multi-year tree, 3-6 m high, without succulent essence, with single white resin leaves arranged around the top, and they are often deeply lobed and often folded [226].

Table 16-1 Traditional uses of *Carica papaya* L.

Traditional uses	Parts Used	Reference
<p>Improve cardiovascular system, protect</p> <p>Against heart diseases, heart attacks, strokes and prevent Colon cancer</p> <p>Improve cardiovascular system, protect</p> <p>Against heart diseases, heart attacks, strokes and prevent Colon cancer</p> <p>Improve cardiovascular system, protect against heart diseases, heart attacks, strokes and prevent colon cancer, prevention of diabetic heart disease.</p>	Fruit	[227]
<p>Boils, warts, freckles, abortion, expel roundworms, salt making, relieve asthma stomach troubles, purgative for horses, treatment for genito-urinary ailments, tumer destroying, making herbal tea, digestive and aid in chronic indigestion, weight loss, obesity, arteriosclerosis, high blood pressure, blood purifier and weakening of heart</p>	Latex	[228]

Table 16-2 Chemical constituents of *Carica papaya* L.

Chemical constituents	Part of the plant	Reference
Piperidine alkaloids like carpaine, pseudocarpaine, dehydrocarpaine I and II and phenolics such as	Leaf	[229]

protocatechuic acid, p-coumaric acid, caffeic acid, 5,7-dimethoxycoumarin, chlorogenic acid, kaempferol and quercetin		
Proteinases such as papain, chymopapain A and B, and endopeptidase papain III and IV	Latex, and other in shrub	
Isothiocyanate	Seed	
Non-volatile organic acids	Fruit	
Cyanogenic compounds	Leaf, Stem, Fruits	

Table 16-3 Biological and pharmacological activities of *Carica papaya* L.

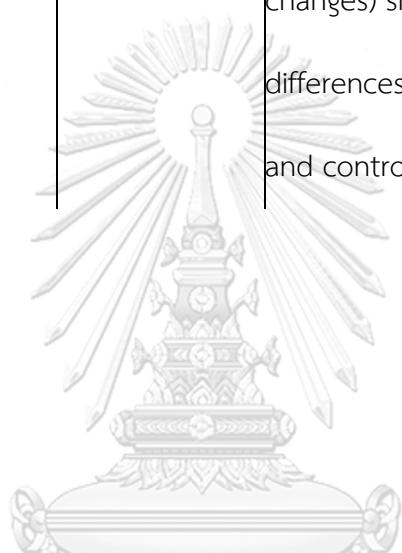
Activities	Part of the plant used	Reference
Antimalarial, anti-proliferative against prostate cancer, antifungal activity, antibacteria, antidengue, anti-inflammatory	Leaf	[230]
Antibacterial	Root, Seed	[231]
Antioxidant	Leaf	[232]
Pancreatic Lipase Inhibitor	Seed	[233]
Gastroenteritis, urethritis, otitis media, typhoid fever and wound infections	Root	[231]

Antimalarial	Leaf	[234]
Antioxidant	Leaf	[232]

Table 16-4 Toxicity assessment of *Carica papaya* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	Ethanolic extract, ethyl acetate fraction, chloroform fraction, and hexane fraction showed LC50 values of 204.17 µg/ml, 66.07 µg/ml, 204.7 µg/ml and 562.34 µg/ml, respectively	[235]
MTT assay: Against Human oral squamous cell carcinoma (SCC25) and Non-cancerous human keratinocyte (HaCaT) cells.	Leaf	The supercritical fluid (scCO ₂) extract was cytotoxic against SCC25 and HaCaT cell lines at LC50 values of 88.07 and 120.60 µg/mL, respectively	[236]
Acute toxicity: Oral administration of female mice at a dose range of 50 – 5,000 mg/Kg for 24 hours.	Unripe fruit	The aqueous extract did not cause death in all doses but induced hepatic steatosis and steatohepatitis at doses of 4,000 and 5,000 mg/kg.	[233]

Sub-acute toxicity: Oral administration of Sprague Dawley rats at doses of 0.01, 0.14 and 2 g/kg for 28 days.	Leaf	The extract (juice without addition of water) did not cause mortality and investigation parameters (such as clinical signs, hematological parameters, or histopathology changes) showed non-significant differences between treatment and control groups.	[227]
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Fruit with seeds

Figure 25 of *Carica papaya* L. [237]

17. *Cassia alata* (L.) Roxb.

Scientific name:

Cassia alata (L.) Roxb.

Synonyms:

Senna alata (L.) Roxb.

Cassia alata L.

Cassia herpetica Jacq.

Herpetica alata (L.) Raf.

Common name:

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Candle bush

Local name:

Chum-hed-thed

Family:

Fabaceae/Leguminosae

Distribution:

Central America and is mainly Caribbean, many

tropical countries

Parts Used:

Leaf

Description of the Plant: Annual or biannual shrub with a nasty smell, 1–4 m tall,

preferring sunny and moist areas. The leaf yellowish-green, broad, with 5–14 leaflet

pairs, the distal ones often larger and with a notched apex. The fruit is a 10–16 × 1.5 cm tetragonal pod, winged on the angles, brown when ripe and containing lots of (up to 60) diamond-shaped brown seeds [238].

Table 17-1 Traditional uses of *Cassia alata* (L.) Roxb.

Traditional uses	Parts Used	Reference
Hepatitis, skin diseases, jaundice, gastroenteritis, intestinal helminthiasis, eczema, and ringworm	Leaf, stem, bark	[239]
Constipation and food poisoning.	Leaf	
Rheumatism and laxative	Root	[240]
Fungicides and medicine for eczema	Leaf and seed	

Table 17-2 Chemical constituents of *Cassia alata* (L.) Roxb.

Chemical constituents	Parts Used	Reference
The major constituents are linalool (23.0%), borneol (8.6%), pentadecanal (9.3%) and α -terpineol (5.9%)	Leaf	[238]
Alkaloids, saponins, steroids, flavonoids and terpenoid	Leaf	[240]

Table 17-3 Biological and pharmacological activities of *Cassia alata* (L.) Roxb.

Activities	Parts Used	Reference
Anti-infectious properties, Antibacterial and antifungal	Not specify	[238]

Anti-inflammatory, antimutagenic, analgesic, antidiabetic, antifungal and antimicrobial properties	Leaf	[241]
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Table 17-4 Toxicity assessment of *Carica papaya* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf and seed	The ethanolic extract showed LC50 value of 4.31 µg/ml for seed and 5.29 µg/ml for leaf.	[242]
MTT assay: HT-115 cell (human colon cancer), human mesenchymal stem (hMSCs) and Vero (normal monkey kidney cell) cells.	Flower	The methanolic extract showed did not show significant inhibitory effect in normal cells neither Vero cells nor hMSCs.	[243]
Acute toxicity: Oral administration of Swiss albino mice	Leaf	The ethanol and methanol extracts showed practical non-toxic.	[244]



Whole plant with leaf and flower

Figure 26 of *Cassia alata* (L.) Roxb.[238]



18. *Centella asiatica* (L.) Urb.Scientific name: *Centella asiatica* (L.) Urb.Synonyms: *Centella asiatica* var. *boninensis* (Nakai ex Tuyama) Hara*Centella asiatica* var. *crispata* (Maxim.) Yabe*Centella asiatica* var. *cristata* Makino*Centella boninensis* Nakai ex Tuyama*Centella bupleurifolia* (A. Rich.) Adamson*Chondrocarpus asiaticus* (L.) Nutt.*Glyceria asiatica* (L.) Nutt.*Hydrocotyle artensis* Montr.*Hydrocotyle asiatica* var. *crispata* Maxim.*Hydrocotyle asiatica* var. *hebecarpa* (DC.) Hassk.*Hydrocotyle asiatica* var. *lunata* (Lam.) Pers.*Hydrocotyle asiatica* var. *pedunculata* Kuntze**CHULALUNGKURN UNIVERSITY***Hydrocotyle asiatica* var. *subrepanda* Blume*Hydrocotyle asiatica* var. *subsessilis* Kuntze*Hydrocotyle brevipedata* St. Lag.*Hydrocotyle dentata* A. Rich.*Hydrocotyle ficarifolia* Stokes*Hydrocotyle ficarioides* Lam.*Hydrocotyle hebecarpa* DC.

Hydrocotyle inaequipes DC.

Hydrocotyle indivisa Banks & Soland. ex Hook. fil.

Hydrocotyle lunata Lam.

Hydrocotyle lurida Hance

Hydrocotyle nummularioides A. Rich.

Hydrocotyle sarmentosa Salisb.

Hydrocotyle thunbergiana Spreng.

Hydrocotyle wightiana Wall.

Trisanthus cochinchinensis Lour.

Centella coriacea Nannf.

Hydrocotyle asiatica L.

Common name: Indian pennywort, Asiatic pennywort

Local name: Bua-bok

Family: Apiaceae/ Umbelliferae

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Distribution: Tropical & Subtropical areas

Parts Used: Leaf, Stem, Aerial parts

Description of plant: Small perennial creeping plant [1-2,7]. long of pericardial petioles. The flowers are small (less than 3 mm, 0.12 in) with round three to four flowers, that of white, red, pink, or purple color[245].

Table 18-1 Traditional uses of *Centella asiatica* (L.) Urb.

Traditional uses	Parts Used	Reference
Encephalopathy	Leaf	[246]
Traumatic injuries Keloid and scar	Not specify	[247]
Insanity, asthma, leprosy, ulcers and eczema and for wound healing	Leaf	[248]
Healing various types of wounds, including stomach ulcers, and the skin lesions present in leprosy	Leaf	[249]
Alzheimer's disease	Leaf	[250]
Treatment of cancer	Leaf	[251]
Diuretic and tonic	Not specify	[252]
Antipyretic and wound healing	Not specify	[253]

Table 18-2 Chemical constituents of *Centella asiatica* (L.) Urb.

Chemical constituents	Part used	Reference
Madecassoside	Not specify	[247]
Pentacyclic triterpenes, Which includes asiaticoside, madecassoside, asiatic acid, and madecassic acid	Not specify	[252, 253]

Madecassoside, asiaticoside, madecassic acid and asiatic acid	Leaf	[254]
Asiaticosides	Leaf	[249]
Phenolic compounds	Leaf, Root, Petiole	[255]
Isothankuniside and thankuniside	Leaf	[250]

Table 18-3 Biological and pharmacological activities of *Centella asiatica* (L.) Urb.

Activities	Part used	Reference
Antipyretic, wound healing, anti-wrinkle, and anti-inflammation	Not specify	[253]
Anti-stress, antidepressant, anxiolytic and anti-seizure properties	Not specify	[253]
Anti-ageing, and restructuring as well as for treating stretch marks vascular and nervous disorders	Leaf	[249]
Antibacterial	Leaf	[251, 252]
	Not specify	[249]
Anti-oxidant	Leaf, Petiole, Root, Leaf	[246, 249, 250, 252, 254-256]
Anti-inflammatory, anti-ulceration	Not specify	[247, 257]

Ulcer, wound and burns healing, depression and anxiety, as well as venous insufficiency and microangiopathy Anti-lipid		
Neuroprotective Anti-hyperglycemic	Leaf	[246]
Anti-inflammatory, memory enhancing, collagen synthesizing and anticancer activity	Not specify	[252]
Anti-lipid peroxidative, anticonvulsant	Not specify	[247, 252]
Anti-depressant, protective effect against myocardial ischemia-reperfusion injury	Not specify	[247]
Antitumor	Leaf	[254, 256]
Anti-rheumatoid, wound healing	Leaf	[254]
Anti-Alzheimer, antifungal, antifertility	Leaf	[250]
Antimicrobial	Leaf	[251]

Table 18-4 Toxicity assessment of *Centella asiatica* (L.) Urb.

Toxicity assessment	Parts Used	Results	References
MTT assay: Murine leukemia cells (P388).	Whole plant	Both essential oils and ethanol extracts showed no	[228]

		cytotoxic activity against P388.	
MTS assay: The anti-proliferative activity of human lung cancer cells (A549) and normal fibroblast (IMR90).	Leaf	The aqueous extract showed IC50 value of 5.75 ± 1.0 µg/ml for A549 but no cytotoxic effects on IMR90.	[258]
Brine shrimp lethality assay (BSLA)	Leaf	LD50 of 840 µg/ml for aqueous extract, 765 µg/ml for chloroform extract and >1000 µg/ml for ethanolic extract.	[259]
Acute toxicity: Oral administration of ICR mice at a dose of 10 g/kg. Sub-chronic toxicity: Oral administration of Wistar rats at the doses of 10, 100, and 1000 mg/kg.	ECa 233 (a standardized extract water-insoluble extract of <i>C. asiatica</i> , a white powder containing triterpenoid	Acute toxicity study: ECa 233 in the dose up to 10.0 g/kg produced no acute toxicity. Sub-chronic toxicity: no significant sub-chronic toxicity was observed at dose range of 10-1,000 mg/kg.	[260]

	glycosides not less than 80% with a ratio of madecassoside to asiaticoside of $1.5 \pm 0.5:1$)		
Acute toxicity: Oral administration of Sprague-Dawley rats at a dose range of 0–2000 mg/kg. Sub-chronic toxicity: Oral administration of Sprague-Dawley rats at the doses of 250, 500, and 1000 mg/kg.	Leaf	Standard extract Acute toxicity study: LD ₅₀ > 2000 mg/kg, no deaths occurred during the 14-day posttreatment evaluation period. Sub-chronic toxicity: no deaths occurred during the 90-day evaluation period and no observable adverse effect level is 1000 mg/kg.	[259]



Figure 27 of *Centella asiatica* (L.) Urb. [260]



19. *Cinnamomum camphora* (L.) J.PreslScientific name: *Cinnamomum camphora* (L.) J.PreslSynonyms: *Camphora camphora* (L.) H.Karst.*Laurus camphora* L.

Common name: Compgor, Laurel Camphor, Gum Camphor, Formosan

Camphor

Local name: Karabun

Family: Lauraceae

Distribution: Caribbean, north America, Oceania

Parts Used: Bark, Wood

Description of the Plant: A sizeable perennial plant, 9 m high, 25-45 in., Glossy, smooth surface, green, single leaves, smooth, glossy, green throughout the year, 5-15 cm long and thick, with pointed leaves, colored flowers. Small greenish-white or yellowish clustered along the crotch area, pink or purple-brown fruit, small fruit in one fruit, one seed.

Table 19-1 Traditional uses of *Cinnamomum camphora* (L.) J.Presl

Traditional uses	Parts Used	Reference
Relief of pain and inflammation in joints and muscles, helps to sedative, anti-inflammatory, and anti-ischemic properties	Leaf	[261, 262]

Inflammation-related diseases, including rheumatic arthritis, muscular strains, abdominal pain, rheumatism, cough and bronchitis	aerial part	[263]
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Table 19-2 Chemical constituents of *Cinnamomum camphora* (L.) J.Presl

Chemical constituents	Parts Used	Reference
linalol, trans-caryophyllene alpha-humulene, nerolidol, 1,5-heptadien-4-one, 3,3,6-trimethyl acetic acid 2-propanol, 1-chloro, phosphate phytol, ethyl linoleolate	Not specify	[264]
glycosides, saponins, flavonoids, steroids, tannins, alkaloids, terpenes	Not specify	[265]
phenylpropanoid, lignans, flavonoids, coumarin, and terpenoid. volatile oil, lignans, glycosides	Not specify	[266]

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Table 19-3 Biological and pharmacological activities of *Cinnamomum camphora* (L.)

J.Presl

Activities	Parts Used	Reference
Alleviate allergic skin inflammatory	Leaf	[261]
Anti-inflammatory	The aerial parts Leaf	[262], [263]

Anti-tyrosinase and antioxidant activity	Leaf	[266]
Antioxidant, anti-helminthic, antifungal, and antibacterial activities, reduction of body fat deposition and improvement of blood lipids,	The aerial parts	[263]

Table 19-4 Toxicity assessment of *Cinnamomum camphora* (L.) J.Presl

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	The essential oils showed LC50 value of 2.5 ± 2.5 $\mu\text{g}/\text{ml}$.	[267]
EZ-cytotoxicity-enhanced cell viability assay: Human adult low-calcium high-temperature (HaCaT) keratinocyte cell.	Leaf	The ethanolic extract did not exhibit cytotoxicity to HaCaT cells at the assayed concentrations of 12.5, 25, 50, and 100 $\mu\text{g}/\text{ml}$.	[261]
MTT assay: RAW 264.7 murine macrophages.	Aerial parts	Both of two constituents ((+)-Episesaminone and 3S-(+)-9-oxonerolidol) from the ethanolic extract had no significant cytotoxicity to RAW 264.7 macrophages at concentrations under 100 μM .	[263]

Cell viability assay (CCK-8 kit): HaCaT cells.	Leaf	The essential oil had no significant cytotoxicity effect at concentrations below 0.5 µg/ml.	[262]
Acute toxicity: Oral administration of ICR mice at a dose of 20 ml/kg.	Leaves and branches	The essential oil showed low toxicity to female mice (2749 mg/kg), but nontoxic to male mice (5081 mg/kg).	[267]



A: Whole plant

B: leaf

Figure 28 of *Cinnamomum camphora* (L.) J.Presl [268]

20. *Cinnamomum verum* J. Presl.Scientific Name : *Cinnamomum verum* J. Presl.Synonyms : *Cinnamomum verum* J. Presl.*Cinnamomum verum* J. Presl in Berchtold & J. Presl, Prir.*Laurus cinnamomum* Linnaeus, Sp.*Cinnamomum zeylanicum* Blume.

Family:

Lauraceae

Common Name:

True cinnamon tree, Ceylon cinnamon tree

Local Name:

Op-choei

Distribution:

South Asia and South East Asia

Parts Used:

Bark

Description of the Plant: An evergreen tree that reaches a height of 8-17 m in the wild. In an unharvested state, the trunk is stout, 30-60 cm in diameter, with a thick, grey bark and the branches set low down. Fruit a fleshy ovoid drupe, black, 1.5-2 cm long when ripe, with the enlarged calyx at the base [269].

Table 20-1 Traditional uses of *Cinnamomum verum* J. Presl.

Traditional uses	Parts Used	Reference
Asthma, bronchitis, diarrhea, headache, inflammation and cardiac disorders.	Bark	[270]

Table 20-2 Chemical constituents of *Cinnamomum verum* J. Presl.

Chemical constituents	Parts Used	Reference
Monoterpenes, diterpenes, sesquiterpenes, oxygenated hydrocarbons and polyphenols	Bark	[270]
Cinnamaldehyde, cinnamates, cinnamic acid and natural EOs, EOs contain a great variety of volatile natural compounds, such as trans-cinnamaldehyde, eugenol, cinnamyl acetate, L-borneol, β -caryophyllene, caryophyllene oxide, L-bornyl acetate, α -thujene, α -terpineol, α -cubebene, terpinolene and E-nerolidol	Not specify	[271]

Table 20-3 Biological and pharmacological activities of *Cinnamomum verum* J. Presl.

Activities	Parts Used	Reference
Antioxidant, antimicrobial, anti-inflammatory, anticancer, antidiabetic, wound healing, anti-HIV, anti-anxiety and antidepressant	Bark	[270]
Anticancer, antioxidant and antibacterial	Bark	[272]

Table 20-4 Toxicity assessment of *Cinnamomum verum* J. Presl.

Toxicity assessment	Parts Used	Results	References

Brine shrimp lethality assay (BSLA)	Whole plant, leaf, flower, bulb, root etc.	The ethanolic extract of leaf and bark showed LC50 values of 196 and 75.5 $\mu\text{g}/\text{m}$, respectively.	[273]
XTT assay: Human lung squamous cell carcinoma NCI-H520 cells.	Cuminaldehyde (CuA; a constituent of the bark)	Purchased CuA inhibited cell proliferation in NCI-H520 cells with an IC50 value of 33.29 μM .	[274]
Acute toxicity: Oral administration of Wistar albino rats) at different doses of 10, 100, 1000, 1500, 2500, 3500 and 5000 mg/kg for 24 h.	Bark	The aqueous extract showed nontoxic with LD50 greater than 5000 mg/kg body weight.	[275]



Bark

Leaves

Fruits

Figure 29 of *Cinnamomum verum* J. Presl. [270]



21. *Citrus aurantifolia* Swingle

Scientific name: *Citrus aurantifolia* Swingle

Synonyms: *Citrus × acida* Pers.

Citrus × acida Roxb.

Citrus × aurantifolia subsp. *murgetana* García Lidón & al.

Citrus aurantiifolia subsp. *murgetana* García Lidón, D. Rivera, S. Ríos & Obón

Citrus aurantium subsp. *aurantiifolia* (Christm.) Guillaumin

Citrus × aurantium var. *lima* (Macfad.) Guillaumin

Citrus × davaoensis (Wester) Yu.Tanaka

Citrus depressa var. *voangasay* Bory

Citrus × excelsa Wester

Citrus × excelsa var. *davaoensis* Wester

Citrus hystrix subsp. *acida* Engl.

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Citrus × javanica Blume

Citrus × lima Macfad.

Citrus × limettioides Yu.Tanaka

Citrus × limonellus Hassk.

Citrus × macrophylla Wester

Citrus medica var. *acida* Brandis

Citrus medica f. *aurantifolium* (Christm.) M.Hiroe

Citrus × montana (Wester) Yu.Tanaka

Citrus × nipes Michel

Citrus × notissima Blanco

Citrus × papaya Hassk.

Citrus × pseudolimonum Wester

Citrus × spinosissima G.Mey.

Citrus × voangasay (Bory) Bojer

Citrus × webberi var. *montana* Wester

Limonia × aurantiifolia Christm.

Common name: Lime, Common lime

Local name: Ma-nao

Family: Rutaceae

Distribution: Tropics and in warm subtropical areas

Parts Used: Fruit, Leaf

Description of the Plant: An evergreen, spiny shrub or small tree up to 6 m tall.

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The leaves are yellow-green to dark green, and, upon crushing, release a strong citrus

odor and taste. The fruits (hesperidiums) are ellipsoidal, 3–5cm in diameter, have

juicy, greenish-yellow flesh, and become yellow when mature [276].

Table 21-1 Traditional uses of *Citrus aurantifolia* Swingle

Traditional uses	Parts Used	Reference
Cough reliever	Fruit	[277]

Antipyretic, stomachic and as cold remedy	fruit, leaves, root and bark	[278]
stomach ache	Leaf	[279]
Influenza, insomnia, as a cardiovascular analeptic, anti-spasmodic, for cold, sedative, digestive	Flower	[280]
Boils and urinary tract infections.	Root	

Table 21-2 Chemical constituents of *Citrus aurantifolia* Swingle

Chemical constituents	Parts Used	Reference
Monoterpene, hydrocarbons, Sesquiterpene, hydrocarbons, Oxygenated monoterpenes, Oxygenated sesquiterpenes, Monoterpene aldehydes, Monoterpene alcohols, Monoterpene ketones, Monoterpene esters, Sesquiterpene alcohols, Aliphatic aldehydes	Not specify	[276]
α -Thujene, α -Pinene, Camphene Sabinene, β -Pinene Myrcene, Octanal, α -Phellandrene α -Terpinene, p-Cymene Limonene, (E)- β -Ocimene γ -Terpinene, cis-Sabinene hydrate Terpinolene, Linalool, trans-Sabinene hydrate Nonanal, exo-Isocitral Camphor, Citronellal Borneol, cis-Pinocamphone Isogeranial	fruit	

β -pinene (12.6%), limonene (53.8%), γ -terpinene (16.5%), terpinolene (0.6%), α -terpineol (0.4%) and citral (2.5%),	Not specify	[276]
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Table 21-3 Biological and pharmacological activities of *Citrus aurantifolia* Swingle

Activities	Parts Used	Reference
Antimicrobial, spasmolytic, antimicrobial, neuroprotective and neuromodulating, antinociceptive, antioxidant, chemopreventive and skin sensitizing activity	Fruit	[276]
Antioxidant Capacity, and Hypolipidemic	Fruit	[277]
Antibacterial Activity	Whole plant	[280]
Antifungal Activity		

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Table 21-4 Toxicity assessment of *Citrus aurantifolia* Swingle

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Fruit, Leaf, Stem bark	Citrus limon stem bark (LC50=10.0±0.33) and C. limon leaf (LC50= 5.0±0.74 µg/mL) methanolic extracts were observed to be strongly cytotoxic	[278]

		compared to cyclophosphamide (LC50=98.76±0.15 µg/mL), while the other extracts were either non, weakly, or moderately toxic in BSL assay	
MTT assay: Rhabdomysarcoma (Rd), laryngeal carcinoma (Hep- 2c) and a normal cell line (Vero)		The methanolic extract of seed, stem bark, leaf and juice showed Citrus aurantifolia leaf extract (CC50=4.02±2.85 µg/mL, CC50=5.45±2.8 µg/mL) retained a comparable cytotoxicity to cyclophosphamide (CC50=2.23±0.14 µg/ mL, CC50=2.66±0.8 µg/mL) on Rd and Hep-2c human cancer cell lines, respectively. The other extracts exhibited varying degrees of cytotoxicity	
Sulforhodamine B Assay (SRB): Human breast	Leaf	Both ethanolic extract and aqueous extract showed IC50 values >50 µg/ml on MCF-7, T47D	[281]

adenocarcinoma (MCF-7), mammary gland, ductal carcinoma (T47D), human cervical adenocarcinoma (HeLa) and human keratinocyte cells (HaCaT).		and HeLa cells but no toxicity on HaCat cells.	
Acute toxicity: Oral administration of rat at doses of 10, 100, 1000, 1600, 2900 and 5000 mg/kg.	Stem bark	The methanolic extract showed no sign of toxicity and mortality at all concentrations.	[282]



A: Whole plant [283]

B: Leaf and Flower [284]

C: Fruit [284]

Figure 30 of *Citrus aurantifolia* Swingle



22. *Citrus hystrix* DC.

Scientific name: *Citrus hystrix* DC.

Synonyms: *Citrus aurantium* subsp. *saponacea* Saff.

Citrus auraria Michel

Citrus balincolong (Yu.Tanaka) Yu.Tanaka

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Citrus celebica Koord.

Citrus celebica var. *southwickii* (Wester) Swingle

Citrus combara Raf.

Citrus combara var. *boholensis* (Wester) Yu.Tanaka

Citrus combara var. *macroptera* (Montrouz.) Yu.Tanaka

Citrus combara var. *micrantha* (Wester) Yu.Tanaka

Citrus combara var. *southwickii* (Wester) Tanaka

Citrus echinata St.-Lag.

Citrus hyalopulpa Hayata

Citrus hyalopulpa Yu.Tanaka

Citrus hystrix var. *annamensis* (Yu.Tanaka) Guillaumin

Citrus hystrix var. *balincolong* Yu.Tanaka

Citrus hystrix var. *boholensis* Wester

Citrus hystrix var. *micrantha* (Wester) Merr.

Citrus hystrix var. *microcarpa* (Wester) Merr.

Citrus hystrix var. *southwickii* (Wester) Merr.

Citrus hystrix var. *torosa* (Blanco) Wester

Citrus kerrii (Swingle) Tanaka

Citrus latipes Hook.fil. & Thomson ex Hook.fil.

Citrus macroptera Montrouz.

Citrus macroptera var. *annamensis* Tanaka
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Citrus macroptera var. *boholensis* (Wester) Yu.Tanaka

Citrus macroptera var. *combara* (Raf.) Tanaka

Citrus macroptera var. *kerrii* Swingle

Citrus macroptera var. *micrantha* (Wester) Yu.Tanaka

Citrus macroptera var. *southwickii* (Wester) Yu.Tanaka

Citrus micrantha Wester

Citrus micrantha var. *balincolong* Wester

Citrus micrantha var. *microcarpa* Wester

Citrus papeda Miq.

Citrus papuana F.M.Bailey

Citrus southwickii Wester

Citrus torosa Blanco

Citrus tuberosa J.W.Benn.

Citrus ventricosa Michel

Citrus vitiensis Tanaka

Citrus Westeri Yu.Tanaka

Citrus ×aurantium var. *saponacea* var. *saponacea* Saff.

Citrus ×bergamia var. *unguentaria* var. *unguentaria* M.Roem.

Citrus ×bergamia var. *ventricosa* var. *ventricosa* (Michel) M.Roem.

Fortunella sagittifolia K.M.Feng & P.Y.Mao

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Papeda rumphii Hassk.

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Common name: Kaffir lime

Local name: Makrood

Family: Rutaceae

Distribution: Southeast Asia

Parts Used: Fruit, Leaf

Description of the Plant: A thorny bush, with aromatic and distinctively shaped "double" leaves. These hourglass-shaped leaves comprise the leaf blade plus a flattened.

Table 22-1 Traditional uses of *Citrus hystrix* DC.

Traditional uses	Parts Used	Reference
Maintaining healthy teeth and gums and as a remedy for scurvy	Leaf	[285]
Used to treat stomach ache caused by dyspepsia and insect bites; also, the rind has been prescribed for treatment for worms and headache	Leaf	[286]

Table 22-2 Chemical constituents of *Citrus hystrix* DC.

Chemical constituents	Parts Used	Reference
major components: Sabinene, β -pinene, D-limonen, citronellal and terpinen-4-ol, citronellal (66.9%) and α citronellol (6.6%)	Peel	[286]
Nerolidol , Citronellal , Citronellol , Linalool , Isopulegol	Leave or fruit	[287]
Cymene, D-Limonene, γ -Terpinene, Terpinolene, Linalool, Isopulegol, Citronellal, Citronellol	Fruit	[288]

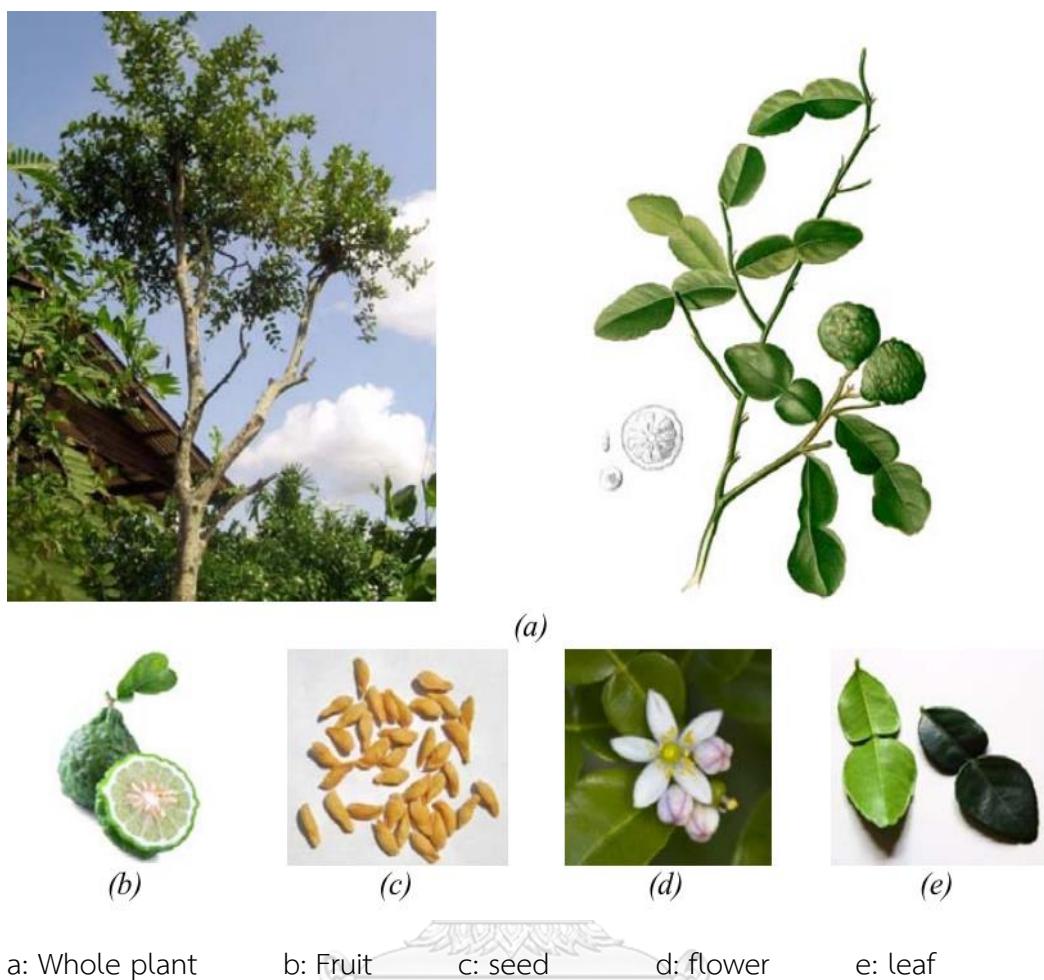
Table 22-3 Biological and pharmacological activities of *Citrus hystrix* DC.

Activities	Parts Used	Reference
Anti-inflammatory, antioxidant, anti-cancer	Leaf	[285]
Antioxidant, antimicrobial, anti-proliferative	Leaf	[289]
Antibacterial, antioxidant, and anticancer	Essential Oil	[287]
Antioxidant	Leaf	[290]
Antibacterial	Peel	[288]
Antifertility, Tyrosinase inhibitory activity and Cardioprotective effect	Peel	[286]

Table 22-4 Toxicity assessment of *Citrus hystrix* DC.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Fruit	The LC50 were found to be 0.80 \pm 0.09, 1.12 \pm 0.03, 1.92 \pm 0.07, 3.84 \pm 0.13 and 3.20 \pm 0.04 $\mu\text{g}/\text{ml}$ for methanol crude extract, n- hexane, carbon tetrachloride, dichloromethane and aqueous soluble materials, respectively.	[291]

MTT assay: cervical cancer cell line (HeLa cells)	Leaf	IC50 values of ethanolic, ethyl acetate and hexane extract were 82,034 µg/ml, 57,845 µg/ml and 203,992 µg/ml, respectively.	[292]
MTT assay: breast cancer cells (T47D) and Vero cells	Seed	IC50 values of all callus extracts with ethyl acetate were above 1000 µg/mL in both T47D breast cancer cells and Vero cells.	[293]
Acute toxicity: Oral administration of mice at doses of 1000, 2500, and 5000 mg/kg for 24 hrs.	Fruit	LD50 of methanolic extract was more than 5000 mg/kg body weight and no death was observed during the treatment period.	[294]



a: Whole plant b: Fruit c: seed d: flower e: leaf

Figure 31 of *Citrus hystrix* DC.[286]

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23. *Citrus maxima* (Burm.) Merr.

Scientific name: *Citrus maxima* (Burm.) Merr.

Synonyms: *Aurantium decumanum* (L.) Mill.

Aurantium maximum Burm.fil.

Citrus costata Raf.

Citrus decumana (L.) L.

Citrus grandis f. buntan Hayata

Citrus grandis var. *kotokan* (Hayata) Karaya

Citrus grandis var. *oblonga* Hassk.

Citrus grandis var. *pyriformis* (Hassk.) Karaya

Citrus grandis var. *racemosa* (Roem.) B.C.Stone

Citrus grandis var. *sabon* (Seibert ex Hayata) Karaya

Citrus grandis var. *sabon* (Siebold ex Hayata) Hayata

Citrus grandis var. *sphaerocarpos* Hassk.

Citrus grandis var. *yamabuki* (Yu.Tanaka) Karaya

Citrus kotokan Hayata

Citrus kwangsiensis Hu

Citrus maxima (Burm.) Merr.

Citrus maxima (Burm.fil.) Osbeck

Citrus medica subsp. *pyriformis* (Hassk.) Hiroë

Citrus obovoidea Takahashi

Citrus obovoidea hort.

Citrus obovoidea hort. ex Tanaka

Citrus pampelmos Risso

Citrus pompelemos Risso

Citrus pyriformis Hassk.

Citrus sabon Siebold

Citrus sabon Siebold ex Hayata

Citrus yamabuki Yu.Tanaka

Citrus ×aurantium f. grandis f. grandis (L.) M.Hiroe

Citrus ×aurantium subsp. *decumana* subsp. *decumana* (L.) Tanaka

Citrus ×aurantium subsp. *grandis* subsp. *grandis* (L.) Hiroë

Citrus ×aurantium var. *decumana* var. *decumana* L.

Citrus ×aurantium var. *grandis* var. *grandis* L.

Common name:

Pomelo

Local name:

Som-o

Family:

Rutaceae

Distribution:

Indian subcontinent

Parts Used:

Leaf, Fruit

Description of the Plant: Medium-sized tree but the largest of all Citrus species, with

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large leaves, flowers, and fruits. The tree is 5-15 m tall, Young branchlets angular,

often densely soft, short, hairy, and usually with spines [295].

Table 23-1 Traditional uses of *Citrus maxima* (Burm.) Merr.

Traditional uses	Parts Used	Reference
Relieve joint pain, flatulence, tightness, and headache.	Leaf	[296]

Fruits juice can be used as a febrifuge, a kind of medicine exert its function in reducing the fever		
Juice can be used as a febrifuge; a kind of medicine exert its function in reducing the fever; cardio-tonic; preventing constipation problem and improve digestion and peristalsis, appetizer, cardiac stimulant, stomach tonic and also as a remedy for fever, insomnia and sore throat	Fruit	
Curing the coughs and dyspepsia	Seed	

Table 23-2 Chemical constituents of *Citrus maxima* (Burm.) Merr.

Chemical constituents	Parts Used	Reference
Neo-hesperidin, hesperidin, naringenin, naringin; polyphenols, flavonoids, ascorbic acid	Fruit	[297]
Alkaloids, Saponins, Terpenoids, Anthraquinones, Glycosides Tannins, Flavonoids, Carbohydrates	Peel	[298]
Carotenoid, especially lycopene	Fruit	[299]

Table 23-3 Biological and pharmacological activities of *Citrus maxima* (Burm.) Merr.

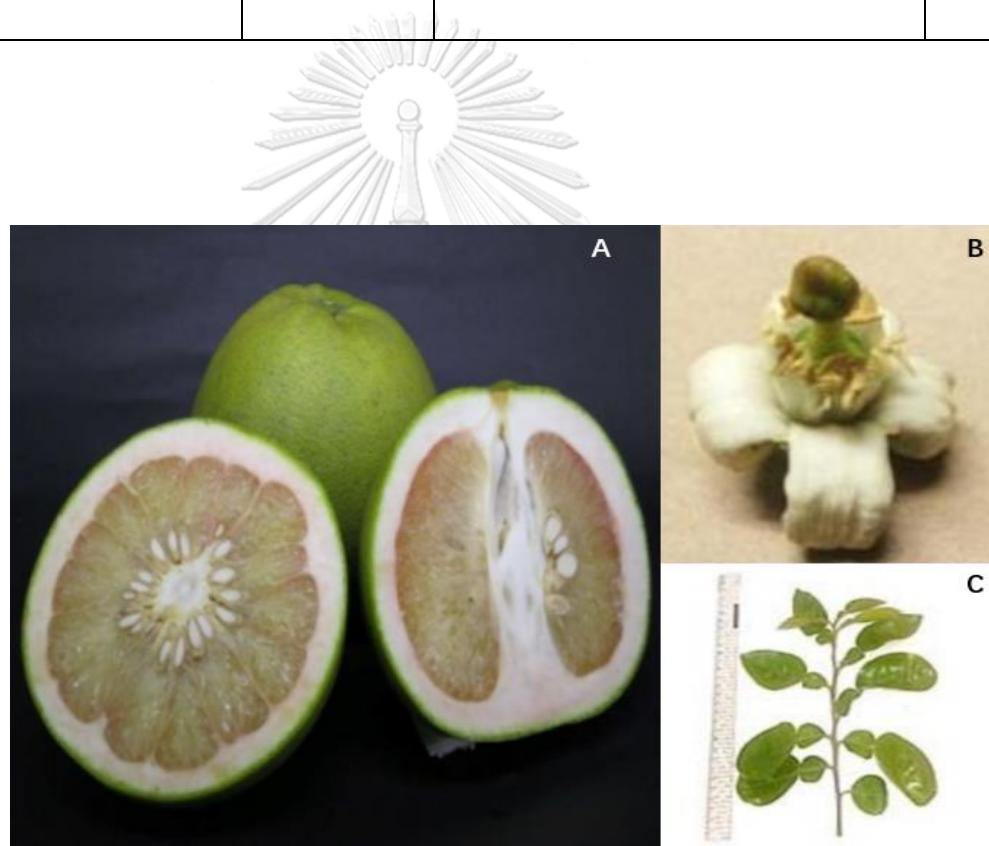
Activities	Parts Used	Reference
Antioxidant	Not specify, Peel, Fruit	[296-298, 300]

Antimicrobial	Peel	[298]
Anti-inflammatory, antidiabetic, anti-glycation, anti-obesity, anti-tumour	Fruit	[296]
A -glucosidase-inhibitory activities and antioxidant activities	Peel	[301]

Table 23-4 Toxicity assessment of *Citrus maxima* (Burm.) Merr.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	Methanolic and ethanolic extracts showed toxicity with LC50 values of 80.46 and 105.59 µg/ml, respectively.	[302]
MTT assay: Cell viability test for RINm5F cells.	Fruit	Ethanolic extracts from different parts and the waste blanching water showed the minimum suppressing dose varied according to the species of grapefruit from ≥ 0.5 µg/ml to ≥ 5 µg/ml.	[303]
Subacute toxicity: Oral administration of Long Evans rats at a dose of 250, 500 and 1000 mg/kg for 21 days.	Fruit	Methanolic extract showed no pathological change of the vital organ indicating that pomelo is nontoxic and safe.	[297]

		<p>there was no significant change in the body weight, percentage water content, and relative organ weight at any administered doses.</p>	
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A: Fruit[303] B: Flower C: Leaf [295]

Figure 32 of *Citrus maxima* (Burm.) Merr.



24. *Clinacanthus nutans* (Burm.f.) Lindau

Scientific name: *Clinacanthus nutans* (Burm.f.) Lindau

Synonyms: *Justicia nutans* Burm.f.

Common name: Sabah snake grass

Local name:	Phaya-yo
Family:	Acanthaceae
Distribution:	South-east Asia
Parts Used:	Leaf
Description of the Plant:	The species is an annual shrub that can grow up to 1 3 meters tall. It has green cylindrical, smooth and striated stems[304].

Table 24-1 Traditional uses of *Clinacanthus nutans* (Burm.f.) Lindau

Traditional uses	Parts Used	Reference
Snake bites, insect and scorpion stings	Leaf	[304]

Table 24-2 Chemical constituents of *Clinacanthus nutans* (Burm.f.) Lindau

Chemical constituents	Parts Used	Reference
Terpenes-Tripenoids, Terpenes-Phytosterols, Phenolic compounds, Sulfur-containing glycosides compounds, Sulfur containing compounds	Not specify	[304]
Vitexin, isovitexin, shaftoside, isomollupentin 7-O-beta-glucopyranoside, orientin and isorentin	Leaf and stem	[305]

Table 24-3 Biological and pharmacological activities of *Clinacanthus nutans* (Burm.f.)

Lindau

Activities	Parts Used	Reference
Antioxidant	Leaf	[304, 305]
Anti-venom	Not specify	[304]
Anti-cancer, anti-inflammatory and anti-viral		

Table 24-4 Toxicity assessment of *Clinacanthus nutans* (Burm.f.) Lindau

Toxicity assessment	Parts Used	Results	References
MTT assay, macerated using ethanol 70% solvent in a ratio of 1:10 for 5 days, and was re-macerated for 2 days. The extracts were then fractionated with ethyl acetate solvent in a ratio of 1:1.	Whole plant	Weak toxicity with a selectivity index of 4.740, indicating that <i>Clinacanthus nutans</i> L. Ethyl acetate fraction is less toxic against T47D breast cancer cells but selective against Vero normal cells.	[306]
Ethanolic extracts , Brine shrimp lethality test	Leaf	Ethanolic extract of <i>C. Nutans</i> leaves are classified as nontoxic.	[305]

<p>Acute oral toxicity, methanolic extracts, male Swiss albino mice at doses 900 and 1800 mg/kg.</p>	<p>Not specify</p>	<p>The results showed that no mortality and or side effects on liver, kidney, spleen, lung and heart were observed. In addition, Sprague Dawley male rats administered orally with methanolic leaf extracts of <i>C. nutans</i> at doses of 300, 600 and 900 mg/kg also showed no abnormality or toxicological effects on liver and kidney functions</p>	<p>[304]</p>
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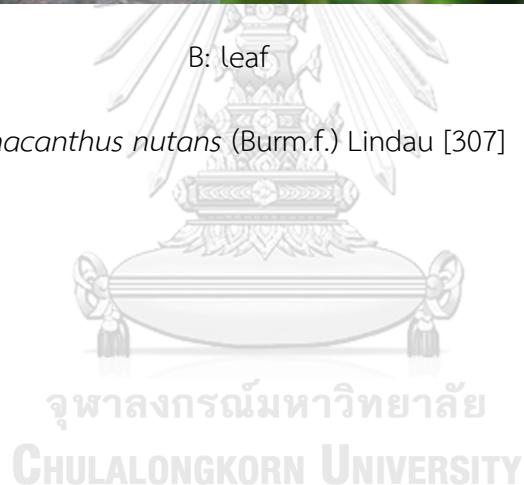


A: Whole plant

B: leaf

C: flower

Figure 33 of *Clinacanthus nutans* (Burm.f.) Lindau [307]



25. *Coccinia grandis* (L.) J. Voigt

Scientific name: *Coccinia grandis* (L.) J. Voigt

Synonyms: *Bryonia grandis* L.

Coccinia cordifolia

Coccinia indica Wight & Arn.

Common name: Ivy Gourd

Local name: Tam-lueng

Family: Cucurbitaceae

Distribution: Southern Indian states

Parts Used: Leaf, Fruit

Description of the Plant: A slender, soft, hairless, glabrous, branched, annual, and perennial herb growing to 50 cm tall cultivated all over India[308].

Table 25-1 Traditional uses of *Coccinia grandis* (L.) J. Voigt

Traditional uses	Parts Used	Reference
Treat diabetes	Not specify	[309]
Microbial infections, gastrointestinal disorders, inflammation and also DM	Not specify	[310]
Leprosy, jaundice, asthma, bronchitis, skin eruptions, burns, tongue sores, earache, indigestion, eye infections, nausea, insect bites, and fever	Fruits, roots, the stem	[311]

Table 25-2 Chemical constituents of *Coccinia grandis* (L.) J. Voigt

Chemical constituents	Parts Used	Reference
Essential amino acids, polyunsaturated fatty acids, total phenolics, vitamin C	Fruit	[312]
Phenols, tannins, saponins, terpenoids, and flavonoids	Leaf	[311]

Table 25-3 Biological and pharmacological activities of *Coccinia grandis* (L.) J. Voigt

Activities	Parts Used	Reference
Pro-inflammatory	Leaf	[313]
Anti-Diabetic	Leaf	[310]
Anti-hepatotoxic, Anti-hyperlipidemic, Anti-insecticidal, Antioxidant	Not specify	[311]
Antioxidant	Leaf	[314]
Anti-diabetic, anti-ulcer, anti-inflammatory, anti-oxidant, and anti-tumor	Not specify	[313]

Table 25-4 Toxicity assessment of *Coccinia grandis* (L.) J. Voigt

Toxicity assessment	Parts Used	Results	References

Brine shrimp lethality assay (BSLA)	Leaf	The methanolic extract showed LC50 value of 15.97 ± 0.101 mg/ml.	[315]
Brine shrimp lethality assay (BSLA)	Leaf	The ethanolic extract showed LC50 value of $24.20 \mu\text{g}/\text{ml}$.	[316]
MTT assay: Murine macrophage cell line (RAW 264.7)	Leaf	The ethanolic extract showed no cytotoxicity on RAW 264.7 which more than 90% macrophages remained viable up to $90 \mu\text{g}/\text{ml}$ of plant extract concentration.	[317]
Cytotoxicity Assay	Leaf	Extract dissolved in phosphate buffer saline (PBS), lower cytotoxicity on the murine RAW 264.7 macrophage cell line	[313]
Acute toxicity: Oral administration of male Wister albino rats at doses of 5, 50, 300, 2000 mg/kg and higher doses for 14 days.	Leaf	The ethanol extract showed no signs of acute toxicity up to a dose level of 3.2 g/kg and no lethality or any toxic reactions were found up to the end of the study period.	[318]



Fruit, Leaf and Flower

Figure 34 of *Coccinia grandis* (L.) J. Voigt [311]



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26. *Cocos nucifera* L.

Scientific name: *Cocos nucifera* L.

Synonyms: *Cocos nucifera* var. *synphyllica* Becc.

Palma cocos Mill.

Cocos indica Royle.

Cocos nana Griff.

Calappa nucifera (L.) Kuntze

Common name:

Local name:

Family:

Distribution:

Parts Used:

Coconut

Ma-prao

Arecaceae

Asia and Pacific

Coconut water, Oil, Husk Fiber, Pulp, Root

Description of the Plant: The plant is an arborescent monocotyledonous tree of around 25 m in height (giant coconut) with a dense canopy. The root of the coconut system is fasciculate. and with an oily pulp consistency and a liquid albumen called coconut water that is thick, sweet, and slightly acidic [319]

Table 26-1 Traditional uses of *Cocos nucifera* L.

Traditional uses	Parts Used	Reference
Oral asthma treatment	Husk fiber	[319]
Skin care, kidney diseases	Not specify	[320]

Urinary problems, gallstones, and hematemesis	Not specify	[321]
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Table 26-2 Chemical constituents of *Cocos nucifera* L.

Chemical constituents	Parts Used	Reference
Lupeol-methylether	leaf	[319]
Skimmiwallin	leaf	
Isoskimmiwallin	leaf	
Catechin	Fiber	
Flavonoid	Fiber, Root, Inflorescence	
Saponin	Root	
a-tocopherol	oil	
Tannins	Fiber Inflorescence	
Vitamin C	Liquid albumen	
Liquid acid	Oil	
L-arginine	Liquid albumen Solid albumen	

Table 26-3 Biological and pharmacological activities of *Cocos nucifera* L.

Activities	Parts Used	Reference
Anthelmintic	Husk fiber	[322]
Anti-bacterial	Fruit	[319]
Anti-inflammatory	Husk fiber, fruit	[319], [321]
Anti-hyperglycemic	Flower	[319]
Anti-malarial	Husk fiber	[322]
Anti-oxidant	Fruit	[323]
Anti-trichomoniasis	Not specify	[319]
Hepatoprotective	Coconut water	[319]
Renal protective	Not specify	[320]
Anti-hypertensive and Vasorelaxant	Endocarp	[319]
Antinociceptive	Husk fiber, Root	[319]
Antipyretic	Fruit	[321]
Analgesic, and antipyretic	Fruit	[321]
Anti-neoplastic	Husk fiber	[324]
Amenorrhea and dysmenorrhea,	Bark	[319]

Table 26-4 Toxicity assessment of *Cocos nucifera* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Endocarp	The LC50 of hydro-alcohol and methanol extract were 432.35 µg/ml and 1173.88 µg/ml respectively.	[325]
MTT assay: Cell viability assay on Hela cells	shell	IC50 value was found to be 1.77mg/mL. The MTT assay revealed the crude extract toxicity upon HeLa cells	[326]
Acute toxicity: Oral administration of Swiss albino mice at doses of 500, 1000, 2000, 3000, 4000 and 5000 mg/kg for 14 days.	Inflorescence flower	The LD50 value of acetone extract was >5000 mg/kg and no mortality of animal.	[327]



Figure 35 of *Cocos nucifera* L. [328]



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27. *Colocasia esculenta* (L.) Schott

Scientific name: *Colocasia esculenta* (L.) Schott

Synonyms: *Alocasia dussii* Dammer

Alocasia illustris W.Bull

Aron colocasium (L.) St.-Lag.

Arum chinense L.

Arum colocasia L.

Arum colocasioides Desf.

Arum esculentum L.

Arum lividum Salisb.

Arum nymphaeifolium (Vent.) Roxb.

Arum peltatum Lam.

Caladium acre R.Br.

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Caladium antiquorum (Schott) André
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Caladium atrovirens André

Caladium colocasia (L.) W.Wight

Caladium colocasioides (Desf.) Brongn.

Caladium divaricatum André

Caladium esculentum (L.) Vent.

Caladium esculentum subsp. *bataviensis* Hovey

Caladium glycyrrhizum Fraser

Caladium nigrescens André

Caladium nymphaeaefolium Vent.

Caladium nymphaeifolium Vent.

Caladium parimaense André

Caladium violaceum Desf.

Caladium violaceum Engl.

Caladium violaceum var. *alboviolaceum* André

Calla gaby Blanco

Calla virosa Roxb.

Cladium colocasia (L.) W.Wight

Colocasia acris (R.Br.) Schott

Colocasia aegyptiaca Samp.

Colocasia antiquorum Schott

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Colocasia antiquorum f. *acris* (R.Br.) Schott

Colocasia antiquorum f. *acuatica* Makino

Colocasia antiquorum f. *eguimo* Makino

Colocasia antiquorum f. *esculenta* (L.) Schott

Colocasia antiquorum f. *euchlora* (K.Koch & Linden) Schott

Colocasia antiquorum f. *nymphaeifolia* (Vent.) Schott

Colocasia antiquorum f. *oyasetage* Makino

Colocasia antiquorum f. *purpurea* Makino

Colocasia antiquorum f. *typica* Engl.

Colocasia antiquorum f. *yamamotoi* Makino

Colocasia antiquorum var. *acris* (R.Br.) Schott

Colocasia antiquorum var. *aquatilis* (Hassk.) Engl. & K.Krause

Colocasia antiquorum var. *esculenta* (L.) Schott

Colocasia antiquorum var. *esculenta* (L.) Schott ex Seem.

Colocasia antiquorum var. *euchlora* (K.Koch & Linden) Schott

Colocasia antiquorum var. *euchlora* (K.Koch & Sello) Schott ex Engl.

Colocasia antiquorum var. *globulifera* Engl. & K.Krause

Colocasia antiquorum var. *illustris* (W.Bull) Engl.

Colocasia antiquorum var. *multifolia* Makino

Colocasia antiquorum var. *nymphaefolia* (Vent.) Engl.

Colocasia antiquorum var. *patens* Makino

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Colocasia antiquorum var. *rupicola* Haines

Colocasia antiquorum var. *stolonifera* Haines

Colocasia antiquorum var. *typica* Engl

Colocasia colocasia (L.) Huth

Colocasia colocasia *infrasubsp. publ*

Colocasia esculenta f. *ebiimo* Makino

Colocasia esculenta f. *rotundifolia* Makino

Colocasia esculenta var. *acris* (R.Br.) A.F.Hill

Colocasia esculenta var. *antiquorum* (Schott) F.T.Hubb. & Rehder

Colocasia esculenta var. *aquatilis* Hassk.

Colocasia esculenta var. *esculenta*

Colocasia esculenta var. *euchlora* (K.Koch & Linden) A.F.Hill

Colocasia esculenta var. *globulifera* (Engl. & K.Krause) R.A.Young

Colocasia esculenta var. *illustris* (W.Bull) A.F.Hill

Colocasia esculenta var. *nymphaeifolia* (Kunth) A.F.Hill

Colocasia esculenta var. *rupicola* (Haines) H.B.Naithani

Colocasia esculenta var. *stolonifera* (Haines) H.B.Naithani

Colocasia esculenta var. *typica* A.F.Hill

Colocasia euchlora K.Koch & Linden

Colocasia formosana Hayata

จุฬาลงกรณ์มหาวิทยาลัย
Colocasia gracilis Engl.

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Colocasia himalensis Royle

Colocasia konishii Hayata

Colocasia neocalledonica Van Houtte

Colocasia nymphaeifolia (Vent.) Kunth

Colocasia peltata (Lam.) Samp.

Colocasia tonoimo Nakai

Colocasia vera Hassk.

Colocasia virosa (Roxb.) Kunth

Colocasia vulgaris Raf.

Leucocasia esculenta (L.) Nakai

Steudnera virosa (Roxb.) Prain

Zantedeschia virosa (Roxb.) K.Koch

Common name: Cocoyam

Local name: Phueak

Family: Araceae

Distribution: Humid tropics and subtropic

Parts Used: Root, Gum/latex

Description of the Plant: A perennial herbaceous plant, with large spherical corm

from which a few heart-shaped leaves emerge at the tip on long petiole reaching 1-

2m heights [329].

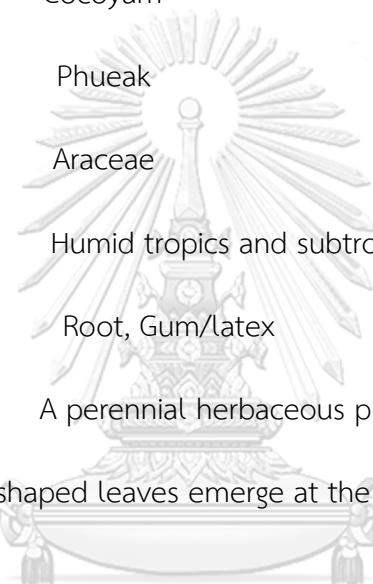


Table 27-1 Traditional uses of *Colocasia esculenta* (L.) Schott

Traditional uses	Parts Used	Reference
Painful rheumatic joint, to treat tuberculosis and pulmonary congestion.	Tuber (Root)	[330]
Juice of the leaf is stimulants and rubefacient as well as a styptic. It's also useful in internal otalgia, adenitis, hemorrhages, and buboes.	Leaf	[329]

Juice is demulcent, laxative, and anodyne	Corm	
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Table 27-2 Chemical constituents of *Colocasia esculenta* (L.) Schott

Chemical constituents	Parts Used	Reference
Alkaloids, glycosides, flavonoids, terpenoids, saponins and phenols.	Tuber	[330]

Table 27-3 Biological and pharmacological activities of *Colocasia esculenta* (L.) Schott

Activities	Parts Used	Reference
Super antioxidants, anti-inflammatory	Tuber	[330]
Anticancer, antihyperlipidaemic, anxiolytic, wound healing, antimelanogenic, anti-inflammatory, probiotic, antihypertensive, antidiabetic, hepatoprotective, antiinflammatory, antimicrobial, hypolipidaemic, antihelminthic	Not specify	[329]

Table 27-4 Toxicity assessment of *Colocasia esculenta* (L.) Schott

Toxicity assessment	Parts Used	Results	References
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Brine shrimp lethality assay (BSLA)	Leaf	The ethyl acetate fraction showed LC50 value lower than 1000 µg/ml.	[331]
MTT assay: Five different cancer cell lines; human lung cancer (A549), ovarian cancer (Pa-1), prostate cancer (PC3), colon cancer (HCT 116), and acute leukemia (K562).	Leaf	The ethanolic extract showed LC50 values of 93.2 µg/ml, 133.6 µg/ml, 172.87 µg/ml, 217.54 µg/ml, and 223.08 µg/ml for Pa-1, A549, HCT116, K562, and PC-3 cell, respectively.	[332]
Sub-acute toxicity: Oral administration of	Leaf	The aqueous extract at doses lower than 1000 mg/kg may not exert toxic effects on haematological and some biochemical parameters but may exert selective toxicity in few visceral organs.	[333]

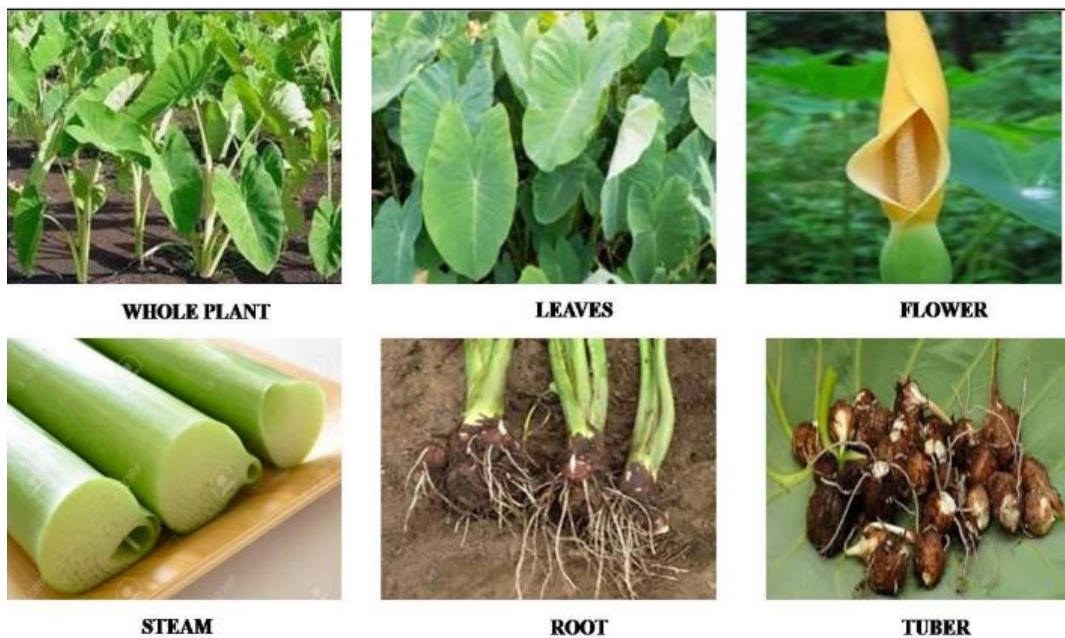


Figure 36 of *Colocasia esculenta* (L.) Schott [329]



28. *Coriandrum sativum* L.

Scientific name: *Coriandrum sativum* L.

Synonyms: *Bifora loureiroi* Kostel.

Coriandropsis syriaca H.Wolff

Coriandrum diversifolium Gilib.

Coriandrum globosum Salisb.

Coriandrum majus Garsault

Coriandrum majus Gouan

Coriandrum melphitense Ten. & Guss.

Coriandrum sativum subsp. *asiaticum* Stolet.

Coriandrum sativum subsp. *indicum* Stolet.

Coriandrum sativum subsp. *vavilovii* Stolet.

Coriandrum sativum var. *afghanicum* Stolet.

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Coriandrum sativum var. *africanum* Stolet.

Coriandrum sativum var. *anatolicum* Stolet.

Coriandrum sativum var. *arabicum* Stolet.

Coriandrum sativum var. *asiaticum* Stolet.

Coriandrum sativum var. *indicum* Stolet.

Coriandrum sativum var. *microcarpum* DC.

Coriandrum sativum var. *pygmaeum* Stolet.

Coriandrum sativum var. *vavilovii* Stolet.

Selinum coriandrum (Vest) E.H.L.Krause

Sium coriandrum Vest

Sium coriaudrum Vest

Sium testiculatum Vest

Common name: Coriander, Chinese-parsley

Local name: Phak-chi

Family: Apiaceae/ Umbelliferae

Distribution: Native to European-Mediterranean, currently planted all over the world [308].

Parts Used: Whole plant

Description of the Plant: There are two varieties of *Coriandrum sativum* L.: *vulgare* and *microcarpum*. *Vulgare* is a taller plant with larger leaves and fruits than *microcarpum* [308].



Table 28-1 Traditional uses of *Coriandrum sativum* L.

Traditional uses	Parts Used	Reference
As an expectorant laxative. Cure measles or rash, sweating, expelling wind, flatulence, a traditional medicine to treat disorders of the digestive, respiratory and urinary systems, as well as diabetes, inflammation, insomnia, anxiety, convulsion, and other conditions	whole plant	[308]

Loss of appetite, convulsion, insomnia, and anxiety	whole plant	[334]
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Table 28-2 Chemical constituents of *Coriandrum sativum* L.

Chemical constituents	Parts Used	Reference
Tocopherol, Total tocopherols Sterol, Cholesterol Campesterol, Stigmasterol β -Sitosterol	Fruit	[308]
Linalool, geranyl acetate, 2-decenoic acid, (2E)-dodecenol (17.8%), decanal (15.3%), and (2E)-decenol (11.9%)	Not specify	[335]
Dihydroxyphenolic acid, gallic acid, ferulic acid, caffeic acid, chlorogenic acid, syringic acid, vanillic acid, p-coumaric acid, rosmarinic acid, cinnamic acid, quercetin-3-rhamnoside, luteolin, coumarin, quercetin, rutin, apigenin and amentoflavone	whole fruit, Seed And Pericarp	[336]

Table 28-3 Biological and pharmacological activities of *Coriandrum sativum* L.

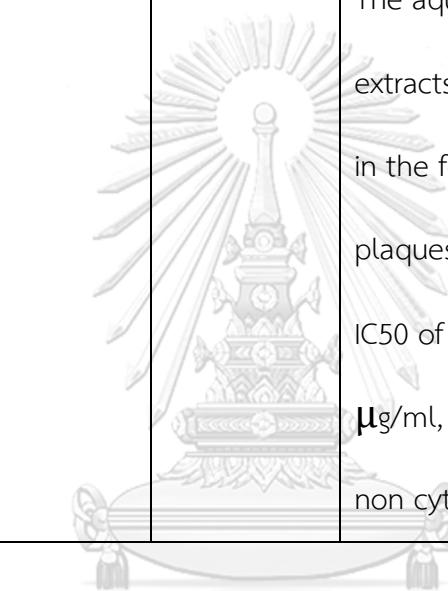
Activities	Parts Used	Reference
Antioxidant, Antimicrobial	Not specify, Seed, Fruit	[308, 337, 338], [334, 336, 339]

Immune-modulatory, antioxidant, anti-inflammatory, anticancer	Not specify	[340]
Antioxidant, Antimicrobial Antibiofilm	Not specify	[341]
Anti-proliferative, Anxiolytic, antidepressant, sedative hypnotic, anticonvulsant, memory enhancement, neuroprotective, antibacterial, antifungal, anthelmintic, insecticidal, antioxidant, cardiovascular	Not specify	[335]
Antibacterial, antidiabetic and anticancerous, antimutagenic	Not specify	[334]

Table 28-4 Toxicity assessment of *Coriandrum sativum* L.

Toxicity assessment	Parts Used	Results	References
MTT assay in three human tumor cell lines (Caco-2, CCRF-CEM and CEM/ADR 5000)	Aerial parts	Essential oil. cytotoxic activity against Caco-2, CCRF-CEM and CEM/ADR 5000 tumor cell lines with IC50 values of 86.8, 16.5 and 38.5 µg/mL, respectively	[335]
MTT assay : Vero cells and the inhibition of HepG2 cells	Seed	Hexane and aqueous extracts exhibited inhibition of vero cells with CC50 of 600 µg/ml	[342]

		<p>and 700 $\mu\text{g}/\text{ml}$, respectively, while the minimum inhibition of HepG2 cells was observed at a concentration of 350 $\mu\text{g}/\text{ml}$ for the three extracts. The aqueous and hexane extracts exhibited reductions in the formation of HSV-1 plaques with an observed IC₅₀ of 350 $\mu\text{g}/\text{ml}$ and 250 $\mu\text{g}/\text{ml}$, respectively, non cytotoxic.</p>	
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A: Seed

B: Leaf and flower

C: Whole plant

Figure 37 of *Coriandrum sativum* L. [343]

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29. *Cuminum Cyminum* L.

Scientific name: *Cuminum Cyminum* L.

Synonyms: *Cuminum* L.

Cumimum cyminum L.

Cuminia cyminum J.F.Gmel.

Cuminum aegyptiacum Mérat

Cuminum aegyptiacum Mérat ex DC.

Cuminum cyminum subsp. *hispanicum* (Mérat ex DC.) Lange

Cuminum hispanicum Bunge, 1852

Cuminum hispanicum Mérat

Cuminum hispanicum Mérat ex DC.

Cuminum odorum Salisb.

Cuminum officinale Garsault

จุฬาลงกรณ์มหาวิทยาลัย
Cuminum sativum J.Sm.

Cuminum sudanense H.Wolff

Cyminon longeinvolucellatum St.-Lag.

Ligusticum cuminum (L.) Crantz

Luerssenia cyminum (L.) Kuntze

Selinum cuminum (L.) E.H.L.Krause

Family: Apiaceae/ Umbelliferae

Common name: Cumin

Local name:

Tian-khao

Distribution:

Mediterranean Region

Parts Used:

Whole plant

Description of the Plant: Annual herbs, up to 50 cm tall; stems slender, glabrous.

Leaves bi-or tripinnate, with ciliate ultimate segments, ca. 2-5 cm longe; vittae large.

Table 29-1 Traditional uses of *Cuminum Cyminum* L.

Traditional uses	Parts Used	Reference
Treat hoarseness, jaundice, dyspepsia and mixed with other ingredients to treat diarrhea and colic	Not specify	[344]
toothache, diarrhea, epilepsy, dyspepsia, and jaundice	Seed	[345]

Table 29-2 Chemical constituents of *Cuminum Cyminum* L.

Chemical constituents	Parts Used	Reference
Alkaloid, anthraquinone, coumarin, flavonoid, glycoside, protein, resin, saponin, tannin and steroid	Whole plant	[344]
Organic acids (aspartic, citric, malic, tartaric, propionic, ascorbic, oxalic, maleic and fumaric acids), carotenes, zeaxanthin and lutein	Seed	

Table 29-3 Biological and pharmacological activities of *Cuminum Cyminum L.*

Activities	Parts Used	Reference
Antibacterial	Seed	[344]
Antioxidant	Seed	[345]
Antifungal	Seed	[345, 346]

Table 29-4 Toxicity assessment of *Cuminum Cyminum L.*

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Fruit	Ethyl acetate and hexane fractions demonstrated LC50 of 52.40 and 60.77 µg/ml.	[347]
MTT assay: L929 mouse fibroblasts.	Seed	There were no significant differences between the cytocompatibility of different concentrations of cumin essential oil and co-trimoxazole at its full concentration (700 µg/ml) on L929 fibroblasts.	[348]

MTT assay: J774 macrophage cell line.	Seed	The aqueous extract did not show any toxic effects on J774 macrophage cells.	[349]
Acute toxicity: Oral administration of mice at a single dose of 2000 mg/kg for 24 h.	Seed	The essential oil caused no death and no sign of toxicity.	[350]



Figure 38 of *Cuminum Cyminum* L. [351]

30. *Curcuma longa* L.Scientific name: *Curcuma longa* L.Synonyms: *Amomum curcuma* Jacq.*Amomum curcuma* Murray*Curcuma brog* Valeton*Curcuma domestica* L.*Curcuma domestica* Valeton*Curcuma longa* var. *vanaharidra* Velay., Pandrav., J.K.George & Varapr.*Curcuma ochrorhiza* Valeton*Curcuma soloensis* Valeton*Curcuma tinctoria* Guibourt*Kua domestica* Medik.*Stissera curcuma* Gisekeจุฬาลงกรณ์มหาวิทยาลัย
CHULALONGKORN UNIVERSITY*Vurcuma longa* var. *vanaharidra* Velay

Common name: Turmeric, Indian-saffron

Local name: Khamin

Family: Zingiberaceae

Distribution: Southeast Asia

Parts Used: Rhizome

Description of the Plant: Turmeric is a sterile plant and does not produce any seeds.

The plant grows up to 3-5 ft tall and dull yellow flowers. The rhizome is an underground stem that is thick and fleshy ringed with the bases of old leaves is part of turmeric which possesses a potential medicinal property [352].

Table 30-1 Traditional uses of *Curcuma longa* L.

Traditional uses	Parts Used	Reference
Leishmaniasis, bacterial and viral infections	Rhizome	[353]
Antiseptic, disinfectant, anti-inflammatory, and analgesic	Rhizome	[352]
Disorders including indigestive and liver ailments disorders, throat infections, common colds, wound and skin sores	Not specify	[354]
Stimulant for liver and gallbladder promotes bile production and drainage of gallbladder, against gallstones; lowers cholesterol; against cellulitis	Rhizome	[126]

Table 30-2 Chemical constituents of *Curcuma longa* L.

Chemical constituents	Parts Used	Reference
Anthocyanins, Phenols, Tannins	Rhizome	[352]
Turmero saccharides	Rhizome	[355]

Curcumin, Demethoxycurcumin, Bisdemethoxy curcumin	Rhizome	[356]
Turmerol, Turmerone, Curcumone, Cineole, Camphene, d-alpha-pinene	Rhizome	[126]

Table 30-3 Biological and pharmacological activities of *Curcuma longa* L.

Activities	Parts Used	Reference
Anti-Inflammation, Antioxidants, Antiapoptotic, Neuroprotective, Hepatoprotective, Antidepressant, Anticonvulsant, Immunoprotection, Antitumor, Antiviral, Antibacterial, Insecticidal, Antifungal	Rhizome	[357]
Anti-Tumor, Antimicrobial, Anti-Inflammatory, Wound Healing, Gastroprotective Activities	Rhizome	[358]
Antioxidant	Rhizome	[359]

Table 30-4 Toxicity assessment of *Curcuma longa* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Rhizome	Methanol extract, LC50 valued 62.10 µg/mL, <i>Curcuma longa</i>	[360]

		can be inferred to have very strong toxic effect.	
Neutral red cytotoxicity assay: Human hepatocellular carcinoma HepG2 cell line.	Rhizome	The IC50 value of methanolic extract was $196.12 \pm 3.98 \mu\text{g/ml}$, while the IC50 value of pure curcumin was $41.69 \pm 2.87 \mu\text{g/ml}$.	[361]
Sub-chronic toxicity: Oral administration of Wistar rats at the doses of 250, 500, and 1000 mg/kg for 90 days.	Rhizome	NR-INF-02 (a standardized extract containing turmerosaccharides) administered at all doses did not show any mortality or clinical signs of toxicity in rats.	[355]
90-Day Subchronic Oral Toxicity Study in Rats	Rhizome	NR-INF-02 (NR-INF-02 is a standardized extract containing turmerosaccharides from <i>Curcuma longa</i>), no-observed adverse effect level (NOAEL) was found to be	[355]

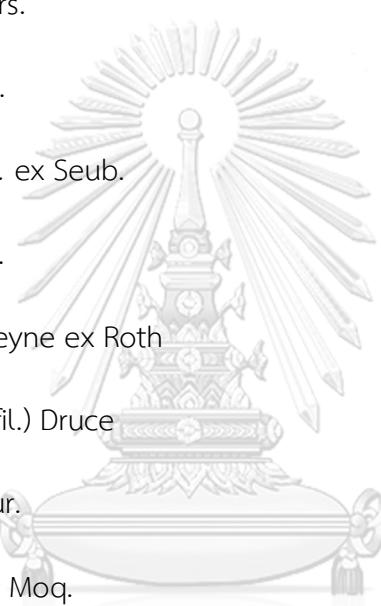
		1000 mg/kg body weight in albino Wistar rats.	
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Figure 39 of *Curcuma longa* L. [362]

31. *Cyathula prostrata* (L.) BlumeScientific name: *Cyathula prostrata* (L.) BlumeSynonyms: *Achyranthes alternifolia* L.fil.*Achyranthes debilis* Poir.*Achyranthes diffusa* Moench*Achyranthes globosa* Pers.*Achyranthes mollis* Lepr.*Achyranthes mollis* Lepr. ex Seub.*Achyranthes prostrata* L.*Achyranthes repens* B.Heyne ex Roth*Cyathula alternifolia* (L.fil.) Druce*Cyathula geniculata* Lour.*Cyathula globosa* (Pers.) Moq.


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Cyathula prostrata subsp. *debilis* Moq.*Cyathula prostrata* var. *debilis* (Poir.) Miq.*Cyathula prostrata* var. *debilis* (Poir.) Moq.*Cyathula prostrata* var. *prostrata**Cyathula repens* Moq.*Cyathula sanguinolenta* Moq.*Cyathula semiroslata* Masam.*Desmochaeta globosa* (Pers.) Roem. & Schult.

Desmochaeta micrantha DC.

Desmochaeta patula Wall.

Desmochaeta prostrata (L.) DC.

Desmochaeta repens Roem. & Schult.

Pupalia prostrata (L.) Mart.

Common name: Pigweed

Local name: Ya-phun-ngoo-dang

Family: Amaranthaceae

Distribution: Pantropical regions

Parts Used: Aerial parts

Description of the Plant: An annual, branched herb/shrub reaching up to 1m with stem trails on the ground and bears leaves which are rhomboid-oblong and adhesive fruits [363].

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Table 31-1 Traditional uses of *Cyathula prostrata* (L.) Blume

Traditional uses	Parts Used	Reference
As natural therapeutic agents against some multidrug resistant bacteria and they could prevent pathogenic diseases.	Not specify	[364]
Scabies	Leaf	[365]

Applied to sores and cancers and used as eardrop for otitis and headache	Sap	
--	-----	--

Table 31-2 Chemical constituents of *Cyathula prostrata* (L.) Blume

Chemical constituents	Parts Used	Reference
Tannins, Saponins, flavonoids, Alkaloids, phenolic, Anthraquinone and glycosides	Not specify	[365]
Terpenoids, Tannins, Flavonoids, Saponins, Cardiacglycoside, Steroids, Alkaloids	Leaf, stem bark, Root	[363]

Table 31-3 Biological and pharmacological activities of *Cyathula prostrata* (L.) Blume

Activities	Parts Used	Reference
Antibacterial	Fruit	[364]
Anti-ulcer and antioxidant	Whole plant	[365]
Gastroprotective		
Anti-inflammatory and analgetic		

Table 31-4 Toxicity assessment of *Cyathula prostrata* (L.) Blume

Toxicity assessment	Parts Used	Results	References
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MTT assay: The anti-proliferative activity of HeLa (cervix adenocarcinoma) cell line.	Whole plant	The potentially cytotoxic of ethanolic extracts on HeLa cell line showed over 50% activity at 500 µg/ml.	[366]
CellTiter-Blue assay: Cervical (HeLa) cancer, human promonocytic leukaemia U937cells and normal peripheral blood mononuclear cells (PBMCs).	Whole plant	The IC50 values of ethanolic extract for HeLa and U937 cells were 100.8 µg/ml and 64.43 µg/ml respectively. Cytotoxicity of the plant extract was not evident when treating normal PBMCs cells.	[367]
Acute toxicity: Oral administration of Swiss albino mice at a dose of 20 g/kg for 24 hours.	Not specify	The LD50 value of the aqueous extract was higher than 20 g/kg.	[368]



Whole plant [369]

Figure 40 of *Cyathula prostrata* (L.) Blume



32. *Cymbopogon citratus* (DC.) Stapf

Scientific name: *Cymbopogon citratus* (DC.) Stapf

Synonyms: *Andropogon cerifer* Hack.

Andropogon ceriferus Hack.

Andropogon citratus DC.

Andropogon citratus DC. ex Nees

Andropogon citriodorus Desf. [Invalid]

Andropogon nardus subsp. *ceriferus* (Hack.) Hack.

Andropogon nardus var. *ceriferus* (Hack.) Hack.

Andropogon roxburghii Nees ex Steud.

Common name: Lemon Grass; Lapine

Local name: Ta-khai

Family:

Gramineae

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Distribution: Tropical Asia and Africa

Parts Used: Stems, leaves, roots

Description of the Plant: Leaves that are light green in color, are narrower (~1.4 cm) and shorter (~95 cm) and its bush grows to a height of ~130 cm [370].

Table 32-1 Traditional uses of *Cymbopogon citratus* (DC.) Stapf

Traditional uses	Parts Used	Reference
Sleep aid, tranquilizer, digestive,	Leaf	[371]
Insect repellents	Not specify	[370]

Table 32-2 Chemical constituents of *Cymbopogon citratus* (DC.) Stapf

Chemical constituents	Part used	Reference
Neral, geranial, limonene, citronellal, myrcene, and geraniol	Leaf	[372]

Table 32-3 Biological and pharmacological activities of *Cymbopogon citratus* (DC.)

Stapf

Activities	Part of the plant used	Reference
Antiseptic, antifever, antidyspeptic, carminative, tranquilizer and stomachic	Leaf	[372]
Antimicrobial activity against Helicobacter pylori, bacterium responsible for peptic diseases	Not specify	[373]
Anti-influenza and antispasmodic	Leaf	[371]

Table 32-4 Toxicity assessment of *Cymbopogon citratus* (DC.) Stapf

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	The oil extracted using Microwave-assisted hydrodistillation and hydrodistillation gives LC50 value of 0.35 µg/ml and 0.29 µg/ml, respectively.	[370]
MTT assay: The anti-proliferative activity of human lung non-small cell adenocarcinoma (A549) cell line and colon adenocarcinoma (HCT 116) cell line.	Not specify	The essential oil showed cytotoxic to HCT 116 cell with an IC50 of 10.35 µg/ml and to A549 cell with an IC50 of 17.74 µg/ml.	[374]
Cytotoxicity Assay permanent fibroblast cell line derived from human lung (MRC-5) (ATCC no. CCL- 171)	Leaf	absence of cytotoxicity at doses up to 1 mM support the reputed beneficial properties of the tea and	[375]

		soft drinks prepared from lemongrass????	
Hemolytic Activity Human erythrocytes	Not specify	Essential oil low toxicity on the cell membrane of erythrocytes at concentrations lower than 500µg/ml.	[376]
Toxicity test: Each serial dose (1.56, 3.12, 6.25, 12.5, 25, and 50 µg/insect) solution was applied on the bodies of 50 newly-emerged (24-hour-old) <i>Sitophilus granarius</i> adults using a Hamilton microsyringe.	Leaf	The LD50 of the essential oil was 4.03 µg/insect (3.29–4.94 µg/insect).	[370]



A: Whole plant B: Leaf C: Stem

Figure 41 of *Cymbopogon citratus* (DC.) Stapf [377]



33. *Datura metel* L.

Scientific name: *Datura metel* L.

Synonyms: *Brugmansia chlorantha* [Hook.] Melliss

Datura aegyptiaca Vest.

Datura aegyptiaca Vis.

Datura alba Nees

Datura alba var. *africana* Mattei

Datura bojeri Delile

Datura carthaginensis Anon.

Datura carthaginensis Hort.

Datura chlorantha Hook.

Datura cornucopia Pitcher & Manda

Datura dubia Bianca

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Datura dubia Rich.

Datura dubia Rich. Ex Pers.

Datura fastuosa L.

Datura fastuosa subsp. *Alba* [Nees] C.B.Clarke

Datura fastuosa var. *alba* Bernh.

Datura fastuosa var. *flaviflora* O.E.Schulz

Datura fastuosa var. *flaviflora* O.E.Schulz ex O.C.Schmidt

Datura fastuosa var. *glabra* Bernh.

Datura fastuosa var. *parviflora* Nees

Datura fastuosa var. *rubra* Bernh.

Datura fastuosa var. *tuberculata* Bernh.

Datura fruticosa Hornem.

Datura hummatu Bernh.

Datura hummatu var. *fastuosa* [L.] Bernh.

Datura hummatu var. *muricata* [Link] Bernh.

Datura hummatu var. *rubra* Bernh.

Datura metel f. *pleniflora* O.Deg.

Datura metel var. *dentata* Schltl. & Cham.

Datura metel var. *fastuosa* [L.] Saff.

Datura metel var. *flaviflora* [O.E.Schulz] Moldenke

Datura metel var. *muricata* [Link] Danert

Datura muricata Link

Datura nanakii Pandeya & A.B.Bhatt

Datura nigra Hassk.

Datura nilhummatu Dunal

Datura timoriensis Zipp.

Datura timoriensis Zipp. Ex Span.

Datura trapezia Nees

Datura waymanii [Paxton] Steud.

Stramonium datura Noronha

Stramonium fastuosum [L.] Moench

Stramonium globosum Bubani

Stramonium infernale Noronha

Stramonium metel [L.] Moench

Common name:

Thorn Apple

Local name:

Lam-pong

Family:

Solanaceae

Distribution:

Native to the Americas and throughout the tropics and subtropics.

Parts Used:

Flower, Fruit

Description of the Plant: Herbs annual, 0.5-1.5 m tall, glabrescent. Stems often dark violet. Petiole 2-6 cm; leaf blade ovate or broadly ovate, 5-20 × 4-15 cm, membranous, glabrescent [378].

Table 33-1 Traditional uses of *Datura metel* L.

Traditional uses	Parts Used	Reference
Diabetes mellitus	Root	[379]
Cure and prevent pain, asthma, rheumatism, begma, and convulsions	Flower	[380]

Skin rashes, Ulcers, Bronchitis, Jaundice and Diabetes	Seed	[381]
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Table 33-2 Chemical constituents of *Datura metel* L.

Chemical constituents	Parts Used	Reference
Alkaloids, flavonoids and withanolides	leaf, Seed	[382]
Sesquiterpenoids	Leaf	[383]
Alkaloidal compounds	Whole plant	[381]
Beta-Sitosterol	Fruit	[384]

Table 33-3 Biological and pharmacological activities of *Datura metel* L.

Activities	Parts Used	Reference
Anti-Psoriasis	Flower	[380, 385]
Insecticidal, herbicidal, anti-fungal, anti-bacterial, anti-cancer, anti-inflammatory and anti-rheumatoid activity	Not specify	[381]
Anti-Oxidation	Flower	[380]
Antioxidant and Anticancer Activities	Seed	[386]
Anti-inflammatory	Leaf	[383]
Antidiabetic, antidysslipidemic	Root	[379]

Table 33-4 Toxicity assessment of *Datura metel* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Whole plant	The 90% methanol fraction showed LC50 > 1000 µg/ml.	[387]
MTT assay: Three human cancer cell lines [HepG-2, Hela, and SGC-7901].	Flowers, leaves, seeds, roots, stems	Essential oil .The roots and stems showed IC50 levels of 613.88 and 341.12 mg/l for HepG-2 cell. The leaves and roots showed IC50 levels of 267.76 and 348.35 mg/l for HeLa cell. All different parts showed cytotoxicity against SGC-7901 cell which the highest activity was observed in the stems with IC50 153.3 mg/l, followed by the roots [188.69 mg/l].	[382]
MTT method:	Leaf	Compounds 1-3 exhibited moderate cytotoxicity against Hepg2. For MCF-7 and MDA-MB-231 cell lines, compound 1 showed stronger cytotoxic effects than the other two compounds,	[383]

		also exhibiting moderate cytotoxicity.	
Acute toxicity: on grasshoppers and red ants with different concentrations (5000, 10000 and 15000 µg/ml) for 10 minutes.	Leaves	Chloroform extract showed the EC50 value was 12000 µg/ml for grasshoppers and 11600 µg/ml for red ants.	[388]



Figure 42 of *Datura metel* L. [389, 390]

34. *Diospyros mollis* Griff.Scientific name: *Diospyros mollis* Griff.

Synonyms: None

Common name: Ebony Tree

Local name: Phi-phao

Family: Ebenaceae

Distribution: A native of Burma and Thailand

Parts Used: Stem, Fruit

Description of the Plant: It is a shrub growing bears the fruits of 2-2.5 cm in diameter in summer [391]. The fruit has a small volume of flesh, becomes black when ripened on the tree or within a few days after dropping, Many seeds in the fruit [392].

Table 34-1 Traditional uses of *Diospyros mollis* Griff.

Traditional uses	Parts Used	Reference
Anthelmintic and black dye	Not specify	[393]
Anthelminthic or against tapeworms in the village	Not specify	[392]
Purging intestinal parasites, vomiting, nausea, emaciation, and wasting due to chronic illnesses	Not specify	[394]

Table 34-2 Chemical constituents of *Diospyros mollis* Griff.

Chemical constituents	Parts Used	Reference

Elliptinone (VI), Mamegakinone (VII), 4,5,8-trimethoxy-2-naphthaldehyde (XIII) Triterpenoids, lupeol, lupenone, betulin, taraxerol	Fruit, Bark, Root	[393]
Diglucoside of diospyrol,	Fruit	[395]
Naphthoquinone dimer, naphthalene derivative	Trunk	
Diospyrol (tetrahydroxy dimethyl binaphthalene)	Fruit	[396]

Table 34-3 Biological and pharmacological activities of *Diospyros mollis* Griff.

Activities	Parts Used	Reference
Hyaluronidase inhibitory activity	Not specify	[394]
Anthelmintic	Fruit	[396]

Table 34-4 Toxicity assessment of *Diospyros mollis* Griff.

Toxicity assessment	Parts Used	Results	References
Acute toxicity Test, Mice, rats and rabbits	Fruit	Not a single animal died excessive amount.	[396]
Subchronic Toxicity Tests, young albino, reeye rabbits		In subchronic toxicity, there was apparently no mortality in the lower doses of various kinds of ma-klua preparations.	

		<p>The mortality, however, was equally increased in high and average doses.</p> <p>The group of fresh berry juice mixed with coconut milk the mortality is otherwise 100 % .</p>	
MTT assay: Normal mouse fibroblast L929 and human breast cancer MCF-7 cell line.	Heartwood	<p>The ethanolic extract showed cytotoxic effect against MCF-7 cell and L929 cell with IC50 values of 11.75 and 11.52 $\mu\text{g}/\text{ml}$.</p>	[397]



A: Fruit B: Leaf



Figure 43 of *Diospyros mollis* Griff. [398]
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35. *Dipterocarpus alatus* Roxb.ex G.DonScientific name: *Dipterocarpus alatus* Roxb.ex G.DonSynonyms: *Dipterocarpus alatus* Roxb.

Common name: Hairy-leaf apitong

Local name: Yang-na

Family: Dipterocarpaceae

Distribution: Southeast and Asia

Parts Used: Oil

Description of the Plant: Medium to fairly large trees, up to 40 m (sometimes taller), 3 shorter ones up to 12 mm x 14 mm. fruit with wings [399].

Table 35-1 Traditional uses of *Dipterocarpus alatus* Roxb.ex G.Don

Traditional uses	Parts Used	Reference
Treatment of ulcerated wounds	Oil	[400]

Table 35-2 Chemical constituents of *Dipterocarpus alatus* Roxb.ex G.Don

Chemical constituents	Parts Used	Reference
Sesquiterpenes and triterpenes such as gurjunene, s-guaizulene and dipterocarpol	Oil	[401]

Table 35-3 Biological and pharmacological activities of *Dipterocarpus alatus* Roxb.ex

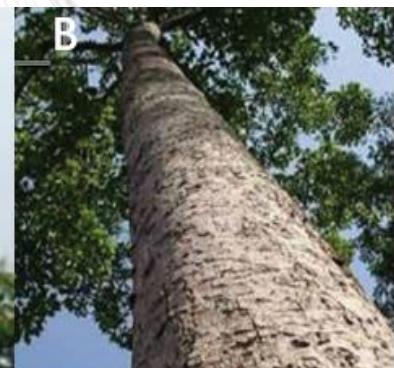
G.Don

Activities	Parts Used	Reference
Antioxidant and cytotoxic activities	Leaf, Bark, Twig, Oleo-resin	[400]

Table 35-4 Toxicity assessment of *Dipterocarpus alatus* Roxb.ex G.Don

Toxicity assessment	Parts Used	Results	References
Neutral red (NR) assay: Normal African green monkey kidney (Vero), human colon cancer (HCT116), melanoma (SK- MEL-2), lung adenocarcinoma (SK-LU- 1), cervix adenocarcinoma (SiHa) cell lines and human leukemic U937 cell line.	Leaf, twigs, bark and oleo- resin	The methanolic extract of all samples showed high cytotoxic activity against the U937 cell line with IC50 values of 91.3 ± 6.2 (leaf), 106.1 ± 7.8 (bark), 128.9 ± 2.5 (twig), and 63.3 ± 2.1 $\mu\text{g/ml}$ (oleo-resin).	[402]
Neutral red (NR) assay: Human hepatocellular	Oleo-resin	The oleo-resin showed cytotoxic effect against Vero,	[403]

carcinoma (HepG2), cervical adenocarcinoma (HeLa), normal African green monkey kidney (Vero) cells lines and human acute T cell leukemia (Jurkat).	HepG2, HeLa and Jurkat cells with LC50 values of 88.7 ± 4.2 , 80.5 ± 1.3 , 44.5 ± 1.6 and $23.0 \pm 2.1 \mu\text{g/ml}$, respectively.	
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A: Whole plant

B: Stem

C: Fruit

Figure 44 of *Dipterocarpus alatus* Roxb.ex G.Don[404]



36. *Euphorbia tirucalli* L.

Scientific name: *Euphorbia tirucalli* L.

Synonyms: *Arthrothamnus tirucalli* (L.) Klotzsch & Garcke

Euphorbia geayi Costantin & Gallaud

Euphorbia laro Drake

Euphorbia media N.E.Br.

Euphorbia media var. *bagshawei* N.E.Br.

Euphorbia media var. *bashawei* N.E.Br.

Euphorbia ripsaloides Lem.

Euphorbia ripsaloides Willd.

Euphorbia scoparia N.E.Br.

Euphorbia suareziana Croizat

Euphorbia tirucalli var. *rhipsaloides* (Willd.) A.Chev.

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Tirucalia indica Raf.

Tirucalia tirucalli (L.) P.V.Heath

Common name: African milkbush

Local name: Pha-ya-rai-bai

Family: Euphorbiaceae

Distribution: Tropical, subtropical Asia, America, the West Indies

islands in Pacific Ocean

Parts Used: Stem, Gum/latex

Description of the Plant: It is a flowering shrub or tiny tree which can grow up to (4–12) m tall and about (15–20) cm in stem width with straight twigs. It is smooth, cylindrical, terete, polished, whorled branchlets not much thicker than a quill which bear in the rainy season [405].

Table 36-1 Traditional uses of *Euphorbia tirucalli* L.

Traditional uses	Parts Used	Reference
Against cancer	Not specify	[406, 407]
To treat asthma, cough, earache, rheumatism, verrucae, cancer, chancre, epithelioma, sarcoma, skin tumors, and against syphilis.	Latex	[408]

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Table 36-2 Chemical constituents of *Euphorbia tirucalli* L.

Chemical constituents	Parts Used	Reference
Diterpenes, triterpenes, steroids, flavonoids and ellagitannins	Not specify	[407]
β -sitosterol, euphorbol hexacosonate, cycloeuphordenol, cyclotirucanenol, tirucallicine, tri-methyl ellagic acid, gallic acids, terpenic alcohol, isoephorphol, taraxasterol, tirucallol, euphorone, euphorcinol, euphorbins, taraxerone,	Not specify	[405]

euphorginol, taraxerol, campesterol, stigmasterol, palmitic acid, linoleic acid, β -amyrin		
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Table 36-3 Biological and pharmacological activities of *Euphorbia tirucalli* L.

Activities	Parts Used	Reference
Antimicrobial	Aerial parts	[409, 410]
Anticancer and Cytotoxic	Not specify	[406, 411]
Antioxidant	The pencil shape branches[410]	[410]
Anti-enzymatic, antimicrobial and cytotoxic		
Antiproliferative	Stem	[407]
Antibacterial	Not specify	[412]

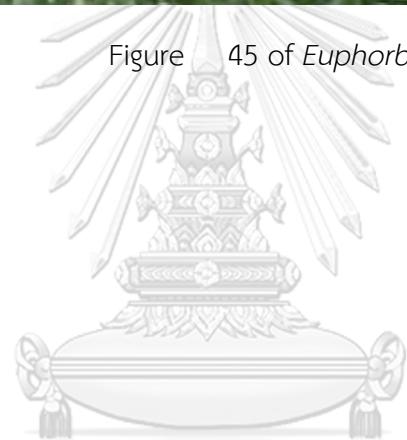
Table 36-4 Toxicity assessment of *Euphorbia tirucalli* L.

Toxicity evaluation	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaves	LC50 values of methanol extract was $> 1000 \mu\text{g/ml}$.	[387]
Cell viability assay: Human pancreatic cancer primary cancer cell line (MiaPaCa2).	Whole plant	Both aqueous and methanol extracts showed similar activity at 50 $\mu\text{g/ml}$ with a cell viability of about 50%.	[413]

Cell viability assays: human pancreatic cancer cell line Mia-PaCa2	whole plant	These results showed that EFW selectively inhibited the growth of leukemic cancer cells; solid human cancer cells are not sensitive to EFW and EFW has low toxicity in normal cells	[411]
MTT method: Colorectal adenocarcinoma cells Caco-2 cells	plant latex	The effect was linear and almost 22.05 mg/ml extract has inhibited 50% of cells relative to the control	[410]
Acute toxicity test: Freshwater fish, Heteropneustes fossilis.	Stem and branches	The LC50 values for aqueous extract latex at various exposure periods are 3.450 ml/l (24 h), 2.516 ml/l (48 h), 1.623 ml/l (72 h) and 1.315 ml/l (96 h).	[414]



Figure 45 of *Euphorbia tirucalli* L.



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37. *Garcinia hanburyi* Hook F.

Scientific name:	<i>Garcinia hanburyi</i> Hook F
Synonyms:	<i>Garcinia morella</i> var. <i>pedicellata</i> T.Hanb.
Common name:	Siam gamboge. Hanbury's garcinia.
Local name:	Rong-thong
Family:	Clusiaceae
Distribution:	Forests of Cambodia, Southern Vietnam, and Thailand.
Parts Used:	Gum
Description of the Plant:	Deciduous tree, 7-15 m tall [415].

Table 37-1 Traditional uses of *Garcinia hanburyi* Hook F

Traditional uses	Parts Used	Reference
A potent purgative and against	Gum-resin	[416]
Infected wounds		

Table 37-2 Chemical constituents of *Garcinia hanburyi* Hook F

Chemical constituents	Parts Used	Reference
Fatty acid, tocopherol, sterol compositions	Seed	[417]

Table 37-3 Biological and pharmacological activities of *Garcinia hanburyi* Hook F

Activities	Parts Used	Reference
Anti-inflammatory, analgesic and antipyretic	Pericarp	[418]
Anti-HIV-1 and Anti-Inflammatory	Leaf, Twig, and Resin	[419]
Antioxidant activity	Seed	[417]
Antibacterial and antitumor activities	Resin	[420]

Table 37-4 Toxicity assessment of *Garcinia hanburyi* Hook F

Toxicity assessment	Parts Used	Results	References
Sulforhodamine B (SRB) assay: Two human CCA cell lines (KKU-100 and KKU-M156 cells).	Gamboge resin	Four caged xanthones (isomorellin, isomorellinol, forbesione and gambogic acid) extracted form this plant showed cytotoxic effect against KKU-100 and KKU-M156 cells with IC50 values of 0.11-2.64 and 0.02-0.43 $\mu\text{mol/l}$.	[421]

MTT assay: Two hepatocellular carcinoma cells; p53 deletion (Hep3B) and p53 mutation (Huh7).	Gamboge resin	The gambogic acid showed IC50 values of 1.8 μM for Hep3B and 2.2 μM for Huh7	[422]
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A: Flower

B: Leaf

C: Bud

Figure 46 of *Garcinia hanburyi* Hook F[423]

38. *Garcinia mangostana* L.

Scientific name:	<i>Garcinia mangostana</i> L.
Synonyms:	<i>Mangostana garcinia</i> Gaertn.
Common name:	Mangosteen
Local name:	Mang-khud or manghud
Family:	Clusiaceae
Distribution:	Asia and Pacific
Parts Used:	Peel, Seed

Description of the Plant: The mangosteen tree grows from 6 to 25m tall. [424].

Mangosteen is dark purple to red-purple, and it is luscious and delicious, with a sweet, slightly acidic taste and a pleasant aroma [425].

Table 38-1 Traditional uses of *Garcinia mangostana* L.

Traditional uses	Parts Used	Reference
Abdominal pain, diarrhea, cystitis, eczema, dysentery, wound suppuration and chronic ulcers	Pericarp	[426]
Fever, diarrhoea, dysentery, menstrual cramps, urinary tract infections and many other conditions	Not specify	[427]
Chronic diarrhoea, infected wounds, skin infections and dysentery	Not specify	[428]

Obesity, catarrh, cystitis, diarrhea, dysentery, eczema, fever, skin infections, wounds	Not specify	[425]
Skin infections, wounds and diarrhea	Fruit hulls	[429]

Table 38-2 Chemical constituents of *Garcinia mangostana* L.

Chemical constituents	Parts Used	Reference
Xanthones	Pericarp	[425, 429-438]
A-Mangostin, an Xanthone Derivative	Pericarp	[426, 439-441]
B-mangostin	Pericarp	[442]
Isogarcinol	Pericarp	[443]
C-mangostin	Pericarp	[425]
Epicatechin	Pericarp	[444]
Pectin	Pericarp	[445]

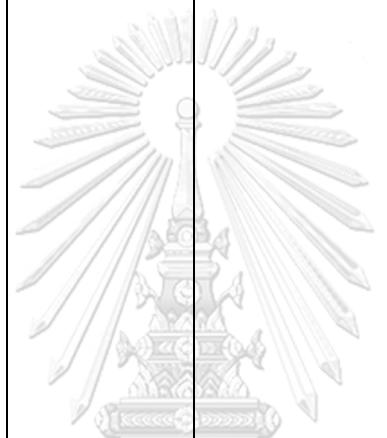
Table 38-3 Biological and pharmacological activities of *Garcinia mangostana* L.

Activities	Parts Used	Reference
Anti-cancer	pericarp	[430, 432, 446]
Antioxidant	pericarp	[430, 434-436, 438, 439, 445, 447-453]
Anti-inflammatory	pericarp	[430, 454]
Antimicrobial	pericarp	[430, 455]
Antiplasmodial; antileishmanial; antitrypanosomal	pericarp	[426]
Antimalarial	pericarp	[456]
Antitumour	pericarp	[439, 440, 442]
Antimicrobial and antitumoral	fresh fruits (seedless without core), leaf and resin	[457]
Antibacterial	Not specify, pericarp, bark	[431], [428, 444, 458], [437]

Antimicrobial, cytotoxic, antitumour, anti-inflammatory, antimalarial, antiviral, antimycobacterial, antioxidant, ant glucosidase and antileptospiral antihyperglycaemic, anti-inflammatory, antioxidant and antitumour	pericarp	[427]
Anti-inflammatory	pericarp	[441, 443]
Antibacterial against methicillin-resistant <i>Staphylococcus aureus</i>	pericarp	[459]
Antifungal	pericarp	[433, 458]
Antibacterial against cariogenic organisms	pericarp	[460]
Anti-obesity, anti-adipogenic	pericarp	[425]
Antidepressant-like and pro-cognitive	pericarp	[461]
Antileptospiral	pericarp	[462]
Antimalarial	pericarp	[449, 463]
Neuroprotective	pericarp	[450]
Anti-angiogenesis	pericarp	[464]

Table 38-4 Toxicity assessment of *Garcinia mangostana* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Hull	LC50 values of methanolic extract and ethanolic extract were 153.88 ± 3.37 and 161.75 ± 5.09 $\mu\text{g/ml}$, respectively.	[465]
MTT assay: The anti-proliferative activity of human breast cancer MCF-7 cell.	Hull	IC50 values of methanolic extract and ethanolic extract were 437.54 ± 7.94 and 466.41 ± 10.05 $\mu\text{g/ml}$, respectively.	[465]
XTT assay: The anti-proliferative activity of human colorectal carcinoma cell line (HCT 116) and normal colonic fibroblast (CCD-18Co).	Fruit	The toluene extract showed IC50 values for HCT 116 cells of $6.5 \pm 1.0 \mu\text{g/ml}$ (xanthones extract), $5.1 \pm 0.2 \mu\text{g/ml}$ (a-mangostin), and $7.2 \pm 0.4 \mu\text{g/ml}$ (g-mangostin) and IC50 values for CCD18Co normal cells of $11.1 \pm 0.4 \mu\text{g/ml}$ (a-mangostin), and $13.0 \pm 0.6 \mu\text{g/ml}$ (xanthones extract).	[430]

<p>Acute toxicity: Oral administration of Sprague Dawley rats at a dose of 2000 mg/kg for 14 day.</p> <p>Sub-chronic toxicity: Oral administration of Sprague Dawley rats at a dose of 10, 50, and 100 mg/kg for 3 months.</p>	<p>Pericarp</p> 	<p>Acute toxicity: The results showed no abnormalities.</p> <p>Sub-chronic toxicity: A safe dosage of hydro-extract would be < 100 mg/kg BW/day.</p>	<p>[466]</p>
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**A****B**

A: Fruit

B: Inside of the fruit

39. *Gonostegia pentandra* (Roxb.) Miq.

Scientific name: *Gonostegia pentandra* (Roxb.) Miq.

Synonyms: *Gonostegia pentandra* infrasp. *akoensis* (Yamam.)

Yamam. & Masam.

Gonostegia pentandra infrasp. *hypericifolia* (Blume) Masam.

Memorialis pentandra (Roxb.) Wedd.

Memorialis pentandra infrasp. *akoensis* Yamam.

Memorialis pentandra infrasp. *hypericifolia* (Blume) Wedd.

Pouzolzia hypericifolia Blume

Pouzolzia pentandra (Roxb.) Bennet

Pouzolzia pentandra infrasp. *hypericifolia* (Blume) Masam.

Urtica pentandra Roxb.

Common name: จุฬาลงกรณ์มหาวิทยาลัย
Narrow-Leaf Pouzolz's Bush

Local name: Khob-cha-nang-dang

Family: Urticaceae

Distribution: Afghanistan, Bangladesh, India, Indonesia, Myanmar,

Pakistan, Papua New Guinea, Philippines, Sri Lanka, Thailand and Vietnam.

Parts Used: Aerial part

Description of the Plant: Perennial herbs up to 1 m tall, single fruit. The lower part of the stem is cylindrical and the upper part is square. Wings 2.5 × 1.5 mm, villous, 3.5

mm long, with moles, achenes, black, 1.0-1.2 mm. Flowers and fruits from June to September [467].

Table 39-1 Traditional uses of *Gonostegia pentandra* (Roxb.) Miq.

Traditional uses	Parts Used	Reference
Useful in the treatment of skin rashes	Not specify	[467]
Treating eczema	Not specify	[468]
Eliminates pus, sore; stops bleeding, dysentery, skull itch	Whole plant	[469]
Dermatological, and urological diseases	Stem and leaf	[470]

Table 39-2 Chemical constituents of *Gonostegia pentandra* (Roxb.) Miq.

Chemical constituents	Parts Used	Reference
Phenolics	Aerial part	[471]

Table 39-3 Biological and pharmacological activities of *Gonostegia pentandra* (Roxb.) Miq.

Activities	Parts Used	Reference
Anti-inflammatory	Whole plant	[469]
Antibacterial	Stem and leaf	[470]

Anti H. pylori	Leaf	[472]
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Table 39-4 Toxicity assessment of *Gonostegia pentandra* (Roxb.) Miq.

Toxicity assessment	Parts Used	Results	References
SRB assay: The anti-proliferative activity on human hepatoma (Hep G2) cell line.	Leaves	The methanolic extract showed IC50 value of 35.51 µg/ml for Hep G2 cell line.	[473]
SRB assay: The anti-proliferative activity on human cervical adenocarcinoma (HeLa) and mouth epidermal carcinoma (KB) cells.	Leaves	The methanolic extract showed GI50 value of 37.28 µg/ml for HeLa and 317.55 µg/ml for KB cells. [active (GI50<20 mg/ml); moderately active (20≤GI50≤100 mg/ml); inactive (GI50>100 mg/ml)]	
MTT assay: The anti-proliferative activity on human breast cancer cell lines (SKBR3,	Stem and leaves	The ED50 values of ethanolic extract for all human breast cancer cells	[474]

MCF7, T47D and MDA-MB435) and human lung cancer cell lines (A549 and SK-LU1)		and human lung cancer cells were >500 mg/ml.	
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Figure 48 of *Gonostegia pentandra* (Roxb.) Miq. [467]

40. *Heliotropium indicum* L.

Scientific name: *Heliotropium indicum* L.

Synonyms: *Eliopia riparia* Raf.

Eliopia serrata Raf.

Heliophytum foetidum DC.

Heliophytum indicum (L.) DC.

Heliophytum velutinum (Lehm.) DC.

Heliotropium africanum Schum. & Thonn.

Heliotropium anisophyllum P.Beauv.

Heliotropium cordifolium Moench

Heliotropium foetidum Salisb.

Heliotropium horminifolium Mill.

จุฬาลงกรณ์มหาวิทยาลัย
Heliotropium lanceolatum Noronha
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Heliotropium parviflorum Blanco

Tiaridium anisophyllum (P.Beauv.) G.Don

Tiaridium indicum (L.) Lehm.

Tiaridium indicum var. *mexicanum* M.Martens & Galeotti

Tiaridium velutinum Lehm.

Family: Boraginaceae

Common name: Indian heliotrop

Local name: Ya-wong-chang

Distribution: Tropical and subtropical regions of the world and many temperate areas.

Parts Used: Stem, Leaf

Description of the Plant: *H. H. indicum* is an erect, thick, pungent, herbaceous plant with branches 20 to 60 cm tall. The leaves are opposite or opposite. Alternate or shuffle and go straight ahead. Looks like a sheet from oval to oval. Hairy and pointed, 5-10 cm long, wavy margins. Both nerves are wavy or linear. and clearly visible under the leaves Petioles 1-7 cm long, while flowers grow within the leaf stalks. At maturity, there will be a nut at the base of the inflorescence. in general The flowers are white or purple-white, usually in the axils of the leaves. and almost 5 mm in diameter. The sepals are pubescent outside. dark green It is linear to lanceolate. Irregular or uneven, and about 5-3 mm long. Fruits are dry and lobed, 2-4 with or without a combined nut and 3-6 mm long. This species grows in full sun and Requires a height of about 800 meters.[475]

Table 40-1 Traditional uses of *Heliotropium indicum* L.

Traditional uses	Parts Used	Reference
Dandruff, skin ailments, kidney dysfunction, and fever, conjunctivitis and locally applied in boils, gingivitis, pimples, sores, ulcers and wounds	Leaf	[476]

Cure gallstones. Boil and drink as a medicine for stomach disease. The whole plant is boiled and drunk to cure gallstones. Take hemorrhoid medication boil, drink or take a bath, relieve pain, cure cancer, take a bath to cure itching	Root	
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Table 40-2 Chemical constituents of *Heliotropium indicum* L.

Chemical constituents	Parts Used	Reference
Pyrrolizidine alkaloids such as indicine, indicine N oxide, acetyl indicine, indicinine, helecerine, heliotrine, supinine, lindelofidine	Not specify	[476]

Table 40-3 Biological and pharmacological activities of *Heliotropium indicum* L.

Activities	Parts Used	Reference
Anti-cancer, Hepatotoxic	Not specify	[476]
Anti-microbial, anti-tumor, anti-tuberculosis, anti-plasmodial, anti-cataract, anti-fertility, wound healing, anti-inflammatory, antinociceptive, analgesic	Not specify	[477]

Table 40-4 Toxicity assessment of *Heliotropium indicum* L.

Toxicity assessment	Parts Used	Results	References
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Sulphorhodamine B (SRB) assay: Two types of lung carcinoma cell lines; human lung adenocarcinoma epithelial cell line (A549) and human lung squamous carcinoma cell line (NCI-H226).	Whole plant	The ethanolic extract showed IC ₅₀ of 51.90+2.35 μ g/ml for NCI-H226 cell and aqueous extract showed IC ₅₀ >100 μ g/ml for A549 and NCI-H226.	[478]
MTT assay: Human cancer cell line (HeLa).	Stem, Leaf	The methanolic extracts of stem and leaf showed IC ₅₀ values of 200 μ g/ml.	[422]



Leaf with flower

Flower

Figure 49 of *Heliotropium indicum* L

41. *Hopea odorata* Roxb.

Scientific name: *Hopea odorata* Roxb.

Synonyms: *Doona odorata* (Roxb.) Burck

Hopea decandra Buch.-Ham.

Hopea decandra Buch.-Ham. ex Wight

Hopea odorata subsp. *eglandulosa* Pierre

Hopea odorata subsp. *flavescens* Pierre

Hopea vasta Wall.

Hopea vasta Wall. ex DC.

Hopea wightiana Miq.

Hopea wightiana Miq. ex Dyer

Neisandra indica Raf.

Common name: Iron wood

Local name: Ta-khian
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Family: Dipterocarpaceae

Parts Used: Leaf, Bark, Wood

Description of the Plant: Up to 45 m tall, the canopy is dense, dark green, with large, slender, dangling branches. In evergreen bark, the bark is dark brown with scales.

Mature leaves are dark green and almost smooth [479].

Table 41-1 Traditional uses of *Hopea odorata* Roxb.

Traditional uses	Parts Used	Reference
Treating sores and wounds	Dammar gum	[480]
Treating paralysis, haemorrhoids, diarrhea, gum inflammation, and urinary incontinence	Bark and leaf	
Neck pains	Stem bark	
Yaws, blood disorder, fever, and as expectorant	Wood	
Wound healing	Stem latex	

Table 41-2 Chemical constituents of *Hopea odorata* Roxb.

Chemical constituents	Parts Used	Reference
Betulonic acid, betulinic acid (the first acid, 3,30-dioxolup-20(29)-en-28-oic acid (the first found in the nature) and messagenic acid G.	Leaf	[481]
Various resveratrol derivatives, including Hopeaphenol, vaticanol B, hemsleyanol B, stemonoporal A, e-viniferin, and laevifono.	Not specify	[480]

Table 41-3 Biological and pharmacological activities of *Hopea odorata* Roxb.

Activities	Parts Used	Reference
Antibacterial activity	Leaf	[482]
Antioxidant, antidiarrheal, hypoglycemic and thrombolytic	Leaf	[480]

Table 41-4 Toxicity assessment of *Hopea odorata* Roxb.

Toxicity assessment	Parts Used	Results	References
Alamar Blue assay: Human HCC cell line (HepG2) and normal human fibroblasts (HFs).	Bark	The methanolic extract showed IC50 values of $12.67 \pm 5 \mu\text{g/ml}$ on HepG2 and $44 \pm 3 \mu\text{g/ml}$ on HF.	[483]
MTT assay: Peritoneal Macrophages (RAW264.7).	Leaf and bark	The methanolic extract showed no cytotoxicity on RAW264.7 cell.	[483]



Flower with leaf

Figure 50 of *Hopea odorata* Roxb. [484]



42. *Indigofera tinctoria* L.

Scientific name: *Indigofera tinctoria* L.

Synonyms: *Anil tinctoria* (L.) Kuntze

Anil tinctoria var. *normalis* Kuntze

Anila tinctoria (L.) Kuntze

Anila tinctoria var. *normalis* Kuntze

Indigofera anil subsp. *orthocarpa* DC.

Indigofera bergae Vatke

Indigofera hover Forssk.

Indigofera suffruticosa A.E.Gonç.

Indigofera tinctoria Blanco

Indigofera tinctoria subsp. *Tinctoria*

Common name: Bengal Indigo

Local name: Crarm
จุฬาลงกรณ์มหาวิทยาลัย
CHULALONGKORN UNIVERSITY

Family: Fabaceae/leguminosae

Distribution: Tropical climate with altitude between 0-300 m

above sea level

Parts Used: Root, Indigo (colour)

Description of the Plant: Herbs perennial with long, creeping hollow stems. The leaves are 5-12.5cm long, 3.2-7.5cm wide, heart-shaped, erect shrubs, up to 1.5m high, branching from the base. Leaves solitary. Corolla are pale pink and oval

timentos. Beans are about 3 cm long with a rounded tip, and the seeds are 2 mm long and square. Each cylindrical pod contains about 10 seeds. [485].

Table 42-1 Traditional uses of *Indigofera tinctoria* L.

Traditional uses	Parts Used	Reference
liver disorders like hepatomegaly	Not specify	[485]
Prevent hydrophobia, sores and ulcers	Leaf	
Prevent urinary disorders and hepatitis, antidote for scorpion bites	Root	

Table 42-2 Chemical constituents of *Indigofera tinctoria* L.

Chemical constituents	Parts Used	Reference
Bradyrhizobium	Root	[486]
Indigotin	Leaf	[485]
A glycoside composed of galactose, mannose and 2.5% of alkaloids, proteinoids and flavonoids, indigo, indigo, indirubin and galactomannan.	Whole plant	[487]

Table 42-3 Biological and pharmacological activities of *Indigofera tinctoria* L.

Activities	Parts Used	Reference
Antioxidant	Root, Leaf; Whole plant	[485]; [488]

Antidiabetic	Leaf	
Antibacterial, antioxidant and cytotoxic	Leaf	[487]

Table 42-4 Toxicity assessment of *Indigofera tinctoria* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA):	Leaf	The hydro-alcoholic extract showed IC50 of 3540 µg/ml.	[489]
MTT assay: Lung cancer cell line NCI-h69.	Leaf	The methanolic extract showed the lowest cell viability of 43.28% at 250 µg/ml.	[487]
MTT assay: Human colon cancer cell line HCT 116	Leaf	The methanolic extract showed cytotoxic effect against Human colon cancer cell line HCT 116 with IC50 value of 1 µg/ml.	[490]



A: Leaf B: Flower

Figure 51 of *Indigofera tinctoria* L. [485]



43. *Ipomoea aquatica* Forsk.

Scientific name: *Ipomoea aquatica* Forsk.

Synonyms: *Batatas incurva* Benth.

Convolvulus adansonii Desr.

Convolvulus clappertonii Spreng.

Convolvulus incurvus Schum. & Thonn.

Convolvulus repens Vahl.

Convolvulus rostratus Zipp.

Convolvulus rostratus Zipp. ex Span.

Ipomoea clappertonii R.Br.

Ipomoea incurva G.Don

Ipomoea natans Dinter & Suess.

จุฬาลงกรณ์มหาวิทยาลัย
Ipomoea repens Roth.

Ipomoea reptans Poir.

Ipomoea sagittifolia Hochr.

Ipomoea sagittifolia Hook. & Arn.

Ipomoea subdentata Miq.

Family: Convolvulaceae

Common name: Swamp morning glory, Water spinach

Local name: Phak-boong-thai

Distribution: Tropical asia, fresh water aquatic habitats

Parts Used: Leaf, Stem

Description of the Plant: Herbs perennial, with long, creeping hollow stems. The leaves are 5 to 12.5 cm long and 3.2 to 7.5 cm wide, with a heart-shaped, or round or pointed tip, and the petiole is 3.8 to 12.5 cm long. Both ventral surfaces are usually flat, rarely slightly concave, dorsally arched, ventral surface broadly oval or sub round oval, side profile concave oval[491].

Table 43-1 Traditional uses of *Ipomoea aquatica* Forsk.

Traditional uses	Parts Used	Reference
Traditionally, <i>I. aquatica</i> used as carminative agent and lessens inflammation, and is useful in fever, jaundice, biliaryness, bronchitis, liver complaints,	Not specify	[491]
Carminative agent, fever, jaundice, biliaryness, bronchitis, liver complaints	Not specify	[491]
Inflammation, fever, jaundice, biliaryness, and bronchitis	Not specify	[492]
Carminative, lessens inflammation; useful in fever, jaundice, biliaryness, bronchitis, liver complaints	Not specify	[493]

Table 43-2 Chemical constituents of *Ipomoea aquatica* Forsk.

Chemical constituents	Parts Used	Reference

3,5-di-Ocaffeoylquinic acid, 4,5-di-O-caffeoylequinic acid, and quercetin 3-O- β -D-glucoside	Leaf, Stem	[494]
Tannins, saponins, flavonoids, alkaloids, protein, phenols, glycosides and carbohydrate	Leaf, Stem	[492]

Table 43-3 Biological and pharmacological activities of *Ipomoea aquatica* Forsk.

Activities	Parts Used	Reference
Antioxidant	Flower, Leaf, Seed, Leaf, Stem	[491, 494- 498]
Antioxidative activities, membrane stabilization	Leaf, Stem	[498]
α -glucosidase inhibitory, anti-diabetic activity	Flower, Leaf, whole plant, Seed	[491, 494]
Anti-inflammatory	Leaf, Stem	[498]
Antihyperlipidemia, antihyperglycemic, antihypertensive effect and antioxidant	Not specify	[499]

Table 43-4 Toxicity assessment of *Ipomoea aquatica* Forsk.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf and stem	The methanolic extracts showed LC50 values of 160.87 and 111.42 µg/ml for leaf and stem. The reference standard (potassium dichromate) showed LC50 of 44.20 µg/ml.	[498]
MTT assay: Human breast cancer MCF-7 cell.	Whole plant	The ethanolic extract showed cytotoxic effect against MCF-7 cell with IC50 value of 220.9 µg/ml.	[500]



Whole plant [501]

Figure 52 of *Ipomoea aquatica* Forsk



44. *Lagenaria siceraria* (Molina) Standl.

Scientific name: *Lagenaria siceraria* (Molina) Standl.

Synonyms: *Cucumis bicirrha* Forst.

Cucumis bicirrha Forst. ex Guill.

Cucumis lagenaria (L.) Dumort.

Cucumis lagenarius (Moench) Dum.Cours.

Cucumis mairei H.Lév.

Cucurbita ciceraria Molina

Cucurbita idolatrica Willd.

Cucurbita idololatrica Willd.

Cucurbita lagenaria L.

Cucurbita lagenaria var. *oblonga* Blanco

Cucurbita lagenaria var. *villosa* Blanco

Cucurbita leucantha Duchesne
จุฬาลงกรณ์มหาวิทยาลัย

Cucurbita leucantha Duchesne ex Lam.

Cucurbita longa W.M.Fletcher

Cucurbita pyriformis M.Roem.

Cucurbita siceraria Molina

Cucurbita vittata Blume

Lagenaria abyssinica subsp. *somaliensis* (Chiov.) Cufod.

Lagenaria bicornuta Chakrav.

Lagenaria cochinchinensis M.Roem.

Lagenaria hispida Ser.

Lagenaria idolatrica (Willd.) Ser. ex Cogn.

Lagenaria idolatrica Ser.

Lagenaria lagenaria (L.) Cockerell

Lagenaria leucantha (Duchesne ex Lam.) Rusby

Lagenaria siceraria subsp. *laevisperma* Millán

Lagenaria siceraria var. *laevisperma* Millán

Lagenaria siceraria var. *siceraria*

Lagenaria verrucosa Hort.

Lagenaria virginalis Hort.

Lagenaria vittata Ser.

Lagenaria vulgaris Ser.

จุฬาลงกรณ์มหาวิทยาลัย
Lagenaria vulgaris subsp. *afrikana* Kobjakova

Lagenaria vulgaris subsp. *asiatica* Kobjakova

Lagenaria vulgaris subsp. *asiatica* Kobyakova

Lagenaria vulgaris var. *clavata* Ser.

Lagenaria vulgaris var. *gourda* Ser.

Pepo lagenarius Moench

Trochomeria rehmannii Cogn.

Lagenaria siceraria subsp. *asiatica* Heiser

Lagenaria siceraria subsp. *siceraria* (Molina) Standl.

Lagenaria siceraria var. *depressa* (Ser.) H.Hara

Lagenaria siceraria var. *hispida* (Thunb.) H.Hara

Lagenaria siceraria var. *microcarpa* (Naudin) H.Hara

Lagenaria siceraria f. *depressa* (Ser.) Hiroë

Lagenaria siceraria f. *siceraria*

Common name: Bottle Gourd; Calabash; Calabash Gourd; White-flower Gourd

Local name: Nam-tao

Family: Cucurbitaceae

Distribution: Pantropical, but probably introduced outside Africa and Asia

Parts Used: Leaf
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Description of the Plant: Herbs. Ivy climbing and tracking. single. Stems

herbaceous, angular, pubescent, 0.2-0.3 cm in diameter. Ivy 2-lobed, spiral above branch point. Leaves simple, alternate, petiolate, elongated. Pods branched, sepals, dark green, pointed, toothed, 4-15 × 5-15 cm; petioles terete, 3-5 cm long; herbs, pubescent, inflorescences axillary. Male flowers tubular calyx; petals white, 5 free, slightly pubescent. Fruit spherical, cylindrical, sometimes irregular. 5-15 cm in diameter, petioles smooth and green. [502].

Table 44-1 Traditional uses of *Lagenaria siceraria* (Molina) Standl.

Traditional uses	Parts Used	Reference
Cardioprotective, cardiotonic and diuretic, cures pain, ulcers, jaundice and fever, and pectoral cough, asthma and other bronchial disorders	Fruit	[503]
Tonic, diuretic, aphrodisiac, and antidote for scorpion strings poisons, cardioprotective, alternative purgative and showed cooling effects	Fruit	[504]
Jaundice, diabetes, ulcer, piles, colitis, insanity, hypertension, congestive cardiac failure, and skin diseases	Leaf, fruit, seed	

Table 44-2 Chemical constituents of *Lagenaria siceraria* (Molina) Standl.

Chemical constituents	Parts Used	Reference
Fecosterol, racemosol, stigmasterol,	Fruit	[505]
Phenolics, flavonoids, tannins and terpenoids	Fruit (epicarp, mesocarp and seed)	[506]

Table 44-3 Biological and pharmacological activities of *Lagenaria siceraria* (Molina)

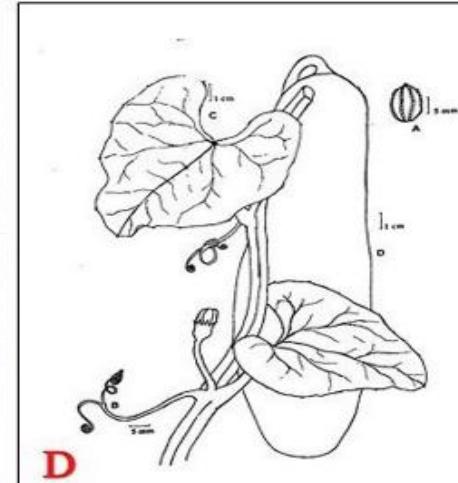
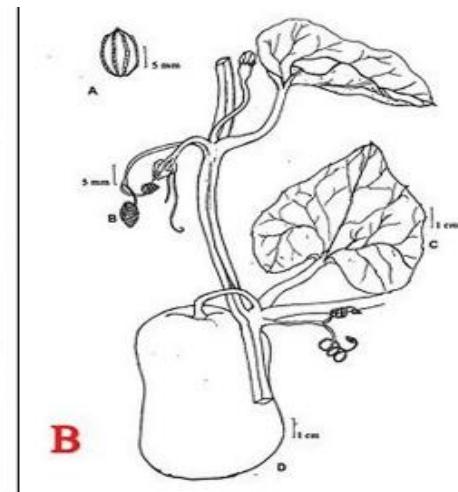
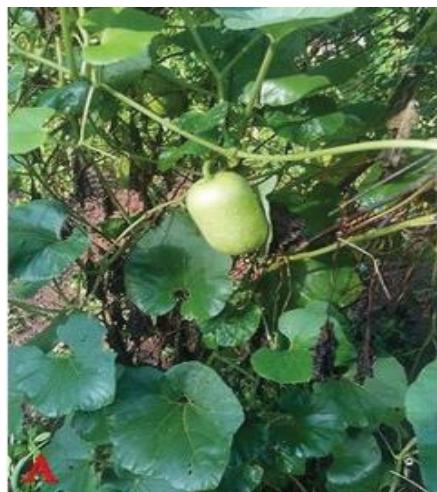
Standl.

Activities	Parts Used	Reference
Immune protective, antitumor, anti-HIV, and antiproliferative properties	Seed	[504]
Antioxidant	Fruit	[507]

Table 44-4 Toxicity assessment of *Lagenaria siceraria* (Molina) Standl.

Toxicity assessment	Parts Used	Results	References
Anticancer assay: human cancer cell lines (MCF-7 and HT-29)	Fruit	The acetone, ethanol, meth- anol and water extract showed cytotoxic effect against human cancer cell colon cancer line HT-29	[506]
Brine shrimp lethality assay (BSLA)	Whole plant	The methanolic extract showed IC ₅₀ value of 35.84 μg/ml.	[508]
MTT assay: Lung cancer cell line (A549).	Not specify	The hydro-alcoholic extract showed IC ₅₀ of 93.094 ± 6.5 μg/ml.	[500]

Acute toxicity: Oral administration of Wistar rats at a single dose of 2000 mg/kg.	Fruit	The methanolic extract showed LD50 value higher than 2000 mg/kg.	[509]
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A. and C.: Fruit

B. and D.: Morphological feature

(A) Seed. (B) Tendrils. (C) Leaf. (D) Fruit. [502]

45. *Mallotus nudiflora* (L.) Kulju & Welzen

Scientific name: *Mallotus nudiflora* (L.) Kulju & Welzen

Synonyms: *Trewia nudiflora* L.

Mallotus cardiophyllus Merr.

Rottlera hoperiana Blume

Rottlera hoperiana Blume ex Müll.Arg.

Rottlera indica Willd.

Rottlera operiana Blume

Rottlera operiana Blume ex Baill.

Trevia integerrima Stokes

Trevia macrophylla Roth

Trevia macrostachya Klotzsch

Trevia nudiflora L.

Trevia nudiflora var. *tomentosa* Susila & N.P.Balakr.

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Trewia integerrima Stokes

Trewia macrophylla Roth

Trewia macrostachya Klotzsch

Trewia nudiflora var. *tomentosa* Susila & N.P.Balakr.

Common name: Hua-tao-shu

Local name: Ma-for

Family: Euphorbiaceae

Distribution: From India and Nepal throughout mainland Southeast

Asia to southern China (Hainan, Yunnan) and West Malesia

Parts Used: Leaf

Description of the Plant: Generally medium to large perennial plants about 15 meters high, the trunk is dark gray and the crown is cracked and densely spread, 6.3-10 cm long, 3.2-5 cm wide, and the top is round, oval or oval. Wavy margins; petiole 1.3-2.5 cm long; petioles and branches produce sap. Sepals 1 cm long, fluffy, corolla white, fragrant, flowers 8 mm long, 24 pieces. Berries, oval about 2.5 cm long, yellow, juicy when ripe. The flat brown seeds are glossy [510].

Table 45-1 Traditional uses of *Mallotus nudiflora* (L.) Kulju & Welzen

Traditional uses	Parts Used	Reference
Relieve swelling and to treat flatulence, excessive bile and sputum.	Shoot and leaf	[511]
Wounds	Leaf	
Gout and rheumatism	Root	

Table 45-2 Chemical constituents of *Mallotus nudiflora* (L.) Kulju&Welzen

Chemical constituents	Parts Used	Reference
Cardenolides, sterols, triterpenoids, diterpenoids, alkaloids and nitrogen-containing compounds, lignans	Not specify	[511]

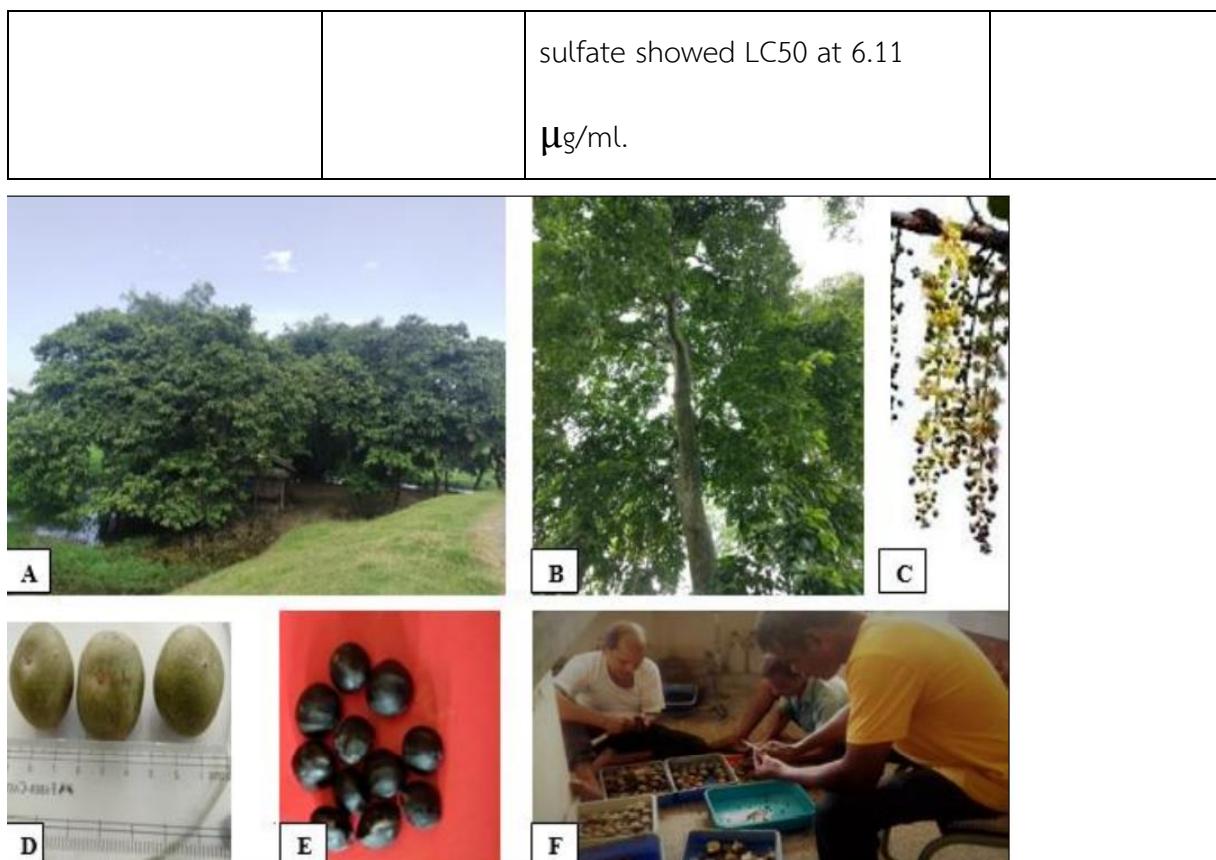
and neolignans, simple phenolics, flavonoids, ellagic acid derivatives, phenylpropanoid glucosides, α -tocopherol, and the cucurbitacin trewni		
Two new cardenolides, trewianin and trewioside, along with scopoletin and indole-3-carboxylic acid	Stem bark	
Novel Triacylglycerol Estolides	Seed	[512]

Table 45-3 Biological and pharmacological activities of *Mallotus nudiflora* (L.) Kulju & Welzen

Activities	Parts Used	Reference
Antibacterial activity	Fruit	[513]
Antibacterial activity	Seed	[514]

Table 45-4 Toxicity assessment of *Mallotus nudiflora* (L.) Kulju & Welzen

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf, twigs, fruits and seeds	The ethanolic extracts of leaves, twigs, fruits and seeds showed cytotoxic activity with LC50 values at 9.17 $\mu\text{g}/\text{ml}$, 10 $\mu\text{g}/\text{ml}$, 10.53 $\mu\text{g}/\text{ml}$ and 18.81 $\mu\text{g}/\text{ml}$, respectively. Standard vincristine	[515]



A: Whole plant, B: Tree, C: Male flower, D: Fruit, E: Seed , F: Processing of fruits for fatty oil extraction [514]

Figure 54 of *Mallotus nudiflora* (L.) Kulju & Welzen

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46. *Mimusops elengi* Linn.

Scientific name: *Mimusops elengi* Linn.

Synonyms: *Diospyros longipes* Hiern

Imbricaria perroudii Montrouz.

Kaukenia elengi (L.) Kuntze

Kaukenia javensis (Burck) Kuntze

Kaukenia timorensis (Burck) Kuntze

Magnolia xerophila P.Parm.

Manilkara parvifolia (R.Br.) Dubard

Mimusops elengi f. *longepedunculata* (Bruck) H.J.Lam

Mimusops elengi var. *longepedunculata* Bruck

Mimusops elengi var. *parvifolia* (R.Br.) H.J.Lam

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Mimusops erythroxylon Llanos

Mimusops erythroxylon Llanos ex Fern.-Vill.

Mimusops javensis Burck

Mimusops latericia Elmer

Mimusops lucida Poir.

Mimusops parvifolia R.Br.

Mimusops timorensis Burck

Common name: Spanish cherry

Local name: Phikul
 Family: Sapotaceae
 Distribution: Dry areas, often on laterite
 Parts Used: Root, Flower, Bark, Leaf

Description of the Plant: Medium to large perennials. Generally, about 15 meters high, the trunk is dark gray. Dehiscence has a densely expanded crown, 6.3-10 cm long, 3.2-5 cm wide, with rounded, oval or elliptical apex. Wavy margins; petioles 1.3-2.5 cm long; petioles and branches produce sap. Sepals 1 cm long, fluffy, corolla white, fragrant, flowers 8 mm long, 24 pieces. Berries, about 2.5 cm long, oval, yellow, juicy when ripe. Seeds are oval, flat brown, and shiny. [516]

Table 46-1 Traditional uses of *Mimusops elengi* Linn.

Traditional uses	Parts Used	Reference
Used in various Ayurvedic and folk medications to treat various ailments.	Stem, bark, Leaf, Fruit	[517]
In the prehistoric days were an important source of diet.	Fruit	
Used for cooling, a cardio tonic, alexipharmac, stomachic, anthelmintic, tonic, astringent which cures biliousness, diseases of the gums and teeth.	Bark	[518]
Used to cures the disease of blood, cure biliousness, liver complaints, diseases of the nose, headache, their smoke is good in asthma.	Flower	

It is astringent to the bowel, good for the teeth, causes flatulence.	Fruit	
Used as a cure diseases in the head.	Seed	
It is aphrodisiac, diuretic, astringent to the bowel, good for gonorrhea and used as a gargle which cures relaxation of the gums.	Root	

Table 46-2 Chemical constituents of *Mimusops elengi* Linn.

Chemical constituents	Parts Used	Reference
Alkaloids, flavonoids, phenols, phytosterols, carbohydrates, terpenoids and proteins.	Flower	[218]
Triterpenes and alkaloids	Whole plant	[517]
Taraxerone, taraxerol, betulinic acid and spinasterol, sodium salt of betulinic acid and ursolic acid, Fatty acid esters of alpha-spinasterol	Stem bark	[518]
Pentacyclic triterpene, mimusopfarnanol		
Alpha cadinol, tau muurolol, hexadecanoic acid, diisobutyl phthalate, octadecadienoic acid. New gallic acid esters, characterized as phenyl propyl gallate		

Quercitol, ursolic acid, dihydro quercetin, quercetin, β -d glycosides of β sitosterol, alphaspinasterol	Fruit and seed	
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Table 46-3 Biological and pharmacological activities of *Mimusops elengi* Linn.

Activities	Parts Used	Reference
Anti-diabetic	Flower	[218]
Antioxidant	Flower	[218, 219]
Antimicrobial, antifungal, antioxidant and free radical scavenging, antiinflammatory analgesic, antipyretic, antiulcerolytic, cytotoxic, diuretic, neuroprotective, anti-amnesic, cognitive enhancing, antihyperglycemic, antihyperlipidemic, hypotensive, antiulcer, anthelmintic, antitumor, wound healing, larvicidal activities	Not specify	[516]
Antibacterial, antifungal, anticariogenic, free radical scavenging, antihyperglycemic, antineoplastic, gastroprotective, antinociceptive and diuretic	Whole plant	[517]
Analgesic, Antibiotic, Antihyperlipidemic, Anti-inflammatory, Antimicrobial, Antioxidant, Antipyretic, Cytotoxic, Congestive enhancing, Gingival bleeding, Gastric ulcer, Hypotensive activity.	Not specify	[518]

Table 46-4 Toxicity assessment of *Mimusops elengi* Linn.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Bark	The methanolic extract exhibited good cytotoxic activity with LC50 value of 40 µg/ml.	[519]
MTT assay: TK6 (Human B-lymphoblastoid), HeLa (Human cervical carcinoma), KB (Human oral cavity carcinoma), HepG2 (Human hepatoma), HT-29 (Human colon adenocarcinoma) and MCF-7 (Human breast adenocarcinoma) and two normal cell lines; Vero	Flower	The methanolic extract showed high cytotoxicity against six cancerous cell lines including TK6, HeLa, HepG2, HT-29, MCF-7 and KB with CC50 values of 179.38, 379.06, 442.61, 500.66, 517.98 and 541.06 µg/ml, respectively; exhibited cytotoxic activity against two normal cell lines; L929 and Vero with CC50 of 493.96 and 413.69 µg/ml, respectively.	[219]
Acute toxicity:	Flowers and leaves	The LD50 of the methanolic extracts of both flowers and	[520]

Oral administration of albino rats at doses of 10, 100, 1000 mg/kg for phase I while 2000, 3000, 4000, and 5000 mg/kg for phase II.		leaves were greater than 5000 mg/kg body weight. No death of animal was recorded.	
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Leaf and Flower

Figure 55 of *Mimusops elengi* Linn. [521]

47. *Momordica charantia* L.

Scientific name: *Momordica charantia* L.

Synonyms: *Momordica charantia* var. *longirostrata* Cogn.

Momordica charantia var. *muricata* Griseb., 1860

Momordica charantia var. *pseudobalsamina* Griseb.

Momordica charantia var. *zeylanica* Hitchc.

Momordica jaggerana K.Koch

Common name: Gourds

Local name: Mara

Family: Cucurbitaceae

Distribution: Found covering bushes or rocks, along the edge of the forest at an altitude of 420-500 meters above sea level.

Parts Used: Leaf, Fruit

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Description of the Plant: Ivy of terrestrial liana. Long pubescent, with thin herb stems,

grooved, green. The mature fruit of wild pear is 2 to 7 cm long and 1.4 to 2 cm wide.

The leaves are webbed, alternate, simple and palmate in appearance. Horseshoe-

shaped, radially symmetrical. The stripes on the right side of the insert and squares

with obtuse cross-sections have hairy surfaces, mucous margins, cusps, cleft bases,

and hairy surfaces. There are two oblique flowers that bloom every day for 100 days.

Female flowers do not produce nectar, while male flowers produce nectar

throughout the germination period. Fruit formation is due to cross-pollination and self-pollination. The plant also produces single yellowish or white flowers, and the green, berry-like fruit when immature turns yellow-orange when ripe. The seeds are covered with a red substance and are edible.[522].

Table 47-1 Traditional uses of *Momordica charantia* L.

Traditional uses	Parts Used	Reference
Antidiabetic	Leaf	[523]
Relieve aches and pains.	Leaf and fruit	

Table 47-2 Chemical constituents of *Momordica charantia* L.

Chemical constituents	Parts Used	Reference
Flavonoids and saponin	Fruit	[524]
Alkaloids, tannins, saponins, flavonoids, cardiac glycosides and steroids	Not specify	[522]

Table 47-3 Biological and pharmacological activities of *Momordica charantia* L.

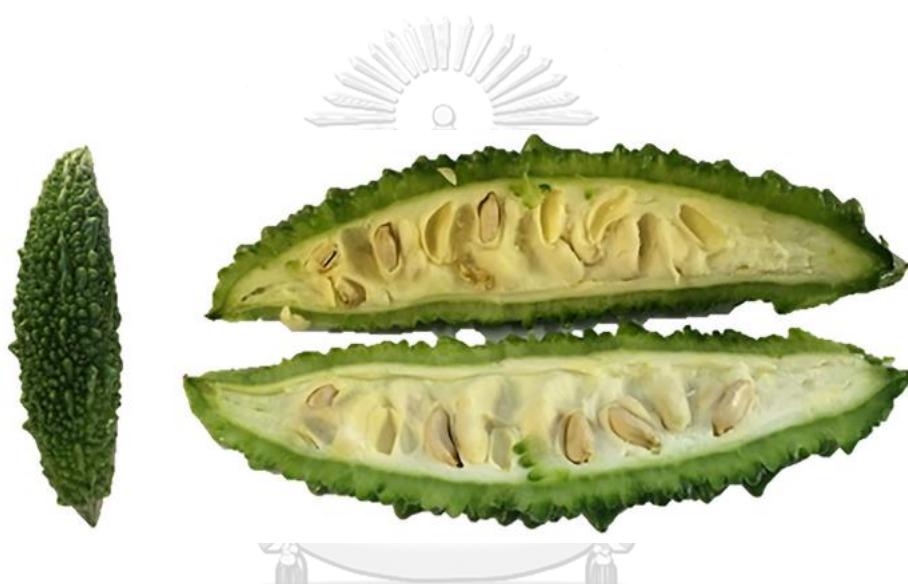
Activities	Parts Used	Reference
Anticancer	Fruit	[525, 526]
Antihypertension	Leaf	[527]
Antioxidant	Fruit	[528]

Antidiabetic, hypolipidemic, antioxidant, anti-inflammatory	Not specify	[523]
Antiviral and antibacterial		
Anti-Inflammatory	Fruit	[524]
Neuroprotective	Fruit	[529]

Table 47-4 Toxicity assessment of *Momordica charantia* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Fruit	The ethanolic extract showed LC50 value >2000 µg/ml.	[529]
MTT assay: SH-SY5Y neuroblastoma cells.	Fruit	The SH-SY5Y cells treated with concentrations of charantin (isolated from this plant) ranging from 0.05 to 5 mg/ml showed none of toxic effects.	[392]

Acute toxicity: Oral administration of Wistar rats at a dose of 2000 mg/kg.	Foliage	The aqueous extract caused no death and no toxic signs of rats.	[523]
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Leaf and fruit with seed

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Figure 56 of *Momordica charantia* L. [530]

48. *Musa sapientum* L.

Scientific name: *Musa sapientum* L.

Synonyms: *Musa paradisiaca* L.

Musa paradisiaca subsp. *sapientum* (L.) Kuntze

Musa paradisiaca var. *sapientum* (L.) Kuntze

Musa paradisiaca subsp. *sapientum* (L.) Kuntze ex K.Schum.

Common name: Lacntan, Sucrier, Red Fig Banana, Martinique Banana,

Traveller's tree

Local name: Kluai-Namwan

Family: Musaceae

Distribution: All over the world

Parts Used: Fruit, Leaf

Description of the Plant: Perennial tree-like herbs 5-9m high, with hard rhizomes and

long pseudostems. The inflorescences are large with reddish-brown bracts and are

eaten as vegetables. Banana plants can grow 10 to 26 feet long [531].

Table 48-1 Traditional uses of *Musa sapientum* L.

Traditional uses	Parts Used	Reference
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Diarrhea, dysentery, intestinal lesions, diabetes, uremia, nephritis, gout, hypertension, cardiac disease, and TB (tuberculosis)	Fruit (raw)	[532]
Jaundice	Fruit (ripe)	[533]

Table 48-2 Chemical constituents of *Musa sapientum* L.

Chemical constituents	Parts Used	Reference
Flavonoids, carbohydrates, reducing sugar, tannins, saponins, anthraquinones, steroids, alkaloids, glycosides, phytosterols, phenols and terpenoids	Not specify	[534]
Anthocyanins, phenolic acids, flavanones, terpenoids	Not specify	[535]

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Table 48-3 Biological and pharmacological activities of *Musa sapientum* L.

Activities	Parts Used	Reference
Antimicrobial	Fruit	[536]
Antimycobacterial	Fruit	[532]
Anti-tuberculosis		
Antidiabetic	Flowers, Leaves, Pseudostems,	[537]

	Roots, Stalks, Peels	
Antimicrobial, antiulcerogenic, galactagogue, anti-inflammatory, anti-hyperglycemic, and antidiabetic, α -glucosidase and α -amylase inhibitory, antioxidant	Not specify	[535]

Table 48-4 Toxicity assessment of *Musa sapientum* L.

Toxicity assessment	Parts Used	Results	References
MTT assay: Human Umbilical Vein Endothelial Cell line (HUVEC), human colorectal carcinoma cell line (HCT-116) and human hormone sensitive and invasive breast cancer cell line (MCF-7).	Peel and pulp	The hexane extracts showed the highest cytotoxicity towards HCT- 116 and MCF-7 with inhibition of 62.04 and 61.21 respectively, but poor cytotoxicity against the normal cell line (HUVEC).	[538]

Acute toxicity: Oral administration of Wistar rats at a dose up to 5000 mg/kg body weight.	Unripe fruits	The LD50 of aqueous extract was greater than 5000 mg/kg.	[539]
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A: Fruit with leaf[540]

B: Bud[535]

C: Fruit[536]

Figure 57 of *Musa sapientum* L.

49. *Musa x paradisiaca* L.

Scientific name: *Musa x paradisiaca* L.

Synonyms: *Karkandela malabarica* Raf.

Musa acuminata x *M. balbisiana*

Musa acutibracteata M.Hotta

Musa alphurica Miq.

Musa aphurica Rumph.

Musa aphurica Rumph. ex Sagot

Musa arakanensis F.W.Ripley

Musa arakanensis F.W.Ripley ex Blechynden

Musa bacoba Rottb.

Musa balbisiana var. *vittata* (W.Ackm. ex Rodigas) M.R.Almeida

Musa berteroii Colla

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Musa bidigitalis De Wild.

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Musa carolinae Sterler

Musa champa Baker

Musa chapara Perr.

Musa chiliocarpa Backer

Musa chiliocarpa Backer ex K.Heyne

Musa corrugata A.Chev.

Musa corniculata Lour.

Musa dacca Horan.

Musa decrescens De Briey ex De Wild.

Musa decrescens var. *pembuki* De Briey

Musa decrescens var. *pembuki* De Briey ex De Wild.

Musa decrescens var. *rubromaculata* De Briey

Musa decrescens var. *rubromaculata* De Briey ex De Wild.

Musa decrescens var. *viridis* De Briey

Musa decrescens var. *viridis* De Briey ex De Wild.

Musa discolor Planch.

Musa emasculata De Briey

Musa emasculata De Briey ex De Wild.

Musa emasculata var. *kiala* De Briey

Musa emasculata var. *kiala* De Briey ex De Wild.

Musa emasculata var. *kimbende* De Briey
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Musa emasculata var. *kimbende* De Briey ex De Wild.

Musa emasculata var. *lomba* De Briey

Musa emasculata var. *lomba* De Briey ex De Wild.

Musa emasculata var. *zengani* De Briey

Musa emasculata var. *zengani* De Briey ex De Wild.

Musa humilis Perr.

Musa maculata Jacq.

Musa mensaria Moench

Musa nigra Perr.

Musa odorata Lour.

Musa oleracea infrasubsp. descr

Musa ornata var. *normalis* Kuntze

Musa paradisiaca f. *dongila* De Briey

Musa paradisiaca f. *dongila* De Briey ex De Wild.

Musa paradisiaca f. *funu-nua* De Briey

Musa paradisiaca f. *funu-nua* De Briey ex De Wild.

Musa paradisiaca f. *kilola* De Briey

Musa paradisiaca f. *kilola* De Briey ex De Wild.

Musa paradisiaca f. *seluka* De Briey

Musa paradisiaca f. *seluka* De Briey ex De Wild.

Musa paradisiaca f. *tuba* De Briey
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Musa paradisiaca f. *tuba* De Briey ex De Wild.

Musa paradisiaca subsp. *normalis* Kuntze

Musa paradisiaca subsp. *sapientum* (L.) Kuntze

Musa paradisiaca subsp. *sapientum* (L.) Kuntze ex K.Schum.

Musa paradisiaca var. *acicularis* G.Forst.

Musa paradisiaca var. *bende* De Briey

Musa paradisiaca var. *bende* De Briey ex De Wild.

- Musa paradisiaca* var. *bilul* De Briey
- Musa paradisiaca* var. *bilul* De Briey ex De Wild.
- Musa paradisiaca* var. *champa* (Baker) K.Schum.
- Musa paradisiaca* var. *cinerea* Blanco
- Musa paradisiaca* var. *coarctata* G.Forst.
- Musa paradisiaca* var. *compressa* Blanco
- Musa paradisiaca* var. *coriacea* G.Forst.
- Musa paradisiaca* var. *corniculata* G.Forst.
- Musa paradisiaca* var. *dacca* (Horan.) K.Schum.
- Musa paradisiaca* var. *exsicca* G.Forst.
- Musa paradisiaca* var. *fatua* G.Forst.
- Musa paradisiaca* var. *glaberrima* Blanco
- Musa paradisiaca* var. *glaucha* Blanco
- Musa paradisiaca* var. *kitebbe* De Briey
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- Musa paradisiaca* var. *kitebbe* De Briey ex De Wild.
- Musa paradisiaca* var. *lacatan* Blanco
- Musa paradisiaca* var. *longa* Blanco
- Musa paradisiaca* var. *lunaris* G.Forst.
- Musa paradisiaca* var. *magna* Blanco
- Musa paradisiaca* var. *martabarica* (Baker) K.Schum.
- Musa paradisiaca* var. *maxima* Blanco

Musa paradisiaca var. *mensaria* (Baker) K.Schum.

Musa paradisiaca var. *mensaria* G.Forst.

Musa paradisiaca var. *odorata* (Lour.) K.Schum.

Musa paradisiaca var. *oleracea* (Vieill.) K.Schum.

Musa paradisiaca var. *papillosa* G.Forst.

Musa paradisiaca var. *punctata* G.Forst.

Musa paradisiaca var. *purpurascens* G.Forst.

Musa paradisiaca var. *regia* (Baker) K.Schum.

Musa paradisiaca var. *regia* G.Forst.

Musa paradisiaca var. *rubra* (Firminger ex Baker) K.Schum.

Musa paradisiaca var. *sanguinea* (Welw. ex Baker) K.Schum.

Musa paradisiaca var. *sapientum* (L.) Kuntze

Musa paradisiaca var. *suaveolens* Blanco

Musa paradisiaca var. *subrubea* Blanco

Musa paradisiaca var. *ternatensis* Blanco

Musa paradisiaca var. *tetragona* G.Forst.

Musa paradisiaca var. *tombak* Blanco

Musa paradisiaca var. *ulnaris* Blanco

Musa paradisiaca var. *violacea* (Baker) K.Schum.

Musa paradisiaca var. *violacea* Blanco

Musa paradisiaca var. *viridis* De Briey

Musa paradisiaca var. *viridis* De Brey ex De Wild.

Musa paradisiaca var. *vittata* (W.Ackm. ex Rodigas) K.Schum.

Musa protractorachis De Wild.

Musa purpureotomentosa De Wild.

Musa sapidisiaca K.C.Jacob

Musa sapientum L.

Musa sapientum f. *dubia* King

Musa sapientum subsp. *paradisiaca* (L.) Baker

Musa sapientum var. *americana* N.G.Teodoro

Musa sapientum var. *angao* Quisumb.

Musa sapientum var. *baca* Quisumb.

Musa sapientum var. *binutig* N.G.Teodoro

Musa sapientum var. *canara* N.G.Teodoro

Musa sapientum var. *canaya* Quisumb.
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Musa sapientum var. *champa* (Baker) Baker

Musa sapientum var. *cinerea* (Blanco) N.G.Teodoro

Musa sapientum var. *compressa* (Blanco) N.G.Teodoro

Musa sapientum var. *cubensis* N.G.Teodoro

Musa sapientum var. *dacca* (Horan.) Baker

Musa sapientum var. *daryao* N.G.Teodoro

Musa sapientum var. *dinalaga* Quisumb.

Musa sapientum var. *dool* Quisumb.

Musa sapientum var. *dubia* (King) A.M.Cowan & Cowan

Musa sapientum var. *eda* Quisumb.

Musa sapientum var. *fieletō* De Briey

Musa sapientum var. *fieletō* De Briey ex De Wild.

Musa sapientum var. *flabellata* Quisumb.

Musa sapientum var. *galatayan* Quisumb.

Musa sapientum var. *garangao* N.G.Teodoro

Musa sapientum var. *glaberrima* (Blanco) N.G.Teodoro

Musa sapientum var. *glaucā* (Blanco) N.G.Teodoro

Musa sapientum var. *grandis* N.G.Teodoro

Musa sapientum var. *humilis* Merr.

Musa sapientum var. *inarnibal* N.G.Teodoro

Musa sapientum var. *kinamay* Quisumb.
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Musa sapientum var. *lacatan* (Blanco) N.G.Teodoro

Musa sapientum var. *longa* (Blanco) N.G.Teodoro

Musa sapientum var. *martabarica* Baker

Musa sapientum var. *mensaria* Baker

Musa sapientum var. *odorata* (Lour.) Baker

Musa sapientum var. *oleracea* Baker

Musa sapientum var. *padilat* Quisumb.

Musa sapientum var. *pamotion* Quisumb.

Musa sapientum var. *paradisiaca* (L.) Baker

Musa sapientum var. *pelipia* Quisumb.

Musa sapientum var. *principe* Quisumb.

Musa sapientum var. *putian* Quisumb.

Musa sapientum var. *raines* Quisumb.

Musa sapientum var. *regia* (G.Forst.) Baker

Musa sapientum var. *rubra* Firminger

Musa sapientum var. *rubra* Firminger ex Baker

Musa sapientum var. *sanguinea* Welw.

Musa sapientum var. *sanguinea* Welw. ex Baker

Musa sapientum var. *sarocsoc* Quisumb.

Musa sapientum var. *satama* De Briey

Musa sapientum var. *satama* De Briey ex De Wild.

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Musa sapientum var. *sision* Quisumb.

Musa sapientum var. *suaveolens* (Blanco) N.G.Teodoro

Musa sapientum var. *ternatensis* (Blanco) N.G.Teodoro

Musa sapientum var. *tombak* (Blanco) N.G.Teodoro

Musa sapientum var. *tudlong* N.G.Teodoro

Musa sapientum var. *tuldoc* N.G.Teodoro

Musa sapientum var. *violacea* (Blanco) N.G.Teodoro

Musa sapientum var. *violacea* Baker

Musa sapientum var. *vittata* (W.Ackm. ex Rodigas) Hook.f.

Musa vittata W.Ackm.

Musa vittata W.Ackm. ex Rodigas

Musa xconsociata Nakai

Musa xdulcissima Nakai

Musa xingrata Nakai

Musa xjaheri Nakai

Musa xmegalocarpa Nakai

Musa xmirabilis Nakai

Musa xoleracea Vieill.

Musa xpallida Nakai

Musa xparadisiaca var. *paradisiaca* L.

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Musa xpolycarpa Nakai
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Musa xprematura Nakai

Musa xsapientum f. dubia Baker

Musa xsapientum var. *suaveolens* (Blanco) Malag.

Musa xtrichocarpa Nakai

Common name: French plantain

Local name: Kluai-hom

Family: Musaceae

Distribution: Asian, now widely found tropical and subtropical countries

Parts Used: Peel

Description of the Plant: A herbaceous plant up to 9 m long with stout dendritic pseudostems, large oblong dark green leaf crowns with prominent midribs, individual inflorescences per plant drooping spikes, large bracts open in sequence, eggs Shaped and 15-20 cm long, concave, dark red, slightly fleshy. The fruit is oblong, fleshy, the peel is thicker than other bananas, the inflorescence is large, and has reddish-brown bracts, which can be eaten as a vegetable. Ripe fruit is sweet and juicy with plump seeds [541].

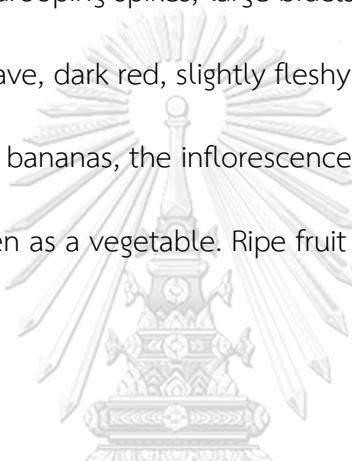


Table 49-1 Traditional uses of *Musa x paradisiaca* L.

Traditional uses	Parts Used	Reference
Venereal diseases and anaemia.	Root	[542]
Peptic ulcer disease.	Not specify	[541]

Table 49-2 Chemical constituents of *Musa x paradisiaca* L.

Chemical constituents	Parts Used	Reference
Rutin	Leaf	[543]

Cellulose, hemicelluloses, arginine, aspartic acid, glutamic acid, leucine, valine, phenylalanine and threonine	Pulp and peel	[541]
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Table 49-3 Biological and pharmacological activities of *Musa x paradisiaca* L.

Activities	Parts Used	Reference
Antibacterial, antihyperglycaemic	Flower	[544]
Antibacterial activity	Pulp	[545]
Antiulcerogenic, antioxidant and antimicrobial activity	Fruits, peel, leaves, roots and pseudostem	[543]

Table 49-4 Toxicity assessment of *Musa x paradisiaca* L.

Toxicity assessment	Parts Used	Results	References
Acute toxicity test Swiss Albino mice	Leaf	Aqueous fraction using gave an LD ₅₀ of 489.9 mg/kg body weight which indicates a relative toxicity of the extract.	[542]

Brine shrimp lethality assay (BSLA)	Root	The extract did not show significant toxicity at concentration range of 15.6-1000 μ g/ml.	[546]
MTT assay: DU-145 human prostate cancer cell lines and HeLa (human cervical cancer) cells.	Florets	The ethyl acetate fraction exhibited cytotoxicity against DU-145 with IC50 value of 37.94 μ g/ml. The commercial chemotherapeutic drug, 5-fluorouracil showed IC50 of 32.50 μ g/ml.	[547]
Acute toxicity: Oral administration of rats at a dose of a single dose of 500, 1000, 2000 and 5000 mg/kg.	Fruit	The aqueous extract showed no toxicity signs or death and an LD50 value of >5 g/kg.	[548]



Figure 58 of *Musa x paradisiaca* L.[541]



50. *Myristica fragrans* Houtt.

Scientific name: *Myristica fragrans* Houtt.

Synonyms: *Aruana silvestris* Burm.fil.

Myristica amboinensis Gand.

Myristica americana Rottb.

Myristica aromatica Lam.

Myristica aromatica Sw.

Myristica laurella Gand.

Myristica moschata Thunb.

Myristica officinalis L.fil.

Myristica philippinensis Gand.

Palala fragrans (Houtt.) Kuntze

Common name: Rou Dou Ku

Local name: Jun
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Family: Myristicaceae

Distribution: Native of Banda Islands of Eastern Indonesia

Parts Used: Seed, Flower

Description of the Plant: A dioecious, bushy evergreen plant. 9-12 meters high. The fruit is a single seed, fleshy, lobed, smooth, 6-9 cm long and almost as wide. When ripe, the aromatic yellow orange peel, approximately 1.3 cm thick, is divided in half along the suture, exposing the seeds. [549].

Table 50-1 Traditional uses of *Myristica fragrans* Houtt.

Traditional uses	Parts Used	Reference
Treat diarrhea, rheumatism, headaches, psychosis, fever, bad breath, nausea, stomach cramps, chronic vomiting, hemorrhoids, and to stimulate appetite, and to control fatulence. Used in some medicines as an aphrodisiac, an abortifacient, a narcotic, and as a tonic after child birth. In the form of an ointment, nutmeg butter is used as a mild external stimulant to treat sprains and paralysis	Not specify	[550]

Table 50-2 Chemical constituents of *Myristica fragrans* Houtt.

Chemical constituents	Parts Used	Reference
Lignans, neolignans, diphenylalkanes, phenylpropanoids, terpenoids, alkanes, fatty acids, fatty acid esters, and a few minor constituents such as steroids, saponins, triterpenoids, and favonoids	Not specify	[550]
Alkaloids, saponins, anthraquinones, cardiac glycosides, flavonoids and phlobatanins	Seed	[551]

Table 50-3 Biological and pharmacological activities of *Myristica fragrans* Houtt.

Activities	Parts Used	Reference
Antioxidant and strong antimicrobial against important pathogenic bacteria and fungi	Seed	[552]
Hallucinogenic properties	Seed	[550]

Table 50-4 Toxicity assessment of *Myristica fragrans* Houtt.

Toxicity assessment	Parts Used	Results	References
Acute toxicity: Oral administration Wistar albino rats.	Seed	The aqueous extract showed , prolonged use at high doses could be very toxic.	[551]
Brine shrimp lethality assay (BSLA)	Fruit	The essential oil showed LC ₅₀ value of 5434.78 ± 23.2 µg/ml.	[553]
MTT assay: Jurkat cells (human leukemia cell line)	Bark	The methanolic extracts at the concentrations 50 and 100 µg/mL significantly reduced viability of Jurkat cells.	[554]

Acute toxicity: Oral administration of BALB/c mice at a dose of 2, 3, 4, 5, and 6 g/kg for 72 h.	Seed	The alkaloid extract showed LD50 value of 5.1 g/kg.	[555]
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A: Fruit with Leaf

B: Seed from the fruit

Figure 59 of *Myristica fragrans* Houtt.[556]

51. *Nicotiana tabacum* L.

Scientific name: *Nicotiana tabacum* L.

Synonyms: *Nicotiana alba* Mill.

Nicotiana alipes Steud.

Nicotiana attenuata Steud.

Nicotiana capensis Vilm.

Nicotiana caudata Nutt.

Nicotiana chinensis Fisch.

Nicotiana chinensis Fisch. ex Lehm.

Nicotiana crispula hort.

Nicotiana crispula hort. ex Steud.

Nicotiana doniana Dunal

Nicotiana florida Salisb.

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Nicotiana frutescens Hort.Amstel.

Nicotiana frutescens Hort.Amstel. ex Lehm.

Nicotiana fruticosa L.

Nicotiana fruticosa Moc. & Sessé

Nicotiana fruticosa Moc. & Sessé ex Dunal

Nicotiana gigantea Hort.Dorpat.

Nicotiana gigantea Hort.Dorpat. ex Lehm.

Nicotiana gracilipes Steud.

Nicotiana guatemalensis Bailly

Nicotiana guatemalensis hort.

Nicotiana guatemalensis hort. ex Vilm.

Nicotiana havanensis Hort.Matrit.

Nicotiana havanensis Hort.Matrit. ex Lehm.

Nicotiana lancifolia C.Agard

Nicotiana lancifolia C.Agardh ex Steud.

Nicotiana lancifolia Willd.

Nicotiana lancifolia Willd. ex Lehm.

Nicotiana latissima Mill.

Nicotiana lehmanni C.Agardh

Nicotiana lehmanni C.Agardh ex Dunal

Nicotiana lingua Steud.

Nicotiana loxensis Kunth

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Nicotiana macrophylla Spreng.

Nicotiana marylandica Schübl.

Nicotiana marylandica Schübl. ex Dunal

Nicotiana mexicana Schltdl.

Nicotiana mexicana var. *rubriflora* Dunal

Nicotiana nepalensis Link & Otto

Nicotiana nepalensis Link & Otto ex Dunal

Nicotiana pallidescens Steud.

Nicotiana petiolaris Schlecht.

Nicotiana petiolaris Schlecht. ex Dunal

Nicotiana petiolata C. Agardh

Nicotiana pilosa Dunal

Nicotiana repanda Sim

Nicotiana serotina Steud.

Nicotiana tabacum St.-Lag.

Nicotiana tabacum f. fruticosa (L.) Voss

Nicotiana tabacum subsp. *undulata* Sendtn.

Nicotiana tabacum var. *alipes* Schrank

Nicotiana tabacum var. *angustifolia* Aitton

Nicotiana tabacum var. *attenuata* Schrank

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Nicotiana tabacum var. *brasiliensis* Comes

Nicotiana tabacum var. *goyanum* Glaz.

Nicotiana tabacum var. *gracilipes* Schrank

Nicotiana tabacum var. *lanceifolia* (Willd. ex Lehm.) Comes

Nicotiana tabacum var. *latissima* (Mill.) Voss, 1894

Nicotiana tabacum var. *lingua* Schrank

Nicotiana tabacum var. *loxensis* Kuntze

Nicotiana tabacum var. *macrophylla* (Spreng.) Schrank

Nicotiana tabacum var. *pallens* Schrank

Nicotiana tabacum var. *serotina* Schrank

Nicotiana tabacum var. *subcordata* Sendtn.

Nicotiana tabacum var. *undulata* Sendtn.

Nicotiana tabacum var. *verdon* Schrank

Nicotiana tabacum var. *virginica* (C. Agardh) Comes

Nicotiana turcica Haberle

Nicotiana turcica Haberle ex Steud.

Nicotiana verdon Steud.

Nicotiana virginica C. Agardh

Nicotiana ybarrensis Kunth

Tabacum latissimum Bercht. & Opiz

Tabacum nicotianum Bercht. & Opiz

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Common name: Tobacco

Local name: Ya-sup

Family: Solanaceae

Distribution: Tropics and subtropics and some temperate zones

Parts Used: Leaf

Description of the Plant: It grows to up to 2.5 m with large ovate green leaves

and terminal clusters of tubular white-pinkish flowers[557].

Table 51-1 Traditional uses of *Nicotiana tabacum* L.

Traditional uses	Parts Used	Reference
Relieve joint pain, flatulence, headache	Leaf	[557]
Insecticide, anesthesia, diaphoresis, sedative and emetic	Aerial part	[558]

Table 51-2 Chemical constituents of *Nicotiana tabacum* L.

Chemical constituents	Part of the plant	Reference
Oil gosaccharides, proteins, sterols, therpenic alcohols.	Seed	[559]
Cembranic diterpenoids, diterpenoids, alkaloids, sesquiterpenes, sterols, flavonoids, coumarins, lignans, aliphatics, sucrose esters, phenylpropanoids, aliphatics, sucrose esters and polyphenol	Flower	[558]

Table 51-3 Biological and pharmacological activities of *Nicotiana tabacum* L.

Activities	Part of the plant used	Reference
Antioxidant, antimicrobial and cytotoxic	Root	[557]
Antimicrobial	Leaf	[560]

Table 51-4 Toxicity assessment of *Nicotiana tabacum* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	The LC50 value of methanolic extract was 77.09 µg/ml.	[561]
MTT assay: The anti-proliferative activity of human breast cancer cells (MCF-7) and normal African green monkey kidney epithelial (Vero) cell lines.	Leaf	The LC50 value of flavonoid (methanolic extract) were 148.41 µg/ml for MCF-7 cell and 255.35 µg/ml for Vero cell lines.	[562]
Acute toxicity: Oral administration of Winstar rats at a dose of 5000 mg /kg for 14 days.	Leaf	The bio-oil was not toxic because there was no mortality and no significant change in the body weight and behavior of the rats.	[563]
MTT assay: HepG2, A549 and HCT-116 cell lines.	Flower	Seventeen cembranoids and analogues were	[558]

		<p>isolated from this plant and two of them were assessed for their anti-tumor activities against HepG2, A549 and HCT-116 cell lines. Only compound 5 exhibited moderate activity against Hep-G2 cell lines.</p>	
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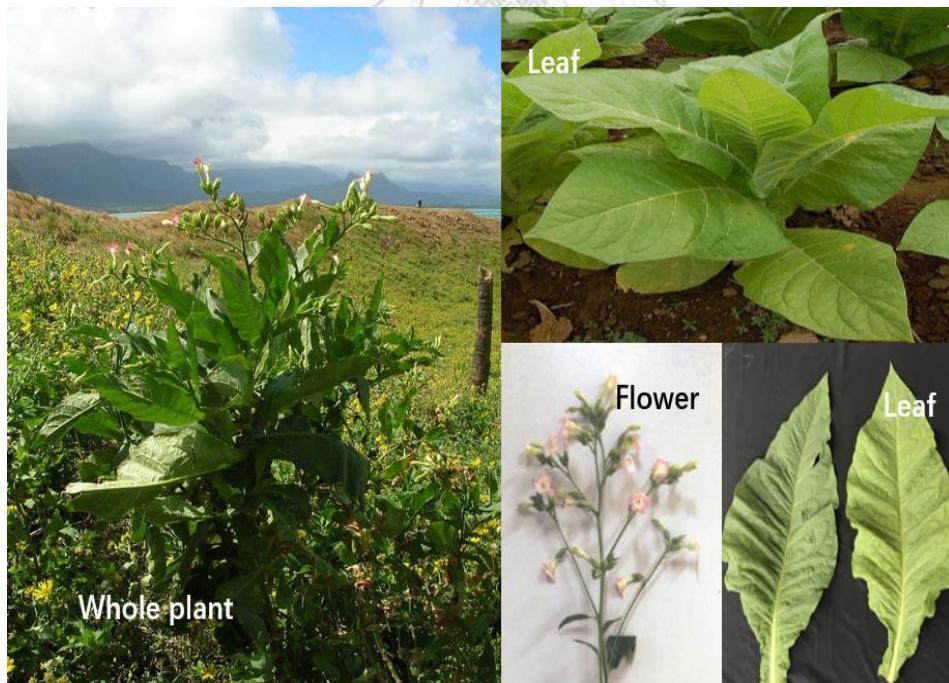


Figure 60 of *Nicotiana tabacum* L. [564, 565]

52. *Ocimum africanum* LourScientific name: *Ocimum africanum* LourSynonyms: *Ocimum americanum* var. *pilosum* (Willd.)

A.J.Paton

Ocimum basilicum var. *anisatum* Benth.*Ocimum basilicum* var. *pilosum* (Willd.) Benth. *Ocimum citriodorum* Vig.*Ocimum citriodorum* Vis.*Ocimum graveolens* A.Br.*Ocimum petitianum* A.Rich.*Ocimum pilosum* Roxb.*Ocimum pilosum* Willd.

Common name: Hoary basil

Local name: Maeng-lak

Family: Lamiaceae/ Labiateae
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Distribution: Tropical and subtropical Asia, Africa and south

America

Parts Used: Leaf

Description of the Plant: Herbaceous annual plants with square stem, decussate leaves, lips-shaped flower, with strong lemon scent [566].

Table 52-1 Traditional uses of *Ocimum africanum* Lour

Traditional uses	Parts Used	Reference
Cough, expectorant, headache, antiflatulence, antifungal and antiemetic, insecticide, fungicidal activity, antibacterial activity, larvicidal activity	Leaf	[567]
Complementary foods, skin diseases	Not specify	[568]
Good aroma or flavour/fragrance, perfumery, aromatherapy, pharmaceutical, in lemon tea, soups, fish, curries, seafood, meal preparation, beef, and agro-industry	Leaf	[569]
Colds and coughs, indigestion, stomach pain, diarrhea, nausea, ulcers, ringworm and asthma. It is also known to lower blood sugar, and increase lactation.	Not specify	[570]

Table 52-2 Chemical constituents of *Ocimum africanum* Lour

Chemical constituents	Parts Used	Reference
Caryophyllene, citronellol	Leaf	[569]
Alkaloids, anthocyanins, cardio glycosides, coumarins, Flavonoid, glycosides, phenols, quinones, saponins, steroid, terpenoids and tannins	Leaf	[568]
Neral(36.8%), geranal (33.4%), (E)caryophyllene (3.5%), and linalool (3.1%), whereas the oil from the north-eastern part comprised neral (21.1%), geranal	Arial part	[567]

(15.6%), linalool (8.9%), (E)caryophyllene (7.7%), germacrene D (5.5%), and alphahumulene (3.5%). Finally, the essential oil from the southern part contained neral (24.4%), geranial (22.8%), methyl chavicol (9.4%), linalool (5.6%), and (E)-caryophyllene (5.5%)

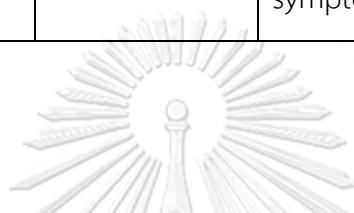
Table 52-3 Biological and pharmacological activities of *Ocimum africanum* Lour

Activities	Parts Used	Reference
Antioxidant, antifungals and antiemetics	Leaf	[568]

Table 52-4 Toxicity assessment of *Ocimum africanum* Lour

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	The aqueous extract at a concentration of 10 to 1000 µg/ml did not show notable toxicity.	[571]
MTT assay: Human cervical cancer cell line (HeLa), human laryngeal epithelial carcinoma cell line (HEp-2) and NIH 3T3	Leaf	The essential oil showed cytotoxic effect on HeLa, HEp-2 and NIH 3T3 cell lines with IC50 values of	[572]

mouse embryonic fibroblasts.		90.5, 96.5 and 120.7 mg/ml, respectively.	
Acute toxicity: Oral administration of Wistar rats at dose of 50, 500, 1,000, and 2000 mg/kg.	Whole plant, leaf, flower, bulb, root etc.	The hydro-alcoholic extract at a dose of 2 g/kg did not induce deaths or toxic symptoms.	[573]



A: Whole plant

B: Leaf with flower

Figure 61 of *Ocimum africanum* Lour [569]

53. *Ocimum tenuiflorum* L.

Scientific name: *Ocimum tenuiflorum* L.

Synonyms: *Geniosporum tenuiflorum* (L.) Merr.

Lumnitzera tenuiflora (L.) Spreng.

Moschosma tenuiflorum (L.) Heynh.

Ocimum anisodorum F.Muell.

Ocimum caryophyllum F.Muell.

Ocimum frutescens Burm.f., 1768

Ocimum hirsutum Benth.

Ocimum inodorum Burm.f.

Ocimum monachorum L.

Ocimum sanctum L.

Ocimum sanctum var. *angustifolium* Benth.

Ocimum sanctum var. *cubensis* Gomes
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Ocimum scutellarioides Willd.

Ocimum scutellarioides Willd. ex Benth.

Ocimum subserratum B.Heyne

Ocimum subserratum B.Heyne ex Hook.f.

Ocimum tenuiflorum f. *villicaulis* Domin

Ocimum tenuiflorum var. *anisodorum* (F.Muell.) Domin

Ocimum tomentosum Lam.

Ocimum villosum Roxb.

Plectranthus monachorum (L.) Spreng.

Common name: Holy Basil, Sacred basil

Local name: Ka-phrao

Family: Lamiaceae/ Labiateae

Distribution: South Asia

Parts Used: Leaf, Whole plant

Description of the Plant: Erect, much-branched accessory shrub, 3462 cm tall,

simple opposite green or purple; leaves: dark green to green, opposite, stipules,

absent, petioles ovate, up to 5 cm, usually slightly toothed; margin : serrated,

flowers: vertical, 5-7 mm long, calyx; color green, 5, corolla; lips, scattered hairs,

petals white, stamens: 4, filaments 1 mm long, filament color white; none Ovary;

single pattern white, stems covered with fine hairs, fruit seedless; seeds numerous;

seeds small and white in color [574].

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Table 53-1 Traditional uses of *Ocimum tenuiflorum* L.

Traditional uses	Parts Used	Reference
Common cold, stomach disorders, headache, and heart disease, inflammation, malaria, and diverse forms of poisoning	Not specify	[574]

Table 53-2 Chemical constituents of *Ocimum tenuiflorum* L.

Chemical constituents	Parts Used	Reference
Essential oils, tannins, flavonoids, steroids/triterpenoids, alkaloids, flavonoids, glycosides, triterpenoids/steroids, tannins, and saponins	Leaf	[575]
Fixed oils, essential oils, triterpenes, flavonoids, flavonoid glycosides, polysaccharides, phenolic glycoside, lignans, and norlignans	Not specify	[574]

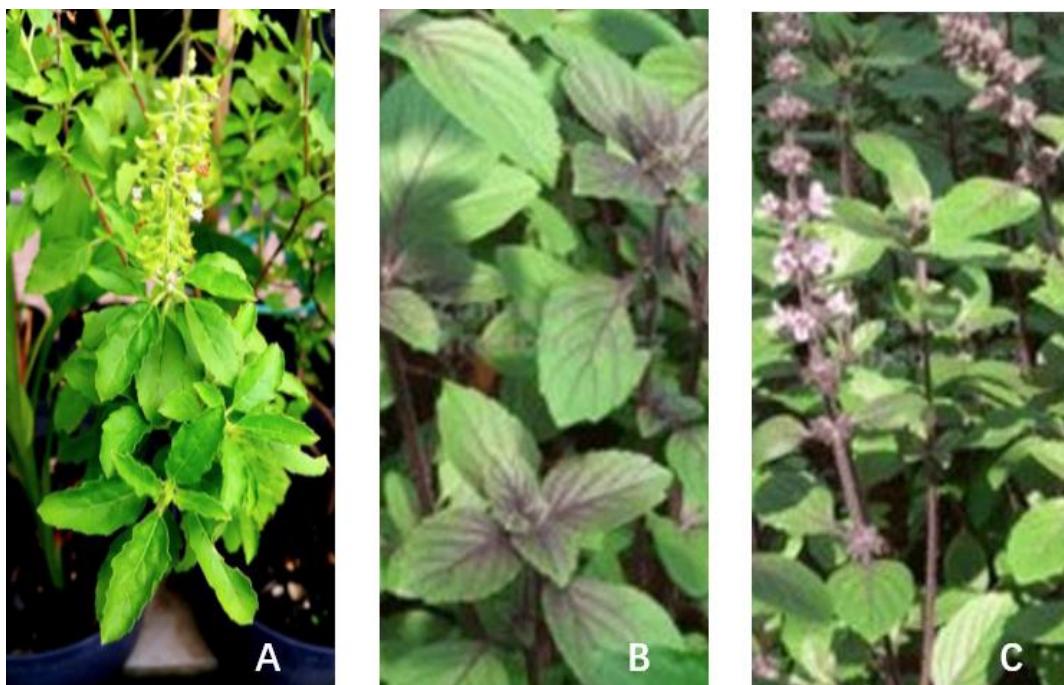
Table 53-3 Biological and pharmacological activities of *Ocimum tenuiflorum* L.

Activities	Parts Used	Reference
Antioxidant	Not specify	[576, 577]
Antiproliferative	Leaf	[577]
Anticarcinogenic	Not specify	[578]
Anticancer	Leaf	[579]
Immunostimulatory effect, gastric antiulcer activity, diabetes mellitus, hyperlipidemia, wound healing effects, protective effect, chemopreventive activity	leaves, seeds ad stem	[574]

Table 53-4 Toxicity assessment of *Ocimum tenuiflorum* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Leaf	The LC50 value of methanolic extract was 91.56 µg/ml.	[580]
MTT assay: three breast cancer cells (MCF-7, MDA-MB-231 and MDA-MB-453).	Leaf	The IC50 values of ethanolic extract for MCF-7, MDA-MB-231 and MDA-MB-453 cells were 29.3 ± 2.1 , 37.2 ± 2.8 and 33.4 ± 2.2 µg/ml.	[577]
MTS assay: KB (oral squamous cell carcinoma) cells.	Whole plant (Tulsi oil extract product)	The IC50 value of oil extract was 100 µg/ml.	[578]
Acute toxicity: Oral administration of diabetic induced Sprague Dawley rats at a dose of 2000 mg/kg for 14 days.	Leaf	Various extract (chloroform, ethyl acetate, methanol and water) administrations did not cause any changes or strange behavior except hexane extract which shows	[581]

		weight loose, few rats died and diarrhea in some rats.	
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A: Whole plant [575]

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B: Leaf [574]

C: Flower [574]

Figure 62 of *Ocimum tenuiflorum* L.

54. *Oldenlandia biflora* L.

Scientific name:	<i>Oldenlandia biflora</i> L.
Synonyms:	<i>Hedyotis biflora</i> (Linn.) Lam.
Common name:	Two-flower mille graines
Local name:	Mak-dib-nam-kang
Family:	Rubiaceae
Distribution:	Asia-Pacific regions and the east and west coasts of India
Parts Used:	Stem
Description of the Plant:	Can grow to a height of 15-30 cm; stems quadrangular or subterete and/or grooved, glabrous; flowers arranged in racemoid panicles, quadrangular fruits; seeds spherical, deeply pitted [582].

Table 54-1 Traditional uses of *Oldenlandia biflora* L.

Traditional uses	Parts Used	Reference
Gastric ulcers, inflammation, skin diseases, appendicitis, boils, dysentery, hepatitis and tonsillitis	Not specify	[582]
Treat various cancers, including pancreatic cancer	Leaf, Root	[583]

Table 54-2 Chemical constituents of *Oldenlandia biflora* L.

Chemical constituents	Parts Used	Reference
Anthraquinones, alkaloids, flavonoids, tannins and cyclotides	Not specify	[582]
Hedyotide B1	Not specify	[584]

Table 54-3 Biological and pharmacological activities of *Oldenlandia biflora* L.

Activities	Parts Used	Reference
Antimicrobial	Not specify	[584]

Table 54-4 Toxicity assessment of *Oldenlandia biflora* L.

Toxicity assessment	Parts Used	Results	References
MTT assay: Human pancreatic cancer cell lines BxPC3, capan2, MOH1 and PANC1.	Leaf, Root	All five hedyotides isolated from this plant showed significant cytotoxicity on four kinds of pancreatic cancer cell lines with IC50 values of 0.36-3.11 μM.	[583]



Whole plant (young shoot)

Figure 63 of *Oldenlandia bijflora* L.



55. *Piper betle* Linn.

Scientific name: *Piper betle* Linn.

Synonyms: *Artanthe hexagyna* Miq.

Betela mastica Raf.

Chavica betle (L.) Miq.

Chavica blumei Miq.

Chavica canaliculata (Opiz) C.Presl

Chavica chawya C.DC.

Chavica chuvya Miq.

Chavica densa Miq.

Chavica siriboa (L.) Miq.

Cubeba melamiri Miq.

Cubeba seriboa (L.) Miq.

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MacroPiper potamogetonifolium (Opiz) Miq.

Peperomia betle L.

Piper anisodorum Blanco

Piper anisodorum Náves

Piper anisodorum Náves ex Fern.-Vill.

Piper bathicarpum C.DC.

Piper betel Blanco

Piper betel L.

Piper betle f. densus (Blume) Fosberg

Piper betle f. Marianum (Opiz) Fosberg

Piper betle subsp. *densus* (Blume) C.DC.

Piper betle subsp. *mariannum* (Opiz) Fosberg

Piper betle subsp. *mariannum* (Opiz) C.DC.

Piper betle subsp. *mariannum* (Opiz) Fosberg

Piper betle var. *densus* (Blume) C.DC.

Piper betle var. *fenixii* (C.DC.) Quisumb.

Piper betle var. *macgregorii* (C.DC.) Quisumb.

Piper betle var. *mariannum* (Opiz) C.DC.

Piper betle var. *siriboa* (L.) C.DC.

Piper bidentatum Stokes

Piper blancoi Merr.
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Piper blumei (Miq.) Backer

Piper canaliculatum Opiz

Piper carnistilum C.DC.

Piper chawya (Miq.) Buch.-Ham.

Piper chuvya (Miq.) Miq.

Piper densus Blume

Piper fenixii C.DC.

Piper macgregorii C.DC.

Piper malamiri Blume

Piper malamiris L.

Piper malarayatense C.DC.

Piper mariannum Opiz

Piper philippinense C.DC.

Piper pinguicpicum C.DC. & Koord.

Piper potamogetonifolium Opiz

Piper puberulinodum C.DC.

Piper saurus Burm.

Piper siriboa L.

Piper betleum (L.) St.-Lag.

Common name:

Betel pepper

Local name:

Piperaceae

Family:

Piper

Family: Piperaceae

Distribu

Piperaceae

Distribution:

Parts Used:

leaf

Description

erone

strong spicy aroma, with thick stems [585]. This vine is a creeping perennial with leaves 4-7 inches long and 2-4 inches wide [586].

Table 55-1 Traditional uses of *Piper betle* Linn.

Traditional uses	Parts Used	Reference
Mixed with black pepper were said to be used as a contraceptive by women	Root	[587]
Prevent bad breath (halitosis), improve vocalization, strengthen the gum, conserve the teeth, and sweeten breath, Treat catarrhal inflammation and as a disinfectant	Leaf	[586]

Table 55-2 Chemical constituents of *Piper betle* Linn.

Chemical constituents	Parts Used	Reference
Ascorbic acid, gallic acid, catechin, caffeic acid, syringic acid, rutin, p-coumaric acid, sinapic acid, ferrulic acid, myricetin, quercentin, apigenin, kaempferol, and eugenol	Leaf	[585]
Phenyl propene, diketosteroid, aristololactam A-II.	Root	[587]
Caryophyllene, cadinene, γ -lactone, allyl catechol, p-cymene and eugenol methyl ether in varying amounts	Leaf	
Carvacrol, chavicol, chavibetol, hydroxychavicol, eugenol, eugenol methyl ether, methyl eugenol, eucalyptol, estragole, allyl catechol, 4-	Whole plant	[586]

hydroxycatechol, cadinene, β -caryophyllene, γ -lactone, p-cymene, cepharadione A, dotriacontanoic acid, tritriacontane, α -terpinene, α -terpineol-2-3, dotriacontanoic acid, pentatriacontane, hentriacontane, stearic acid, triotnacontane, n-triacontanol, piperlonguminine, allylpyrocatechol diacetate, isoeugenol, α -pinene, β -pinene, 1, 8-cineol, β -sitosterol, γ -sitosterol, stigmasterol, palmitate, ursolic acid, and ursolic acid 3-acetate		
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Table 55-3 Biological and pharmacological activities of *Piper betle* Linn.

Activities	Parts Used	Reference
Antioxidant, antimicrobial, and anticarcinogenic	Leaf	[585]
Antimicrobial, anticariogenic, antilarval, antiprotozoal, antiallergic, antidiabetic, anti-inflammatory, hepatoprotective, antiulcer, cardioprotective, anti-hyperlipidaemic, antiplatelet, vasorelaxation, and immunomodulatory effects	Leaf	[586]

Table 55-4 Toxicity assessment of *Piper betle* Linn.

Toxicity assessment	Parts Used	Results	References
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Brine shrimp lethality assay (BSLA)	Leaf	The ethanolic extract showed LC ₅₀ value of 44.97 µg/ml.	[588]
MTT assay: K562 (chronic myelocytic), Molt4 (human lymphoblastic), HL60 (human promyelocytic), and U937 (human monocytic) leukemic cell lines.	Leaf	The ethanolic extract showed cytotoxicity effects against K562, Molt4, HL60, and U937 cells with IC ₅₀ values of 36.2±1.1, 19.7±1.6, 28.9±5.6, and 17.3±0.7 µg/ml, respectively.	[589]



A: Whole plant

B: Leaf

Figure 64 of *Piper betle* Linn.[585]



56. *Piper nigrum* L.

Scientific name: *Piper nigrum* L.

Synonyms: *Muldera multinervis* Miq.

Piper aromaticum Lam.

Piper baccatum C.DC.

Piper colonum C.Presl

Piper denudatum Opiz

Piper glypticum Hoffmanns.

Piper glypticum Hoffmanns. ex Kunth

Piper malabarens C.DC.

Piper rotundum Noronha

Rhyncholepis haeankeana Miq.

Common name: Black pepper

Local name:

Phrik-thai

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Family: Piperaceae

Distribution: Tropics

Part used: Fruit

Description of the Plant: The plant can reach up to 50–60 cm in height and is characterized by its simple, alternate leaves, with a few rare cases of opposite or verticillate leaves [590].

Table 56-1. Traditional uses of *Piper nigrum* L.

Traditional uses	Parts Used	Reference
Diarrhea, earache, gangrene, cardiovascular diseases, indigestion, and insomnia, Relieve stomach pain, vomiting, gastric expelling, diarrhea, toothache, flatulence, indigestion, cure headache, expel nutrients. Helps appetite, sweating, diuretic, stimulates the nerves	Fruit and seed	[591]
Appetizer drug	Seed	[592]
Asthma, cough, diabetes and heart problems	Seed	[593]

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Table 56-2. Chemical constituents of *Piper nigrum* L.

Chemical constituents	Part of the plant	Reference
Pellitorine	Not specify	[594]
Piperine	Fruit	[595]
β -Caryophyllene, Limonene, β -pinene, Piperine, Piperolein	Essential oil, Oleoresins	[596]

Table 56-3. Biological and pharmacological activities of *Piper nigrum* L.

Activities	Part of the plant used	Reference
Anti-Cancer	Not specify	[594, 597, 598]
Antioxidant	Seed, fruit	[592, 596, 598-600]
Anxiolytic and antidepressant	Fruit	[595]
Immunomodulatory	Not specify	[597]
Antiarthritic, Hepatoprotective, Antifertility, Antiulcer, Antifungal, and central nervous system depressant	Fruit	[601]
Analgesic, Antiinflammatory, Anticonvulsant, Cognitive-enhancing	Fruit	[595]
Anti-Inflammatory	Fruit	[595, 601-603]
Antidepressant, Antispasmodic, Antidiarrheal, Antiasthmatic, Antifungal	Not specify	[598]
Antimicrobial	Not specify	[598, 604]

Table 56-4. Toxicity assessment of *Piper nigrum* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp cytotoxic activity	Seed	Essential oils showed significant cytotoxic activity on brine shrimp nauplii	[605]
MTT assay: Four breast cancer cell lines (MCF-7, MDA-MB-231, MDA-MB468, and ZR-75-1); a neuroblastoma (SK-N-SH); and a normal breast (MCF-12A) cell line	Fruit	The dichloromethane extract showed effective against MCF-7 cells with an IC ₅₀ value of 7.45 mg/ml.	[591]
Acute toxicity: Oral administration of ICR mice at a dose of 5000 mg/kg for 14 days.	Fruit	The dichloromethane extract showed no adverse effects or mortality, there for, IC ₅₀ value higher than 5000 mg/kg.	[445]



A: Leaf [606]

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Figure 65 of *Piper nigrum* L.

57. *Rhinacanthus nasutus* (Linn.) Kurz.

Scientific name: *Rhinacanthus nasutus* (Linn.) Kurz.

Synonyms: *Rhinacanthus nasutus* (L.) Kuntze

Dianthera 357ylvatica357 Lour.

Justicia dichotoma Rottler

Justicia gendarussa Macrae

Justicia gendarussa Macrae ex Nees

Justicia macilenta E.Mey.

Justicia nasuta L.

Justicia odoratissima Bojer

Justicia odoratissima Bojer ex Nees

Justiciarottleriana Wall.

Justicia 357ylvatica Nees

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Pseuderanthemum connatum Lindau

Rhinacanthus communis Nees

Rhinacanthus macilentus C.Presl

Rhinacanthus nasutus (L.) Kurz

Rhinacanthus nasutus (L.) Lindau

Rhinacanthusrottlerianus Nees

Family: Acanthaceae

Common name: Snake jasmine
 Local name: Thong-phan-chang
 Distribution: Tropical and subtropical regions
 Parts Used: Whole plant

Description of the Plant: The plant is 60-76 cm in height, leaves are ovate to oblong, sparsely to densely pubescent, and 4-6 cm long, base rounded to cordate, apex short acuminate. Flowers are violet [607].

Table 57-1 Traditional uses of *Rhinacanthus nasutus* (Linn.) Kurz.

Traditional uses	Parts Used	Reference
Quenching fever, poisoning, killing the parasite, the root is boiled and drunk as an antidote, also an ethnomedical plant used in the traditional system of medicine for treating skin diseases.	Whole plant	[608]
Antidote for snake bites	Leaf, Root, Seed	[609]

Table 57-2 Chemical constituents of *Rhinacanthus nasutus* (Linn.) Kurz.

Chemical constituents	Parts Used	Reference
Rhinacasutone, Rhinacanthone, Rhinacanthins, Heliobuphthalmin	Root	[610]

The lignans rhinacanthin	Aerial part	[609]
The Benzenoids compounds p-hydroxy-benzaldehyde, vanillic acid, syringic acid, 2-methoxy propiophenone, methyl valinate and syringaldehyde	Leaf, Root, Stem	

Table 57-3 Biological and pharmacological activities of *Rhinacanthus nasutus* (Linn.)

Kurz.

Activities	Parts Used	Reference
Pediculicidal and pesticidal	Leaf	[608]
Antioxidant	Leaf	[608, 611]
Antiviral	Root	[610]
Antidiabetic	Leaf	[612]
Anti-herpes simplex virus type 2	Stem	[613]
Anti-oxidant, pediculicidal and pesticidal	Leaf	[608]

Table 57-4 Toxicity assessment of *Rhinacanthus nasutus* (Linn.) Kurz.

Toxicity assessment	Parts Used	Results	References
MTT assay:	Stem	The ethanolic, methanolic,	[613]

vero cell infected with HSV-2		<p>ethylacetate, dichloromethane, acetone and hexane showed IC₅₀ values of 42.87±9.07, 78.22±13.38, 23.68±8.28, 23.29±7.11, 21.85±6.65 and 22.28±6.13 µg/ml, respectively.</p>	
<p>Resazurin microplate assay: African green monkey kidney fibroblast (Vero) cells; KB (human epithelial carcinoma cells), MCF-7 and NCI-H187.</p>	<p>Leaf</p>	<p>Four new naphthoquinones isolated from this plant; rhinacanthin A (5) showed cytotoxicity against MCF-7 cell line with IC₅₀ value of 8.79 µM, rhinacanthin N (15) showed active against NCI-H187 cell line and Vero cells with IC₅₀</p>	<p>[614]</p>

		values of 2.24 μM and 3.00 μM .	
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Figure 66 of *Rhinacanthus nasutus* (Linn.) Kurz.

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58. *Sesamum indicum* L.Scientific name: *Sesamum indicum* L.Synonyms: *Sesamum auriculatum* C.Presl*Sesamum brasiliense* Vell.*Sesamum occidentale* Heer & Regel*Sesamum oleiferum* Sm.*Strobilanthes gentiliana* H.Lév.

Common name:



Seasame
Nga

Local name:

Pedaliaceae

Family:

Tropical regions

Distribution:

Seed, Oil, Leaf

Parts Used: Description of the Plant: Flower's white. the annual plant reaches height of 6

feet and sprouts along leaves and seed pods [615].

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Table 58-1 Traditional uses of *Sesamum indicum* L.

Traditional uses	Parts Used	Reference
Replenishing liver and kidney, enriching vitality and blood	Seed	[616]
Treatment for cough, cold and also used as nutritive, laxative, demulcent and emollient properties.	Seed	[617]

Table 58-2 Chemical constituents of *Sesamum indicum* L.

Chemical constituents	Parts Used	Reference
Gallic, Pyrogallol, Protocatechuic, Catechol, Catechin, Chlorogenic, Caffeic, Vanillic, Caffeine, Ferulic, Ellagic, Cinnamic, Benzoic, Syringic, Chrysin, p-Coumaric	Seed	[618]
Naphthoquinone derivatives; chlorosesamone, hydroxysesamone and epoxysesamone, anthraquinones derivatives; anthrasesamone A, anthrasesamone B, anthrasesamone C, anthraquinone and anthraquinone	Root	[619]

Table 58-3 Biological and pharmacological activities of *Sesamum indicum* L.

Activities	Parts Used	Reference
Anti-oxidant, anti-inflammatory anti-diabetic, nephroprotective	Seed	[620]
Wound healing	Seed and oil	[621]
Vasorelaxant	Root	[619]
Antioxidant, antimelanogenic, skin-protective	Not specify	[622]
Antitumor	Flower	[616]

Table 58-4 Toxicity assessment of *Sesamum indicum* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Seed	The ethanolic extract and aqueous extract showed LC50 values of 61.85 µg/ml and 1.7 µg/ml.	[617]
MTT assay: Human breast cancer cell line (MCF-7).	Seed	The plant extract gave IC50 value of 148.76 µg/ml.	[623]
MTT assay: Human cervical carcinoma cell lines (HeLa); KB cell lines (CNE-2); human hepatoma carcinoma cell lines (smmc-7721); and human esophagus squamous carcinoma cell lines (Kyse-410)	Flower	The petroleum benzene fraction and diethyl ether fraction showed significant antitumor activity.	[616]

Toxicity test: Oral administration of Wistar rats at doses of 10-5000 mg/kg body weight.	Seed	The LD50 of ethanolic extract is above 5000 mg/kg body weight.	[624]
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A: Whole plant B: Flower C: Seed capsule D: Seed

Figure 67 of *Sesamum indicum* L. [625]

59. *Shorea siamensis* Miq.

Scientific name: *Shorea siamensis* Miq.

Synonyms: *Hopea suavis* Wall.

Pentacme malayana King

Pentacme siamensis (Miq.) Kurz

Pentacme suavis A.DC.

Pentacme tomentosa Craib

Shorea bracteata Pierre ex Laness.

Shorea mekongensis Pierre ex Laness.

Shorea siamensis var. *tomentosa* (Craib) Smitinand

Shorea suavis (A.DC.) Pierre ex Laness.

Shorea tomentosa Pierre

Vateria siamensis (Miq.) Burck

Common name: Dark red meranti, Light red meranti, Red lauan

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Local name: Teng-rang

Family: Dipterocarpaceae

Distribution: Myanmar, Indochina, Thailand, Laos

Parts used: Leaf

Description of the Plant: Deciduous erect large trees, up to 30m in height, more than 80cm in diameter, gray or reddish-brown bark, 1.5cm thick, with deep cracks.

Leaves ovate or oval, flowers bisexual, calyx 5 petals, red narrow ellipse. Oval fruit.
[626].

Table 59-1 Traditional uses of *Shorea siamensis* Miq.

Traditional uses	Parts used	Reference
Treatment of dysentery	Bark	[627]

Table 59-2 Chemical constituents of *Shorea siamensis* Miq.

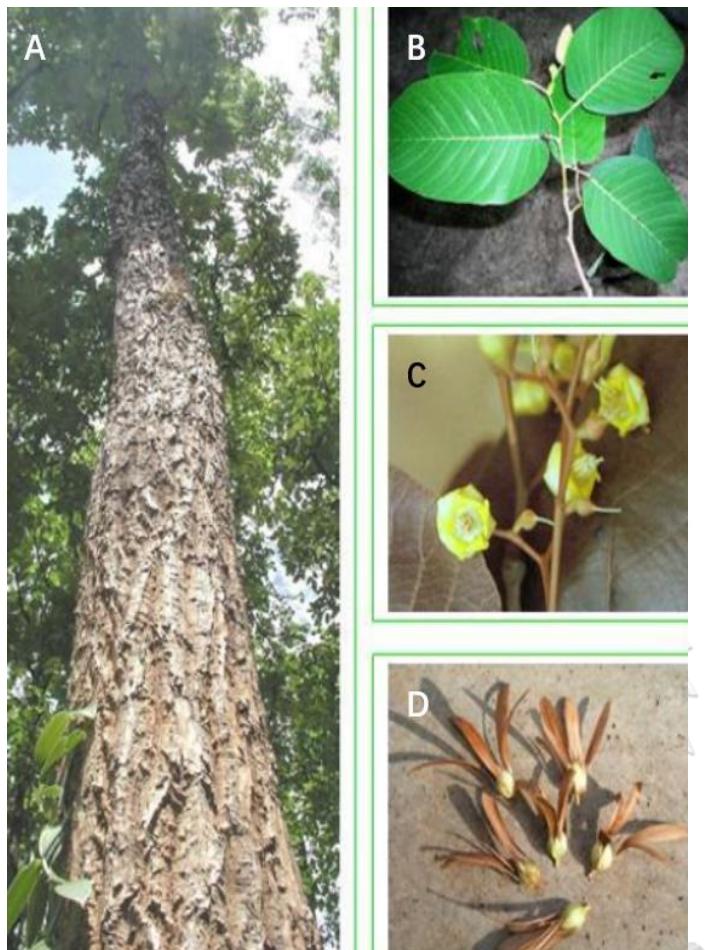
Chemical constituents	Parts used	Reference
Resveratrol trimer, anigopreissin, gnetin c, hopeafuran	Stem bark	[628]

Table 59-3 Biological and pharmacological activities of *Shorea siamensis* Miq.

Activities	Parts used	Reference
Anti-HIV	Bark	[628]

Table 59-4 Toxicity assessment of *Shorea siamensis* Miq.

No result since not record was found in online database research.



A: Stem and bark B: Leaf C: Flower D: Flower

Figure 68 of *Shorea siamensis* Miq. [629]

60. *Solanum melongena* Linn.

Scientific name: *Solanum melongena* Linn.

Synonyms: *Melongena esculenta* Grecescu

Melongena incurva Mill.

Melongena ovata Mill.

Melongena spinosa Mill.

Melongena teres Mill.

Solanum album Noronha

Solanum album var. *richardii* Dunal

Solanum album var. *rumphii* Dunal

Solanum edule Schum. & Thonn.

Solanum esculentum Dunal

Solanum heteracanthum Dunal

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Solanum incurva (Mill.) Corrêa

Solanum indicum Roxb.

Solanum insanum L.

Solanum lagenarium Dunal

Solanum longum Roxb.

Solanum melanocarpum Dunal

Solanum melanocarpum var. *atropurpureum* Dunal

Solanum melongena subsp. *Agreste* Dikii

Solanum melongena subsp. *Depressum* L.

Solanum melongena subsp. *Insanum* (L.) Banfi, Galasso & Bartolucci

Solanum melongena subsp. *Leucoum* Alef.

Solanum melongena var. *angustum* Dikii

Solanum melongena var. *cylindricum* Dikii

Solanum melongena var. *depressum* L.

Solanum melongena var. *esculentum* (Dunal) Nees

Solanum melongena var. *esculentum* (Dunal) Walp.

Solanum melongena var. *giganteum* (Alef.) Dikii

Solanum melongena var. *globosi* Dikii

Solanum melongena var. *leucoum* (Alef.) Dikii

Solanum melongena var. *ovigera* Pers.

Solanum melongena var. *racemiflorum* Dikii

Solanum melongena var. *racemosum* Dikii
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Solanum melongena var. *serpentinum* L.

Solanum melongena var. *serpentinum* L.H.Bailey

Solanum melongena var. *stenoleucum* (Alef.) Dikii

Solanum melongena var. *variegatum* (Alef.) Dikii

Solanum melongena var. *violaceum* (Alef.) Dikii

Solanum melongena var. *viride* Dikii

Solanum melongenum St.-Lag.

Solanum oviferum Salisb.

Solanum ovigerum Dunal

Solanum ovigerum var. *album* Sweet

Solanum ovigerum var. *insanum* Blume

Solanum ovigerum var. *luteum* Sweet

Solanum ovigerum var. *oblongo-cylindricum* Dunal

Solanum ovigerum var. *ruber* Sweet

Solanum ovigerum var. *violaceum* Sweet

Solanum plumieri Dunal

Solanum pressum Dunal

Solanum pseudoundatum Blume

Solanum pseudoundatum var. *albiflorum* Blume

Solanum pseudoundatum var. *atropurpurascens* Blume

Solanum pseudoundatum var. *leucocarpon* Blume
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Solanum requienii Dunal

Solanum sativum Dunal

Solanum sativum var. *albiflorum* (Blume) Dunal

Solanum sativum var. *atropurpurascens* (Blume) Dunal

Solanum sativum var. *leucocarpon* (Blume) Dunal

Solanum schoenbrunnense Dunal

Solanum serpentinum Noronha

Solanum spinosa (Mill.) Corrêa

Solanum tomentosum Hesb.Hasselt

Solanum tomentosum Hesb.Hasselt ex Miq.

Solanum trilobatum Noronha

Solanum truongum Poir.

Solanum truongum var. *divaricatum* Dunal

Solanum truongum var. *rumphii* Dunal

Solanum truongum var. *sinuatopinnatifidum* Dunal

Solanum undulatum Poir.

Solanum violaceum DC.

Solanum violaceum DC. Ex Dunal

Solanum zeylanicum Scop.

Common name: Eggplant

Local name: Ma-kuea-yao

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Family: Solanaceae

Distribution: Asia

Parts Used: Flower, Fruit

Description of the Plant: A bushy perennial shrub that can grow to a height of 60 to 120 cm with tough, thorny stems with an erect or spreading growth habit [630].

Table 60-1 Traditional uses of *Solanum melongena* Linn.

Traditional uses	Parts Used	Reference
Asthma, allergic rhinitis, nasal catarrh, skin infections, rheumatic disease and swollen joint pains, gastro-esophageal reflux disease, constipation	Fruit	[631]

Table 60-2 Chemical constituents of *Solanum melongena* Linn.

Chemical constituents	Parts Used	Reference
Kaempferol	Leaf	[632]
Glycosides of delphinidin	Fruit peel	[632]
Anthocyanin	Not specify	[632]
Caffeic acid and chlorogenic acid, chlorogenic acid	Not specify	[633]
Phenylpropanoid	Root	[634]
Terpenes and lignans	Root	[631]
Anthocyanin; delphinidine-3-(p-cumaroylrutinoside)5-glucoside (nasunin)	Fruit peel	[635]

Table 60-3 Biological and pharmacological activities of *Solanum melongena* Linn.

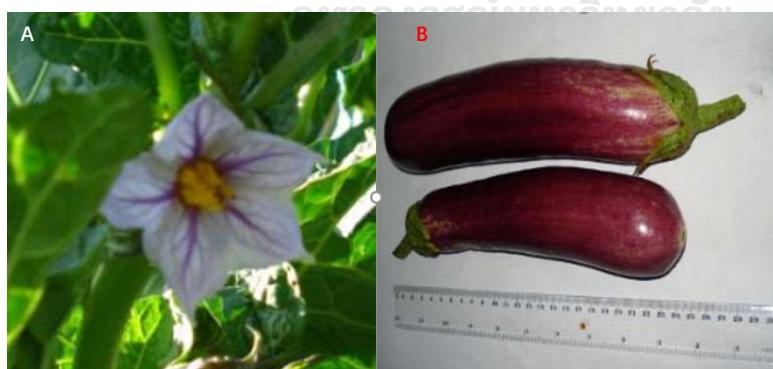
Activities	Parts Used	Reference

Antioxidant	Fruit, Stalk	[632, 633, 636]
Antidiabetic, Anticancer, Hypolipidemic	Fruit	[636]
Anti-Inflammatory	Peel, Root	[632, 634, 636]

Table 60-4 Toxicity assessment of *Solanum melongena* Linn.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Fruit peel	The dead of nauplii was found 26, 48, 50 and 62% at 0.1, 1.0, 10 and 100 µg/ml concentrations of the extract [ethanol: chloroform: acetic acid (65: 32: 3)] respectively.	[637]
Sulphorhodamine B assay (SRB): Five human cancer cell lines: colon cancer cell line (HCT116); larynx cancer cell line (HEP2); breast cancer	Fruit peel	The methanolic extract showed cytotoxic against five cancer cell lines with IC ₅₀ values of 4.36 ± 0.32 µg/ml for HCT116; 4.99 ± 0.36 µg/ml for HEP2; 6.56 ± 0.32 µg/ml for MCF7; 4.90 ± 0.21	[635]

cell line (MCF7); cervix cancer cell line (HELA) and liver cancer cell line (HEPG2).		$\mu\text{g}/\text{ml}$ for HELA; and $2.14 \pm 0.35 \mu\text{g}/\text{ml}$ for HEPG2 cell lines.	
Acute toxicity test: Oral administration of Wistar rat at a dose of 1000, 1600, 2900 and 5000 mg/kg for 24 hours.	Fruit	An aqueous extract showed no death of animals treated. This means that $\text{LD}_{50} > 5000 \text{ mg/Kg}$.	[638]



A: Flower

B: Fruit

Figure 69 of *Solanum melongena* Linn. [630]

61. *Spondias pinnata* (L.f.) Kurz

Scientific name: *Spondias pinnata* (L.f.) Kurz

Synonyms: *Evia amara* Comm.

Evia amara Comm. ex Blume

Mangifera pinnata L.fil.

Poupartia acuminata (Roxb.) Wall.

Poupartia pinnata (L.fil.) Blanco

Spondias acuminata Roxb.

Spondias amara Lam.

Spondias bivenomarginalis K.M.Feng & P.I Mao

Spondias macrophylla Wall.

Spondias mangifera Willd.

Spondias paniculata Roxb.

Spondias paniculata Roxb. ex Wight & Arn.

Spondias sinensis Lour.

Spondias sinensis Lour. ex Steud.

Wirtgenia decandra Jungh.

Common name: Hog plum

Local name: Ma-kok

Family: Anacardiaceae

Distribution: Southeast Asia



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Parts Used: Fruit

Description of the Plant: Deciduous tree, 10-25 m tall, broadly branched, yellowish-brown, lanceolate, petiole 10-15 cm, petiole and petiole glabrous, leaf blade 30-40 cm, pinnately compound and opposite leaves 5 -11 leaves; petiole 3-5 mm; leaf blades ovate-oblong to elliptic-elliptic, 7-12 × 4-5 cm., paper, glossy on both sides, base cue to rounded, usually sloping, serrated or total margin, pointed apex, 12-25 pairs of lateral veins, slightly convex, adaxially convex, posterior prominent, connected to the veins of collection below the edge Inflorescence paniculate, apex 25-35 cm, glabrous, branching 10-15 cm. Flowers sessile or sessile, white, neat, calyx sepals triangular, 0.5 mm, petals oblong-ovate, approx. 2.5 × 1.5. mm, with pointed tip, stamens 1.5 mm, ovate subglobose, ca. 1 mm, style 4 or 5, free, approx. 0.5 mm Drupe, ovate to oval-oval. When ripe, yellow-orange, 3.5-5 × 2.5-3.5 cm. Endocarps are wood inside and fibrous grooves. Ripe fruits usually have 2 or 3 seeds. Flowering April-June. Fruiting August-September (Wu et al. 1994-2013)

Fruit oval to oval, oval-ovate, olive-green to orange-yellow when ripe, 35-70*25-35 mm long. On the outside it is fibrous. Ripe fruits usually have two to three seeds. [639].

Table 61-1 Traditional uses of *Spondias pinnata* (L.f.) Kurz

Traditional uses	Parts Used	Reference
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Urolithiasis, heartburn, and diabetes and to boost overall body health	Leaf	[640]
Dysentery, muscular rheumatism, and diabetes mellitus	Bark	

Table 61-2 Chemical constituents of *Spondias pinnata* (L.f.) Kurz

Chemical constituents	Parts Used	Reference
Methyl caffeoate and rhamnetin-3-O-sophoroside	Fruit	[640]
Stigmast-4-en-3-one, β -sitosterol, and β -sitosterol β -D-glucoside	Aerial part	

Table 61-3 Biological and pharmacological activities of *Spondias pinnata* (L.f.) Kurz

Activities	Parts Used	Reference
Hypoglycemic activity	Bark	[640]
Antidiabetic and antilipidemic	Fruit	
Antimicrobial and antiviral	Leaf	

Table 61-4 Toxicity assessment of *Spondias pinnata* (L.f.) Kurz

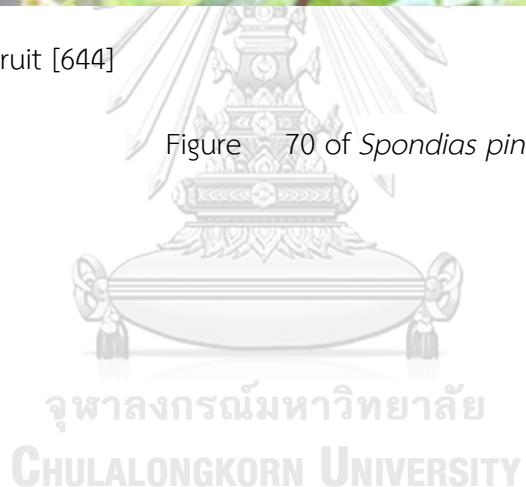
Toxicity assessment	Parts used	Results	References

Brine shrimp lethality assay (BSLA)	Bark	The ethyl acetate extract showed potential cytotoxic activity with LD50 equal to 0.178 $\mu\text{g}/\text{ml}$	[641]
MTT assay: Chronic myelogenous leukemia K562; colon carcinoma HCT116	Leaf	The aqueous plant extract showed cytotoxic effect with the IC50 with 82, 60, and 53 $\mu\text{g}/\text{ml}$ for HCT 116; with 55, 35, and 24 $\mu\text{g}/\text{ml}$ for K562 cells, respectively.	[642]
Acute toxicity: Oral administration of adult male rats of Wistar	Stem Bark	The aqueous plant extract showed not any changes in skin, fur, eyes and behavior of animals throughout the 28-day study	[643]



Leaf, Flower and Fruit [644]

Figure 70 of *Spondias pinnata* (L.f.) Kurz



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62. *Syzygium aromaticum* L. Merr. & Perry

Scientific name: *Syzygium aromaticum* L. Merr. & Perry

Synonyms: *Caryophyllus aromaticus* L.

Caryophyllus hortensis Noronha

Caryophyllus silvestris Teijsm.

Caryophyllus silvestris Teijsm. Ex Hassk.

Eugenia aromatica (L.) Baill.

Eugenia caryophyllata Thunb.

Eugenia caryophyllus (Spreng.) Bullock & S.G.Harrison

Jambosa caryophyllus (Spreng.) Nied.

Myrtus caryophyllus Spreng.

Common name:

Clove

Local name:

Kan-phlu

Family:

Myrtaceae

Distribution:

Originate Maluku Islands of Indonesia

Parts Used:

Flower bud

Description of the Plant: Conical myrtle, medium sized tree with straight trunk,

10 to 12 m tall. The leaves are large oblong or oval, opposite to single obovate,

glabrous, with many oil glands on the lower surface. Blooms around 7 years old and

continues to bloom for over 80 years. Flowers small, dark red, hermaphroditic, at the

end of branchlets. There are 3 to 4 peduncles per peduncle, and the length of the

inflorescences is between 4 and 5 cm. The initial shoots are pale yellow and glossy, turning green to bright red when mature. [645].

Table 62-1 Traditional uses of *Syzygium aromaticum* L. Merr. & Perry

Traditional uses	Parts Used	Reference
Burns and wounds, and as a pain reliever in dental care as well as treating tooth infections and toothache, also	Flower bud	[265]
Asthma, digestive system disorder, dental disorders, respiratory disorders, headaches and sore throats, dyspepsia, gastritis, diarrhea	Flower bud	[646]
Burns and cuts, and it has also found use in dental care as a pain reliever, and undiluted clove oil may be rubbed on the gums for treating tooth infections and toothache	Leaf	[647]

Table 62-2 Chemical constituents of *Syzygium aromaticum* L. Merr. & Perry

Chemical constituents	Parts Used	Reference
Mainly eugenol, eugenyl acetate, β -caryophyllene, 2-heptanone, acetyleugenol, α -	Not specify	[648]

humulene, methyl salicylate, isoeugenol, methyleugenol.		
Eugenol, isocaryophyllene, b-caryophyllene, allo-aromadendrene, a-humulene, eugenol acetate, caryophyllene oxide	Flower bud	[649]

Table 62-3 Biological and pharmacological activities of *Syzygium aromaticum* L. Merr. & Perry

Activities	Parts Used	Reference
Against pathogenic bacteria including methicillin-resistant <i>Staphylococcus epidermidis</i> and <i>S. aureus</i> .	Flower Bud	[265]
Against parasites including <i>Giardia lamblia</i> , <i>Fasciola gigantica</i> , <i>Haemonchus contortus</i> , and <i>Schistosoma mansoni</i>		
Analgesic, antiseptic, antispasmodic, antineuritic, carminative, anti-infectious, disinfectant, insecticide, stimulant, stomachic, uterine and tonic	Flower Bud	[650]
Anesthetic effect	Stem, Bud, Leaf	[645]
Antibacterial and antioxidant	Flower bud	[646]

Table 62-4 Toxicity assessment of *Syzygium aromaticum* L. Merr. & Perry

Toxicity assessment	Parts Used	Results	References
Neutral red (NR) assay: Human fibroblasts (153BR, HNDF); endothelial cells (HMEC-1)	Leaf	The clove oil showed NR50 value of 0.018%, 0.025% and 0.017% on HMEC-1, HNDF and 153BR, respectively.	[647]
MTT assay: Human colon carcinoma cells (HCT).	Buds	The ethanolic, dichloromethane, petroleum ether and acetonic extract showed cytotoxic activity against HCT cell line with IC50 values of 2.53, 6.71, 6.48 and 2.91 µg/ml, respectively.	[651]
Brine shrimp lethality assay (BSLA)	Fruit	The hydroethanolic extract showed LC50 value of 0.20 ± 0.04 mg/ml.	[652]
Brine shrimp lethality assay (BSLA)	Flower buds	The aqueous extract showed LC50 value of 20 µg/ml.	[653]

Acute toxicity: Oral administration of Wistar rats at doses of 1, 2 and 5 g/kg.	Flower buds	The hydroethanolic extract did not produce any mortality or adverse effects during the 14 days.	[654]
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A: Leaf



B: Dry clove



C: Flowers and fruits

Figure 71 of *Syzygium aromaticum* L. Merr. & Perry [655]

63. *Tamarindus indica* L.

Scientific name: *Tamarindus indica* L.

Synonyms: *Cavaraea elegans* Speg.

Tamarindus erythraeus Mattei

Tamarindus indica var. *occidentalis* (Gaertn.) Taub., 1894

Tamarindus occidentalis Gaertn.

Tamarindus officinalis Hook.

Tamarindus somalensis Mattei

Tamarindus umbrosa Salisb.

Common name: Tamarind, Indian date

Local name: Ma-kham

Family: Fabaceae/Leguminosae

Distribution: Across three ecological regions in Benin

Parts Used:

Fruit

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Description of the Plant: Evergreen tree, about 24 m high, with a spreading

crown. The bark is rough and gray. The leaves are alternate, compound leaves, and the opposite leaflets are oblong. The petioles and rachis are hairy, with pale yellow or pink flowers. The fruit is a pod, indehiscent, nearly cylindrical, straight or curved, soft, and the pulp is rusty brown. 3-10 seeds per pod, irregular in shape, the skin of the seeds is hard, smooth and shiny [656].

Table 63-1 Traditional uses of *Tamarindus indica* L.

Traditional uses	Parts Used	Reference
Snake bite	Seed	[657]
Diabetes	Not specify	[658]

Table 63-2 Chemical constituents of *Tamarindus indica* L.

Chemical constituents	Parts Used	Reference
Tannins, flavonoids and alkaloids	Not specify	[659]
Phenolic compounds	Not specify	[660]
flavonoids to total phenols		

Table 63-3 Biological and pharmacological activities of *Tamarindus indica* L.

Activities	Parts Used	Reference
Ameliorating effect	Fruit	[661]
Antitumor and Immunopotentiating	Seed kernel	[662]
Antiobesity	Pulp	[663]
Anti-Inflammatory, Antinociceptive	Leaf	[656, 664]
Anti-oxidant	Leaf, seed, Fruit Pulp	[665-668]
Antibacterial	Fruit pulp, stem bark and leaves	[659, 669]

Hypocholesterolaemic	Fruit Pulp	[668]
Antioxidant, Antimicrobial, Cytotoxic, Anti-Inflammatory, Antinematodal, Anti-Diabetic Activity	Not specify	[670]

Table 63-4 Toxicity assessment of *Tamarindus indica* L.

Toxicity assessment	Parts Used	Results	References
Brine shrimp lethality assay (BSLA)	Seed	The ethanolic and methanolic extracts showed LC50 values of lower than 100 $\mu\text{g}/\text{ml}$ and greater than 30 $\mu\text{g}/\text{ml}$.	[670]
MTT Assay: cell viability assay on MCF-7 cell line	Seed	The n-butanol extract has a cytotoxic effect on the MCF-7 cell line with 72% inhibition of cell viability	[660]
Brine shrimp lethality assay (BSLA)	Stem bark	The ethanolic extract showed IC50 value of 1542 $\mu\text{g}/\text{ml}$.	[671]
MTT Assay: Hepatocellular carcinoma cell line,	Seed	The n-butanol fraction showed significant cytotoxic effect only on the MCF-7 cell	[660]

HePG 2; colon cell line, HCT116; lung carcinoma cell line, A549; breast cancer cell, MCF-7; prostate cell line, PC3 and the normal skin fibroblast, BJ1		line with IC ₅₀ value of 68.5 μ g/ml.	
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A: Whole plant [672]

B: Leaf&fruit [672]

C:

Flower [673]

Figure 72 of *Tamarindus indica* L.



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64. *Tiliacora triandra* (Colebr.) DielsScientific name: *Tiliacora triandra* (Colebr.) DielsSynonyms: *Cocculus triandrus* Colebr.*Limacia amherstiana* Miers*Limacia triandra* (Colebr.) Hook.fil. & Thomson*Limacia triandra* (Colebr.) Miers*Limacia wallichiana* Miers*Menispermum triandrum* Roxb.*Sebicea stipularis* Pierre*Sebicea stipularis* Pierre ex Diels*Tiliacora stipularis* Pierre*Tiliacora stipularis* Pierre ex Diels

Common name: Bamboo grass

Local name: Thao-wan-khiew or Ya-nang

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Family: Menispermaceae

Distribution: Native to mainland Southeast Asia

Parts Used: Leaf, Bulb

Description of the Plant: It is a creeping shrub with slender, hairy or smooth

stems. The leaves are ovate or lanceolate, about 6.5-11 cm long and 2-4 cm wide. It

is a perennial plant with male and female flowers. The fruit is oval, 3-4 mm long.

There are branches. Roots vary in size. Twisted root surface is grayish-yellow with longitudinal wrinkles and cracks [674].

Table 64-1 Traditional uses of *Tiliacora triandra* (Colebr.) Diels

Traditional uses	Parts Used	Reference
Reducing blood sugar	Root, Leaf	[674]

Table 64-2 Chemical constituents of *Tiliacora triandra* (Colebr.) Diels

Chemical constituents	Parts Used	Reference
Condensed tannin, triterpene, flavonoid, saponin, phytol and α -tocopherol. Polyphenols include p-hydroxybenzoic acid, minecoside, flavones glycoside cinnamic acids derivative, and monoepoxybetacarotene	Leaf	[675]
Alkaloids, flavonoids, tannins and saponins	Not specify	[676]
Alkaloids magnoflorine, nortiliacorine A, and tiliacorinin-2'- N-oxide, two new bisbenzylisoquinoline alkaloids (including Tilitriandrin), noryanangine and norisoyanangine	Aerial parts	[677]

Table 64-3 Biological and pharmacological activities of *Tiliacora triandra* (Colebr.) Diels

Diels

Activities	Parts Used	Reference
Anti-bacterial, anti-malarial, anti-cancer, antiinflammation, anti-oxidant, anti-fever, alcohol detoxification, and acetylcholine esterase (ache) inhibitory properties	Leaf	[675]
Antidiabetic	Root, Leaf	[674]
Antioxidant Property	Leaf	[676]

Table 64-4 Toxicity assessment of *Tiliacora triandra* (Colebr.) Diels

Toxicity assessment	Parts used	Results	References
MTT assay: Lymphocytes and HeLa (human cervical carcinoma) cell line.	Leaf	The methanolic extract showed lymphocyte viability at 72.78% when treated with the highest concentration of 10 mg/ml;	[676]

		HeLa cells viability at 50% (IC50) when treated with 0.41 mg/ml.	
Acute and sub-chronic toxicity: Oral administration of Male and female Sprague-Dawley rats weighing 130- 190 g	Whole plant	The aqueous extract did not showed signs of toxicity, or behavioral changes, mortality, changes on gross appearance or histopathological changes of internal organs.	[677]



A: Leaf

B: Fruit

Figure 73 of *Tiliacora triandra* (Colebr.) Diels [676]



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65. *Uraria crinita* (L.) Desv. ex DC.

Scientific name: *Uraria crinita* (L.) Desv. ex DC.

Synonyms: *Doodia crinita* (L.) Roxb.

Hedysarum comosum Vahl

Hedysarum crinitum L.

Hedysarum crinitum L.

Hedysarum lanseum Noronha

Onobrychis comosa Spreng.

Onobrychis crinita (L.) Spreng.

Uraria comosa DC.

Uraria comosa Span.

Uraria cornosa Span.

Uraria crinita (L.) Desv.

Uraria crinita subsp. *macrostachya* (Wall.) Schindl.

Uraria crinita var. *macrostachya* (Wall.) Schindl.

Uraria crinita var. *macrostachya* Wall.

Uraria macrostachya (Wall.) Prain

Uraria macrostachya (Wall.) Schindl.

Uraria macrostachya Wall.

Uraria picta Wight

Common name: Cat's Tail Plant

Local name: Ya-ta-khab
 Family: Fabaceae/Leguminosae
 Distribution: Widely in Taiwan
 Parts Used: Stem and leaf
 Description of the Plant: Leaflets usually obtuse or mucronate at apex [678].

Table 65-1 Traditional uses of *Uraria crinita* (L.) Desv. ex DC.

Traditional uses	Parts Used	Reference
Coordinate the gastrointestinal system	Root	[679]
Childhood skeletal dysplasia		

Table 65-2 Chemical constituents of *Uraria crinita* (L.) Desv. ex DC.

Chemical constituents	Parts Used	Reference
Fatty acids, steroids, triterpenoids, phenolics, lignans, flavonoids, and isoflavonoids	Not specify	[679]

Table 65-3 Biological and pharmacological activities of *Uraria crinita* (L.) Desv. ex DC.

Activities	Parts Used	Reference
Detumescent and antipyretic effects, indicating immunomodulatory activity	Root	[679]

Antioxidant and antidiabetic activities and the potential to stimulate bone formation and regeneration	Not specify	
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Table 65-4 Toxicity assessment of *Uraria crinita* (L.) Desv. ex DC.

Toxicity assessment	Parts used	Results	References
Larvicidal activity against blow fly larvae (<i>Chrysomya megacephala</i>).	Leaf	Fresh and dry plant has a moderate larvicidal effect.	[680]
Cytotoxicity Assessment (CCK8 assay): Leukocytes; Dendritic cells (DCs).	Root	Isoflavone genistein in methanolic extract induced a significant level of DC death at 40 μ M.	[679]



Leaf and flower [678]

Figure 74 of *Uraria 399erpine* (L.) Desv. Ex DC.

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66. *Zingiber montanum* Roxb. (*Zingiber montanum* (J.Koenig) Link ex A.Dietr.)

Scientific name: *Zingiber montanum* Roxb. (*Zingiber montanum* (J.Koenig)
Link ex A.Dietr.)

Synonyms: *Amomum cassumunar* (Roxb.) Donn

Amomum montanum J.Koenig

Amomum montanum J.Koenig ex Retz.

Amomum xanthorrhiza Roxb.

Amomum xanthorrhiza Roxb. Ex Steud.

Cassumunar roxburghii Colla

Jaegera montana (J.Koenig) Giseke

Zingiber anthorrhiza Horan.

Zingiber cassumunar Roxb.

Zingiber cassumunar var. *palamauense* Haines

Zingiber cassumunar var. *subglabrum* Thwaites
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Zingiber cliffordiae Andrews

Zingiber luridum Salisb.

Zingiber montanum (J.Koenig ex Retz.) Theilade

Zingiber montanum (J.Koenig) Link

Zingiber purpureum Roscoe

Zingiber purpureum var. *palamauense* (Haines) K.K.Khanna

Zingiber xantorrhizon Steud.

Common name: Bengal ginger
 Local name: Plai
 Family: Zingiberaceae
 Distribution: India and tropical southeast Asia
 Parts Used: Rhizome
 Description of the Plant: Perennial rhizomous herb, All parts of the plant are aromatic with strong camphoraceous odors [681].

Table 66-1 Traditional uses of *Zingiber montanum* Roxb.

Traditional uses	Parts Used	Reference
Food coloring and additives, spices, traditional medicines, dyes, perfumes, and cosmetics	Rhizome	[681]
Constipation, dyspepsia, flatulence, stomach bloating, and as mosquito repellent.	Rhizome	[682]

Table 66-2 Chemical constituents of *Zingiber montanum* Roxb.

Chemical constituents	Parts Used	Reference
Sabinene (45.22- 47.86%), erpinene-4-ol (20.51-21.43%), and dimethyl phenyl, butadiene (10.12-11.68%)	Rhizome	[681]

Zerumbone, flavonoids, kaempferol	Rhizome	[682]
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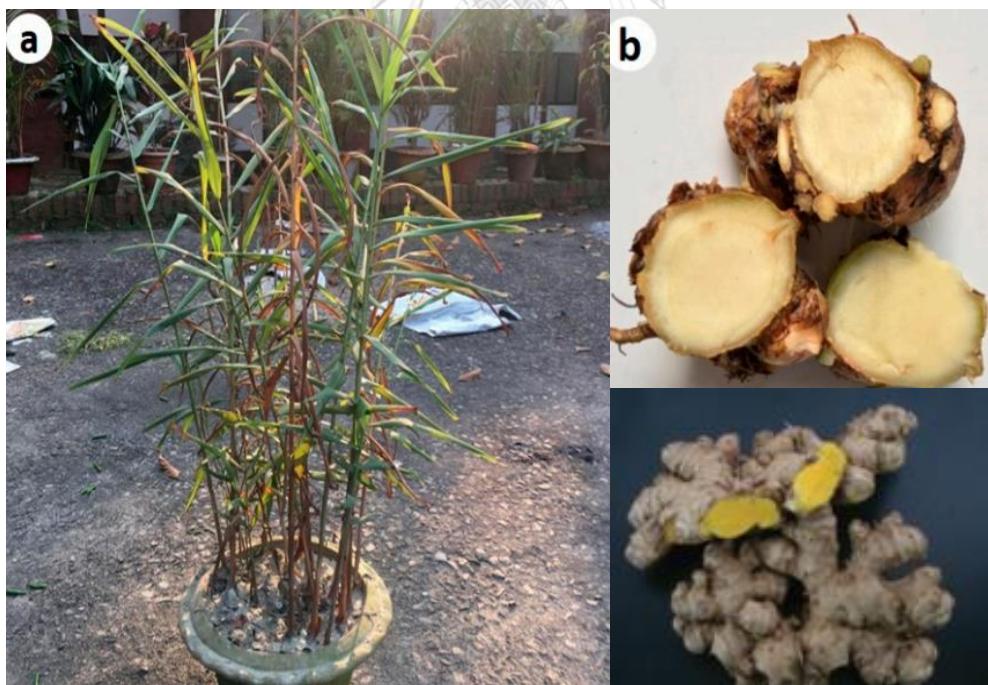
Table 66-3 Biological and pharmacological activities of *Zingiber montanum* Roxb.

Activities	Parts Used	Reference
Antimicrobial, insecticidal, anti-inflammatory, cytotoxic, anti-allergeni and antioxidant properties	Rhizome	[681]

Table 66-4 Toxicity assessment of *Zingiber montanum* Roxb.

Toxicity assessment	Parts used	Results	References
MTT assay: normal mouse embryo fibroblast cell (NIH/3T3).	Rhizome	Methanol extracts showed low toxicity at 100 µg/ml but higher toxicity at 200 µg/ml	[683]
MTT assay: normal cell lines (L929, murine fibroblast cell line) Vero (African green monkey kidney cell line)	Rhizome	Crude extract and purified compounds showed weak cytotoxicity activity with IC50 values of 1263.42 to 2857.83 µg/ml and 1537.83 to 2698.45 µg/ml against L929 and Vero cell lines.	[684]
Acute toxicity:	Rhizome	Hexane extracts:	[685]

<p>Oral administration, Sprague-Dawley rats, single dose of 5000 mg/kg for 14 days. Chronic toxicity: Oral administration, Sprague-Dawley rats, daily at doses of 0.3- 1,125 mg/kg for 270 days.</p>		<p>Acute toxicity: LD50 value is greater than 5000 mg/kg. Chronic toxicity: Did not produce clinical toxicity signs or death.</p>	
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(a): Whole plant

(b): Rhizome

(c): Fresh Rhizomes

Figure 75 of *Zingiber montanum* Roxb.[686]

Other crude drugs in remedies for Skin diseases

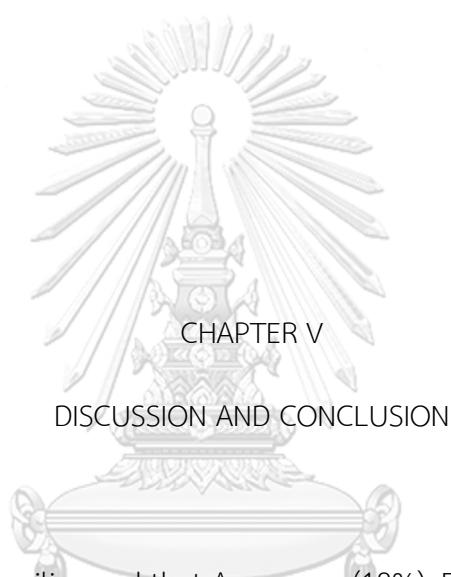
Other crude drugs are also found in Moh Phon's formularies for Skin diseases. They are used together with the medicinal plants. Table 8 shows the kinds of crude drugs in each symptom or diseases for Skin diseases.

Table 8 The other crude drugs in Moh Phon's traditional Thai medicine formulary for Skin diseases

Symptoms/ Diseases	Other Crude Drugs
Herpes: Herpes zoster (shingles), Eczema (Eczema Herpeticum)	Cow stool (dry), Nautilus shell, Goose stool, Bone of rabbit, Old used net, Dirty water, Raining water, Ethyl alcohol, Limewater, Dirty water, ashes (wood), Red sulfur.
Erysipelas (St. Anthony's fire)	Marl/ Limestone
Medicines for the treatment of disease rashes	Water
Medicine for eczema in children	Marl/ Limestone
Rash due to various toxic/poison exposure	
Rash due to mosquito and midges' bites	

	Antidote to poisonous animal bites	Ethyl alcohol, finger nail, lid of an earthen pot, Red lime.
	Rash	Salt, Red lime,
	Itchy disease	Water
	Urticaria (Hives)	Marl/ Limestone, Water, Ethyl alcohol.
	Urticaria and rashes	Water
	Ringworm, Tinea versicolor	Sulfur, Ethyl alcohol, Borax, Water, Raining water, Red ant, Salt
	Pityriasis versicolor or Tinea versicolor	Vinegar
	Pityriasis alba	Mother's milk
	Ringworm	Salt, Raining water,
	Impetigo, Ringworm	Copper (II) sulfate,
	Vitiligo	Salt, Shrimp paste, Fish sauce, Palm sugar
	Abscess/purulent	
	Scabies	Rice flour, Sulfur
	Warts	Urine, Soap, pH<7, Red lime
	Vaginal Itching	Water

	Scaly skin disease (Seborrheic dermatitis)	
	Tinea Cruris (jock itch)	
	Fresh wound	Honey, White sugar, Ethyl alcohol
	Fresh wound	
	Fresh wound and chronic wound	Pure lead
	Blister	Lid of an earthen pot, Water, Limewater, Potassium permanganate
	Tetanus (lockjaw)	Vinegar
	Cracked of palm and sole of feet	
	Sole of feet	Sulfur (yellow), Engine oil
	Rotting toe	Lid of an earthen pot, Water, Aluminum Sulphate (Alum)
	Athlete's foot	Sulfur, Kerosene



There were totally 36 families and that Arecaceae (18%), Fabaceae/Leguminosae (14%), Alliaceae (12%), Solanaceae (11%), and Zingiberaceae (11%) belong to CHULALONGKORN UNIVERSITY frequent botanical families in Moh Phon's traditional Thai medicine formulary for skin diseases and symptoms. According to some relative researches [687-690], many plants from these families have potential benefits to skin care. There are many examples, such as the therapeutic juice taken by the Assamese, which is ground from the seeds of witch hazel (Fabaceae) and mixed with heating oil of mustard (Brassicaceae) with Brassica juncea (Poaceae) and long turmeric (Zingiberaceae) to improve and treat the skin problems and diseases. [78]. Experimental studies have

shown that it can increase blood circulation on the skin surface and improve skin health And active ingredients for treating skin diseases [81]. Traditionally, cassia (Leguminosaeae) seeds and leaves can treat skin diseases. Its water extract also has anti-fungal, antimicrobial, antioxidant, and anti-nociceptive activities [82]. The most frequent medicinal plant species were *Cocos nucifera* L. (11%) and followed by *Citrus aurantifolia* Swingle (5%) and *Allium sativum* L. (4%), *Allium ascalonicum* L. (4%), *Cassia alata* (L.) Roxb (4%) with major pharmacological and biological activities included as antibacterial, anti-fungal, anti-inflammatory, and anti-oxidant. The main active constituents of the most frequent plant species *Cocos nucifera* L. are Lupeol-methylether, Catechin, Flavonoid , Saponin, a-tocopherol, tannins, Vitamin C, Liquid acid, L-arginine, etc.

Cocos nucifera L. (Coconut) oil was well known to helps with skin problems such as psoriasis, dermatitis, eczema, and other skin infections. Virgin coconut oil showed benefit for curing itching caused by eczema. Coconut oil is one of the best natural nutrients for hair and protect scalp from some insects such as lice and nits.

Generally, it is very safe in use even for infants[691-693]. In addition, Antibacterial effect of coconut oil derivative monolaurin on children's skin diseases was significantly higher than or equivalent to that of commonly used antibiotics (penicillin, benzoxazole)[694]. *Citrus aurantifolia* Swing. (Lime) juice has been found to treat irritation and swelling caused by mosquito bites. the rind is burned off as mosquitoes repellents and peels to prevent acne and cure cuts [279]. *Allium*

sativum L. (Garlic) has been used successfully for various skin disorders [695, 696].

Allium ascalonicum L. (Shallot) has been traditionally used in Thailand to treat

bacterial skin infections, tinea capitis, and hair loss [106]. *Cassia alata* (L.) Roxb

(Candle bush) has been used as traditional medicine to treat various diseases,

especially skin diseases [240].

According to Table 9, there are similarities in some countries for the plant or families with studying the remedies for skin conditions.

Table 9 The representative families and plant species used for skin conditions in some countries

Countries	Families	Plant species	Reference
Maya	Solanaceae, Malvaceae, Asparagaceae, Solanaceae	Pepper, cocoa, agave, tobacco.	[75]
China	Caesalpiniaceae, Polygonaceae	<i>Cassia Angustifolia</i> , rhubarb, Coptis.	[76]
Ethiopia	Verbenaceae, Oliniaceae	Lippiaadoensis, Oliniarochetiana	[77]
India	Apocynaceae, Fabaceae, Apiaceae/Umbelliferae, Solanaceae, Asteraceae, Caryophyllaceae,	<i>Calotropis gigantic</i> , <i>Cannabaceae</i> , <i>Cassia alata</i> , <i>Centella Asiatica</i> , <i>Datura</i> <i>Metal</i> , <i>Jatropha</i> ., <i>Litsea</i> <i>cubeba</i> , <i>Mimosa pudica</i> ,	[79]

	Euphorbiaceae, Lauraceae, Apocynaceae	<i>Plantaginaceae</i> , and <i>Acutifolia</i>	
Portugal	Asteraceae	<i>Arctium minus</i> and <i>Calendula officinalis</i>	[80]

The most preferable method of remedies preparation was pound (38%), follow by mixed (14%), decoction (11%), rasp (7%) and crush (6%). The preparation methods like pound, mix, rasp, crumble, squeeze and cut used raw materials which many studies showed that raw materials was a standard method of preparing herbal recipes often indicated by traditional healers because of simple, fast, don't need any complicate equipment or any solvent [699]. Also, the decoction preparation method is the most recommended way of administration. According to many other authors [700].

The leaf and fruit were the most frequently used in recipes against skin conditions.

Leaf and fruit used were similar to many recent studies on traditional healers' most commonly used plant parts [701, 702]. Administration of the remedies was mostly topical on the affected area. The most common method was apply topical (72%), follow by poultice (17%) and shower (5%).

Additionally, most of the medicinal plants mentioned in Moh Phon's traditional Thai medicine formulary for skin diseases/ conditions have shown many biological and pharmacological properties such as antiviral, antibacterial, antifungal, anti-oxidant

and anti-inflammatory etc. These various different biological and pharmacological properties of medicinal plants can validate the efficacy of poly-herbal usage to relieve a variety of symptoms associated with skin diseases/ conditions.

According to the national health policy to promote the use of herbal medicines in health system in Thailand, therefore some herbal medicines are inside the National list of Essential medicine (NLEM; is a list of medications used in the hospitals and

public health services in Thailand) such as herbal medicine for treatment of skin symptoms which has seven kinds of herbal medicines including *Rhinacanthus nasutus* (L.) kurz, *Piper betle* L., *Centella asiatica* (L.) Urb., *Garcinia mangostana* L., *Clinacanthus nutans* (Burm. f.) lindau, *Aloe vera* (L.) Burm. f. and *Annona squamosa* Linn. as shown in Table 10. Five of them were also mentioned in Moh Phon's Thai traditional medicine formulary for skin diseases and conditions, namely 1.

Rhinacanthus nasutus for treatment of Tenea circinato or ring worm 2. *Piper betle* for urticaria 3. *Centella asiatica* for rash and fresh wound 4. *Garcinia mangostana* for blister and rotting toe 5. *Clinacanthus nutans* for herpes simplex and herpes zoster.

This means that these five medicinal plants were accept and approved for treatment of skin diseases/ conditions and promoting to used in health system in Thailand.

Table 10 Herbal medicines for treatment of skin symptoms in NLEM of Thailand

Herbal medicine	Plant element	Skin disease/ condition
1.Ya-Tincture-Thong-Phan-Chang	<i>Rhinacanthus nasutus</i> (L.) kurz	Ring worm, Fungal infection, Athlete's foot

(ยาทิงเจอร์ทองพันชั่ง)		
2. Ya-Tincture-Plu (ยาทิงเจอร์พลู)	<i>Piper betle</i> L.	Dermatitis
3. Ya-Bau-Bok (ยาบัวบก) (made from Gotu kola)	<i>Centella asiatica</i> (L.) Urb.	Fresh wound
4. Ya-Pluek-Muang-Khud (ยาเบลีกมังคุด) (made from mangosteen peel)	<i>Garcinia mangostana</i> L.	Fresh and chronic wound
5. Ya-Pha-Ya-Yor (ยาพญาเยอ)	<i>Clinacanthus nutans</i> (Burm. f.) lindau	Herpes simplex and Herpes zoster
6. Ya-Van-Hang-Jor-Ra-Khae (ยาวนหางจระเข้) (made from Aloe)	<i>Aloe vera</i> (L.) Burm. f.	Burn
7. Ya-Ma-Led-Noi-Na (ยาเม็ดน้อยหน่า) (made from custard seeds)	<i>Annona squamosa</i> Linn.	Pediculosis (Lice)

The recipes in TTM were made up of the form as plants and non-plants, non-plants

only, and plants only. In some cases, non-plant elements such as mineral

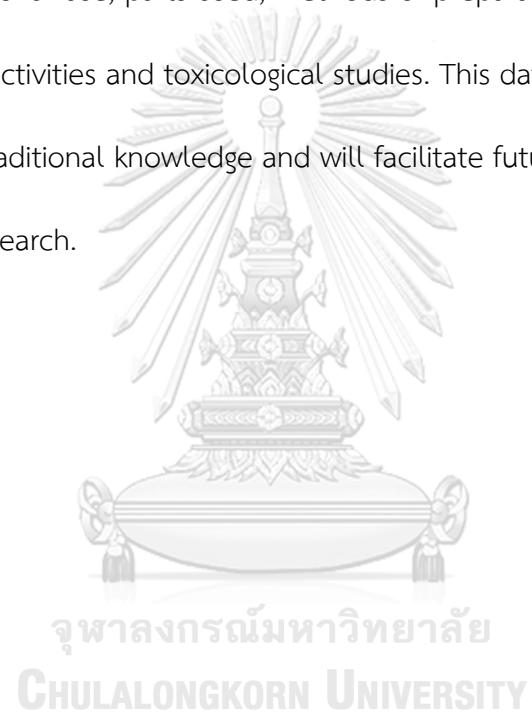
compounds (water, alum or salt, sulfur, etc.) were added to plant organs in the

composition of recipes. There are similar cases in other countries from using traditional medicine. The role of non-herbal medicines in ancient remedies also has scientific evidence here. for example. In previous studies, the main findings were the use of alum as a hemostatic agent (to control bleeding), the use of jarosite for osteoarthritis, the choice of black potash for eczema, to repel insects, and as an antibacterial agent. As active ingredient in laxatives, homeostatic agents and mineral supplements, as well as sulfur has keratolytic and antibacterial properties [697, 698]..

Conclusion

This study is the first report on the identification of medicinal plants used in Moh Phon's traditional Thai medicine formularies for skin diseases/ conditions. These plants were used to treat 26 skin diseases/ conditions with seventy-nine remedies. These medicines were prepared as pound, decoction, stew, burn, fried, taken in the form of poultice, rub, shower, eat, and drink. Preparation methods are mostly pound and administration methods commonly are apply topical. Sixty-six plants species were identified, divided into 54 of dicotyledon (31 families), 12 of monocotyledon (8 families). The frequent families were Arecaceae (18%), Fabaceae/Leguminosae (14%), Alliaceae (12%), Solanaceae (11%), and Zingiberaceae (11%). Frequent species were *Cocos nucifera* L. (11%) and followed by *Citrus aurantifolia* Swingle (5%), *Allium sativum* L. (4%), *Allium ascalonicum* L. (4%), and *Cassia alata* (L.) Roxb (4%).

In this study, a systematic review of various databases was used in order to find the scientific evidence on biological and pharmacological activities and also toxicological studies of the 66 medicinal plants in these recipes. Therefore, this study can provides scientific information on plant species used in Moh Phon's Thai traditional medicine formularies for skin conditions including scientific name, local name, plant description, traditional use, parts used, methods of preparation, biological and pharmacological activities and toxicological studies. This data can support the conservation of traditional knowledge and will facilitate future modern herbal drug developments research.



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